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shri krupa
DANCE FOUNDATION

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FEB 2024 ISSUE II

**Shri Krupa Performing Hall**
Studio space available for rent for students to practice
Click here for reservations
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## Guru Vishal Ramani felicitated by Natya Nrit Academy

Guru Vishal Ramani was felicitated by the Natya Nrit Academy dance school at Rasika Ranjani Sabha, Chennai, India in January 2024.



Highlighting Guru Vishal's completion of more than 300 Arangetrams, the academy lauded her service towards promoting the Bharatanatyam art form in a country so far away from India and working tirelessly on excellence in the school by bringing accompanists from India and giving the children growing up in the US a unique cultural experience.



Guru Vishal presented awards to the students of the school that performed on the day and gave her blessings and best wishes to the students and the school.



Speaking on the occasion about dance as it stands today in India and abroad, Guru Vishal underscored its importance in our lives to inculcate discipline and good health.

## February Events

Feb 25:
Monthly Performance by Prep-1, Prep-2 and Pre-arangetram students

Venue:
Shri Krupa Studio

Time: 3pm

To enroll a new student, visit shrikrupa.org/registration

SKDF is a 501(C)3 non-profit organization,
Any amount donated is tax-deductible.
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# From the Artistic Director's Desk

'*I made a mistake accidentally*' you say - I say you made a mistake with the sweetest 'oops' and happiest 'Geez' - but carry on ... who said we cannot make mistakes?

'*I cannot remember as well as others*' you say - well, others are not thinking of the party to go to, the present to get, the friend to gossip with, the homework you have to finish....BE PRESENT in the MOMENT.

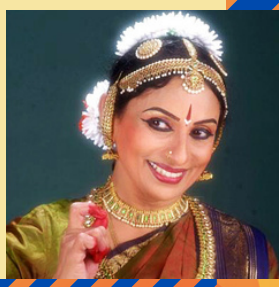
'*I lack stamina*' you say - NO YOU DON'T - you have not done those daunting rigors of the body as much as the rigors of the mind - just listen to a song and finish your stretches and bends and you will come around.

'*Can I dance for 2 hours and more all by myself - wow, that is scary*' you say - YES YOU CAN AND YOU WILL! It is the very first dance that determines it all. Do your entry dance well and you are going to breeze through it all.

'*The word ARANGETRAM is HUGE - I am worried*' you say, and I say 'so should you be. But if you know your subject matter, why worry? PRACTICE AND PERFECT!

I read these words about what a Mantram is - 'A Mantram is a powerful spiritual formula which when repeated silently in the mind, has the capacity to transform consciousness.' There is no magic in this - just practice, practice, and more practice. Slow down completely, especially when the going is tough. Reduce tension, insecurity, and become steely strong. 'I will do my BEST and I will do it slowly.' I will not postpone but 'HASTEN SLOWLY'. Procrastination and carelessness are not good, but slowing down gives an inner strength to meticulously and methodically plan the course of action.

Just go and WIN - it is that easy - one step at a time - one dance at a time.



Best Wishes to you all!

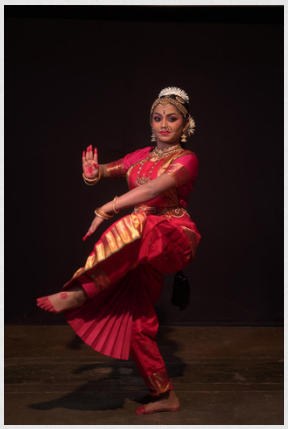
***-Guru Vishal Ramani***

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Contact skdcdance@gmail.com

# The School At A Glance

## Shri Krupa student shines at Chennai Sabhas






**Shri Krupa's student Shalini Subramaniam performed at the prestigious Sabhas of Chennai, India - *Parthasarathy Swami Sabha and Mylapore Fine Arts Academy* - during the annual Music and Dance Festival season in January 2024, making the best use of the opportunities only dealt to the best dance schools and artists.**



**Performing two completely different sets of margams at the two venues, Shalini enthralled the audience and received high acclaim.**

**Kudos to Shalini for being a shining ambassador of Shri Krupa, and highlighting Shri Krupa's stellar service in ensuring that the Bharatanatyam art form thrives even outside India!**

## Key Links

- Monthly Performance Series Signup Sheet
- Student/Parent Volunteer Signup
- Studio Rental for Students
- Yoga classes signup sheet
- Dance School Policy Handbook
- Music School Policy Handbook
- Festival performance signup sheet
- Tala classes signup sheet

## Upcoming Timelines

- **Mar 10**: Shivaratri festival performance
- **Mar 24** : Monthly performance by Bharati, Induja and Vedika
- **April 7**: Shri Krupa performance at Sacramento Natyanjali, 2024
- **Apr 21**: Tamil New Year/Ugadi/Rama Navami special performance
- **April**: Varnam Demo (Date TBD)
- **May 19**: Monthly performance by Ragini and Latika

# The School At A Glance

Shri Krupa student Saumya Kundu performed at the Milpitas Community center on the occasion of the Bengali Saraswati Puja as part of cultural programmes organized by Bay Area Sanskriti.

Saumya presented the devotional offering of Saraswati vandana - ya kundendu tushara hara dhavala






*In pic (left)*: January monthly performance at the studio by Arangetram Prep Students

## Student Corner

To feature a student's art/literary work in Student Corner, email skdcdance@gmail.com



Aditi Gargeshwari (Pre-arangetram)



Nithya (Ragini - 1)

## Quiz

**Which Adavu do the syllables Thai ha thai hi correspond to?**

a) Kudhitha mettu Adavu
b) Sutral Adavu
c) Kuth Adavu
d) Naatu Adavu

*See next month's issue for answer*

*Answer to last month's quiz:*
*The proficiency level of the dancer - Less proficient dancers have fewer rows*

# Students of the month

Riya Deviprasad is a 4th grader at Williams Elementary. She has won various competitions like ICMDA International music and dance, Reflections dance choreography at council level, and Papanasam Sivan competition. Apart from her interest in Carnatic music and Bharatanatyam, she also tries her hands at violin, piano and guitar, and enjoys reading, photography, drawing, and sports.





Rupa Sundaram is a mother of two and a dancer and volunteer. Right from her childhood, Rupa has always been passionate about Carnatic music and Bharatanatyam. Rupa will be doing her arangetram in 2024 along with her daughter Riya.

Zoey Anisha Simpson is a sophomore at Palo Alto High School. She began dancing when she was four, and she also plays flute and competes hurdles on her school's track and field team.



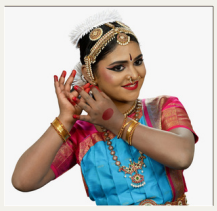


Ava Violet Simpson is in 7th grade at Synapse School, and has been dancing since she was eight years old. Outside of dance, she also plays piano.

## A huge shout out to the other student volunteers as well!!!



Aishni



Tulsi



Sukanya



Snigdha



Sarasvati



Kirthi