

## **MASSAGE**

Knead out knots, revive tired muscles, ease chronic pain, and elongate your frame with targeted bodywork sessions

| Classic Oil Massage | 60 MINUTES | US\$ 120 - |
|---------------------|------------|------------|
|                     | 90 MINUTES | US\$ 180 - |

A customized massage balances your musculoskeletal system and addresses chronic tightness and bound-up connective tissue. Your therapist conducts a detailed assessment to guide your treatment with specialized techniques to relax restrictions and restore balance

| Aromatherapy Relaxation Massage | 60 MINUTES | US\$ 120 - |
|---------------------------------|------------|------------|
|                                 | 90 MINUTES | US\$ 180 - |

With the use of essential botanical oils, this Swedish-style massage surrounds you in calming, fragrant aromas. The soothing power of long fluid relaxing massage techniques eases fatigue and soothes the senses

| Foot Massage | 30 MINUTES | US\$ 60 -  |
|--------------|------------|------------|
|              | 60 MINUTES | US\$ 120 - |

The foot massage begins with a warm herbal foot soak. The therapist uses high-quality oils and lotions, often infused with aromatic blends such as lavender or eucalyptus. The massage itself involves a combination of techniques like acupressure, reflexology, and deep tissue to relieve tension, improve circulation, and rejuvenate tired feet

| Head & Neck Massage | 45 MINUTES | US\$ 75 - |
|---------------------|------------|-----------|
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Walk away from this 30-minute scalp, neck, and shoulder massage feeling soothed and revitalized

| Herbal Pouch Massage 90 MINUTES |
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Warmth, Healing, and Deep Relaxation

This traditional therapy combines gentle massage with the healing power of warm herbal poultices. Each cotton pouch is hand-filled with a blend of aromatic herbs—such as lemongrass, ginger, turmeric, and kaffir lime—carefully selected for their soothing and anti-inflammatory properties.

The poultices are steamed until warm, then rhythmically pressed and rolled over the body to release heat and herbal essences deep into the muscles and joints. This technique stimulates circulation, relieves tension, and promotes detoxification while calming the mind.

Ideal after travel, activity, or to simply unwind, the Herbal Pouch Massage is a deeply restorative experience rooted in Southeast Asian healing traditions.





## FINISHING TOUCHES

| Pedicure            | 60 MINUTES  | US\$ 40 - |
|---------------------|-------------|-----------|
| Manicure            | 60 MINUTES  | US\$ 40 - |
| Manicure & Pedicure | 120 MINUTES | US\$ 70 - |

