shrikrupa.org
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Sunnyvale Road,
Saratoga, CA – 95070

shri krupa
DANCE FOUNDATION

APRIL 2024
VOL 2 ISSUE I

EXCITING THINGS ARE HAPPENING AT SHRI KRUPA

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Shri Krupa Performing Hall
Studio space available for rent for students to practice
Click here for reservations
For more details:
skdcdance@gmail.com

April Events

April 13: Varnam Demo
Venue: Shri Krupa studio
Time: 9am

April 28: Tamil New Year/Ugadi/Rama Navami special performance
Venue: Shri Krupa studio
Time: 3pm

VIP Alert!! Ghatam Karthick in house!

Milpitas High School theatre saw exciting action on April 7 when the highly acclaimed Ghatam maestro Ghatam S. Karthick performed with his ensemble, in an event organized by Adi Sankara Fine Arts.



Dance schools from across Bay area participated to celebrate his magical "Heartbeat creations", with Shri Krupa students performing an enthralling item - "PULSE".





Later, in a special tribute, Shri Krupa also hosted a performance at the studio in honor of Shri Karthick.



In pic (right): Ghatam S.Karthick and his son Sarvesh Karthik with Guru Shri Vishal Ramani, Shri Ashok Subramaniam and Shri Krupa students.

To enroll a new student, visit shrikrupa.org/registration

SKDF is a 501(C)3 non-profit organization,
Any amount donated is tax-deductible.
Donate to skdfboard@gmail.com via Zelle
Tax ID 77-0330286
Check with your employers if they can match donations!

From the Artistic Director's Desk

Check out below Guru Vishal Ramani's thoughts on the occasion of her birthday - words to live by for everyone!!!

As my Birthday knocks .... I realize I am a year older and hopefully wiser!

I am determined to take care of my health and this will be my way of showing love to those around me.

This means choicest fresh vegetables cooked to perfection, eating on time, plenty of exercise and hydration. All these for my body that has served me well so far ... It will continue to serve if I take care, and serve it well too.

This also means making extra efforts to do at least three forms of exercises each day - YOGA, WALKS (rain or shine), and any other favorite of mind (there are several) - for my body ... but as Yoga integrates my body, mind and soul ... Breathing well - PraNAyAmA ... Breath of Life!

Then last but not least - silencing during Brahma Muhoorth (early when the world sleeps), silencing my body, mind, and communicating with the universe! Silent Meditation - such a necessity in this noisy world of ours. This helps me so much. I may inwardly chant OM or RAMA NAMA but I do gently allow myself in that silent hour to receive the most positive vibrations from the Universe. Silence is the best tool to shut off the cacophony and commotion of this outside world. Magic happens in that silence.

Yoga practitioners say: Wake up softly and Smile more for no reason! Speak in Whispers and show Gratitude in every way for even the littlest gifts of life. I love my YOGA practice every morning, and will do this without fail! And, I will thank everyone - my beautiful family, my loyal friends, my wide-eyed students and more. I cannot thank the Lord of Dance, NATARAJA, enough for giving me this wonderful, most brilliant dance art in my life. I am so privileged. with folded hands, I place my head at His dancing feet ...

Yoga and Meditation integrate body, mind and soul and thus enrich you and tell you 'you are your best friend.' Self endorsement is a powerful tool. Say to yourself, 'I am healthy and I am happy' each day. Saying these words makes you a believer.

After all we all have to live with ourselves - so why not care for us and work on maintenance and balance?

Wisdom is not merely for the OLD and AGED. It can be yours even when young and vibrant. Wisdom of India - my bedrock foundation ...

Happiness is born from self-love and self-care.

Best Wishes to you all!

-Guru Vishal Ramani



InFocus

Varnam Demo

SKDC's 2024 Pre-Arangetram students will be showcasing their Varnam on Saturday, April 13th, 2024 at the studio from 9am-2pm. A total of nine varnam performances are planned. The judge panel who will provide feedback to the performers will comprise of Guru Smt. Vishal Ramani, Smt. Savita Sreekanth,and two post-arangetram students of SKDC.

Chief guest Smt. Savita Sreekanth is trained in Bharatanatyam in the Kalakshetra style under Guru Smt. Vilasini, Guru Shri C.E. Janardhanan of Kalashramam of Kerala, and The Dhananjayans (Bharata Kalanjali, Madras). Smt. Savita has also trained for many years in the classical art form of Kuchipidi under Guru Smt. Y. Geetha Lakshman (Shri Nrutya Dance Academy, Hyderabad).



Attendance is mandatory for Parents/Siblings of 2024 Arangetram AND Margam students; and Arangetram/Margam students of 2025.

Senior students and Shri Krupa board of directors are encouraged to attend.

Mark your calendars!

All weekend classes will be condensed into reduced sessions on Sunday, April 14th to accommodate the Varnam demo



8 am - 8:45 am: Prep 1 & 2 combined
8:45 am - 9:30 am: Bharati
9:30 am - 10:15 am: Induja
10:15 am to 11:00 am: Smriti
11:00 am - 11:45 am: Vedika
11:45 am to 12:30 pm: Latika

1:00 pm - 1:45 pm: Ragini 1
1:45 pm - 2:30 pm: Ragini 2

Pre arangetram students will also undergo a 3 day bootcamp on April 19, 20 and 21 that will prepare them for their big day with focused coaching by Guru Vishal Ji on stage management, presentation etc.

Special Programs Training Fee

We're thrilled to introduce our training fees structure for ***special events or performances*** outside the school. The fee is applicable to each individual dancer, irrespective of a group or solo performance.

Effective immediately, we've streamlined our pricing based on the length of your chosen song:

- **5-8 minutes: $200**
  - Individual items for specific programs, themes or festivals
- **8-12 minutes: $350**
  - One or two short songs
- **~20 minutes: $500**
  - A short Varnam or two full songs

To ensure the highest quality of training and guidance from Vishal aunty, we kindly request advance notice on these events. This will help avoid rushed classes and ensure you have ample time to practice and refine your performance.

Once you align the item(s) for your performance with Vishal aunty, please pay the full training fee immediately to confirm your classes. ***Payment method: Cash or check made to "Tanjore Traditions" or Zelle to vishart@gmail.com***

The School At A Glance

In pics: Senior Shri Krupa students at the Sacramento Natyanjali 2024















Shri Krupa students from the Arangetram Prep class performed at the Concord Murugan Temple as well as Mountain House temple on March 17 as part of the Mahasivarathri celebrations.



Student Corner

Quiz

Number of syllables in Mishra jathi are

a) 3 b) 4 c) 5 d) 7

See next month's issue for answer

Answer to last month's quiz: Padam

Shri Krupa Proudly Presents

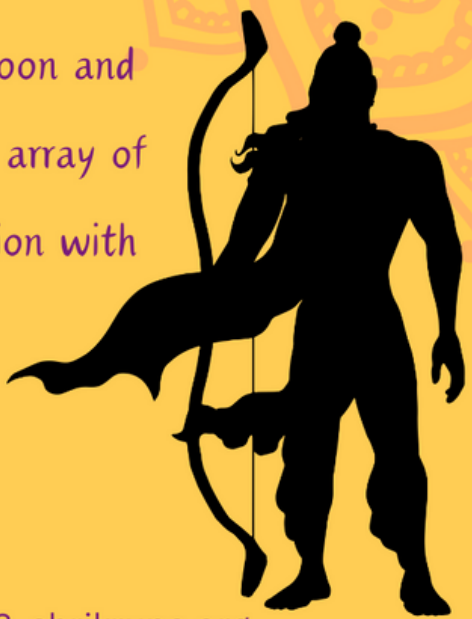
Ugadi, Tamil New Year, & Rama Navami Performances



April 28 , 2024 at 3 pm

12302 Saratoga Sunnyvale Rd, Saratoga, CA

Please join us on this auspicious afternoon and grace us with your presence. Enjoy the array of dances lined up and celbrate this occasion with us!



Shri Krupa Dance Foundation: Nonprofit since 1993. shrikrupa.org

Stars of 2024 Summer Extravaganza

Introducing performers of this summer's Arangetram and Margam season!!!
Watch out for more featured in upcoming editions!!

ARANGETRAM

Nishchala kodandapani

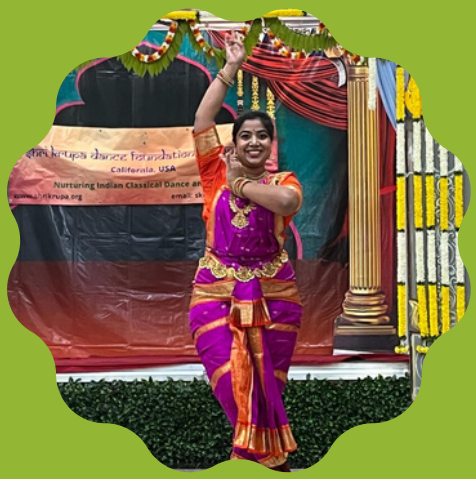


Nishchala is an RF engineer at Apple. Her love for Bharatanatyam began at a young age when she visited her native town, Chidambaram. "I was fascinated by all the stories of Lord Nataraja, and the performances I had seen during one of the Natyanjali festivals I had the the chance to attend when I was 8 years old. Since then I aspired to become a good dancer." says Nishchala.



She started learning Bharatanatyam and trained for 3 years prior to college, but had to discontinue as she relocated. So when she had the chance to continue learning this art as an adult from Guru. Vishal Ramani., she immediately seized the opportunity. .

Speaking about her journey at Shri Krupa, Nishchala says "Learning from aunty not only helped me understand the dance form, but also gained profound knowledge on the Indian culture and its values. This art form is truly life-altering and enlightening. I hope I can grow and share the beauty of this art form. I seek all your blessings and prayers to conduct my arengretram this summer."



Good luck Nishchala!

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ARANGETRAM

Kirthana Chandrasekhar



Kirthana Chandrasekhar is a 10th grader at Monta Vista High school. She has been learning Bharathnatyam for the last eleven years. She has performed in the dance school's annual and monthly performances.



Outside of dance, Kirthana enjoys painting, reading, and trying new activities with her friends.



Kirthana will be performing her arangetram this summer.

Good luck Kirthana!

Key Links

- Monthly Performance Series Signup Sheet
- Festival performance signup sheet
- Yoga classes signup sheet
- Student/Parent Volunteer Signup
- Studio Rental for Students
- Dance School Policy Handbook
- Music School Policy Handbook

Upcoming Timelines

April

- **April 13:** Varnam Demo
- **April 19, 20, 21:** Arangetram Bootcamp
- **April 28**: Tamil New Year/Ugadi/Rama Navami special performance

May

- **May 19***: Monthly performance by Vedika, Ragini and Latika @ the studio

* subject to change based on sign-ups

SHRI KRUPA WISHES ALL PARENTS AND STUDENTS
A VERY HAPPY UGADI AND TAMIL NEW YEAR!

MAY YOUR LIVES BE FILLED WITH HEALTH AND PROSPERITY!

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Contact skdcdance@gmail.com