
THE FRUIT OF THE

HOLY SPIRIT

Embark

LEARNING OBJECTIVES

- 1.To understand how the Holy Spirit communicates with the children of God.
- 2.To gain a solid understanding on who the Holy Spirit is.
- 3.To deepen our relationship with the Holy Spirit.

Introduction

GALATIANS 5 VS 22-25

[22] “But the fruit of the Spirit is love, joy, peace, long suffering, kindness, goodness, faithfulness,” [23] “gentleness, self-control. Against such there is no law.” [24] “And those who are Christ’s have crucified the flesh with its passions and desires.” [25] “If we live in the Spirit, let us also walk in the Spirit.”

THERE IS ONLY ONE FRUIT

There is only one fruit of the Spirit, love and from it flow joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

In Scripture, “fruit” is often used as a symbol of a person’s spiritual and moral character. It reflects what’s happening on the inside.

Jesus taught that “a tree is known by its fruit,” meaning our actions ultimately reveal who we truly are

MATTHEW 7 VS 16-18

[16] “You will know them by their fruits. Do men gather grapes from thornbushes or figs from thistles? [17] Even so, every good tree bears good fruit, but a bad tree bears bad fruit. [18] A good tree cannot bear bad fruit, nor can a bad tree bear good fruit.”

Genesis 1 vs 26 NKJV

“Then God said, “Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth.””

I Corinthians 6 vs 19 NKJV

“Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?”

I John 4 vs 7 NKJV

“Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God.”

Why is the fruit of the Spirit important?

The Holy Spirit lives within us, and we were made in God’s image and likeness. According to 1 John 4 vs 7, God is love. Galatians 5 vs 22 tells us that love is a fruit of the Spirit. Therefore, to truly live as beings created to reflect God, we must walk in love something we can do by letting the Holy Spirit work through us.

Galatians 2 vs 20 NKJV

“I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.”

ALLOW THE LORD TO RULE YOUR LIFE

01.

Let go of Self

To allow the Lord to rule in your life, you must first surrender your own desires and identity. Let go of the things you think define you, and instead, embrace the identity found in Christ.

02.

How can you do it?

How can you do this? By getting to know Christ reading about His life, spending time in prayer, and building a relationship with Him through regular communication.

03.

Benefits of fasting!

Fasting is also a powerful way to deny your own self, as it helps quiet your physical cravings and strengthens your spiritual focus and sensitivity.

LET US

PRAY
