shrikrupa.org
12302 Saratoga
Sunnyvale Road,
Saratoga, CA - 95070

shri krupa
DANCE FOUNDATION

APRIL 2023 ISSUE I

QUOTE OF THE MONTH

"You give some, you get so much more. One encouraging word can make a big difference. When a student walks in with her long face and slumped shoulders you smile and wink! Say 'Good Morning. I love your smile' and automatically she starts smiling! Try it! "

-Guru Vishal Ramani



Shri Krupa Performing Hall
Studio space available for rent for events, music recitals, performances and photoshoots
Capacity: 70 people
Click here for reservations
For more details:
skdcdance@gmail.com

April Events

Apr 1 :
Shri Krupa students' Rama Navami Special Performances at Saratoga studio

5pm to 7 pm
Open to the public
Free admission

Apr 22:
Shri Krupa Student Performance Series (April Edition) at Saratoga studio
5pm to 7pm
Open to the public
Free admission

To enroll a new student, visit shrikrupa.org/registration

Student Performance Series Begins



Shri Krupa's monthly student performance series kicked off on Mar 25 at the Saratoga studio. Twenty five students participated in the first edition of the series which aims to provide increased opportunity for the students to showcase their learnings, improve their presentation skills, and gain confidence while performing in front of an audience. The performances are open to the public.

InFocus

Guru Vishal Ramani will preside over the **Varnam demonstration** on Apr 1 by 2023's Arangetram students, and score and advise them on various aspects. An event unique to Shri Krupa, this forms a critical preparatory step for the students as they near their Arangetram. This will be followed by a **2-day bootcamp** on Apr 8 and 9 where Guru Vishal will coach them on presentation, stage management, and other tips for Arangetram day.

Shri Krupa Alumnus Sizzles At Laasya 2023

Shri Krupa's Swati Vemulapalli won 1st place in Laasya '23, a collegiate level Indian classical dance contest held at UW, Seattle, hosting teams from around the country, as part of the Origins Classical championship. Swati's team (UCLA Taara) performed a Silappadhigaram based piece: Watch ***here*** @1:29:16. Earlier, her team also won 2nd place in Hansini '23 held at UT, Dallas, as part of the Origins Classical championship.



SKDF is a 501(C)3 non-profit organization,
Any amount donated is tax-deductible.
Donate to skdfboard@gmail.com via Zelle
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Message from the Artistic Director

"I slept and I dreamed that life is all joy
I woke and I saw that life is all service
I served and I saw that service is joy" - Kahlil Gibran

This quote has always served me well during my times of stress in life. When I feel alone and lost (we are all alone and lost at times) I take up service and that gives me immense joy. Whether it is cooking a meal for the family, helping a child understand the words and sentiments in the lyrics, or any other mundane chore like cleaning out the clutter in my surroundings - anything to plunge into service. It is easier to offer ourselves in service, constantly following a path of self-interest. However, it is in becoming a benefit to others that true fulfillment is received - this is pure joy.

'A technology cleanse and a good night's sleep are of vital importance' say the seers of meditation. The benefit is in the whole hearted giving. Including meditation in our fast paced world is important. We cannot meditate with fog or agitation in our minds. Accepting ourselves as we are is important, but accepting others as they are is the challenge. Once we acknowledge the differences in all of us, and accept everyone as he or she is, we become a united world of unconditional love.

As a teacher, I stand tall and correct the posture, line, balance, movement and more in dance - as a human being I am seeing that these are the qualities that keep us upright in our own lives of giving - inner strength in posture and assurance in dependability, following the line of duty and being accountable, balance of moods to spread happiness and contentment, movements with spontaneity, resolve to stand upright during all times. Most of all being vulnerable, like a child, looking up to learn from every experience, during every moment of our lives on earth ...

-Guru Vishal Ramani

Gandharva Vidya Center

Our school boasts of Carnatic Music within our premises through the Gandharva Vidya Center under the auspices of Shri Ashok Subramaniam. Music is integral to a dancer; it is imperative that every dance practitioner has a good understanding of Shruti and Laya - Melody and Rhythm. This can contribute to the richness of presentation by a dancer.



Shri Krupa Dance Foundation is proud to associate with Gandharva Vidya Center to co-present Shri Krupa Center for Indian Performing Arts.

The School At A Glance

The oldest establishment of its kind in the valley, Shri Krupa dance school has a tremendous reputation in goal-setting and achievement of the set goal. The school insists on diligence, discipline and punctuality to attain the best results. Practice through repetition, both at home and in class is critical to reinforce the dance moves and 'Laya Shuddhi' - purity and clarity of TALA.

Setting basics firmly is done in three different ways

- In class, directly taught by teacher and repeated several times like chanting a MANTRA.
- Group practice sessions - on Zoom or in person with a dedicated senior volunteer
- Group practices arranged by the class parent

Each batch of students is marked with a name and arranged in beginner/intermediate/advanced levels. One parent in each class is identified as class parent who keeps all parents/students informed of classroom updates and goals the students are working towards. Announcements from the teacher, the SKDF board are shared via WhatsApp groups for each class.

Featured in this Issue: Beginners Latika, Ragini 1 & Ragini 2

Adavus are taught in increasing levels of complexity, clarity and speed; Students advance based not on the duration of tutelage in a level, but based on the ability and passion with which they pursue their dance learning.



In Picture: Latika class in session

Upcoming Timelines

- New Quarter Fees due April 10 - Any credit card updates to be done before due date at Mindbody here
- Meenakshi Kalyanam production second payment due Apr 15
- Coming up in May 2023: Special Student performance
- Summer programmes begin Jul23, 2023
  - Margam performance
  - Arangetrams - **Note: School's 300th Arangetram this season!**
  - Dance dramas

    Aug 13: Gita Govindam (Teaser here)

    Aug 20: Meenakshi Kalyanam

Key Links

- Monthly Performance Series signup sheet NEW
- Student and Parent Volunteer Signup sheet NEW
- Studio Rental for students NEW
- Yoga Classes Signup sheet NEW
- Dance School Policy Handbook NEW
- Music School Policy Handbook NEW

Students Of The Month



Snigdha is 11 years old and she is in 7th grade at Helios School in Sunnyvale. She started learning both Bharatanatyam and Carnatic music at the age of 4. She enjoys doing Karate and is very passionate about dance. She is an avid Harry Potter fan and loves Harry Potter trivia.



Samyukta is 11 years old and she is in 5 th grade at Mission Valley Elementary School, Fremont. She started both Bharatanatyam and Carnatic music at the age of 4. She loves reading books. She is also interested in doing crafts like crochet.

Student Corner



Vidhyalakshmi Venkitakrishnan (Induja)



Keerthana Rajaraman (Vedika)



Dheshnaa Madasamy (Bharati)

Quiz

What does the term "Asamyukta Hasta" mean ?

See next month's issue for answer

To feature a student's art/literary work in Student Corner, email skdcdance@gmail.com

HAPPY BIRTHDAY

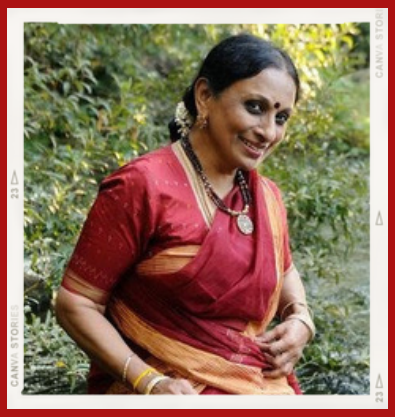
Shri Krupa family wishes our dear Vishal Aunty a very Happy Birthday!!!

A stellar dance journey over the years

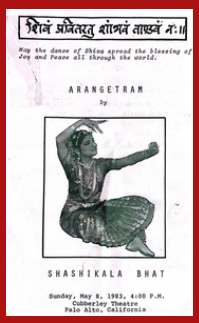
Founded Shri Krupa Dance Company 1977



Arangetram at the age of 6



First Student Arangetram 1983



100th Student Arangetram 2008



Saraswathi Memorial Annual Concert Series Launch 2010

150th Student Arangetram 2012



250th Student Arangetram 2018



275th Student Arangetram 2019



And the adventures continue ...

"Warmest wishes to you on your very special day. Shri Krupa family & friends and I hope that you continue to change the lives of others with your positivity, love, beautiful spirit and indefatigable energy you bring to people around. you. Wish we could return your generosity and kindness in some way!" - Shri Ashok Subramaniam, Gandharva Vidya Center