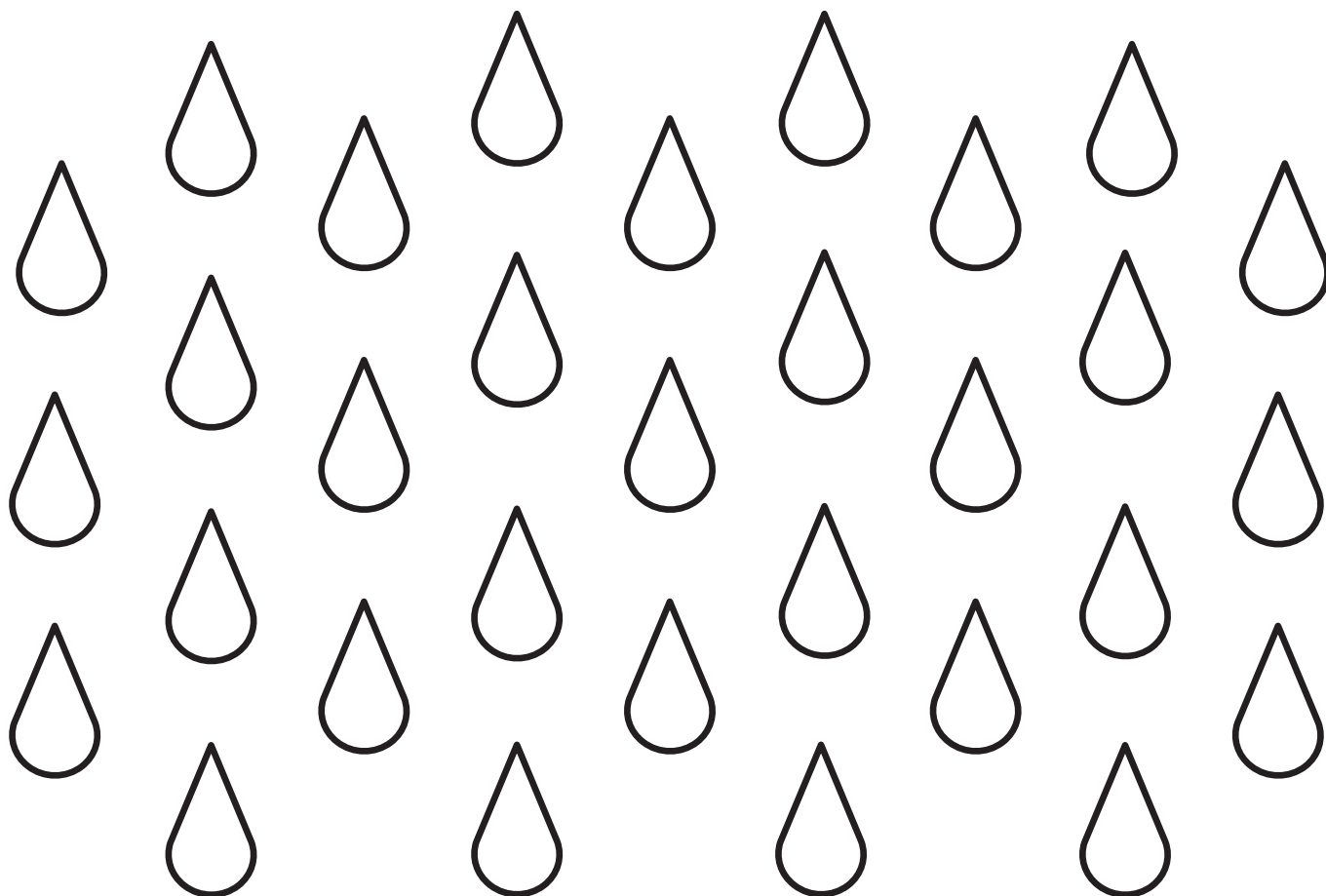
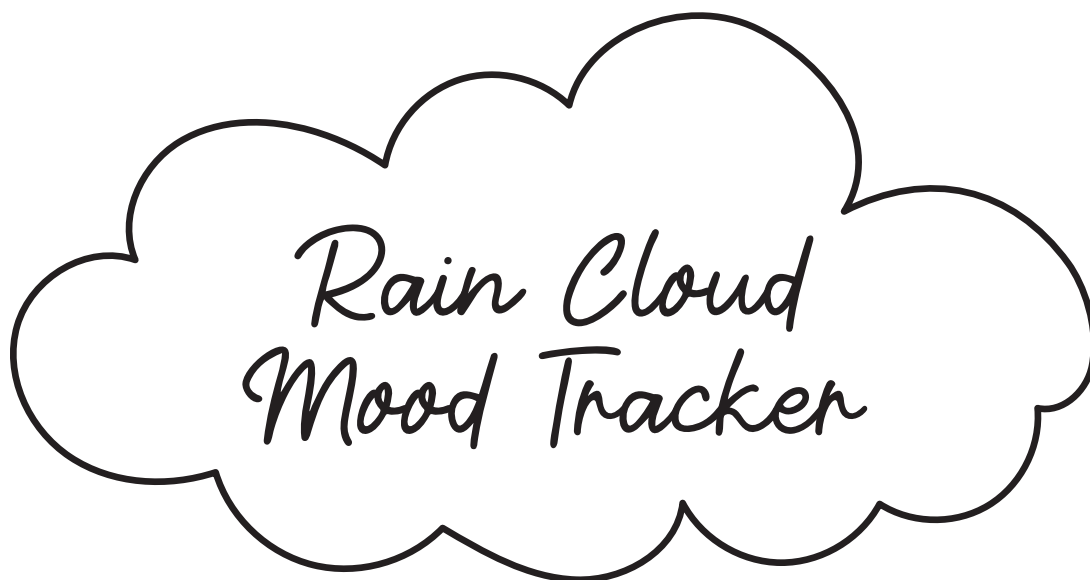


month: _____



☐ happy

☐ productive

☐ moody / sad

☐ ugh!

☐ excited

☐ stressed

☐ tired