

AUTHOR MEDIA KIT

Jacqueline Lawson | Author of
in Silence

Breaking Free From the Mirage: Unmasking the Abuse Hidden

Covered on AP News, NBC, CBS & ABC Affiliates

Jacqueline Lawson is a courageous author and survivor, bringing hope and healing to others through her powerful memoir about emotional abuse and silent warfare in seemingly perfect marriages.

Jacqueline Lawson · Jackielawson2023@gmail.com · Represented by BrightKey PR

About Jacqueline Lawson



Jacqueline Lawson is a Detroit native who spent nineteen years in what appeared to be a picture-perfect marriage. Behind closed doors, she endured emotional abandonment, silent treatment, and psychological manipulation that slowly stripped away her sense of self. Through faith, therapy, and unflinching courage, she discovered that emotional neglect is abuse and that healing becomes possible when truth replaces denial.

Drawing on her lived experience of invisible abuse, Lawson writes with raw vulnerability and spiritual grounding, offering validation and hope to survivors everywhere. Her memoir serves as both warning and lifeline, giving language to experiences many women have endured but could never name. She believes that God's healing power is stronger than any pain endured and that breaking free begins with recognizing truth.

Behind the Book

Breaking Free From the Mirage: Unmasking the Abuse Hidden in Silence chronicles Jacqueline's nineteen-year journey through emotional warfare where silence became a weapon, affection was withheld, and questions went unanswered, revealing how invisible abuse can be as damaging as physical violence.

Media Coverage & Recognition

Covered on AP News

National press release:
"Detroit Woman Breaks
Silence on Invisible Abuse in
Her Powerful New Memoir
Breaking Free From the
Mirage"

Published December 1, 2025

National Coverage

Featured across major news
networks, introducing
readers to this courageous
testimony about emotional
neglect, manipulation, and
the healing journey after
invisible abuse.

Verified by BrightKey PR | Published December 2025

Interview Topics & Talking Points

Let's Talk About...

1

Invisible Abuse & Silent Treatment

Exploring how emotional neglect and silent treatment function as psychological abuse, and why women often question whether their experiences "count" as abuse when there are no physical bruises.

2

The Perfect Marriage Façade

How abusers can appear as "good men" to the outside world while weaponizing silence and emotional abandonment behind closed doors, creating confusion and isolation for survivors.

3

Faith & Healing After Abuse

The role of spiritual faith in surviving emotional warfare, finding strength through prayer and therapy, and believing that God's healing power can restore what silence tried to destroy.

4

Why Women Stay

Understanding the complex reasons survivors remain in emotionally abusive relationships, including love, hope, denial, and the gradual erosion of self-worth through psychological manipulation.

5

Recognizing Emotional Neglect

Helping others identify the warning signs of emotional abandonment with withheld affection, unanswered questions, stonewalling, and the weaponization of silence in relationships.

6

Life After Invisible Abuse

The journey of rebuilding identity, confidence, and peace after leaving an emotionally abusive marriage, and what true healing looks like for survivors of psychological warfare.

Available for podcasts, radio, TV, print interviews, and event appearances. Jacqueline is a compelling and authentic speaker who connects with audiences seeking understanding about emotional abuse, healing, and the intersection of faith and recovery.

Booking & Media Requests



Jacqueline Lawson

Author & Survivor Advocate

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BrightKey PR

Schedule a 15-minute intro call to discuss coverage, guest features, or speaking opportunities.

Book Availability

Breaking Free From the Mirage: Unmasking the Abuse Hidden in Silence is now available in paperback and on Amazon with a perfect 5.0 rating. Published November 20, 2025.

[Order on Amazon](#) | A powerful memoir of survival and healing

Impact & Recognition

5.0

Perfect Rating

Five-star review on Amazon from readers moved by Jacqueline's courageous testimony of invisible abuse and healing

235+

Media Outlets

Featured across major news networks introducing this essential conversation about emotional neglect and psychological warfare

What Readers Are Saying

"Not every wound is visible. But God sees them all and He can restore what silence tried to destroy."

For survivors of emotional abuse, women questioning their worth, and anyone seeking hope after psychological trauma, *Breaking Free From the Mirage: Unmasking the Abuse Hidden in Silence* offers validation, insight, and healing as Jacqueline shares her journey from nineteen years of invisible warfare to finding her voice and freedom through faith and courage.