

TRAINING MANUAL









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PART 4: MASSAGE BOOKLET

VIE ANTI-AGING COSMECEUTICALS

To inject high-performance and elegance into your spa





INGREDIENTS
[Dermato-logical]

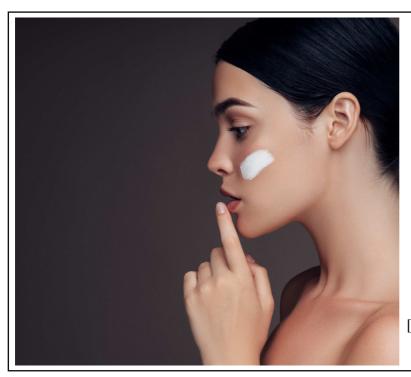




PROTOCOLS [High-tech]



SENSORIALITY [High-End]



CHAPTER 01

A premium anti-aging brand [with medical inspiration]

YOUR CLIENTS LIKE

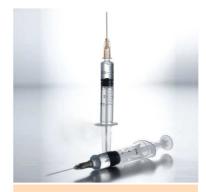
aesthetic medicine

WE DELIVER MEDICALLY-INSPIRED TREATMENTS

Our treatment protocols and our products are conceived in collaboration with an advisory aesthetic doctor, **DOCTOR RICHIER**

They tie into the most commonly performed aesthetic procedures:

[peels - laser - injections - mesotherapy]



The world market for aesthetic medicine WILL TRIPLE in the next 10 years*

*Source IMCAS 2020

YOUR CLIENTS USE

a lot of anti-aging products

WE PROVIDE YOU WITH AN EXPERT SELECTION OF ANTI-AGING SOLUTIONS

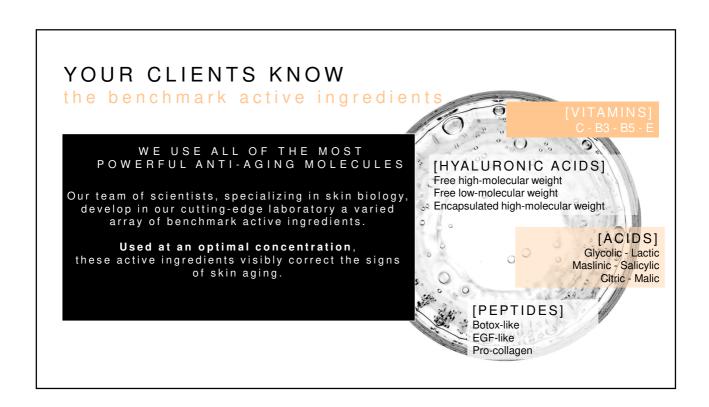
Our treatment protocols and our products target all the anti-aging goals:

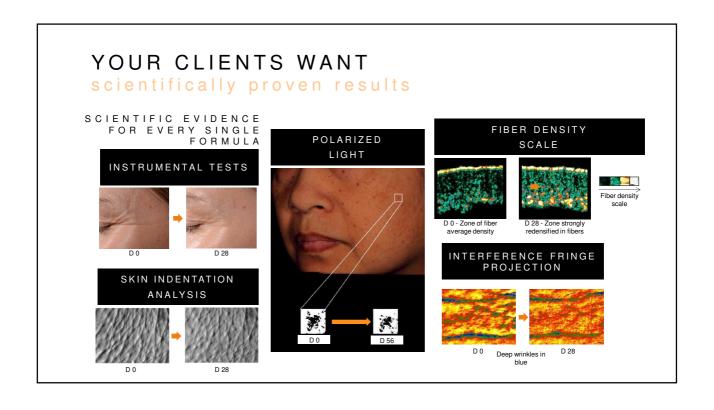
[fine lines, wrinkles, sagging, hyperpigmentation, blemishes...]

Tailored and high-performing for all skin types



[2 PEELS]
[6 TARGETED ANTIAGING TREATMENTS]
[30 RETAIL YOUTH
PRODUCTS]





YOUR CLIENTS ENJOY high-quality sensorial textures CHRONO LINES CREAM An unctuous cream with exquisite comfort. A refined and elegant scent designed by the one of the most prestigious perfume house in France. No 1 Vie cream Texture melts into the skin and is nice to use Scent is very nice You can also enjoy ultra-technical, highly-concentrated



CHAPTER 02

A niche professional skin care brand [highly profitable]



To stand out from the other spas

[Medicallyinspired] TREATMENT MENU



[Highperforming] PROFESSIONAL PRODUCTS



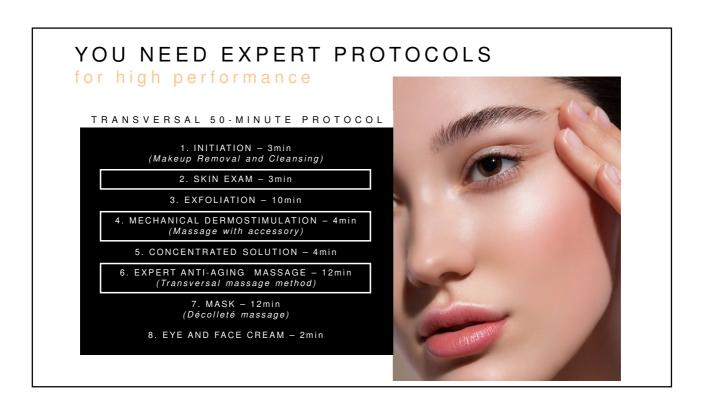


[Impactful]
RETAIL
SELECTION



[Personalized] TREATMENT PROGRAMS





SKIN EXAM

Perform a customized skin diagnosis

FOCUS [step 2]

AT THE HEART OF EXPERTISE

OBSERVATION

Precise evaluation of skin specificities by following a step-by-step observation protocol

PERSONALIZATION

Propose a tailor-made treatment series

CREATING LOYALTY

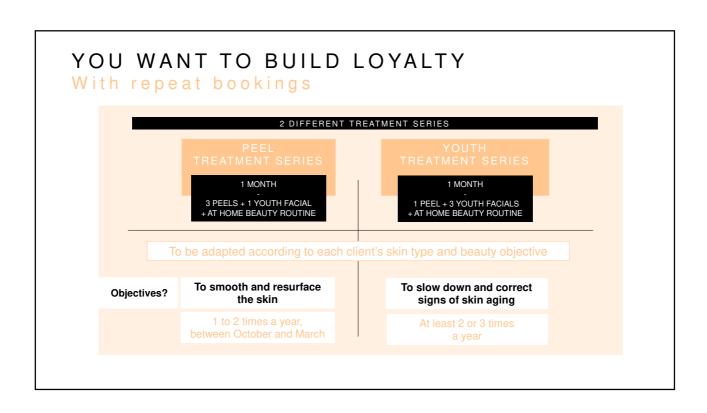
Get to know your client better and adapt your proposal and your message



YOU STRIVE FOR A UNIQUE TREATMENT MENU

inspired by aesthetic medicine

2 PEEL TREATMENTS ACID PEEL 20 % RETINOPUR 30 % **Renewing Resurfacing Treatment Anti-Imperfection Smoothing Peel** 6 TARGETED ANTI-AGING TREATMENTS 3-DIMENSION WRINKLE PRO-COLLAGEN **Smoothing Densifying Treatment Lifting Firming Treatment** MELA BRIGHT **MESOFORCE Dark Spot Brightening Glow Revitalizing Plumping Treatment Treatment** 3-DIMENSION EYE ROSA CONTROL **Eye Targeted Treatment Anti-Redness Soothing Treatment**





YOU FOCUS ON ANTI-AGING

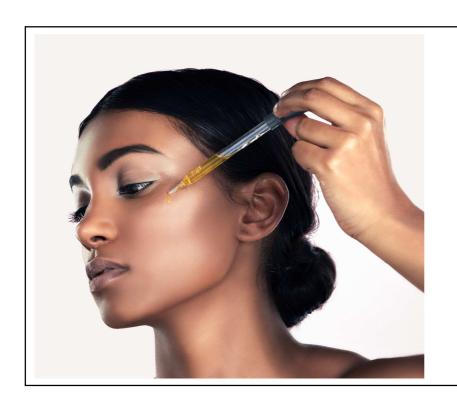
Actively CLEANSE and REMOVE MAKEUP
RESURFACE the skin
MOISTURIZE and REVITALIZE
SMOOTH wrinkles
FILL deep wrinkles and FIRM the skin
Correct WRINKLES and IMPERFECTIONS

REFINE skin texture and PORES

Target and FADE DARK SPOTS

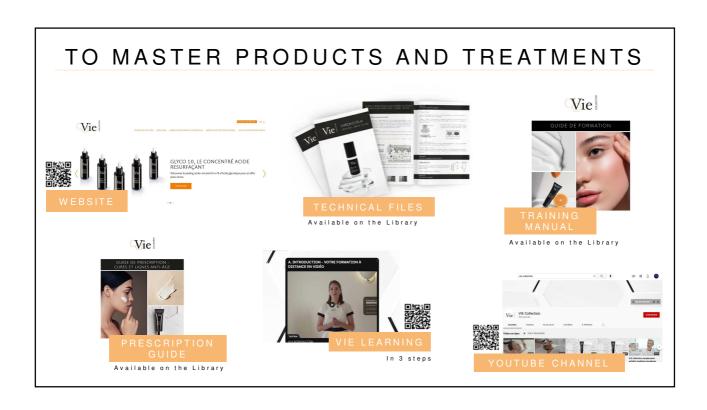
TARGETED TREATMENTS

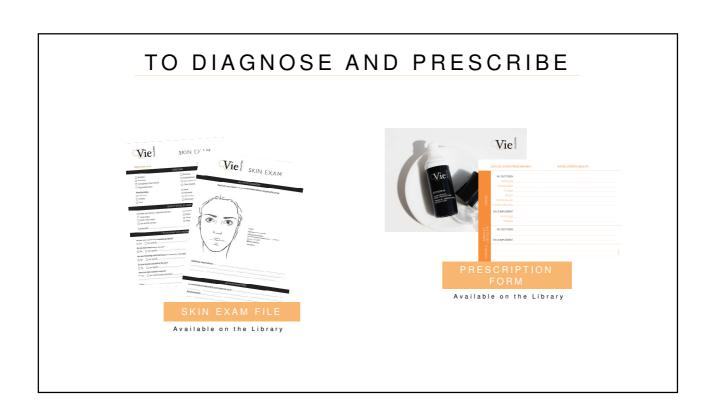
TARGETED TREATMENTS Redness | Post-Peel | Décolleté | Hands

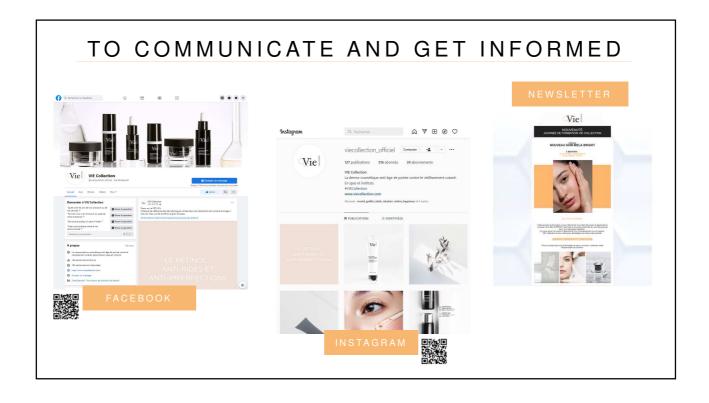


CHAPTER 03

Tools to become a cosmeceuticals expert [VIE Collection]









PART I PEEL TREATMENTS AND ESSENTIALS





PEELS

[for an instant new skin effect]

ACID PEEL 20%

[Skin flaws, wrinkles, lack of radiance]

RETINOPUR PEEL 30%

[Wrinkles, imperfections, pores]

...AND ESSENTIALS



PART 1: PEELS

ACID PEEL 20%

The resurfacing power of glycolic acid

SKIN FLAWS
WRINKLES
LACK OF RADIANCE

ACID PEEL 20%

Renewing Resurfacing Treatment

PEEL
[best-seller]

MEDICAL INSPIRATION: CHEMICAL PEEL

Universal cutaneous prescription for a complete skin resurfacing

POWERFUL EXFOLIATION AND OPTIMUM TOLERANCE

- # Ultra-concentrated peel with 20% glycolic acid
- Key stages of neutralization and recovery

RETEXTURIZING RESULTS AFTER 1 TREATMENT

- # Dark spots: 15%
- # Wrinkles: 14%
- # Evenness of skin tone: + 66%
- # Brightness of the skin: + 68%



MICRO-D

Mechanical Exfoliation

MEDICAL INSPIRATION: MICRODERMABRASION

Peel performed with a machine that polishes the skin using a stream of fine crystals



MODELING BUTTER

Nourishing effect

MTCRO-D Light Powder Extoliant [DIATOMS]

Progressive exfoliation of dead cells and stimulation of regeneration

- 1- Mix the Modeling Butter with ½ spoon of Micro-D*
- 2- Work with criss-cross movements
- 3- Rinse with a towel
- 4- Cleanse the skin with the Milk and tone with the Lotion

BUTTER: 150 ml tube | ref.: 700037 MICRO-D: 30 g jar | ref.: 700031 Refreshing fragrance with bergamot, lemon and violet notes
*Adapt the amount of powder according to the sensitivity of the skin





[expert protocol]

ACID PEEL 20% RENEWING RESURFACING TREATMENT



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Remove eye and lip makeup with Micellar Water. Then use Cleansing Milk with the specific VIE Collection make-up removal technique (see massage booklet). Rinse, tone with Water or Lotion (depending on skin sensitivity) and dry.
2# SKIN EXAM - 3' PDF file	Proceed to the examination of the client's face by using the Skin Exam to determine the quantity of Glyco 20 to apply (1 or 2 half-dropper) and the parts of the face to privilege.
3# MECHANICAL EXFOLIATION - 10' Modeling Butter + Micro-D Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Mix a dollop of Modeling Butter and ½ spoon of Micro-D. Personalize the exfoliation by adapting the amount of powder according to the sensitivity of the skin. Protect eyes with cotton pads soaked in water and then apply the mixture to the face and neck with light strokes. Make vertical and horizontal back-and-forth smoothing movements with your fingers, area by area, over the face and neck. Rinse with a warm towel. Cleanse with Milk, rinse and tone with appropriate Lotion.

[exp]	ert	p ro t	ocol]
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STEPS AND PRODUCTS	SPECIFIC PRACTICE
4# CONCENTRATED SOLUTION Acid Concentrate - 15' Glyco 20	Protect eyes with cotton pads soaked in water during the application. Apply with a brush 1 or 2 half-dropper of Glyco 20 depending on the client's skin type, to the face and neck, avoiding the eye contour. Leave on for 10 to 12 minutes. Do not rinse. The client may experience slight stinging or redness, which is part of the exfoliation process.
5# MASK - 17' Post-Peel Neutralizing Mask Mésopeptide Décolleté Replenishing Cream Smoothing Toning Lotion or Micellar Water	Apply a medium layer of Post-Peel Neutralizing Mask with a brush and leave on for 10 to 12 minutes. During the application time, perform a specific massage of the décolleté with Mésopeptide (protocol detailed in the massage booklet). At the end of the application time, massage the mask for a few minutes. Rinse then tone with appropriate Lotion.
6# EYE CONTOUR AND FACIAL CREAMS - 2' Chrono Eyes Accelerated Recovery Moisturizing Cream	Precautions for use after treatment: The skin's sensitivity to the sun may increase: warn to avoid sun exposure and to use adapted sunscreen when exposed to the sun.





GLYCO 10 Resurfacing Acid Concentrate

Fast resurfacing



Exfoliates, accelerates cell renewal, regenerates and improves skir hydration

[PYRROLIDONE CARBOXYLIC ACID]

Retains water in the skin

ACID PEEL WITH A NEW SKIN EFFECT

Immediately

Smoother skin: 81%

After 1 month

Refined skin texture: 82%

Brighter complexion: 82%

Retail: 30 ml dropper-bottle | ref.: 700190

Use a SDE

Before your regular cream, in the evening 1 to 3 times / week, do not rinse Do not combine to another product containing AHAs - fragrance-free

NIGHT PEEL Progressive Resurfacing Cream

Progressive and continuous resurfacing



IFREE GLYCOLIC ACID

+ [ENCAPSULATED GLYCOLIC ACID

Progressive and controlled exfoliation for skin renewal by chemica means

[GLYCOPERFECT]

Renews and refines skin texture

SKIN IS TRANSFORMED WITH EACH AWAKENING

- # Skin is smoothed for more than 3 out of 4 women
- # Brightness of the complexion: + 63%
- # Evenness of skin tone: + 54%

Retail: 50 ml jar | ref.: 700111

Use a SPF Creamy and melting texture with vanilla and gardenia floral notes

As a treatment series or all year long







PART 1: PEELS

RETINOPUR PEEL 30%

The smoothing and purifying power of retinol

WRINKLES
IMPERFECTIONS
PORES

RETINOPUR PEEL 30%

Anti-imperfection Smoothing Treatment

MEDICAL INSPIRATION: RETINOL

Reference molecule for dermatologists, widely used in anti-acne and anti-aging treatments

- 3 ULTRA-EFFECTIVE STEPS
- # Deep skin cleansing with AHA-BHA
- # Intensive peel with 30% AHA-BHA
- # Smoothing purifying mask with retinol

RECORD ANTI-IMPERFECTION AND SMOOTHING EFFECT FROM THE 1ST TREATMENT

- # Smoother skin: + 37%
- # Tightened pores: 20%
- # Skin is purified: 100%
- # Imperfections are reduced: 100%



CLEANSING GEL with Glycolic - Lactic - Salicylic Acids

Initiation: deeply cleanse the skin



TRIO OF 1% AHA-BHA

- # [GLYCOLIC ACID]
- # [LACTIC ACID]
 Promotes cell renewal and improves skir
- # [SALICYLIC ACID]
 Purifies, refines skin texture and tightens pores

Lather with water in the palms of the hands. Apply with circular motions to the face and neck avoiding the eye contour area, then rinse.

Retail: 150 ml tube | ref.: 700301 Pro: 250 ml tube | ref.: 700302 Fresh and comfortable gel that turns into a rich foam. Fresh and slightly musky fragrance with rose, jasmine and iris notes

ACIDE 30 Chemical Peel

Concentrated Solution: cleanse - resurface - smooth - purify



30% MAXIMUM CONCENTRATION

- # [GLYCOLIC ACID] 18.83%
- # [CITRIC ACID] 6%
- # [MALIC ACID] 5%
- # [SALICYLIC ACID] 0.17%

FOLLOW THE PROTOCOL

Apply 2 to 3 half-droppers, depending on the client's skin type, to the entire face and neck, avoiding the eye contour and lip areas. Leave on for 10 to 12 minutes. Slight tingling or redness can occur and are part of the exfoliation process. Rinse then tone.

Pro: 50 ml dropper-bottle | ref.: 700304

Aqueous, semi-liquid serum, fragrance-free

RETINOPUR Intensive Retinol Mask Mask: smooth - purify [ENCAPSULATED RETINOL] Smooths the skin micro-relief, stimulates the synthesis of collagen and elastin and provides desquamation and black heads removal [KAOLIN] Absorbs excess sebum RETINOPUR HAQUE NTINOPUR HAGUE NTIN

[expert protocol]

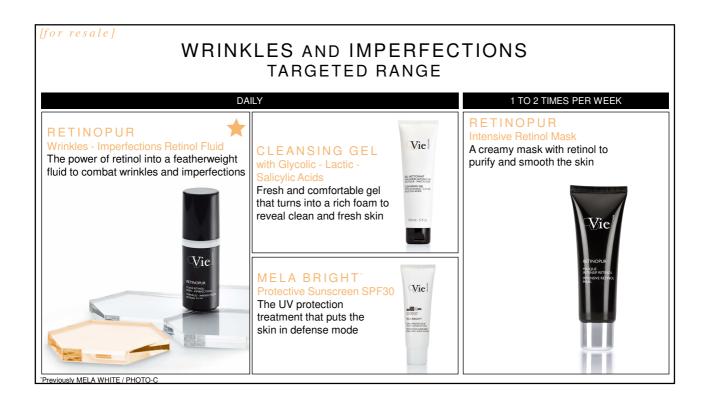
RETINOPUR PEEL 30% ANTI-IMPERFECTION SMOOTHING TREATMENT



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water Cleansing Gel or Cleansing Milk Smoothing Toning Lotion or Micellar Water	Remove eye and lip makeup with Micellar Water. Lather Cleansing Gel with water in the palms of the hands. Apply with circular motions to the face and neck avoiding the eye contour area. Follow the specific VIE Collection make-up removal technique (see massage booklet). Rinse, tone with Water or Lotion (depending on skin sensitivity) and dry.
2# SKIN EXAM - 3' PDF file	Proceed to the examination of the client's face by using the Skin Exam to determine the quantity of Acide 30 to apply: 2 to 3 half-droppers, based on the skin type.
3# CONCENTRATED SOLUTION Acid Concentrate - 15' Acide 30 Chemical Peel Smoothing Toning Lotion or Micellar Water	Protect the eyes with water-soaked cotton pads during application. Apply 2 to 3 half-droppers of Acide 30 based on the client's skin type, over the whole face and neck, avoiding the eye contour and lips. Leave 10 to 12 minutes. The client may experience slight stinging or redness, which is part of the exfoliation process. Rinse then tone with appropriate Lotion. Precautions: Not suitable for sensitive skin. Avoid all eye contact. In the event of eye contact, rinse
	immediately and abundantly with water. Do not exceed the indicated application time.

[expert protocol]

STEPS AND PRODUCTS	SPECIFIC PRACTICE
4# MASK - 17' Retinopur Intensive Retinol Mask Mésopeptide Décolleté Replenishing Cream Smoothing Toning Lotion or Micellar Water	Apply a medium layer of Retinopur Mask using a mask brush, avoiding any contact with the eyes and leave on for 10 to 15 minutes. During the application time, perform a specific massage of the décolleté with Mésopeptide (protocol detailed in the massage booklet). Rinse then tone with appropriate Lotion.
5# EYE CONTOUR AND FACIAL CREAMS - 2' Chrono Eyes Your choice: Mésoforce or Rosa Control Mela Bright SPF30	Precautions for use after treatment: The skin's sensitivity to the sun may increase: warn to avoid sun exposure and to use adapted sunscreen when exposed to the sun.
	Hand washing is recommended after applying each product
	Hand washing is recommended after applying each p





RETINOPUR Wrinkles - Imperfections Retinol Fluid DUAL CORRECTION WRINKLES AND IMPERFECTIONS



[ENCAPSULATED RETINOL]

Smooths the skin micro-relief, stimulates the synthesis of collagen and elastin and provides desquamation and black heads removal

[LIPOAMINOACID]

Reduces sebum production, bacterial proliferation and appearance of black heads

WRINKLES + IMPERFECTIONS EFFECT

- # Smoothed skin: 92%
- # Refined skin texture: 100%
- # Reduced imperfections: 91%

Retail: 30 ml airless bottle | ref.: 700279

Use a SPF Non-greasy fluid, fresh and slightly musky fragrance with rose, jasmine and iris notes - morning and evening

MELA BRIGHT Protective Sunscreen SPF 30

Prevents appearance of dark spots and signs of aging



TRIPLE ACTION PROTECTIVE SHIELD

- # [UVA-UVB SUN FILTERS]
- Anti-UV defense
- # [TR]
 - Anti-radical defense
- # [IRX]

Anti-stress defense

PRESERVES THE YOUTH AND EVENNESS OF THE SKIN

- # Youth of the skin preserved: 98%
- # Evened out skin: 98%
- # Smoothed skin: 96%

Retail: 50 ml tube | ref.: 700208 Pro: 50 ml tube | ref.: 700350 Fluid and comfortable day cream Fresh and floral fragrance with jasmine and rose notes

RETINOPUR Intensive Retinol Mask

PURIFIES AND SMOOTHES WRINKLES



IENCAPSULATED RETINOL

Smooths the skin micro-relief, stimulates the synthesis of collagen and elastin and provides desquamation and black heads removal

[KAOLIN]

Absorbs excess sebur

SMOOTHING AND PURIFYING EFFECT

Fewer pimples: - 63%

Smoothed wrinkles: - 23%

Pores are tightened: 100%

The skin is mattified: 100%

Retail: 50 ml tube | ref.: 700305 Pro: 150 ml tube | ref.: 700306 Non-drying airy cream texture, fresh and slightly musky fragrance with rose, jasmine and iris notes - 2 times per week, leave on for 10 to 15 min.



PART 1: ESSENTIALS

ACTIVE CONCENTRATES MAKEUP REMOVAL EXFOLIATION

To prepare the skin and optimize results



GLYCO 10 Resurfacing Acid Concentrate

Fast resurfacing



Exfoliates, accelerates cell renewal, regenerates and improves skin hydration

[PYRROLIDONE CARBOXYLIC ACID

Retains water in the skin

ACID PEEL WITH A NEW SKIN EFFECT

Immediately

Smoother skin: 81%

After 1 month

- # Refined skin texture: 82%
- # Brighter complexion: 82%

Retail: 30 ml dropper-bottle | ref.: 700190

Use a SDF Before your regular cream, in the evening 1 to 3 times / week, do not rinse Do not combine to another product containing AHAs - fragrance-free

VITA C Concentrated Solution

Revitalizes and smooths wrinkled skin

IVITAMIN Cl 10%

Reactivates the biological functions of the skin

- # Boosts collagen synthesis
- # Energizes the cells
- # Traps free radicals

FAST CORRECTION

- # Smoothed skin
- # Brightened complexion
- # Revived radiance

Retail: 15 ml dropper-bottle | ref.: 700139 Pro: 30 ml dropper-bottle | ref.: 700140

Fragrance-free, aqueous gel solution Before your regular cream ;to be used as a treatment series during the year

VITA B3 Concentrated Solution Evens out the complexion and dark spots [VITAMIN B3] 10% Reduces the transport of melanin to keratinocytes for a brighter skin and strengthens the skin barrier EVENS OUT THE SKIN # The complexion is brighter, more even: 100% # The skin is unified: 100% # Dark spots are less visible: 100% Retail: 15 ml dropper-bottle | ref.: 700395 Pro: 30 ml dropper-bottle | ref.: 700397 Before your regular cream ;to be used as a treatment series during the year

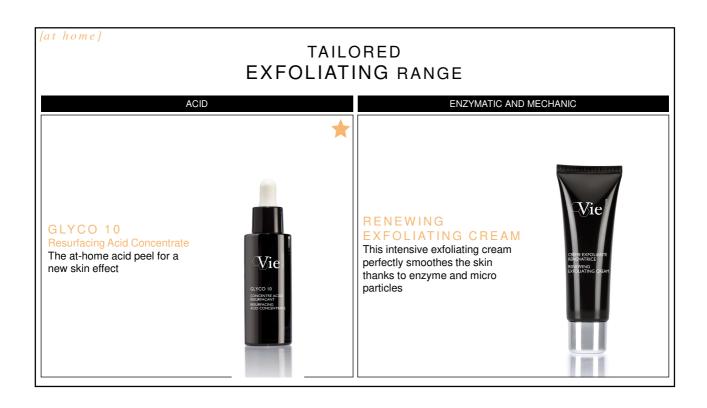














RENEWING EXFOLIATING CREAM

Mechanically resurfaces the skin



[ENZYMES]

Exfoliate the skin for a peel effect

[MICRO-D PARTICLES]

Exfoliate the skin in a mechanical way for a microdermabrasion effect

POWERFUL SKIN RENEWAL

Refined skin texture: 91%

Luminous skin: 91%

Retail: 50 ml tube | ref.: 700006

Apply a small amount with smoothing criss-cross movements 1 to 2 times per week - floral fragrance with lily of the valley and freesia notes

VIE COLLECTION PEEL TREATMENTS RECAP

RETINOPUR PEEL 30% 40 min	+ Instant Cleansing Milk <u>or</u> Cleansing Gel ning Toning Lotion <u>or</u> Micellar Water	am file	-	Acide 30 Chemical Peel	Retinopur Intensive Retinol Mask + Mésopeptide	Chrono Eyes + Mésoforce Cream <u>or</u> Rosa Control + Mela Bright SPF30
ACID PEEL 20% 50 min	Micellar Water + Instant Cleansing Milk <u>or</u> Cleansing + Smoothing Toning Lotion <u>or</u> Micellar Water	Skin exam file	Modeling Butter + Micro-D	Glyco 20 Acid Concentrate	Post-Peel Neutralizing Mask + Mésopeptide	Chrono Eyes + Accelerated Recovery Moisturizing Cream + Mela Bright SPF30
TRANSVERSAL PROTOCOL	INITIATION 3' Makeup removal and facial cleansing	SKIN EXAM 3' Skin diagnosis	EXFOLIATION 10'	CONCENTRATED SOLUTION 15' Acid concentrates	MASK 17' During the application of the mask, massage of the décolleté	CREAMS 2'



PART 2 TARGETED ANTI-AGING TREATMENTS





ANTI-AGING FACIALS

[targeted for each skin concern]

3-DIMENSION WRINKLE

[Wrinkles, skin sagging, lack of density]

PRO-COLLAGEN

[Loss of firmness, loss of density]

MÉSOFORCE

[Dehydration, 1st signs of aging, revitalization]

MELA BRIGHT

[Dark spots, uneven complexion]

ROSA CONTROL

[Redness, sensitivity, signs of aging]

3-DIMENSION EYE

[Eye contour: wrinkles, puffiness, dark circles]



PART 2: TARGETED ANTI-AGING TREATMENTS

3-DIMENSION WRINKLE

Benchmark ingredients to control all wrinkles

WRINKLES
SKIN SAGGING
LACK OF DENSITY

3-DIMENSION WRINKLE

Smoothing Densifying Treatment

ANTI-AGING FACIAL [best-seller]

MEDICAL INSPIRATION: INJECTIONS

Botox, hyaluronic acid and growth factor injections to smooth all wrinkles

3 DIMENSIONS

- 1. [UPPER FACE WRINKLES]: Relax expression lines
- 2. [LOWER FACE WRINKLES]: Fill hollow wrinkles
- 3. [DEEP WRINKLES]: Plump up deep wrinkles

RECORD ANTI-WRINKLE EFFECT FROM THE 1^{ST} TREATMENT

- Crow's feet wrinkles visibly reduced: 95%
- # Neck and cheeks wrinkles plumped up: 96%
- # Plumped skin: 96%



MICRO-D

Mechanical Exfoliation

MEDICAL INSPIRATION: MICRODERMABRASION

Peel performed with a machine that polishes the skin using a stream of fine crystals



MODELING BUTTER [OILS]

Nourishing effect

MICRO-D Light Powder Exfoliant [DIATOMS]

Progressive exfoliation of dead cells and stimulation of regeneration

- 1- Mix the Modeling Butter with ½ spoon of Micro-D*
- 2- Work with criss-cross movements
- 3- Rinse with a towel
- 4- Cleanse the skin with the Milk and tone with the Lotion

BUTTER: 150 ml tube | ref.: 700037 MICRO-D: 30 g jar | ref.: 700031 Refreshing fragrance with bergamot, lemon and violet notes
*Adapt the amount of powder according to the sensitivity of the skin

MECHANICAL DERMOSTIMULATION Smooth all wrinkles and redefine contours **DIMENSION 1: UPPER FACE DIMENSION 2: LOWER FACE OBJECTIVE:** OBJECTIVE: # Relax the underlying muscles # Stimulate microcirculation and skin regeneration # Stimulate microcirculation and skin regeneration # Drain and tauten the tissues TECHNIQUE: TECHNIQUE: On dry skin, perform small tonic movements such as On dry-skin, perform back and forth criss-cross "zig-zag" and circular motions on each wrinkles identified smoothing motions on wrinkles identified with with Skin Exam: Skin Exam: Single roller side for the cheeks, # Forehead # Frown lines nasolabial folds, and lips Double side for the facial # Crow's feet contour







EGF PLASTICIZING MASK

Mask: densify deep wrinkles



EGF-LIKE PEPTIDE

Accelerates skin regeneration, boosts the synthesis of collagen, elastin and hyaluronic acid

Mix 3.5 level scoops of powder with approximately 3.5 scoops of water (20°C/68°F) to obtain a smooth and even gel consistency. Using a spatula, apply a medium-thick layer of the mixture to the face and neck, avoiding the eye contour area. Leave on for 10 minutes, remove mask in a single piece, then rinse.

Pro: 500 g jar | ref.: 700256

Powder that turns into a plasticizing gel-mask Fragrance with floral notes of vanilla and gardenia

[expert protocol]

3-DIMENSION WRINKLE SMOOTHING DENSIFYING TREATMENT



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Remove eye and lip makeup with Micellar Water. Then use Cleansing Milk with the specific VIE Collection make-up removal technique (see massage booklet). Rinse, tone with Water or Lotion (depending on skin sensitivity) and dry.
2# WRINKLE EXAM - 3' PDF file	Visually examine the client's face to determine the most wrinkled areas and deep and/or fine wrinkles. Use the Skin Exam sheet to better observe these wrinkles on the client's face, neck and décolleté at rest and in motion. Get her to make some expressions to better visualize her wrinkles.
3# MECHANICAL EXFOLIATION - 10' Modeling Butter + Micro-D Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Mix a dollop of Modeling Butter and ½ spoon of Micro-D. Personalize the exfoliation by adapting the amount of powder according to the sensitivity of the skin. Protect eyes with cotton pads soaked in water and then apply the mixture to the face and neck with light strokes. Make vertical and horizontal back-and-forth smoothing movements with your fingers, area by area, over the face and neck. Rinse with a warm towel. Cleanse with Milk, rinse and tone with appropriate Lotion.
4# MECHANICAL DERMOSTIMULATION Massage with accessories - 4' Corrector Brush (upper face) Face Shapers x2 (lower face)	On dry skin, perform tonic movements with Corrector Brush on the forehead, third eye and crow's feet wrinkles. Continue on the lower part of the face with tonic movements using Face Shapers (cheeks, jawline, neck and décolleté).

[expert protocol] STEPS AND PRODUCTS SPECIFIC PRACTICE Apply 1 half-dropper of Wrinkle Dimension P otide Concentrate to the upper face area, then work on each wrinkle. Perform anti-wrinkle pinches, then kneading and pressing until it is absorbed (see massage booklet). Wrinkle Dimension Peptide Concentrate (upper face) Then, apply 1 half-dropper of Wrir Wrinkle Dimension Hyaluronic Acid Concentrate (lower lower face area, facial contours and neck. Perform upward toning maneuvers on the cheeks and kneading, fan strokes on the nasolabial folds and around the lips (see massage booklet). Perform the generic VIE Collection massage with the Dermo-Stimulating Massage Dermo-Stimulating Massage Cream Cream (detailed protocol in the massage booklet). Mix 3.5 level scoops of powder with approximately 3.5 scoops of water (20°C/68°F) to obtain a smooth and even gel consistency. Using a spatula, apply a medium-thick layer EGF Plasticizing Mask Mask to the face and neck, avoiding the eye contour area. Leave on Mésopeptide Décolleté Replenishing Cream for 10 minutes. During the application time, perform a specific massage of the décolleté Smoothing Toning Lotion or Micellar Water with Mésopeptide (protocol detailed in the massage booklet). Remove mask in a single piece, rinse then tone with appropriate Lotion. 8# EYE CONTOUR AND FACIAL CREAMS - 2 Chrono Eyes Chrono Lines Ultra Smoothing Cream Mela Bright SPF30

COMPLETE ANTI-WRINKLE RANGE

DAILY

CHRONO LINES

The smoothing cream against wrinkles that appear chronologically



EYE CONTOUR

CHRONO EYES

Puffiness - Dark Circles - Wrinkle

The targeted eye contour treatment to visibly correct wrinkles, dark circles and puffiness



IN ADDITION

WRINKLE DIMENSION Hyaluronic Acid Concentrate

The treatment serum that fills all wrinkles



HANDS

HAND CONTROL Youthful Hand Brightening Cream

The expert hand care cream that corrects signs of aging



CHRONO LINES Ultra Smoothing Cream

Smooths all wrinkles



CHRONOLOGICAL EFFECTIVENESS ON ALL WRINKLES

- Dehydration lines in 1 hour: 7%
- Fatigue lines in 1 week: 24%
- Aging wrinkles in 1 month: 9%

Retail: 50 ml jar | ref.: 700132 Pro: 100 ml tube | ref.: 700133

Ultra smoothing cream with floral notes of vanilla and gardenia *New jar available in the first half of 2023.

WRINKLE DIMENSION Hyaluronic Acid Concentrate

Fill wrinkles

[TRIO OF HYALURONIC ACIDS]

- # ENCAPSULATED HIGH MOLECULAR WEIGHT
- # FREE LOW MOLECULAR WEIGHT
 To plump up and smooth surface wrinkles
- # FREE HIGH MOLECULAR WEIGHT



- # Plumps hollowed areas
- # Smooths wrinkles
- # Maintains hydration

Vie

Retail: 15 ml airless bottle | ref.: 700254 Pro: 30 ml dropper-bottle | ref.: 700255 Fragrance-free milky solution Before your regular cream ; as a treatment series or all year long

CHRONO EYES Puffiness - Dark Circles - Wrinkle Cream

Rejuvenates the eye contour

[ENCAPSULATED HYALURONIC ACID]

Swells and fills deep wrinkles of the eye contour

[BOTOX-LIKE PEPTIDE]

Relaxes frown lines and crow's feet wrinkles

PHYTOSTEROLS + FATTY ACIDS

Reduce the amount of puffiness

IVITAMIN C + B31

Fade dark circles and limit their appearance





REVERSE-CHRONOLOGICAL ACTION

- # Revived eye area (1 minute): 88%
- # Faded signs of fatigue (1 week): 91%
- # Smoothes wrinkles (1 month): 92%

Retail: 15 ml airless bottle | ref.: 700236 Pro: 50 ml tube | ref.: 700237 Delicate and comfortable cream, suitable for sensitive eyes and contact lens wearers, fragrance-free for optimal tolerance

HAND CONTROL Youthful Hand Brightening Cream

Visibly acts on signs of skin aging



[DUO OF HYALURONIC ACIDS]

- # FREE LOW MOLECULAR WEIGHT
- # FREE HIGH MOLECULAR WEIGHT

[VITAMIN B3] + [TRX] + [VITAMIN C]
Brighten the complexion and reduce dark spots

AHAs]

Resurface and improve skin quality

REJUVENATING EFFECT

- # Dark spot reduction: 22%
- # Smoother skin: + 25%
- # Hands look visibly younger: 100%

Retail: 50 ml tube | ref.: 700359

Rich and nourishing cream, fast absorption without greasy film Subtle fragrance with pink pepper, gardenia and white musk notes



PART 2: TARGETED ANTI-AGING TREATMENTS

PRO-COLLAGEN

LASER and MICRO-NEEDLING inspiration for firming and youth results

LOSS OF FIRMNESS LOSS OF DENSITY

PRO-COLLAGEN

Lifting Firming Treatment

MEDICAL INSPIRATION: MICRODERMABRASION

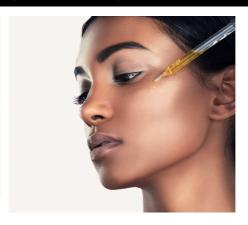
Peel performed with a machine that polishes the skin using a stream of fine crystals

REDENSIFY AND LIFT FACIAL CONTOUR

- # DERMOSTIMULATION to densify tissues
- # DOUBLE MASK to stimulate fibroblasts

FIRMING AND LIFTING EFFECT

- # Skin is visibly firmer: 87%
- # Features are tightened: 91%
- # Lifts the skin: 83%



MICRO-D

Mechanical Exfoliation

MEDICAL INSPIRATION: MICRODERMABRASION

Peel performed with a machine that polishes the skin using a stream of fine crystals



MODELING BUTTER [OILS]

Nourishing effect

MICRO-D Light Powder Exfoliant
[DIATOMS]

Progressive exfoliation of dead cells

Progressive exfoliation of dead cells and stimulation of regeneration

- 1- Mix the Modeling Butter with ½ spoon of Micro-D*
- 2- Work with criss-cross movements
- 3- Rinse with a towel
- 4- Cleanse the skin with the Milk and tone with the Lotion

BUTTER: 150 ml tube | ref.: 700037 MICRO-D: 30 g jar | ref.: 700031

Refreshing fragrance with bergamot, lemon and violet notes

*Adapt the amount of powder according to the sensitivity of the skin

MECHANICAL DERMOSTIMULATION

Densify tissues

FACE SHAPERS x2

OBJECTIVE:

Stimulate and stretch deep tissues of the dermis

TECHNIQUE:

- # On dry skin, perform ascending strokes alternating the face shaper and your hand. One-roller side then two-roller side and your hand on: neck, jawline, lower cheeks, marionette lines and nasolabial folds
- # Then use **2 face shapers at the same time** with two-roller side and one-roller side according targeted areas (décolleté, jawline...)



DETAILED MASSAGE ON YOUTUBE





TIME CONTROL Deep Wrinkle EGF Mask

Mask 1: target skin slackening



[EGF-LIKE PEPTIDE]

Boosts cellular activity to smooth deep wrinkles

IDUO OF HYALURONIC ACIDS1

- # ENCAPSULATED HIGH MOLECULAR WEIGHT to density and fill deep wrinkles
- # FREE LOW MOLECULAR WEIGHT to plump up and smooth surface wrinkles

[CERAMIDES]

Replenish lipids and strengther

Using a brush, apply a thin layer to the face and neck. Cover with Plasticizing Mask with Pro-Collagen Peptide. Leave on for 10 minutes. Remove the plasticizing mask then rinse.

Retail: 50 ml tube | ref.: 700351 Pro: 150 ml tube | ref.: 700352 Rich cream that envelops the skin in a dense, well-aerated mask Subtle and flowery fragrance with tea, musk and hawthorn notes

PLASTICIZING MASK WITH PRO-COLLAGEN PEPTIDE

Mask 2: lift facial contour



[PRO-COLLAGEN PEPTIDES]

Bind themselves to the collagen-producing cells to densify the epidermis

[ADENOSINE]

Densifies the dermis for a plumped skin

ALGINATES

Creates a supple texture that plasticizes when the mask powder is mixed with water to deliver an instant lifting effect when the mask is applied and removed

Mix 3 level scoops of powder to 3.5 scoops of water. Using a spatula, apply a medium-thick layer of the mixture to the face and neck, over TIME CONTROL Mask. Leave on for 10 minutes, remove mask in a single piece, then rinse.

Powder that turns into an unctuous crean Subtle and flowery fragrance with tea, musk and hawthorn notes

Pro: 500 g jar | ref.: 700354

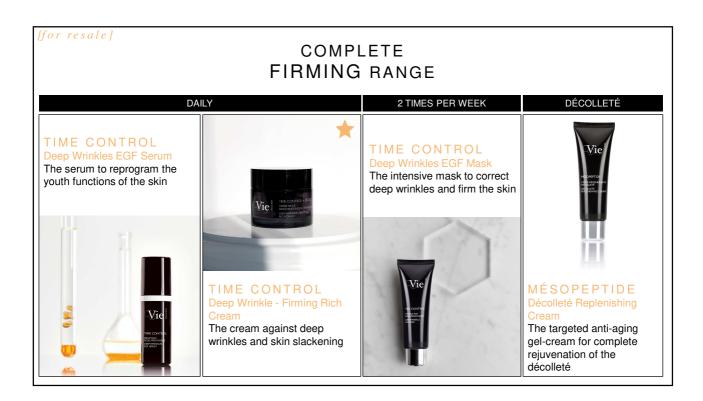
[expert protocol]

PRO-COLLAGEN LIFTING FIRMING TREATMENT



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Remove eye and lip makeup with Micellar Water. Then use Cleansing Milk with the specific VIE Collection make-up removal technique (see massage booklet). Rinse, tone with Water or Lotion (depending on skin sensitivity) and dry.
2# SKIN DIAGNOSIS - 3' PDF file	Visually examine the client's face to determine the areas which show the most signs of sagging and pinpoint those that lack density. Use the Skin Exam sheet to precisely observe the skin's needs and the areas to be treated.
3# MECHANICAL EXFOLIATION - 10' Modeling Butter + Micro-D Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Mix a dollop of Modeling Butter and ½ spoon of Micro-D. Personalize the exfoliation by adapting the amount of powder according to the sensitivity of the skin. Protect eyes with cotton pads soaked in water and then apply the mixture to the face and neck with light strokes. Make vertical and horizontal back-and-forth smoothing movements with your fingers, area by area, over the face and neck. Rinse with a warm towel. Cleanse with Milk, rinse and tone with appropriate Lotion.
4# MECHANICAL DERMOSTIMULATION Massage with accessories - 4' Face Shapers x2	On dry skin, perform toning movements with Face Shapers, insisting on the areas concerned (cheeks, jawline, neck and décolleté).

STEPS AND PRODUCTS	SPECIFIC PRACTICE
5# CONCENTRATED SOLUTION Active concentrate and active maneuvers - 4' Led Light Concentrate	With your fingers, apply a dab of Led Light Concentrate to the entire face, oval and necession avoiding the eye area, then perform toning and upward movements on the cheeks, jawline and neck (see massage booklet).
6# EXPERT ANTI-AGING MASSAGE - 12' Dermo-Stimulating Massage Cream	Perform the generic VIE Collection massage with the Dermo-Stimulating Massage Cream (detailed protocol in the massage booklet).
7# DOUBLE MASK - 12' TIME CONTROL Deep Wrinkle EGF Mask Plasticizing Mask with Pro-Collagen Peptide Mésopeptide Décolleté Replenishing Cream Smoothing Toning Lotion or Micellar Water	Apply 5ml of Time Control Mask in a thin layer over the face and neck with a brush, avoiding the eye contour. Mix 3 level scoops of Plasticizing Mask to 3.5 - 4 scoops of water (20°C/68°F). Using a spatula, apply a medium-thick layer of the mixture to the face and neck over Time Control Mask, avoiding the eye contour. Leave on for 10 minutes. During the application time, perform a specific massage of the décolleté with Mésopeptide (protocol detailed in the massage booklet). Remove mask in a single piece, then rinse. Tone with appropriate Lotion.
8# EYE CONTOUR AND FACIAL CREAMS - 2' Chrono Eyes Time Control Cream Mela Bright SPF30	



TIME CONTROL Deep Wrinkle - Firming Rich Cream

Reverses signs of skin slackening



IEGE-LIKE PEPTIDE

Boosts cellular activity to smooth deep wrinkles

[PRO-COLLAGEN PEPTIDES]

Bind themselves to the collagen-producing cells to densify the epidermis

[ADENOSINE]

Boosts fibroblasts production and stimulates synthesis of collagen

[TRACE ELEMENTS + MINERALS]

Revitalize and strengthen the skin

WRINKLES + FIRMING EFFECT

Wrinkles less deep: - 28%

Firmer skin: + 38%

Retail: 50 ml jar | ref.: 700401 Pro: 100 ml tube | ref.: 700402

Ultra-comfortable strengthening cream, fragrance with citrus and jasmine notes

*New jar available in the first half of 2023.

TIME CONTROL Deep Wrinkles EGF Serum

Reprograms the youth functions



Mimics the action of the EGF to increase cell activity

IEGF-ACTIV COMPLEX

Boosts the action of EGFs naturally present in the skir

ACT ON ALL THE SIGNS OF SKIN AGING

- # Deep wrinkles smoothed: + 16%
- # Firmer skin: + 35%
- # Improved skin quality: 79%

TIME CONTROL SRUM EGO BODS FROM CONDES DES WRRINKLES OF SERUM

Retail: 30 ml airless bottle | ref.: 700196

Half-fluid, half-milk serum with a velvety finish; notes of citrus and jasmine Before your regular cream; as a treatment series or all year long

TIME CONTROL Deep Wrinkle EGF Mask

Targets skin slackening

Boosts cellular activity

boosts cellular activity to simooth deep willikies

[DUO OF HYALURONIC ACIDS]

- # ENCAPSULATED HIGH MOLECULAR WEIGHT to densify and fill deep wrinkles
- to plump up and smooth surface wrinkles

[CERAMIDES]

Replenish lipids and strengthen

WRINKLE AND SMOOTHING EFFECT

- # Reduction of the depth of wrinkles: 10%
- # Smoothed skin: 78% after 1 application

Retail: 50 ml tube | ref.: 700351 Pro: 150 ml tube | ref.: 700352 Rich cream, fragrance with citrus and jasmine notes 2 times per week, leave on for 10 to 15 minutes

MÉSOPEPTIDE Décolleté Replenishing Cream

Targets aging of the décolleté



[PEPTIDES]

Stimulates collagen production to densify the skin

[DUO OF HYALURONIC ACIDS]

- # ENCAPSULATED HIGH MOLECULAR WEIGHT to density and fill deep wrinkles
- # FREE LOW MOLECULAR WEIGHT to plump up and smooth surface wrinkles

[VITAMIN C]

Reduces formation of dark spots and evens out

REJUVENATION OF THE DÉCOLLETÉ

- # Dark spots are reduced: 100%
- # Wrinkles and fine lines are smoothed: 100%
- # Skin is replenished: 96%

Retail: 50 ml tube | ref.: 700232 Pro: 100 ml tube | ref.: 700233 The comfort of a cream, the tensing and smoothing power of a ge Delicate fragrance with citrus and jasmine notes



PART 2: TARGETED ANTI-AGING TREATMENTS

MÉSOFORCE

The strength of mesotherapy in spa

DEHYDRATION

1ST SIGNS OF AGING

REVITALIZATION

MÉSOFORCE

Revitalizing Plumping Treatment

MEDICAL INSPIRATION: MESOTHERAPY

Preferred preventive anti-aging treatment in esthetic medicine practice

TAILORED AND TARGETED REVITALIZATION

- # Skin target: maturing skin, dry skin, congested skin
- # Personalized vitamin-packed revitalization
- # High precision massage + 1 specific accessory

HYDRA-REVITALIZING RESULTS FROM THE 1^{ST} TREATMENT

- # Revives the skin: 100%
- # Moisturizes: 100%
- # Revitalizes: 100%



MICRO-D

Mechanical Exfoliation

MEDICAL INSPIRATION: MICRODERMABRASION

Peel performed with a machine that polishes the skin using a stream of fine crystals



MODELING BUTTER OILS]

. Nourishing effect

MICRO-D Light Powder Exfoliant [DIATOMS]

Progressive exfoliation of dead cells and stimulation of regeneration

- 1- Mix the Modeling Butter with ½ spoon of Micro-D*
- 2- Work with criss-cross movements
- 3- Rinse with a towel
- 4- Cleanse the skin with the Milk and tone with the Lotion

BUTTER: 150 ml tube | ref.: 700037 MICRO-D: 30 g jar | ref.: 700031

Refreshing fragrance with bergamot, lemon and violet notes
*Adapt the amount of powder according to the sensitivity of the skin

MECHANICAL DERMOSTIMULATION

Re-energize the tissues

MESO-STIMILIATING BOLLER

OBJECTIVE:

- # Boost the cellular process: stimulates tissues
- # Boost skin receptiveness: increases microcirculation
- # Boost results: promotes delivery of the ingredients

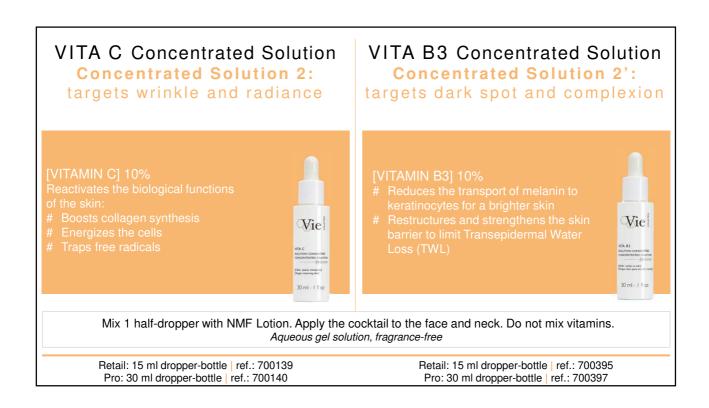
TECHNIQUE:

On dry skin perform back-and forth smoothing criss-cross movements on each area of the face, before applying the cocktail NMF Lotion + Vitamin



DETAILED MASSAGE ON YOUTUBE









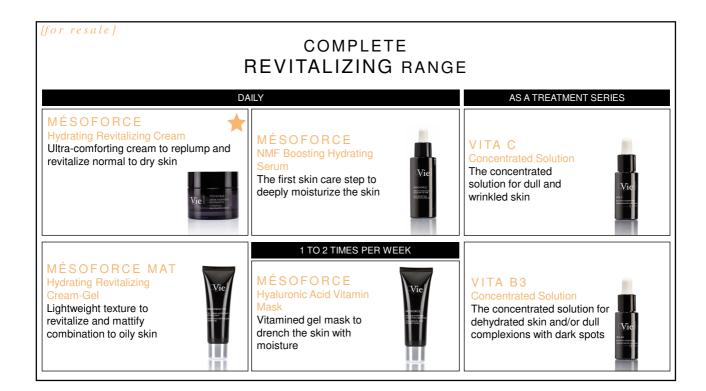
[expert protocol]

MÉSOFORCE REVITALIZING PLUMPING TREATMENT



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Remove eye and lip makeup with Micellar Water. Then use Cleansing Milk with the specific VIE Collection make-up removal technique (see massage booklet). Rinse, tone with Water or Lotion (depending on skin sensitivity) and dry.
2# SKIN EXAM - 3' PDF file	Perform visual, tactile and expert questioning to determine the required meso-revitalizing mix. Use the Skin Exam file to choose out of the concentrate (step 5#): Vita C: to correct wrinkles and radiance Vita B3: to correct dark spots, lack of uniformity and fight against dehydration
3# MECHANICAL EXFOLIATION - 10' Modeling Butter + Micro-D Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Mix a dollop of Modeling Butter and ½ spoon of Micro-D. Personalize the exfoliation by adapting the amount of powder according to the sensitivity of the skin. Protect eyes with cotton pads soaked in water and then apply the mixture to the face and neck with light strokes. Make vertical and horizontal back-and-forth smoothing movements with your fingers, area by area, over the face and neck. Rinse with a warm towel. Cleanse with Milk, rinse and tone with appropriate Lotion.

STEPS AND PRODUCTS	SPECIFIC PRACTICE
4# MECHANICAL DERMOSTIMULATION Massage with accessory - 4' Meso-stimulating roller	On dry skin, use the Meso-stimulating roller to perform horizontal and vertical back-and forth smoothing movements on each areas of the face.
5# CONCENTRATED SOLUTION Active concentrate and active movements - 4' NMF Lotion + VITA C or VITA B3	Mix in the palm of your hand 2 half-droppers of NMF Lotion with 1 half-dropper of the vitamin solution chosen and apply over the entire face, neck and décolleté. Perform tapping movements and alternating Jacquet pinches (see massage booklet).
6# EXPERT ANTI-AGING MASSAGE - 12' Dermo-Stimulating Massage Cream	Perform the generic VIE Collection massage with the Dermo-Stimulating Massage Cream (detailed protocol in the massage booklet).
7# MASK - 12' Skin Defense Mask Mésopeptide Décolleté Replenishing Cream Smoothing Toning Lotion or Micellar Water	Apply a medium layer of Skin Defense Mask using a mask brush, avoiding any contact with the eyes and leave on for 10 minutes. During the application time, perform a specific massage of the décolleté with Mésopeptide (protocol detailed in the massage booklet). Massage excess cream mask for a few minutes. Rinse then tone with appropriate Lotion.
B# EYE CONTOUR AND FACIAL CREAMS - 2' Chrono Eyes Mésoforce Cream Mela Bright SPF30	





MÉSOFORCE Hydrating Revitalizing Cream

Prevents, revitalizes and plumps up the skin



[DUO OF HYALURONIC ACIDS]

- # ENCAPSULATED HIGH MOLECULAR WEIGHT
- # FREE LOW MOLECULAR WEIGHT
 To plump up and smooth surface wrinkles

[VITAMIN C - B5 - E + CO-ENZYME Q10] Revitalize, strengthen and protect

ICERAMIDES1

Replenish lipids and strengthen

MESOTHERAPY-LIKE EFFECT

- # Skin is perfectly moisturized: 100%
- # Skin is revitalized and more even: 90%
- # Skin is strengthened: 87%

Ultra-comforting cream with citrus and jasmine notes

'New jar available in the first half of 2023.

Retail: 50 ml jar | ref.: 700146 Pro: 100 ml tube | ref.: 700145

MÉSOFORCE MAT Hydrating Revitalizing Cream-Gel

Prevents, revitalizes and mattifies the skin



[DUO OF HYALURONIC ACIDS]

- # ENCAPSULATED HIGH MOLECULAR WEIGHT To densify and fill deep wrinkles
- FREE LOW MOLECULAR WEIGHT

[VITAMIN C - B5 - E + CO-ENZYME Q10]

Trovitanzo, strongthen and prote

[LIPOAMINOACID]

Purifies and reduces blackheads

REVITALIZING AND MATTIFYING EFFECT

- # Skin instantly moisturized: 82%
- # Dull, tired skin: 31%
- # Shine: 40%

Retail: 50 ml tube | ref.: 700320

Light cream-gel texture with mattifying powder Fragrance with citrus and jasmine notes

VITA C Concentrated Solution

Revitalizes and smooths wrinkled skin

[VITAMIN C] 10%

Reactivates the biological functions of the skin

- # Boosts collagen synthesis
- # Energizes the cells
- # Traps free radicals

FAST CORRECTION

- # Smoothed skin
- # Brightened complexion
- # Revived radiance

Retail: 15 ml dropper-bottle | ref.: 700139 Pro: 30 ml dropper-bottle | ref.: 700140

Fragrance-free, aqueous gel solution Before your regular cream ;to be used as a treatment series during the year

VITA B3 Concentrated Solution

Evens out the complexion and dark spots

IVITAMIN B31 10%

Reduces the transport of melanin to keratinocytes for a brighter skin and strengthens the skin barrier

Vie

EVENS OUT THE SKIN

- # The complexion is brighter, more even: 100%
- # The skin is unified: 100%
- # Dark spots are less visible: 100%

Retail: 15 ml dropper-bottle | ref.: 700395 Pro: 30 ml dropper-bottle | ref.: 700397

Fragrance-free, aqueous gel solution Before your regular cream ;to be used as a treatment series during the year

MÉSOFORCE Hyaluronic Acid Vitamin Mask

Revitalizes and intensely hydrates



[TRIO OF HYALURONIC ACIDS]

- # FREE HIGH MOLECULAR WEIGHT
 - To intensely moisturize the skin
- # ENCAPSULATED HIGH MOLECULAR WEIGHT
 To densify and fill deep wrinkles
- # FREE LOW MOLECULAR WEIGHT
 To plump up and smooth surface wrinkles

[VITAMIN B5 + E]

INTENSE REVITALIZATION

- # Smoothed skin: 92%
- # Plumped-up skin: 87%
- # Fresh complexion, as if energized: 84%

Retail: 50 ml tube | ref.: 700228 Pro: 100 ml tube | ref.: 700229 Refreshing gel with vitamin beads, fragrance with citrus and jasmine notes 2 times per week, leave on for 10 minutes



PART 2: TARGETED ANTI-AGING TREATMENTS

MELA BRIGHT

Inspired by depigmenting peels

DARK SPOTS LACK OF RADIANCE

MELA BRIGHT

Dark Spot Brightening Glow Treatment

MEDICAL INSPIRATION: DEPIGMENTING PEELS

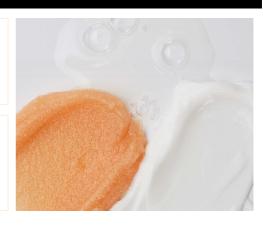
Erase dark spot and skin imperfection for even, radiant skin

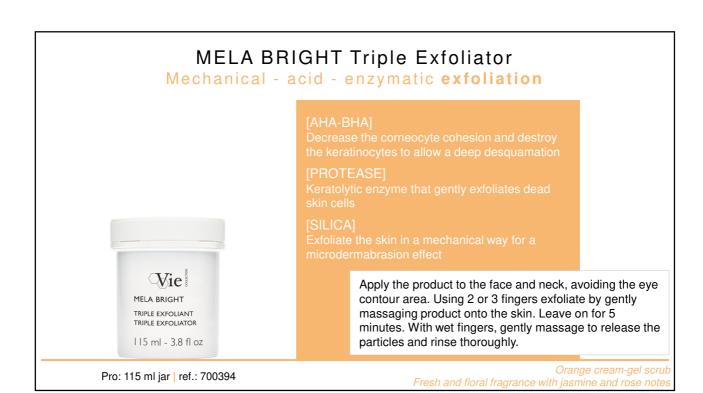
3 EXPERT PROFESSIONAL PRODUCTS

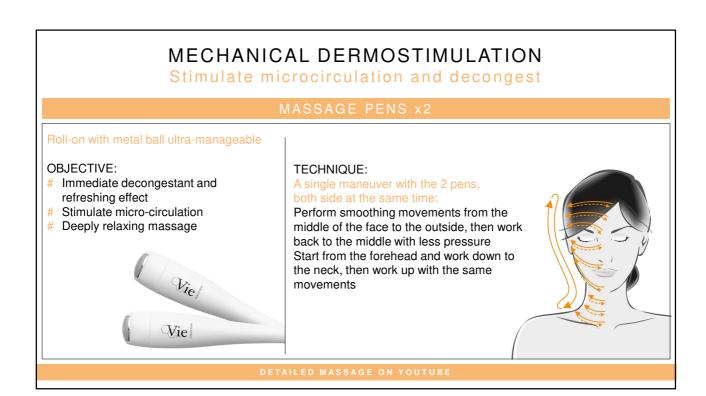
- # Triple depigmenting exfoliation: mechanic, enzymatic and acid
- # 10% Vitamin B3 concentrate to reduce melanogenesis
- # Depigmenting duo into a creamy refreshing mask

360° ANTI-DARK SPOT EFFECT

- # Radiant complexion: 100 %
- # Less visible dark spots: 100 %
- # Dark spot size: 12%
- # Dark spot color: 25%











MELA BRIGHT Bright Radiance Mask Mask: clears the complexion [VITAMIN C] Brightens the complexion and reduces the formation of dark spots [TR] Enhances skin radiance and improves the evenness of skin tone [TRX] Reduces the size and pigmentation of dark spots [CRYO MOLECULE] Refreshing effect for immediate radiance Apply a thin to medium layer with a brush, leave on for 10 minutes then rinse. Theviously PHOTO-C Retail: 50 ml tube | ref.: 700093 Pro: 150 ml tube | ref.: 700094 Cream mask with an instant cool effect Light and flowery fragrance with ylang-ylang, peach and patchouli notes

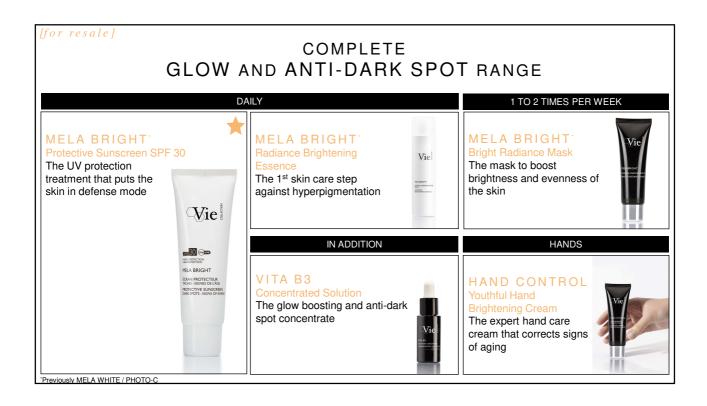
[expert protocol]

MELA BRIGHT DARK SPOT BRIGHTENING GLOW TREATMENT



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Remove eye and lip makeup with Micellar Water. Then use Cleansing Milk with the specific VIE Collection make-up removal technique (see massage booklet). Rinse, tone with Water or Lotion (depending on skin sensitivity) and dry.
2# SKIN DIAGNOSIS - 3' PDF file	Visually examine the client's face to determine the areas which show the most dark spots or skin flaws. Use the Skin Exam sheet to precisely observe the skin's needs and the areas to be treated.
3# TRIPLE EXFOLIATION - 10' Mela Bright Triple Exfoliator Instant Cleansing Milk Smoothing Toning Lotion or Micellar Water	Apply a small amount of Mela Bright Triple Exfoliator and exfoliate the face and neck in a grid pattern (avoid the eye area). Adapt the pressure according to the type of skin. Leave on for 5 minutes. With wet fingers, gently massage to release the particles and rinse thoroughly with a warm towel. Cleanse with Milk, rinse and tone with appropriate Lotion.
4# MECHANICAL DERMOSTIMULATION Massage with accessories - 4' Massage pens x2	On dry skin, perform symmetrical smoothing movements with Massage Pens.

octive concentrate and active movements - 4'	Apply Vita B3 with decongesting movements (tapping), insisting on the areas identified with the skin exam. Perform alternating pinches then deep gliding (see massage booklet).
# EXPERT ANTI-AGING MASSAGE - 12'	
	Perform the generic VIE Collection massage with the Dermo-Stimulating Massage Cream (detailed protocol in the massage booklet).
Mela Bright Bright Radiance Mask Mésopeptide Décolleté Replenishing Cream Memoothing Toning Lotion or Micellar Water	Apply a medium layer of Mela Bright Mask with a brush to the entire face and neck avoiding eye area. Leave on for 10 minutes. During the application time, perform a specific massage of the décolleté with Mésopeptide (protocol detailed in the massabooklet). Massage excess mask for a few minutes. Rinse then tone with appropriate Lotion.
Chrono Eves	Precautions for use after treatment: The skin's sensitivity to the sun may increase: warn to avoid sun exposure and to use adapted sunscreen when exposed to the sun.









MELA BRIGHT Bright Radiance Mask

Boosts radiance and uniformity



IVITAMIN C

Brightens the complexion and reduces the formation of dark spots

ITR1

Enhances skin radiance and improves the evenness of skin tone

[TRX]

Reduces the size and pigmentation of dark spots

ICRYO MOLECULE1

Refreshing effect for immediate radiance

VISIBLE RADIANCE

- # Brighter complexion: 91%
- # Immediate burst of radiance: 91%
- # More even complexion: 86%

Retail: 50 ml tube | ref.: 700093 Pro: 150 ml tube | ref.: 700094

*Previously PHOTO-C

Fresh and unctuous texture with ylang-ylang, peach and patchouli notes 2 times per week, leave on for 10 to 15 minutes

HAND CONTROL Youthful Hand Brightening Cream

Visibly acts on signs of skin aging



IDLIO OF HYALLIBONIC ACIDS!

- # FREE LOW MOLECULAR WEIGHT
 - To plump up and smooth surface wrinkles
- # FREE HIGH MOLECULAR WEIGHT
 To intensely moisturize the skin

[VITAMIN B3] + [TRX] + [VITAMIN C]

Brighten the complexion and reduce dark spots

[AHAs]

Resurface and improve skin quality

REJUVENATING EFFECT

- # Dark spot reduction: 22%
- # Smoother skin: + 25%
- # Hands look visibly younger: 100%

Retail: 50 ml tube | ref.: 700359

Rich and nourishing cream, fast absorption without greasy film Subtle fragrance with pink pepper, gardenia and white musk notes



PART 2: TARGETED ANTI-AGING TREATMENTS

ROSA CONTROL

The correction for skin prone to redness and couperose

REDNESS SENSITIVITY SIGNS OF AGING

ROSA CONTROL

Anti-redness Soothing Treatment

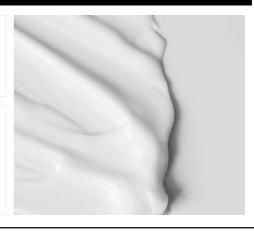
MEDICAL INSPIRATION: ANTI-COUPEROSE TREATMENTS

Tailored prescription to erase small visible blood vessels

- 3 ULTRA-EFFECTIVE STEPS
- # Delicately exfoliate
- # Correct redness
- # Soothe, protect, relieve

ANTI-REDNESS PROVEN RESULTS FROM THE 1^{ST} TREATMENT

- # Reduction of skin sensitivity: 60%
- # Reduction of redness intensity: 40%
- # Unified skin: 88%
- # Replumped, smoothed skin: 96%



GENTLE ENZYMATIC EXFOLIANT

Enzymatic exfoliation



[PROTEASE]

Gently exfoliates dead skin cells

IVITAMIN B31

Soothes, stimulates skin's microcirculation to reduce redness and improve the barrier function of the skin

[ALL ANTOIN]

Heals and soothes skin irritations

Using a brush, apply a medium layer to face and neck, avoiding the eye contour area. Leave on for 8 minutes, then rinse thoroughly with warm water.

Pro: 150 ml tube | ref.: 700326

Refreshing gel with floral fragrance of lily of the valley and freesia

MECHANICAL DERMOSTIMULATION

Stimulate microcirculation and soothe

MASSAGE PENS x2

Roll-on with metal ball ultra-manageable

To optimize the refreshing effect, plunge massage pens into cold water and dry with a towel

OBJECTIVE:

- # Immediate decongestant and refreshing effect
- # Stimulate micro-circulation
- # Soothe and calm
- # Deeply relaxing massage

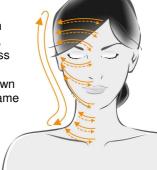


TECHNIQUE:

A single maneuver with the 2 pens, both side at the same time:

Perform smoothing movements from the middle of the face to the outside, then work back to the middle with less pressure

Start from the forehead and work down to the neck, then work up with the same movements



DETAILED MASSAGE ON YOUTUBE





SOOTHING MASK WITH VITAMINS

Mask: soothe - protect - relieve

[VITAMIN B3]

Soothes, stimulates skin's microcirculation to reduce redness and improve the barrier function of the skin

[VITAMIN C]

Protects the skin from free radicals

[ALLANTOIN]

Heals and soothes skin irritations

Gradually mix half a level scoop of powder with 1 scoop of lukewarm water. Using a brush, apply a medium, even layer of mask to the entire face and neck, avoiding the eye area. Leave on for 10 minutes, massage then rinse with water. **Do not inhale.**

Pro: 240 g jar | ref.: 700328

240 g - 8.46 fl oz

MASQUE APAISANT AUX VITAMINES

SOOTHING MASK WITH VITAMINS

Powder that turns into a comforting cold cream texture Floral fragrance of lily of the valley and freesia

[expert protocol]

ROSA CONTROL ANTI-REDNESS SOOTHING TREATMENT



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water Instant Cleansing Milk Micellar Water	Remove eye and lip makeup with Micellar Water. Then use Cleansing Milk with the specific VIE Collection make-up removal technique (see massage booklet). Rinse, tone with Water and dry.
2# SKIN EXAM - 3' PDF file	Visually examine the client's face to determine the location of redness and the most sensitive areas. Use the Skin Exam sheet to precisely observe the skin's needs and the areas to be treated.
3# ENZYMATIC EXFOLIATION - 10' Gentle Enzymatic Exfoliant Micellar Water	Using a brush, apply a medium layer of Gentle Enzymatic Exfoliant to face and neck, avoiding the eye contour area. Leave on for 8 minutes, then rinse thoroughly with warn water. Tone with Micellar Water.
4# MECHANICAL DERMOSTIMULATION Massage with accessories - 4' Massage pens x2	On dry skin, perform symmetrical smoothing movements with Massage Pens on the face, neck and décolleté.

[expert protocol]	
STEPS AND PRODUCTS	SPECIFIC PRACTICE
5# CONCENTRATED SOLUTION Active concentrate and active movements - 4' Soothing Relief Lotion for Redness	Apply 1 half-dropper of Soothing Relief Lotion for Redness over the entire face and neck. Make penetrate with light tapping movements. Then perform pressing pumps and smoothing vibrations (see massage booklet).
6# EXPERT ANTI-AGING MASSAGE - 12' Dermo-Stimulating Massage Cream	Perform the generic VIE Collection massage with the Dermo-Stimulating Massage Cream (detailed protocol in the massage booklet).
7# MASK - 12' Soothing Mask with Vitamins Micellar Water	Gradually mix half a level scoop of Soothing Mask with Vitamins with 1 scoop of lukewarm water to obtain a "cold cream" texture. Using a brush, apply a medium, even layer of mask to the entire face and neck, avoiding the eye contour area. Leave on for 10 minutes. Do not inhale the mask's dust particles. During the application time, perform a specific massage of the décolleté with Mésopeptide (protocol detailed in the massage booklet). Rinse with water and tone with Micellar Water.
8# EYE CONTOUR AND FACIAL CREAMS - 2' Chrono Eyes Rosa Control Relief Concentrate for Redness Mela Bright SPF30	For the driest skin, apply the appropriate facial cream in addition.
	Hand washing is recommended after applying each product.
DETAILED PE	ROTOCOL ON YOUTUBE CHANNEL
DETAILEDTT	

[for resale]

ROSA CONTROL Relief Concentrate for Redness

Correct all redness



[TRI-PEPTIDE]

Protects the skin from inflammation and reduces stage-one redness

[VITAMIN B5 + C + E]

Moisturize and protect the skin from free radicals

BPX1

Tones blood capillaries, activates microcirculation and corrects stage-two redness

PROTECTIVE + REPAIRING ACTION

- # Soothed skin: 86%
- # Less sensitive skin: 82%
- # Redness: 14%

Retail: 30 ml airless bottle | ref.: 700293 Pro: 50 ml tube | ref.: 700329 Non-greasy, non-sticky comforting fluid, fragrance-free Alone or before your regular cream



PART 2: TARGETED ANTI-AGING TREATMENTS

3-DIMENSION EYE

The triple correction of the eye contour

WRINKLES
DARK CIRCLES
PUFFINESS

3-DIMENSION EYE

Eye Targeted Treatment

MEDICAL INSPIRATION: INJECTIONS

Hyaluronic acid injections to correct crow's feet wrinkles and dark circles

2 KEY STEPS

- 1. Active massage of the eye contour with the 2 massage pens
- 2. Plasticizing Eye Contour Beauty Mask 3-DIMENSION EYE

INSTANT YOUTH RESULTS

- # Smoothed wrinkles: 23%
- # Fresher eyes: 100%
- # Faded dark circles: 91%
- # Less visible puffiness: 91%



DERMO-STIMULATING MASSAGE CREAM

Eye targeted massage



[MANNITOL] +
[POLYGLYCOLIC-LACTIC ACID CAPSULE]
Stimulates the production of collagen and elastin
by boosting cell metabolism

Apply a dollop of product and perform the eye contour massage.

Pro: 100 ml tube | ref.: 700092

Rich texture with a perfect glide and a non-greasy finish Light and flowery fragrance with ylang-ylang, peach and patchouli notes

MECHANICAL DERMOSTIMULATION

Eye targeted massage

MASSAGE PENS X2

Roll-on with metal ball ultra-manageable

To optimize the refreshing effect, plunge massage pens into cold water and dry with a towel

OBJECTIVE:

- # Immediate decongestant and refreshing effect
- # Smoothe and tone
- # Deeply relaxing massage

KEY PRODUCT: Dermo-Stimulating Massage Cream



TECHNIQUE - 4 STEPS:

STEP 1 - 4'

Massage using 2 pens simultaneously

STEP 2 - 3'

Alternating massage: hands/pens

STEP 3 - 1'

Perform a freeform manual massage then end by smoothing the eyelids and under-eye area with the pads of the fingers

STEP 4 - 4'

Repeat the movements in step 1

DETAILED MASSAGE IN THE MASSAGE BOOKLET AND ON YOUTUBE

3-DIMENSION EYE Plasticizing Eye Contour Beauty Mask Mask: puffiness - dark circles - wrinkles

3 DIMENSIONS YEUX MASQUE PLASTIFIANT BEAUTÉ DU REGARD 3-DIMENSION EYE PLASTICIZING EYE CONTOUR BEAUTY MASK 200 g - 7.05 oz

Stir $\frac{1}{2}$ scoop of powder with $\frac{1}{2}$ scoop of cold water. Use a brush to apply a thick layer under the eyes, up to the outer corners and on the brow bone. Leave on for 10 minutes. Smooth the outer edges of the mask with moist fingers, and then remove the mask in a single piece.

Pro: 200 g jar | ref.: 700318

Powder that turns into a refreshing rich cream, fragrance-free

·	

[expert protocol]

3-DIMENSION EYE EYE TARGETED TREATMENT . STANDALONE FACIAL



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION Makeup removal and facial cleansing - 3' Micellar Water + Cleansing Milk Smoothing Toning Lotion or Micellar Water	Remove face and eyes makeup with the specific VIE Collection make-up removal technique (see massage booklet).
2# ACTIVE MASSAGE OF THE EYE CONTOUR - 12' Massage Pens x2 Dermo-Stimulating Massage Cream	Apply a dollop of the Dermo-Stimulating Massage Cream on the eye contour. Perform the decongesting smoothing movements using the 2 Massage Pens, alternating with manual movements (detailed protocol in the massage booklet).
3# EYE PLASTICIZING MASK - 13' 3-Dimension Eye Mésopeptide Micellar Water	Put ½ scoop of Plasticizing Mask into a bowl and add ½ scoop of cold water. Stir vigorously with a spatula until a smooth texture is obtained. Use a brush to apply a thick layer under the eyes, up to the outer corners and on the brow bone. Leave on for 10 minutes. During the application time, perform a specific massage of the décolleté with Mésopeptide (protoco detailed in the massage booklet). Smooth the outer edges of the mask with moist fingers, and then remove the mask in a single piece. Apply Micellar Water.
4# EYE CONTOUR AND FACIAL CREAMS - 2' Chrono Eyes + Chrono Lines + Mela Bright SPF30	

[expert protocol]

3-DIMENSION EYE EYE TARGETED TREATMENT . COMBINED TO A FACIAL



STEPS AND PRODUCTS	SPECIFIC PRACTICE
1# INITIATION - 3' Micellar Water + Milk or Gel + Lotion	
2# SKIN EXAM - 3'	
3# EXFOLIATION - 10'	
4# MECHANICAL DERMOSTIMULATION - 4'	
5# CONCENTRATED SOLUTION - 4'	
6# ACTIVE MASSAGE OF THE EYE CONTOUR - 12' Massage Pens x2 Dermo-Stimulating Massage Cream	Detailed massage in the massage booklet and on the YOUTUBE channel.
7# EXPERT ANTI-AGING MASSAGE - 12'	
8# EYE PLASTICIZING MASK - 3' + FACIAL MASK - 12' 3-Dimension Eye + appropriate facial mask + Mésopeptide + Micellar Water	Leave on the eye mask and the facial mask at the same time. Specific massage of the décolleté
8# EYE CONTOUR AND FACIAL CREAMS - 2' Chrono Eyes + appropriate facial cream + Mela Bright SPF30	
	Hand washing is recommended after applying each product.

[for resale]

CHRONO EYES Puffiness - Dark Circles - Wrinkle Cream

Rejuvenates the eye contour

[best-seller]



Retail: 15 ml airless bottle | ref.: 700236 Pro: 50 ml tube | ref.: 700237 [ENCAPSULATED HYALURONIC ACID]

IBOTOX-LIKE PEPTIDE

Relaxes frown lines and crow's feet wrinkles

[PHYTOSTEROLS + FATTY ACIDS]

Reduce the amount of puffiness

Fade dark circles and limit their appearance

REVERSE-CHRONOLOGICAL ACTION

- # Revived eye area (1 minute): 88%
- # Faded signs of fatigue (1 week): 91%
- # Smoothes wrinkles (1 month): 92%

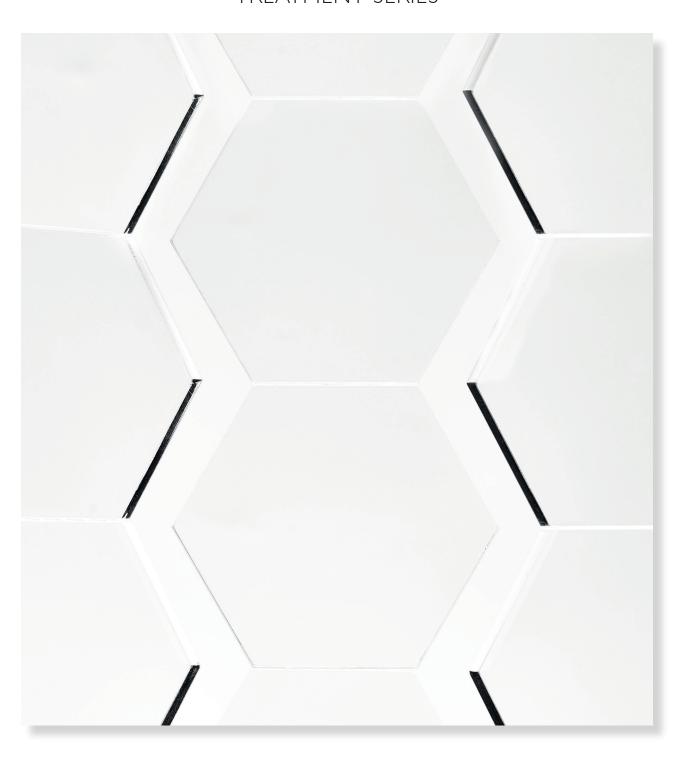
Delicate and comfortable cream, suitable for sensitive eyes and contact lens wearers, fragrance-free for optimal tolerance

VIE COLLECTION TARGETED TREATMENTS RECAP

TRANSVERSAL PROTOCOL	3-DIMENSION WRINKLES 50 min	PRO-COLLAGEN 50 min	MÉSOFORCE 50 min	MELA BRIGHT 50 min	ROSA CONTROL 50 min	3-DIMENSION EYE +15 min
INITIATION 3' Makeup removal and facial cleansing		Micellar Water + Insta	nt Cleansing Milk <u>or</u> Cleansin	Micellar Water + Instant Cleansing Milk <u>or</u> Cleansing Gel + Smoothing Toning Lotion <u>or</u> Micellar Water	iion <u>or</u> Micellar Water	
SKIN EXAM 3' Skin diagnosis			Skin exam file	am file		
EXFOLIATION 10'		Modeling Butter + Micro-D		Mela Bright Triple Exfoliator	Gentle Enzymatic Exfoliant	Exfoliant adapted to the chosen facial treatment
MECHANICAL DERMO- STIMULATION 4' Massage with accessories	Corrector brush 700266 (upper face) 2 x Face shaper 700231 (lower face)	2 x Face shaper 700231	Meso-stimulating roller 700316	Massage Kit - batch of 2 pens - 700296	Massage Kit - batch of 2 pens - 700296	Massage Kit - batch of 2 pens - 700296 (used during the eye massage) + accessory of the chosen facial
CONCENTRATED SOLUTION 4' Active concentrate and active movements	Wrinkle Dimension Peptide Concentrate (upper face) Wrinkle Dimension Hyaluronic Acid Concentrate (lower face) Maneuvers with anti-aging purpose (anti-wrinkle pinches)	LED Light Concentrate Maneuvers with firming purpose (fan strokes, vigorous alternating paddling movements)	NMF Lotion + Vita C or Vita B3 Maneuvers with a plumping purpose ("Jacquet" pinches)	Vita B3 Maneuvers with decongestant purpose (tapping movements)	Soothing Relief Lotion for Redness Draining movements (smoothing, pressing pumps)	,
EXPERT ANTI-AGING MASSAGE 12' Transversal massage		Der	GENERIC MASSAGE Dermo-Stimulating Massage Cream	am		Targeted eye massage then generic massage Dermo-Stimulating Massage Cream
MASK 12' During the application of the mask, massage of the décolleté	EGF Plasticizing Mask + Mésopeptide	Time Control Mask + Plasticizing Mask with Pro-collagen Peptide + Mésopeptide	Skin Defense Mask + Mésopeptide	Mela Bright Mask + Mésopeptide	Soothing Mask with Vitamins + Mésopeptide	3-Dimension Eye Plasticizing Mask + Mésopeptide
CREAMS 2'	Chrono Eyes + Chrono Lines + Mela Bright SPF30	Chrono Eyes + Time Control + Mela Bright SPF30	Chrono Eyes + Mésoforce Cream + Mela Bright SPF30	Chrono Eyes + Vita B3 + Mela Bright SPF30	Chrono Eyes + Rosa Control + Mela Bright SPF30	Chrono Eyes + appropriate cream + Mela Bright SPF30



PART 3 TREATMENT SERIES





TREATMENT SERIES

[For maximum anti-aging results]

PEEL TREATMENT SERIES

[Resurface the skin]

YOUTH TREATMENT SERIES

[Renew and plump the skin]

MORE DETAILS IN THE PRESCRIPTION GUIDE

VIE COLLECTION TREATMENT SERIES

What objectives?

FOR WHO?

For your clients who are looking for maximum anti-aging results.

Adapted to the needs of each client, they are designed as an alternative to esthetic medicine, to extend the time between sessions and maintain results.





WHEN?

Over a period of 1 month. They include treatment room facials and beauty routines to be performed at home in order to optimize the benefits of the treatments received.

HOW?

This new ultra-personalized approach allows each client to be accompanied throughout the duration of their treatment.

This personalization begins

with a detailed skin diagnosis (skin exam) followed by an expert antiaging prescription (prescription chart).



PEEL TREATMENT SERIES

Wrinkles and Radiance

ONCE OR TWICE A YEAR (DURING FALL / WINTER)

TREATMENT ROOM AT HOME **GLYCO 10 RESURFACING ACID CONCENTRATE BEFORE** WEEK 1 WEEK 2 [3x] ACID PEEL 20% ACCELERATED RECOVERY MOISTURIZING CREAM WEEK 3 TIME CONTROL **CHRONO LINES** DEEP WRINKLE - OR ULTRA SMOOTHING WEEK 4 [1x] 3-DIMENSION WRINKLE FIRMING RICH CREAM CREAM For the duration of the treatment series: MELA BRIGHT PROTECTIVE SUNSCREEN SPF30





PEEL TREATMENT SERIES

Wrinkles and Imperfections

ONCE OR TWICE A YEAR (DURING FALL / WINTER) TREATMENT ROOM

AT HOME

GLYCO 10
RESURFACING ACID CONCENTRATE

WEEK 1
WEEK 2
WEEK 3

[3x] RETINOPUR PEEL 30%

MÉSOFORCE MAT
HYDRATING REVITALIZING CREAM-GEL

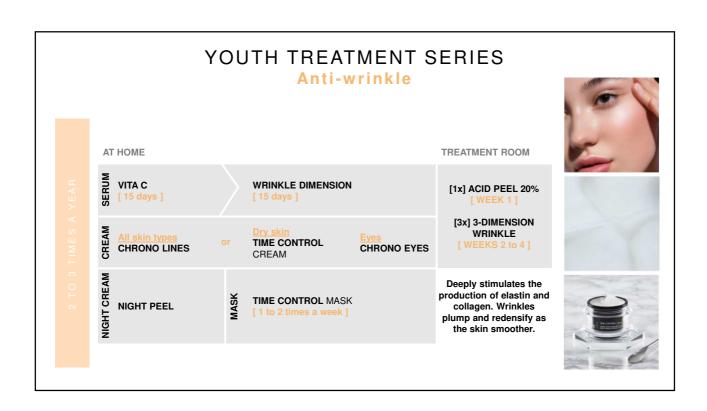
WEEK 4

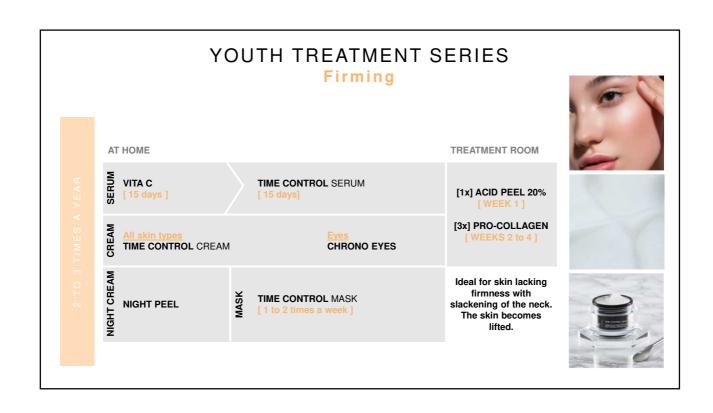
[1x] MÉSOFORCE
WRINKLES - IMPERFECTIONS RETINOL FLUID

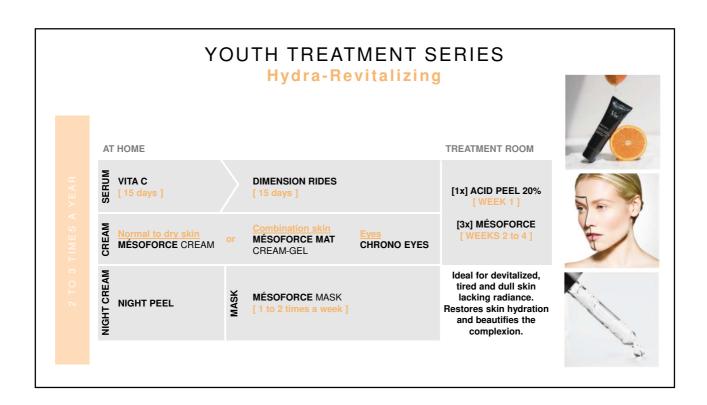
For the duration of the treatment series: MELA BRIGHT PROTECTIVE SUNSCREEN SPF30

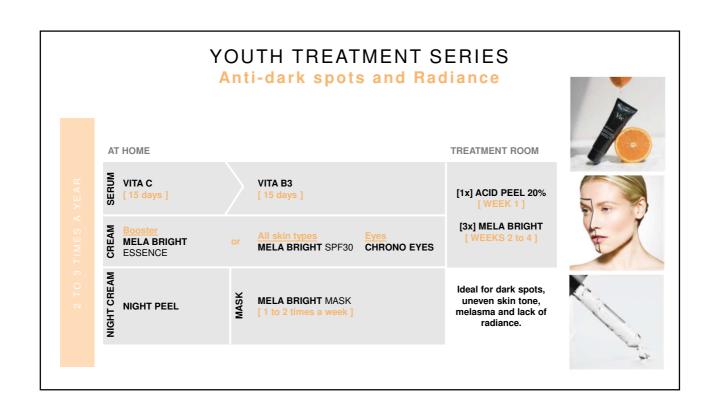












YOUTH TREATMENT SERIES Pore refining AT HOME TREATMENT ROOM VITA C **RE-DERMIST** [1x] RETINOPUR PEEL 30% [3x] MÉSOFORCE MÉSOFORCE MAT CREAM-GEL RETINOPUR RETINOL **CHRONO EYES** NIGHT CREAM Ideal for combination to oily skin. RETINOPUR MASK **NIGHT PEEL** Tightens pores, [1 to 2 times a week] smoothes skin texture and moisturizes deeply.

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PART 4 MASSAGE BOOKLET



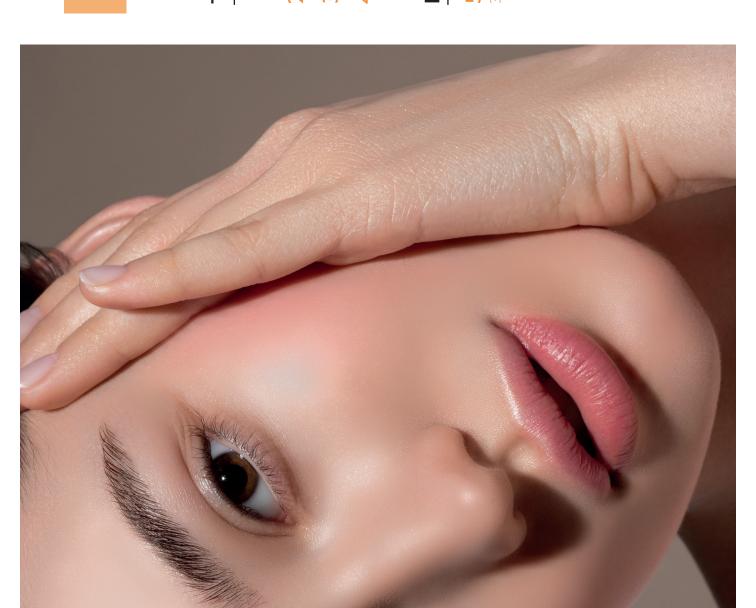
CONTENTS

Transversal massage

I. INITIATION	2
2. ACTIVE MOVEMENTS	05
3. EXPERT ANTI-AGING MASSAGE	07
4. DÉCOLLETÉ MASSAGE	=

Eye contour massage

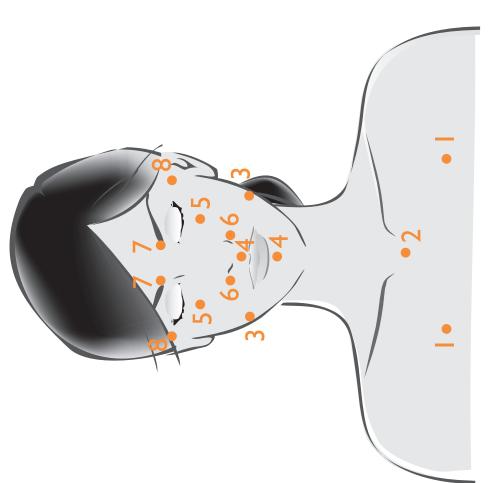
5. EYE CONTOUR MASSAGE
3-DIMENSION EYE - EYETARGETED TREATMENT



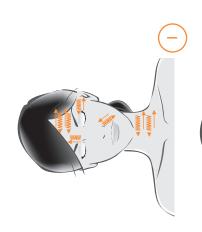
4

Apply Instant Cleansing Milk or Cleansing Gel, working in circular movements zone by zone, and conclude with thumb pressures in the following order: During Step 1, make-up removal

- I. The décolleté: pressure in the centers of the pectoral muscles (in line with the nipples).
- 2. The neck: with one thumb over the other, pressure under the hollow of the clavicle junction.
- 3. The facial contour and jawline: pressure on the TMJs.
- 4. The lips: pressure in the middle of the chin crease and another simultaneously under the nose.
- 5. The cheeks: pressure in the middle of the cheekbones.
- 6. The nose: pressure next to the outer edges of the nose.
- 7. Around the eyes: pressure on the inner portion of the eyebrows.
- 8. The forehead: pressure on the temples.



2. ACTIVE MOVEMENTS



During Step 5

Apply the appropriate concentrated solution and perform the movements below (paying particular attention to the areas identified during the Skin Exam):

3-DIMENSION WRINKLE:

On the upper part of the face: with the thumbs and forefingers, perform anti-wrinkle pinches, then kneading and pressing on each identified wrinkle. (Figure I)

On the lower part of the face: perform localized anti-wrinkle pinches on the cheeks, lip contour and neck.

• Continue with kneading, fan strokes and/or vigorous alternating paddling movements with finger pads on the jawline. (Figure 2)

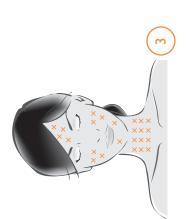
PRO-COLLAGEN:

On areas prone to skin slackening: deeply pinch the tissue between the thumbs and fingers to make a "duckbill".

- Perform fan strokes and vigorous alternating paddling movements with finger pads. (Figure 2)
- Continue with "Kneading rolling" along the jawline.

MÉSOFORCE:

• Perform tapping movements and alternating Jacquet pinches on the whole face, first on one side then the other (Figure 3)



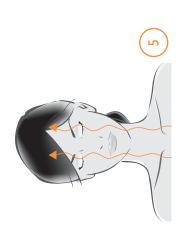
2. ACTIVE MOVEMENTS (CONTINUED)

During Step 5

Apply the appropriate concentrated solution and perform the movements below (paying particular attention to the areas identified during the Skin Exam):

MELA BRIGHT:

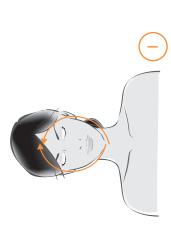
- Perform alternating «Jacquet» type pinches on the whole face, first one side then the other. (Page 5, Figure 3)
- Next, with the thenar eminences, perform deep gliding, smoothing strokes, starting with the forehead, then the cheekbones and along the upper jaw, from the center outwards, and finish by smoothing along the neck, towards the ganglion area, above the clavicles. (Figure 4)



ROSA CONTROL:

- Perform tapping movements over the entire face and neck.
- · Then moving from the center of the face, working outward, use flat hands to perform pressing pumps on each area of the face.
- Conclude with smoothing vibrations, working from the bottom of the face to the top. (Figure 5)

3. EXPERT ANTI-AGING MASSAGE (1/4) - 12 minutes



During Step 6 Using Dermo-Stimulating Massage Cream. Perform each movement twice.

Introduction:

- 1. Make contact by smoothing the décolleté, the shoulders, and the trapezius muscles.
- 2. With fingertips, starting from the chin, simultaneously smooth around the face with each hand moving toward the opposite cheek. (Figure I)

Skin Awakening:

- 3. Use flat hands to smooth the skin in an upward direction from the base of the neck to the jawline and return (one round trip)
- 4. With the index and middle fingers, perform simultaneous spirals on the neck from the middle to the outside along 3 different lines (bottom, middle and top of the neck). Conclude by pushing down towards the ganglion area (once). (Figure 2)
- 5. With closed fists, make spirals from the center of the face outwards along 4 different lines. Start the 1st line under the chin along the jawline. Repeat along 3 different lines. (Figure 3)
- 6. With closed fists, thumbs inside, use the inner edge of the hands to make quick, comma-like strokes across the whole of the cheeks and the jawline.Then, using the thumb and index finger (fists still closed), perform pinches in the same manner over the same area. (Figure 4)

Lips:

- 7. With the thumb and forefinger, perform anti-wrinkle pinches around the lips, moving from one corner to the other, then smooth to return.
- 8. Perform toning, alternating Jacquet pinches on the lips and the lip contour.
- a simultaneous circular pressure on the TMIs. After the second time, smooth both sides of the neck, around the shoulders, 9. Between the index and middle fingers, smooth the lips up towards the TMJs (Temporo-Mandibular Joints) and finish with the trapezius muscles and nape.

Turn the head towards the left.



3. EXPERT ANTI-AGING MASSAGE (2/4) -12 minutes

The head is turned to the left side for maneuvers 10 to 15.

Lower face/cheeks:

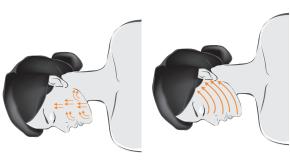
10 a. Pressing with the whole palm of the hand, start with alternating smoothing strokes, moving from the jawline to the cheekbones, gradually increasing the speed.

10 b. With the index and middle fingers, continue these alternating smoothing strokes in a line in front of the ear, gradually increasing the speed. (Figure 5) 11. Continue with one hand tapping with the pads of the index, middle and rings fingers, and the other hand performing toning Jacquet pinches with the thumb and index or middle finger, move over the whole cheek. (Figure 6)

12. Next, with one hand make fan strokes, while the other hand continues to piano tap with the finger pads (Figure 7)

Move to the side so that you are facing the client.

13. With the thumbs and index fingers simultaneously, perform "kneading rolling" on the cheek, moving from the center of the face to the ear following 5 lines (once each). (Figure 8)



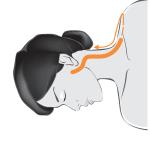




3. EXPERT ANTI-AGING MASSAGE (3/4) - 12 minutes



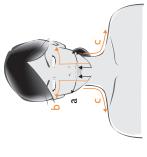














14. With the thumbs one above the other, continue gliding along 5 lines across the cheek from the center outwards. At the end of the 5th line, drain along the carotid artery towards the base of the clavicle (perform once). (Figure 9) 15. Next, with the heel of the external hand, start in front of the ear and glide down the outside of the neck, along the carotid artery, to the shoulder. Glide around the shoulder, then return along the trapezius muscles to the nape. (Figure 10)

Rotate the head to the right and reperform maneuvers 10 to 15 on the other side. Then straighten the head.

16 a.With the fingertips, perform alternating cross strokes, starting from the chin towards the opposite cheek and finish on the forehead with the palms of the hands in a pressed smoothing stroke. b. Repeat the same movement in a more dynamic way, i.e. alternating crossed strokes with the fingertips, ending on the cheek with a lifting movement (fan type). (Figure II) 17 a. With the thenar eminences, starting from the chin, move up to the corners of the mouth then stretch across the cheeks to the ears. b. Then, from the chin, move up the nasolabial folds and stretch the length of the cheekbones towards the temples, then down the neck.

c. Glide around the shoulders and return to the nape. (Figure 12)

3. EXPERT ANTI-AGING MASSAGE (4/4) - 12 minutes

Upper face:

8.With the index and middle fingers, start from the nape, smooth up towards the temples and trace figure-eights in this area.

19. Knead along one eyebrow, starting at the outer tip and crow's feet. Continue across the third eye and along the other eyebrow.With the thumbs and index fingers, return with alternating toning pinches (one round trip)

20. Between the index fingers, twist the frown lines.

21.With flat hands, move up the forehead in a V shape stretching towards the hairline.

22. With the thumbs, perform small dynamic rubbing actions on the forehead, moving down from the hairline to the eyebrows, then smooth back up. Repeat, starting from the middle of the forehead towards the temple and move back and forth.Then perform the same rubbing sequence on the other side of the forehead. (Figure 13) 23. With the thenar eminences, finish by stretching from the center of the forehead towards the temples along two different lines (lower part then upper part of the forehead).

Final:

24. With the flat of the hands, perform large, toning, alternating strokes, starting from the décolleté and gradually moving up to the forehead (from inside to outside), first on one half of the face, then on the other. 25. With the fingertips, simultaneously circle the face in opposite directions, then conclude with a smoothing stroke of the décolleté (identical to movement 2 - Figure I.)





4. DÉCOLLETÉ MASSAGE

(During Step 7) With Mesopeptide Décolleté Replenishing Cream, while the mask is working.

. With closed fists, make circular movements on the décolleté, from the sternum to the shoulders in 3 lines. Smooth the

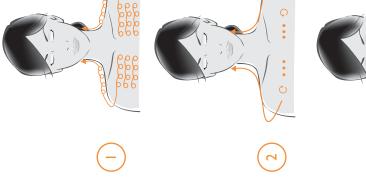
shoulders, then with closed fists, make circular movements along the trapezius muscles to the nape. (Figure 1

2. With the thumbs, apply 3 circular pressures, from the sternum to the armpits, then with the knuckles, perform a circular massage on the armpit crease.With flat hands, finish by smoothing the trapezius muscles and the nape. (Figure 2)

Position yourself to one side of the client and work on the opposite side of the décolleté:

- 3.With the thumb and other fingers, perform deep «duckbill» pinches.
- 4. Perform "kneading rolling" along 3 lines, from the center of the décolleté to the opposite armpit.
- 5. Make wide twists between the index and middle fingers of each hand, from the center to the opposite armpit. (Figure 3)
- 6. With the flat of the hands, finish with alternating deep smoothing strokes, from the center of the décolleté to the opposite shoulder. (Figure 4)

Change sides and perform maneuvers 3 to 6 on the other side of the décolleté.









5. EYE CONTOUR MASSAGE 3-DIMENSION EYES - 12 MINUTES

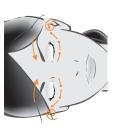


I: MASSAGE USING 2 PENS SIMULTANEOUSLY - 4 minutes



2. With the flat sides of the pens, make smoothing strokes along the eyebrows, then continue by drawing figure-eights over the crow's feet. 3. Use a pumping technique under the eyes working from the inside out, and end with circular pressures over the crow's

4. Using both pens together, draw an 8 around the eyes.







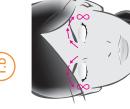


5. EYE CONTOUR MASSAGE

3-DIMENSION EYES (CONTINUED) - 12 MINUTES









2 a. Alternately, draw a full figure-eight (glasses) with one of the pens while the other hand remains on the opposite temple.

b. Then, make the same figure-eight using the index and middle fingers while the pen remains on the other temple.

I a. Hold the pens in your hand, and use the thumbs to make short alternating smoothing strokes on the eyebrows, from

the inside out. Then, draw figure-eights on the temples with the thenar eminences.

b. Repeat the same movements using the 2 pens.

2: ALTERNATING MASSAGE: HANDS/PENS - 3 minutes

Dampen the pens in fresh water and then dry, if necessary.

Perform each movement 3 times.

3. Move to the side of the face: alternately stroke the under-eye area with index and middle fingers of one hand and the

of one hand and the pen in the other over the crow's feet area. Follow with "kneading-rolling" over the crow's feet area pen in the other, working from the inner corner of the eye to the temple. Make twisting movements with the index finger

Perform a freeform manual massage then end by smoothing the eyelids and under-eye area with the pads of the fingers.

3: FREEFORM MANUAL MASSAGE - I minute









Legend:

4: CONCLUSION - 4 minutes

Repeat the movements in Step 1.



All our treatment protocols can be found on our Youtube channel:







www.viecollection.com





