

Let's Talk About "You Know What"

I think that after 50 years in ministry I've heard or seen it all regarding "you know what." While I may not have heard it all, but I've heard enough. And I know enough to know that many, if not most, Christians have struggled regarding sexual purity and sexual sobriety. So, let's talk about "you know what."

To better understand "you know what," I will consider. . .

1. The struggle for sexual _____.

1) Jesus expects for me to manage my _____.

I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. (Matthew 5:28)

- Jesus teaches the law of _____ intervention.

29 If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. 30 And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell. (Matthew 5:29,30)

2) Jesus expects for me to manage my _____.

- Christians who find themselves with _____ desires must be manage them in a Christ-honoring way.

3 God's will is for you to be holy, so stay away from all sexual sin. 4 Then each of you will control his own body and live in holiness and honor— 5 not in lustful passion like the pagans who do not know God and his ways. (1 Thessalonians 4:3-5, NLT)

8 Now for those who are not married and for the widows I say this: It is good for you to stay single like me. 9 But if you cannot control your body, then you should marry. It is better to marry than to burn with sexual desire. (1 Corinthians 7:8,9, ERV)

- Christians who find themselves with _____ desires must manage them in a Christ-honoring way.
- The problem is not necessarily my orientation but what I _____.

2. The _____ of sexual sin.

1) Unrepentant sexual sin poisons my _____.

Since they no longer have any sense of shame, they have become promiscuous. They practice every kind of sexual perversion with a constant desire for more. (Ephesians 4:19, NOG)

17-19 And so I insist—and God backs me up on this—that there be no going along with the crowd, the empty-headed, mindless crowd. They've refused for so long to deal with God

that they've lost touch not only with God but with reality itself. They can't think straight anymore. Feeling no pain, they let themselves go in sexual obsession, addicted to every sort of perversion. (Ephesians 4:17-19, The Message)

2) Unrepentant sexual sin poisons my _____.

- with _____

3 When I kept silent, my bones wasted away through my groaning all day long. 4 For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. (Psalm 32:3,4)

- with _____.

But a man who commits adultery has no sense; whoever does so destroys himself. Blows and disgrace are his lot, and his shame will never be wiped away. (Proverbs 6:32,33)

3. The _____ to sexual sobriety.

1) I need to end my _____.

Then Nathan said to David, "You are the man!" (2 Samuel 12:7)

3 When I kept silent, my bones wasted away through my groaning all day long. 4 For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. (Psalm 32:3,4)

2) I need to _____ my sin.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy. (Proverbs 28:13)

3) I need to connect with _____.

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. (James 5:16)

4) I need to walk in _____.

Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin. (Psalm 32:5)

5) I need to guard my _____.

Guard your heart above all else, for it determines the course of your life. (Proverbs 4:23, NLT)

To maintain a healthy relationship with the Lord, I must manage my sexuality in a Christ-honoring way. And when I stumble in this area, I will take whatever measures are necessary to continue to walk in righteousness.