

# CANADA

November 2025

# radiodowntown.ca

*online*

Issue 43



**Emma  
Birgitte  
Ovlien**

**Singer/Songwriter**

*Radio*  
**DOWNTOWN.CA**



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*Radio*  
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### JohnK ~ CEO & Presenter

Started my career in music as a drummer playing the local scene. Became a music instructor for many years and then did the next best thing with music, radio. Been behind the mic for over 15 years and have a love for the music of the 60s 70s & 80s, a sweet spot for country music, easy listening and big band. Proud supporter of independent artists all over the world.



### Julia at Radiodowntown.ca ~ Media Coordinator

Julia is a passionate music enthusiast who loves exploring all genres of music. Her true joy comes from discovering new artists and spending quality time listening to their unique sounds. Julia has a special knack for connecting with indie artists and their promoters, building strong relationships within the music community. As a liaison between contacts and Radiodowntown.ca, she plays a vital role in bridging the gap between talent and opportunity. Julia's dedication to the music industry shines through in every interaction, making her an invaluable asset to the Radiodowntown.ca team.



### Darrel Mendenhall ~ Talent Navigator

Darrel grew up in a family that cherished music and appreciated a diverse array of musical styles. He played professionally as a trombone player during and shortly after high school, but his heart has always belonged to the guitar. Now, he records and releases original music that transcends genres under the name *The Lethargics*. With a face perfectly suited for radio, Darrel is excited and thankful to take on a supporting role at Radiodowntown.ca.



### Tom Kernohan ~ Presenter

I spend the first part of my in the accounting profession and the later part in front of hundreds of people as an ordained Minister. Now I'm behind the mic again only this time, I'm online radio. I have my own radio station in Ontario called KWOL.CA where we play mostly 50, 60 & 70's, Gospel and easy listening. I am also part of a new program called "Heavenly Sounds". If "you're looking for a good place to turn around" check us out.

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### Lady Miranda ~ Musician & Author

Lady Miranda is a celebrated autistic musician, author, and advocate for autism awareness. With a unique sound that blends genres, she has captivated audiences worldwide and garnered multiple prestigious awards for their innovative contributions to music. Beyond their musical achievements, Lady Miranda is a passionate author, sharing their journey and insights through powerful writings that resonate with many. As an advocate, they work tirelessly to promote understanding and acceptance of autism, using their platform to empower others on the spectrum. Through their art and activism, Lady Miranda inspires countless individuals to embrace their authentic selves and challenge societal norms.



### Georgia Paris ~ Musician & Presenter

Georgia has built a remarkable and multifaceted career, balancing full-time and part-time work in teaching and social services while pursuing her passion for music. Her class was selected from over 16,000 schools worldwide to speak with the International Space Station, an event featured on her website, [www.georgiapolis.net](http://www.georgiapolis.net). She has performed in six bands, promoted books and movies, reported for Australia's Plastic EP show, and toured England with Dee Rock in 2019. Her album *Unified* featured artists like John Heinrich and Victor Gage. Georgia believes there's a lesson in every connection, and she's especially grateful to John and Julia—introduced by mutual friend Wendy K—and excited to return to the airwaves with JohnK on Radiodowntown. Canada rocks!



### Jas Malcolm ~ Co-Host/Presenter – Blues On Tap

Jas Malcolm is a passionate blues musician and monthly co-host for RadioDowntown's Tuesday night hit show, "Blues on Tap". Sharing everything from classic Robert Johnson to emerging modern artists, he is inspired from the heart of Texas blues, his soulful style channels legends like Stevie Ray Vaughan, Johnny Winter and Edgar Winter with a contemporary jazz fusion edge that keeps the tradition alive and expanding.



### Emma Birgitte Ovlien ~ Singer/Songwriter, Co-Host/Presenter

"Birgitte is a Norwegian vocalist and frontwoman of Birgitte and The Dusty Trails. A country music lover through and through, she also plays guitar, banjo, and harmonica. She's studying to become a teacher in English, music, and special education, and has a background in local teen radio. Balancing education and music, Birgitte brings heart to everything she does."

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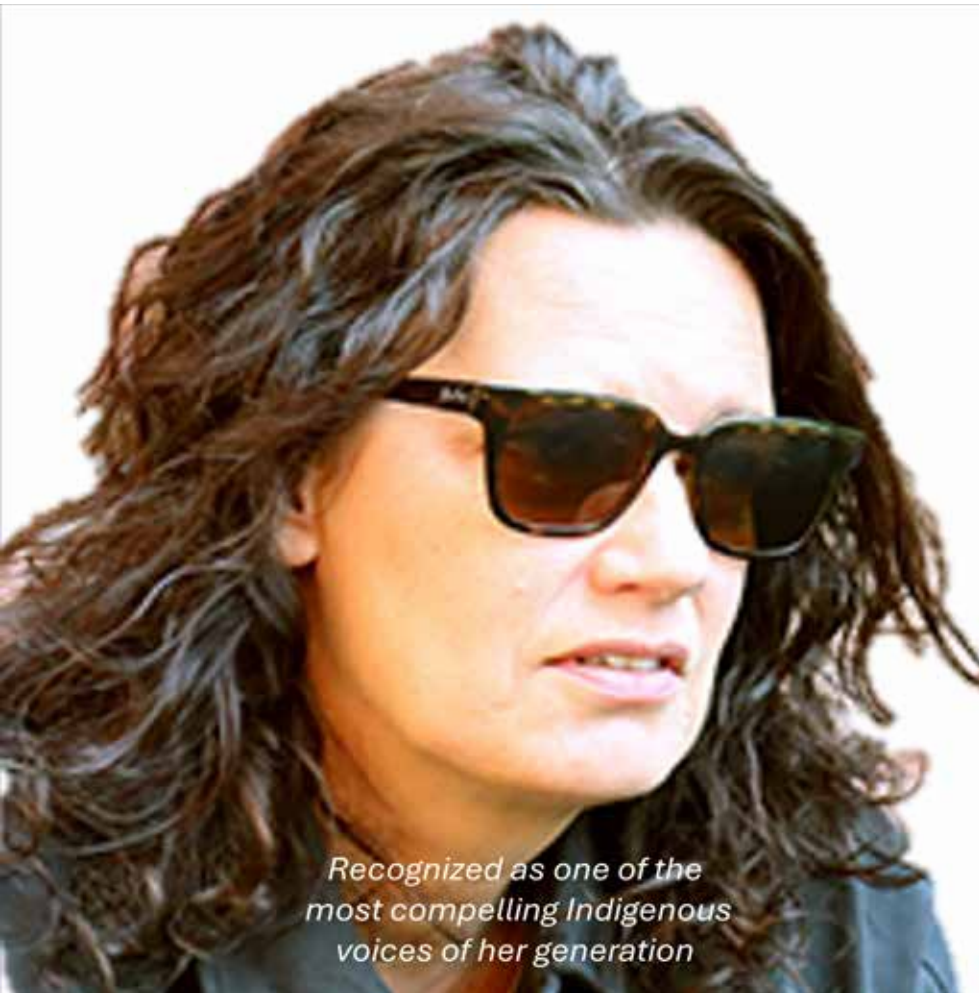
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"Every Beagle Knows this!"



# ABOUT THE COVER

*Emma Birgitte Ovlien graces our November cover with the charisma and artistry that have made her a standout in Norway's vibrant music scene. As the front singer of Birgitte and the Dusty Trails, Emma brings a soulful blend of energy and authenticity to every performance, captivating audiences with her powerful voice and magnetic stage presence. Her journey reflects a deep passion for storytelling through music, and this feature celebrates her evolution as an artist who continues to push creative boundaries while staying true to her roots.*

*Beyond the spotlight, Emma shares her infectious enthusiasm for music as co-host of JohnK's Toast & Jam Morning Show on Radiodowntown.ca. Her dynamic personality and genuine love for connecting with listeners make her a natural on-air presence, bringing warmth and insight to every broadcast. This November, we honor Emma not only as a performer but as a cultural ambassador who bridges artistry and community—an inspiring figure whose voice resonates far beyond the stage.*



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John K  
CEO and Radio Presenter



Welcome to the **November 2025** edition of our magazine!  
First, a heartfelt thank you for your patience as we rolled out significant changes to the station, the magazine, and our submission process. These improvements were made with you in mind, and we're excited to share what's new.

### **What's New This Month?**

**Fresh Features:** Explore Top Chef's Recipes in our brand-new Food Section and immerse yourself in creativity at The Poet's Lair.

**Streamlined Submissions:** Our updated submission form now works for both your music and magazine contributions—making it easier than ever to share your talent.

We're proud to announce that we're approaching 2,100 live shows and have conducted 600 artist interviews over the past 16 years. None of this would have been possible without your incredible support—thank you for being part of this journey!

### **Important Reminder:**

If you have Christmas tunes, please submit them to the station before December 1st so we can spread the holiday cheer.

Our listenership continues to grow daily, and we remain committed to playing the best independent artists in the world. Keep sending in your work—we love you and appreciate everything you do to make this community thrive.

Thanks to everyone for your continued support  
JohnK ~ Radiodowntown.ca

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Catherine says... ***"Teamwork is everything!"***

So that is what Catherine and Radiodowntown.ca have done, we got a little teamworking in play. Any indie artists that have not found a firm to promote their talents, simply contact Catherine.

From what I have seen Catherine is one of the hardest working promoters I have come across in the past few years.

Catherine said she would also help artists looking for advice or direction at no charge. So if you are an indie artist looking for the next step contact Catherine.

We at Radiodowntown.ca are honoured to be part of some great teamwork with Catherine. ~ Catherine J Campbell ~ Scotland

You can also follow CJC promotions on facebook. ~ <https://www.facebook.com/cjcpromotions> ~ [catherine@cjcpromotions.co.uk](mailto:catherine@cjcpromotions.co.uk)



## Penny Jayne Black

*Singer, Songwriter,  
Performer*

I started writing children's books after my son passed away. It helped me cope with my own grief.

Inspiration came from my son's personality and cheeky spirit that continues to inspire me.

This is my author website [www.nicolajack.com](http://www.nicolajack.com) there are links to Amazon UK & Amazon USA in the About Books section.

Under heading "About books" there is a Page dedicated to -

Jack, Muffin & Basingstoke bear - 'Getting to know Joe'

Which has the subject of grief in the story, but plenty of humour too!

Also a Page with the New Book-

Jack, Muffin & Basingstoke bear - 'The Trouble with bananas' which is how Jack & his friends deal with a school bully.

Plenty of humour is this one.

<https://a.co/d/6vv6ysY>



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**Give it a try!**





**Ringo**

# Ringo Starr

## Ringo Starr: The Beat That Changed the World

### The Humble Heartbeat of The Beatles

Born Richard Starkey on July 7, 1940, in Liverpool, England, Ringo Starr's journey to global stardom was anything but easy. His childhood was marked by severe illnesses, including peritonitis and tuberculosis, which kept him in hospitals for years and left him far behind in school. Yet, these hardships shaped his resilience and humor—qualities that would later define his persona as the most approachable Beatle. At 13, he discovered his passion for drumming, a gift from his stepfather that set him on a path to music history.

By 1962, Starr replaced Pete Best as drummer for The Beatles, completing the lineup that would revolutionize popular music. His entry was pivotal: while Lennon and McCartney dominated songwriting, Ringo's steady, inventive drumming gave the band its rhythmic backbone. Tracks like Come Together, Ticket to Ride, and A Day in the Life showcase his subtle artistry—never flashy, always serving the song.

### Beyond the Fab Four

When The Beatles disbanded in 1970, many doubted Starr's solo prospects. He proved them wrong. His first album, Sentimental Journey, honored the music of his youth, followed by Beaucoups of Blues, a country record that revealed his eclectic taste. Then came Ringo (1973), a commercial triumph featuring hits like Photograph and You're Sixteen. Over the decades, Starr released more than 20 solo albums and formed the All-Starr Band—a rotating supergroup that has toured globally since 1989.

His recent work continues to surprise. In 2025, Starr scored a No. 1 country album, Look Up, produced by T Bone Burnett. "I like old country, old style, and that's what we've got," he said, reaffirming his lifelong love for Americana sounds.

### The Cultural Icon

Ringo Starr's influence extends far beyond music. His mantra of "Peace and Love" has become a global symbol, celebrated annually on his birthday. He narrated Thomas & Friends, starred in films like Caveman, and even appeared as Mr. Conductor in Shining Time Station, earning a Daytime Emmy nomination. His easygoing humor and humility have made him a beloved figure in pop culture, countering myths that he was "the lucky Beatle." In truth, his drumming innovations—like the syncopated patterns on Ticket to Ride—are studied by musicians worldwide.

### Legacy and Recognition

In June 2025, Starr received a Lifetime Achievement Award for his contributions to music. Paul McCartney, presenting the honor, called him "the heartbeat of The Beatles." Starr's response was characteristically modest: "All I ever wanted to do was play drums—and look where it took me".

At 85, Ringo remains unstoppable—touring with his All-Starr Band, planning a new album, and consulting on upcoming Beatles biopics. His enduring relevance proves that adaptability and authenticity are timeless virtues.

### Why Ringo Matters

Ringo Starr is more than a drummer; he's a cultural ambassador of optimism. His story—from a sickly child in Liverpool to a knighted music legend—embodies perseverance, creativity, and joy. In an era of digital beats and fleeting fame, Starr reminds us that music's true power lies in connection, simplicity, and heart.



# A LITTLE NORWEGIAN SUNSHINE



Hi everyone — Birgitte here. Some of you know me from Toast & Jam on Radiodowntown.ca, where I share the mic with my dear friend JohnK every Tuesday and Friday. I can honestly say working with John is one of the things I look forward to most in my week. He has such a kind heart, and together we get to share music and stories with listeners all around the world. It feels like home every time we go on air.

But there's another big part of my life too: my band, Birgitte and The Dusty Trails. We're a country band from Norway, and right now we're working on our very first album. This has been a dream of mine for as long as I can remember — not just to write

songs, but to send them out into the world, hoping they'll land in someone's heart the way music has always landed in mine.

The official release is planned for January, though I secretly wish it could be ready sooner. (Patience has never been my strong side!) We're recording at Velvet Recordings with Christer Krogh, who has produced so many wonderful Norwegian artists, including some of the country bands/artists I've admired for years. To have him working with us feels like such a gift.

The album will have twelve songs — all written and composed by me — plus one special collaboration with Gabriel Bass from Mississippi. Each one is a little story. Some are about love, some about life's struggles, some about dreams that never quite leave you. And since I'd love to share a little piece of this journey with you, here are a few lines from some of the songs.

One song that means a lot to me is “**Just Do the Right Thing**”. JohnK inspired it, and it's about listening to that quiet voice inside you.

*Just do the right thing, don't need a sign, You know  
the way, deep down inside. It ain't about money,  
it ain't about fame, It's lending your hand when  
there's nothing to gain. And just do the right thing.*



Another track, Wild One, is a playful look back at the dream of being a star, rhinestones and all.

When I close my eyes, I'm a country star, Playing on the radio, strumming my guitar. Like Lainey or Dolly, with a rhinestone glow, Out in the spotlight where the bright lights show.

When I Used to Be a Wild One

For those who love a sentimental story, Homecoming Train is one of my favorites. It's about love waiting for you, no matter what life brings.

There's nothing like the sound of your name, When love's waiting just beyond the gate. Through joy and sorrow, through loss and gain, Hearts come alive on the homecoming train.

Then there's Second Place Again. My mom loves this one. It's a song that came out of frustration, that feeling of always standing behind someone else.

Second place again, guess that's where I stand, Behind her ghost and your sorry plans. You should know better, but you never will, A boy in boots pretending to be real. Go on, run back to what breaks you in the end, I'll be fi ne in second place again.

And fi nally, We Look Good on Paper — for anyone who's ever been told they're in the "perfect" relationship, even when it doesn't feel right inside.

*We look good on paper, but paper don't beat a heart, We're checking every box, but still falling apart.*

*We're the story they all cheer for, but the ending feels unsure, Yeah, we look good on paper, but nothing more.*



## BIRGITTE AND THE DUSTY TRAILS



That's just a little taste of what's coming. I can't wait to share the full album with you. My hope is simple: that these songs fi nd their way to people everywhere, and maybe bring comfort, recognition, or even just a smile.

If you'd like to follow along, here's where you can fi nd us:

Facebook/YouTube: Birgitte and The Dusty Trails  
Instagram: @officialbirgitt Website:  
birgitteandthedustytrails.no

And of course, you can always join John and me on Toast & Jam. We can promise a lot of laughter and fun everytime!

Sending love and big Norwegian hugs, Birgitte



*"A Guide to Connecting with the Passion  
Behind Independent Music."*

# INDIE UNIVERSITY



**A Handy  
Reference**

*Radio*  
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"A Guide for Independent Artists All Over the Globe" is the culmination of our early efforts at Indie University by Radiodowntown.ca, which has now grown into an invaluable resource for independent musicians worldwide. This guide represents years of dedication to supporting artists on their musical journey, whether they're just starting out or are seasoned professionals. To sustain our ongoing efforts and recognize the hard work that went into compiling this comprehensive guide, we kindly request a donation of \$9 (CAD). Your support will ensure that we can continue to empower and uplift independent artists everywhere.

*Enjoy!*

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# **A Guide For Independent Artists Around the Globe**



***168 pages of valuable information for all Independent Artists around the world.***

***A cup of gourmet coffee costs \$7 and lasts a few minutes. For about the same cost you could own a roadmap for your future as independent artist for a life time!***

## KARMA the KAT! Let's Get Physical!

### “Let’s Get Physical!”: Olivia Newton-John’s Aerobic Anthem Dominates 1981

When Olivia Newton-John released “Physical” in the fall of 1981, no one could have predicted just how much sweat, spandex, and sass would follow. By November, the bouncy, synth-driven single had climbed its way to No. 1 on the U.S. Billboard Hot 100 chart—and stayed there for an astonishing 10 consecutive weeks, becoming the biggest hit of the year.

Best known at the time for her wholesome image from *Grease* and a string of soft rock ballads, Newton-John’s pivot to a racier, more tongue-in-cheek persona caught both fans and critics by surprise. “Physical” wasn’t just a song—it was a seismic pop culture moment. With lyrics laced in double entendre (“There’s nothing left to talk about unless it’s horizontally”), it flirted shamelessly with innuendo while tapping into America’s emerging fitness craze.

And then there was the music video. Set in a brightly lit gym, it featured Newton-John surrounded by a motley crew of out-of-shape men trying to exercise, only to be transformed into buff bodybuilders by the end. It was cheeky and campy, with subtle nods to both gay culture and body image satire—elements that passed under the radar of controversy at the time but now stand as early indicators of pop’s growing inclusiveness.

The video was briefly banned in some markets, but the controversy only fueled the track’s momentum. “Physical” went on to win a Grammy and helped redefine Olivia Newton-John’s career, giving her a new edge and proving she was more than just the girl next door.

Four decades later, “Physical” remains a high-energy time capsule of early-80s optimism, excess, and a pop star daring to break a sweat—and a few taboos—along the way.

Get your pink tights and headband on RDT peeps. Let’s get physical!

Peace and Love.

Love Karma the Kat



The website: <https://karmathekat.com/>

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# Proud to be a Canadian Radio Station for 16 Years



In the vast expanse of the digital world, where borders dissolve and connectivity knows no bounds, Radiodowntown.ca stands tall as a proud ambassador of Canadian culture and a beacon of global unity. With listeners spanning an astounding 182 countries, this Canadian online station transcends geographical limitations to foster connections, celebrate diversity, and support independent artists from around the world. As we reflect on the pride that comes with Radiodowntown.ca's global reach and its unwavering support for artists, it becomes evident that this platform embodies the very essence of Canadian identity in the digital era.

Radiodowntown.ca's journey from its Canadian roots to its global presence is a testament to the power of music to transcend borders and unite people from diverse backgrounds. Broadcasting from the heart of a country known for its inclusivity, tolerance, and cultural richness, this online station serves as a melting pot of musical genres, styles, and voices. From the vibrant beats of Toronto's urban scene to the haunting melodies of Canada's indigenous communities, Radiodowntown.ca showcases the breadth and depth of Canadian talent while also providing a platform for independent artists from around the world to share their craft.

What sets Radiodowntown.ca apart is not just its global reach but its unwavering commitment to supporting independent artists. In an industry often dominated by commercial interests, this online station remains steadfast in its dedication to promoting emerging talent, amplifying

marginalized voices, and championing artistic diversity. Through features, interviews, and dedicated airtime for independent musicians, Radiodowntown.ca provides a vital platform for artists to reach new audiences, connect with fans, and share their stories on a global scale.

Moreover, Radiodowntown.ca's global presence serves as a powerful reminder of Canada's place on the world stage as a beacon of multiculturalism, tolerance, and goodwill. As listeners from every corner of the globe tune in to experience the sounds of Canada and beyond, they are greeted with a celebration of diversity, inclusivity, and artistic expression. In doing so, Radiodowntown.ca not only showcases the best of Canadian music and culture but also fosters dialogue, understanding, and solidarity among people of different backgrounds and identities.

The pride that radiates from Radiodowntown.ca's global success is a reflection of the values that define Canada as a nation: openness, diversity, and a commitment to supporting creativity and innovation. As we celebrate the impact of this Canadian online station on listeners around the world, let us also recognize the importance of platforms like Radiodowntown.ca in shaping our national identity and promoting Canadian values on the global stage. By embracing diversity, fostering dialogue, and supporting independent artists, Radiodowntown.ca exemplifies the spirit of Canada in the digital age, uniting people from every corner of the globe in a shared love of music, culture, and community.

# Patsy Cline:

## The Voice That Changed Country Music

Few names in music evoke the same sense of timelessness as Patsy Cline. Born Virginia Patterson Hensley on September 8, 1932, in Winchester, Virginia, Cline rose from humble beginnings to become one of the most influential voices in country music history. Her life, though tragically short, left an indelible mark on the genre and beyond.

### Early Life and Meteoric Rise

Cline's childhood was marked by hardship, but her passion for music shone through early. She taught herself piano at eight and began performing on local radio stations as a teenager. Her breakthrough came in 1957 when she performed *Walkin' After Midnight* on Arthur Godfrey's *Talent Scouts*, catapulting her to national fame. This hit not only dominated the country charts but also crossed over into pop—a rare feat at the time.

### Defining the Nashville Sound

In the early 1960s, Cline signed with Decca Records and worked with legendary producer Owen Bradley to craft the "Nashville Sound," blending traditional country with lush pop arrangements. Hits like *I Fall to Pieces* and *Crazy* showcased her rich contralto voice and emotional depth, setting a new standard for vocal performance. Her ability to convey vulnerability and strength in equal measure

made her music resonate across generations.

### Breaking Barriers for Women

Cline was more than a singer—she was a trailblazer. In an era dominated by men, she demanded fair pay and respect, paving the way for future female artists. Her boldness and authenticity inspired legends like Loretta Lynn, Dolly Parton, and Reba McEntire, and continues to influence contemporary stars such as Kacey Musgraves.

### Tragic End and Lasting Legacy

On March 5, 1963, at just 30 years old, Cline's life was cut short in a plane crash. Yet her legacy only grew stronger. In 1973, she became the first solo female artist inducted into the Country Music Hall of Fame, and her recordings have earned multiple Grammy Hall of Fame honors. Today, her songs remain staples of country and pop playlists worldwide, and her story continues to inspire artists and fans alike.

**Why She Still Matters:** Patsy Cline didn't just sing songs—she told stories of heartache, resilience, and hope. Her voice bridged genres, her courage broke barriers, and her artistry redefined what it meant to be a woman in music. More than six decades after her passing, Patsy Cline is not just a legend; she's a symbol of timeless authenticity.





# *A False Sense of Reality*

**Lady Miranda ~  
Musician & Author**



One of the harder parts of being autistic is sometimes having a false perception of reality. This can mean that we might feel a certain way or perceive the people and the world around us a certain way but that is not what is real. For example, recently, I felt as if I was invisible. I felt as if no one knew I existed. I felt as if no one could hear me. But when I attended a recent event, I had multiple people tell me that they follow me on social media. I had multiple people tell me that they really loved my music. I had multiple people that tell me that they appreciate everything I say about being autistic and that they learn so much from me. I had people tell me I was an inspiration. But I knew none of this until they told me. Being autistic means that I don't know how to read between the lines. It means that I don't know something is going on or happening or being thought of unless I'm told. It means that a lot of times, my lonely existence is lonely because I don't know that other people care for me that much without being told.

Those who are not autistic have this interesting ability to know that other people like them. There's some kind of strange social connection that people who are not autistic share in which they know that other people support them even when they haven't heard from those people. They are able to pick right

up where they left off no matter how long it's been that they spoke to someone. I am not able to do that. For me, communication has to be relatively consistent for me to feel like I am still connected to someone. Without that, I don't know if someone is upset with me, angry with me, or if I did something wrong. Those are the thoughts that go through my head when I don't hear from people that I used to hear from.

When it comes to people that I don't know well, it can be difficult for me to build a connection without that consistent communication. I'm not saying communication has to be daily. But it does need to be consistent enough to where I feel like I can bond with that person. Bonding and connecting does not come easy for autistic people. I find myself slower to connect. I'm often weary of connecting with others because it's often been a bad experience. I find that it's easier for me to disconnect. Autistic people long for that connection. We just aren't good at doing it without a reciprocated nurturing of that bond. The best gift anybody can give us outside of trying to understand who we are is consistency. We thrive on consistency. Most of my world is built on consistency because it is reliable. Next time you find yourself wanting to connect with an autistic person, remember that consistent communication is often the key.

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*To Listen...*

**Sunday at 7 & 10pm Eastern**

**[www.radiodowntown.ca](http://www.radiodowntown.ca)**



## Love & Passions - Sundays at 2, 7, & 10pm

Love & Passions with John K. is a heartfelt and intimate radio show that invites listeners into a world of reflection, emotion, and connection. Inspired by the legendary Lovers and Other Strangers by Don Jackson, this program blends beautifully crafted stories, soulful narratives, and carefully selected music to create a warm, soothing atmosphere.

The show's theme revolves around life's most cherished aspects—what we love and what we are passionate about. Each episode explores these ideas through touching tales, personal reflections, or sometimes fictional characters, offering a wide range of topics to inspire thought and evoke emotion.

Airing every Sunday at 2, 7 and 10 pm eastern on Radiodowntown.ca, Love & Passions is the perfect escape to unwind and embrace life's precious moments. Whether you listen alone or with someone special, the stories and melodies are designed to leave a lasting impression.

With John K.'s calming voice and purposeful storytelling, the show brings joy, comfort, and a chance to reflect on love, passion, and the beauty of everyday life. Missed episodes are available under the Past Shows section on Radiodowntown.ca, ensuring no moment of this captivating journey is lost.

It's more than a radio show—it's an experience meant to be shared and cherished.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

# ***Multi-Instrumentalist Bird Announces New Single "THE FILM" from Forthcoming EP "STRANGE AS FOLK", released on 12th of September 2025***

Acclaimed singer-songwriter and multi-instrumentalist Bird (aka Janie Price) returns with her new single "THE FILM", an ode to disillusionment and broken hearts in her home city of London. The first single from her highly anticipated EP *Strange As Folk*, this track was written by Bird herself during covid lockdown. *The Film* walks the lines between Americana, Folk, Indie Pop and a hint of folk horror.. swaying between the shadow of and light of heartbreak and reflection.

## ***Listen to The Film HERE***

A hypnotic, melancholic lament to disillusion and heartbreak, *The Film* showcases Bird's signature musical alchemy—an entrancing fusion of delicate finger-plucked ukelele and banjo and dreamlike cinematic soundscapes, all underpinned by Bird's ethereal trademark vocals. With echoes of atmospheric acoustic dream-pop and modern folk, the track unfolds with a graceful poignancy that lingers long after the sweeping arrangements' final notes. The hauntingly beautiful track immerses listeners in a sonic landscape that is at the same time introspective and cinematic.

Recorded in Nashville Tennessee and Austin Texas, *The Film* features banjo and cello played by Bird herself, guitar by CMA winner Ilya Toshinsky and award winning producer Gabe Rhodes (son and producer of Kimmi Rhodes), Jay De Marcus from the Rascal Flatts on bass and Mikey Rowe (Sheryl Crowe, Noel Gallagher) on Hammond. *The Film* has strings arranged by Sally Herbert (Florence and The Machine, London Grammar) and Pete Davis (PJ Harvey, Dido). The track is accompanied by an evocative music video, directed by Bird.

## ***Video for The Film COMING SOON.***

Speaking on *The Film*, Bird shares: "When covid started I was stuck in Tuscany Italy... (there are worse places to be stuck..!) but all my instruments (and clothes!) were in London – I couldn't get back to get anything and the lockdown was really strict in Italy. So I bought the cheapest guitar and uke and table microphone I could find on Amazon, a tiny midi keyboard and made a bunch of demos of which *The Film* was one... I was watching some slightly dubious rom-com film set in London killing time in the Italian house one day and after it made me so homesick for London my home city, which for the first time in my life I was



physically not allowed to travel back to... so I wrote this song.. The lead vocal on the final recording is actually the original one from that demo, I never got close to the emotion behind the vocal which is very unique and specific to those surreal times we all went through.. I had a lot of fun though re recording and adding to the musical arrangement in America earlier this year when I finally decided to record this track.. A personal win for me was playing banjo on the track which I've never recorded before on my own, I had the wonderful Gabe Rhodes in the studio with me though so I think that helped.. "

Known for her genre-blurring versatility and lyrical depth, Bird once again demonstrates her command of sonic storytelling. *The Film* stands as a testament to her exceptional ability to seamlessly blend classical instrumentation with contemporary sensibilities—affirming her place as a one-woman force in the ever-evolving landscape of independent music.

"*The Film*" is a second glimpse into Bird's new chapter which started with her first EP earlier this year *Heads or Tales* and continues with the *Strange as Folk* EP promising more ethereal yet grounded stories that explore duality, vulnerability, and resilience. *Strange as Folk* continues Bird's exploration into the worlds of Country, Americana and Indie Folk with a touch of Folk Horror (she cites the "Wickerman" soundtrack as an influence for this new body of work)... and again as with her previous critically acclaimed EP, this collection of songs sees her collaborating as well as penning tracks alone. Tracks on the EP are; *The Film*, *Lay Lady Lay* (cover) *Havana Garden* and *The Boy and the Swan*.. *Strange as Folk* is the second of two EPs by Bird, which will be part of a limited edition vinyl release due Spring 2026.

## ***EP Strange as Folk COMING SOON***

Speaking on the forthcoming EP, *Strange as Folk*, Bird shares: "It was such an honour to continue to

record in America with some of my favourite musicians to make this EP. I enjoyed the process so much that what started out as a small project has now developed into enough material for an album. As a half Irish string player my ancestors were really there at the creation of the genres we call Folk and Americana and it is an absolute privilege to have spent the past couple of years exploring my deep rooted ties to this music. I've been telling stories in my songs for as long as I can remember writing, I feel with these EPs I have sort of musically come home."

"The Film" will be available on all major streaming platforms on September 12th

### **And another film....this time an actual film!**

Following the success of her multi award-winning short film "Wider Than The Sky", Bird aka Janie Price has just finished her second short film, "You Found A Friend In Elvis", already getting selected globally for film festivals, which will also be her directorial debut. This short documentary, which she wrote, produced and composed the soundtrack for, was inspired by an extraordinary story told by Roy Orbison Junior in the film "Love Hurts" about his father Roy, Elvis Presley and a group of body snatching thieves. The fascinating story inspired the song Roy, featured on her first EP Heads or Tales, and eventually, through her desire to see if the story was in fact true or not, a trip to America to find out. The short film is a celebration of friendship and Orbison's enormous capacity for love even though his own life was often touched by tragedy. Her previous single Roy (officially approved by no less than Roy Orbison Junior himself) was described earlier this year by Americana UK as "One of the best songs of 2025 so far"



### **About Bird:**

Janie Price aka "Bird" is an award winning half Irish, half English singer/songwriter

And classically trained multi-instrumentalist. She is based between Tuscany Italy and London UK. She has released 5 albums, "The Insides", "Girl and A Cello", "Figments Of Our Imagination", "Beat" and the award winning film soundtrack album "Wider Than The Sky". She started her classical music training on cello aged six and consequently played in UK youth orchestras before beginning her professional career aged 18 with her first recording session composing and recording strings for a UK rap act. Bird's skill as a classically trained musician has also led to various successful stints as a session

musician and writer. She has composed and recorded string sections for the likes of Just Jack and played live with Brit and Ivor Novello award winning songstress Emeli Sandé, as well as touring with artists including the internationally acclaimed violinist Vanessa Mae. As a songwriter she has written for many renowned artists internationally including, Charlie Sexton (Bob Dylan), Darryl Jones (The Rolling Stones, Miles Davis), Andy Dunlop (Travis), Ally McErlaine (Texas), James Dean Bradfield (Manic Street Preachers).

Praise for Bird's last EP Heads or Tales released June 2025:

"Bird's storytelling captures the full gamut of duality, vulnerability and resilience. The final two tracks offer up alternative versions of the old Smiths' classic 'How Soon Is Now', showing the diversity of Birds' influences, however it is her own material that stands out here, in particular the aforementioned 'Roy', which is without doubt one of the best songs of 2025 so far."

### **AMERICANA UK**

"Beautifully written, masterfully arranged, and delivered with poetic finesse, 'Sunny Days' is a standout release from a singular artist. Utterly gorgeous."

### **RECORD OF THE DAY**

"Bird's "Daddy" is not mere melody; it is an excavation, a sonic archaeology of the human heart, laid bare with a vulnerability that is both breathtaking and profoundly moving. In a world saturated with fleeting trends and manufactured emotions, Bird offers something truly rare: authenticity. And in "Daddy," she delivers it with a power that is both undeniable and unforgettable. This release, and the upcoming EP, are set to be milestones in an already impressive career" - Jamsphere

***Bird's albums have also garnered significant critical acclaim:***

"Bird's thoughtful, sophisticated, catchy and lushly produced songs..."\*\*\*\*(Daily Telegraph)

"Sounding like Bjork crossed with Rickie Lee Jones, Price has come up trumps with a collection of lush atmospheric tunes."\*\*\*\* (Daily Express)

"Sparkling debut album...bursting with original ideas...Watch this space." \*\*\*\*\*(The Sun)

"Simply beautiful. Think Groove Armada's 'At The River' meets Röyksopp tinged with James Bond orchestration."

- *Record Of The Day*

*"Blending electronic notes into a folk instrumental base, she creates awe-inspiring and expansive soundscapes that are truly one-of-a-kind."*

- *Wonderland Magazine*

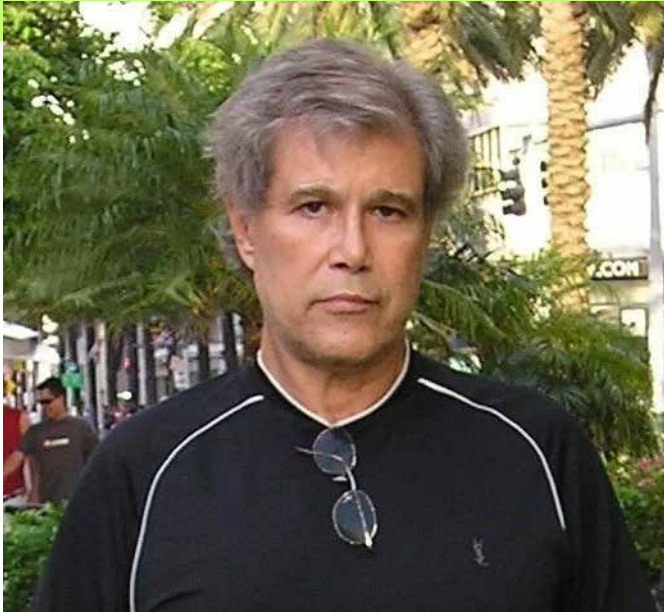
<https://www.birdofficial.com>

<https://open.spotify.com/artist/2bdmTAor9skjnI4YX2Uk6N?si=C8AnXLJLTHSznS3brZE07g>

<https://www.instagram.com/birdofficial/>

<https://www.youtube.com/@Birdofficial/videos>

# ***Alex Storm Expands His Artistic Reach with New Music and International Book Release***

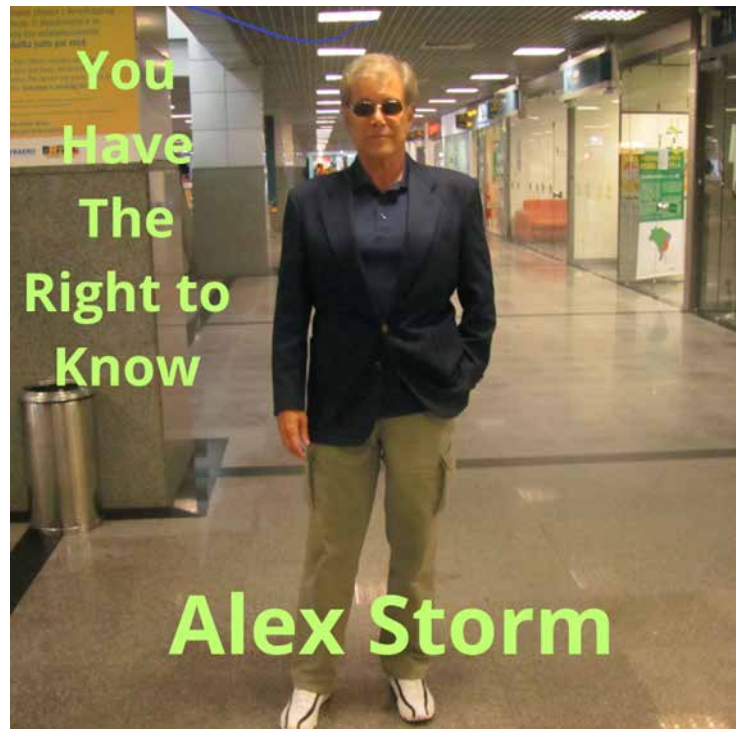


*Following the success of his multifaceted artistic journey, singer-songwriter and author Alex Storm (real name Afonso Celso de Vasconcellos) continues to captivate audiences worldwide. His latest English-language book, *Scars of a Poet's Heart*, is now available on Amazon.com, bringing his deeply emotional and introspective storytelling to a global audience.*

Complementing this literary milestone, Storm has also released three new songs: *And I Don't Even Know If I Love You*, *Friends Only for the Good Times* and *You Have The Right to Know*. All tracks, available on Spotify and 36 other platforms through SoundOn Global, showcase his ability to translate complex emotions into powerful lyrics and melodies. Storm's growing international presence reflects his dedication to art and resilience in the face of challenges. With each release, he continues to expand his influence, connecting with listeners through deeply personal narratives and evocative music. Fans can now explore his latest works and immerse themselves in his evolving artistic expression.

"Friends Only for the Good Times" is a poignant track by Celso de Vasconcellos (Alex Storm), released on December 25, 2024. The song delves into the theme of friendships that harden only during joyful moments, highlighting the fragility of such bonds.

The track is available on various platforms, including Spotify, Apple Music, and Amazon Music.



For a visual experience, you can watch the official video on YouTube



*Radio*  
**DOWNTOWN.CA**

# The **Super 70s** Show with John K

**Fridays 2 & 7 pm**

*To Listen...*

[www.radiodowntown.ca](http://www.radiodowntown.ca)

Peterborough and Area

## **The Super 70s Show - Fridays at 2 and 7pm**

Step back in time with The Super 70s Show on Radiodowntown.ca, airing every Friday at 2 and 7 pm eastern. Hosted by the one and only John K, this show is your gateway to the golden era of music—an electrifying mix of rock, pop, disco, and everything in between that made the 1970s such an unforgettable decade. Whether it's the smooth sounds of the Eagles, the groovy vibes of the Bee Gees, or the powerhouse vocals of Queen, John K curates a playlist that takes you on a nostalgic ride through the decade's biggest hits and hidden gems. But it's more than just music—each show is packed with fascinating stories, cultural throwbacks, and historical insights that bring the era to life. From the trends that shaped the world to the moments that defined a generation, The Super 70s Show isn't just a playlist—it's an experience.

Tune in to [www.radiodowntown.ca](http://www.radiodowntown.ca) every Friday and let John K transport you to a time when music had soul, style, and substance. Whether you grew up in the 70s or just appreciate the magic of the music, this show delivers the perfect soundtrack to kick off your weekend. John K's engaging personality and deep passion for the era make every episode feel like a front-row seat to music history. Sometimes, he'll even take a deep dive into a specific month and year, offering a time-capsule experience that brings back the memories of what life was like back then. So dust off your bell bottoms, turn up the volume, and get ready for two hours of pure musical nostalgia with The Super 70s Show—because the 70s never go out of style!

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

# Blair Sparrow



Blair Emmanuel Sparrow is a Canadian singer-songwriter, professional recording artist, and producer from Cape Breton Island, Nova Scotia. He is a lifelong songwriter and legendary 12 string guitar player. A hook writer known for his earworms and anthems, ballad songs and sing-alongs. He is the nephew of Canadian folk icon Allister Macgillivray and cousin of the award winning The Cottars. His band is called "Sounds Like Awesome". He's quickly becoming a household name Worldwide 🌐 with monthly listeners in over 100 countries on Spotify. He's scored multiple #1 Hit Songs on International & Independent music charts globally. His music is being put In Rotation & Featured on 100's of 📻 🎙️ 📡 radio stations & shows Worldwide 🌍, Across over 100 Countries including, Canada 🇨🇦, America 🇺🇸, United Kingdom 🇬🇧, Australia 🇦🇺, Germany 🇩🇪, Japan 🇯🇵, France 🇫🇷, Spain 🇪🇸, New Zealand 🇳🇿, South Africa 🇷🇺, The Philippines 🇵🇭, and more.

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<https://@blairsparrowrecords>



60s70s80s



**JukeBox**  
**HWY 1**  
*with John K*

**Wednesdays 2 & 7pm**

To Listen...

[www.radiodowntown.ca](http://www.radiodowntown.ca)



## JukeBox Hwy 1 - Wednesdays at 2 and 7pm

JukeBox Hwy 1 is the ultimate destination for classic music lovers, airing every Wednesday at 2 and 7pm eastern on [Radiodowntown.ca](http://Radiodowntown.ca). Hosted by the legendary John K, this show has been a staple of the station for over 15 years, making it the longest-running program on Radiodowntown. Each week, JukeBox Hwy 1 takes listeners on a nostalgic journey through the greatest hits of the 60s, 70s, and 80s, celebrating the artists and bands that defined these iconic decades. Broadcasting live from Kazicki's Diner, the show delivers an immersive experience, blending music with engaging stories, cultural insights, and historical facts that bring each featured artist or band to life. Divided into four segments, the show highlights one legendary act per episode, carefully curating six different songs in each section—ensuring a rich, diverse, and non-repetitive playlist that keeps the energy flowing. Whether it's rock, pop, soul, or blues, JukeBox Hwy 1 captures the spirit of an era where music ruled the airwaves and shaped generations.

With John K behind the mic, JukeBox Hwy 1 isn't just a radio show—it's a journey back in time, a celebration of the music that still resonates today. His charismatic hosting style, deep knowledge of the music industry, and passion for storytelling make each episode an unforgettable experience. Listeners can expect more than just the hits; they'll hear behind-the-scenes stories, artist trivia, and personal reflections that bring the music to life. Whether you're reminiscing about your favorite songs or discovering classic tunes for the first time, JukeBox Hwy 1 offers an unmatched blend of entertainment, nostalgia, and music appreciation. Tune in every Wednesday at 2 and 7pm eastern on [Radiodowntown.ca](http://Radiodowntown.ca) and let John K take you on a road trip through music history, where every song is a classic, and every moment is a memory in the making.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

# BURNY'S BIG BEAVERS



*We are a 5 piece British Blues band with members based in Scotland, Wales and England!*

*Our aim is to play homage to the original Delta Blues people by bringing a new (modern?) take on the Hill Country Delta Blues artists.*

*The band is composed of: Fergus (G), Dave (G+H), Thor (B), Ross (Drums) and Niall (G + V).*

***We principally play live gigs, and this album was recorded live, in one single take ... hope you like it!***

<http://www.burnysbigbeavers.com>

<https://open.spotify.com/artist/1J0smXkcXrrRHK1JkEberT>

[https://www.instagram.com/burnys\\_big\\_beavers/](https://www.instagram.com/burnys_big_beavers/)

*A little bit of everything*

# DJs Choice

*Join John K*

*Radio*  
**DOWNTOWN.CA**

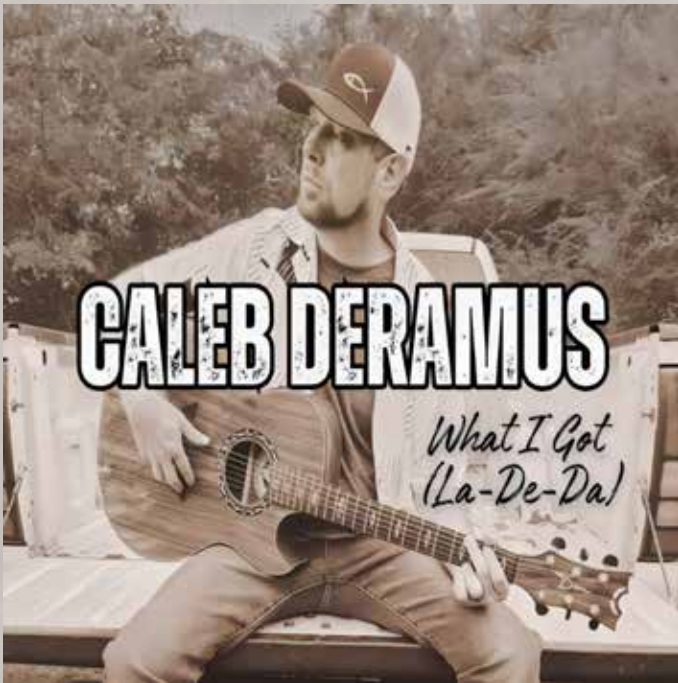


**DJs Choice - Mondays at 2pm & 7pm**

DJ's Choice on Radiodowntown.ca is a unique and dynamic radio show hosted by John K, offering listeners an eclectic mix of music that changes with his mood. Unlike traditional programs that stick to a specific genre, DJ's Choice is all about variety, ensuring that every episode is a fresh experience. Whether he's in the mood for Oldies, Country, Easy Listening, Big Band, Crooners, or even today's biggest hits, John K curates each playlist with a blend of spontaneity and expertise. This makes the show a go-to destination for music lovers who enjoy a mix of classics and contemporary sounds, all handpicked by an experienced and passionate DJ. Listeners can tune in to discover hidden gems from different eras, relive nostalgic moments, or simply enjoy a surprise-filled musical journey. With John K at the helm, the show carries an unmistakable personal touch, as he shares insights, anecdotes, and reflections on the music he plays.

Occasionally featured on Radiodowntown.ca, DJ's Choice isn't bound to a regular schedule, adding an element of anticipation whenever it airs. This unpredictability aligns perfectly with the show's concept—spontaneous, free-flowing, and dictated by the moment. John K's extensive knowledge of music and engaging on-air personality keep listeners entertained, as he seamlessly weaves stories and context into the music selection. Whether he's spinning a set of mellow ballads for a relaxing evening or energizing tunes to lift the spirits, DJ's Choice always delivers an unforgettable listening experience. It's a show that thrives on diversity, making it an exciting addition to the Radiodowntown.ca lineup whenever it makes an appearance.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**



Caleb Deramus is an emerging artist in the Christian music genre, known for his contributions as a singer and songwriter. He grew up in a musical environment, influenced by his mother, Judy DeRamus, who performed and worked in Nashville's music scene. This early exposure to music played a significant role in shaping his career.

At the age of seven, Caleb made his first live television appearance in Roswell, New Mexico, which marked the beginning of his journey in the music industry. He started writing songs while serving as a worship and praise leader at Good News Fellowship Church in Broken Bow, Oklahoma. His songwriting skills culminated in the release of his debut album titled "Jesus Is Near," which features ten original songs written by him. One of the notable singles from this album is "More Than An Overcomer," which gained traction on Southern Country Gospel charts, including those published by Christian Voice Magazine and Power Source Magazine and reaching the #1 spot on the charts. Caleb's new single **What I Got (La-De-Da)** is receiving wide spread attention into several genres of music.

Caleb's style has been described as fresh and original, appealing to contemporary audiences seeking new sounds within the Christian music landscape. His work reflects a blend of personal faith and musical creativity that resonates with listeners[1]. Currently, he resides in Broken Bow with his wife Jessie and four sons, Joseph and Calen, Nathan, and Toby.

In summary, Caleb Deramus is a Christian musician whose music showcases his songwriting talent and unique style.

# Smooth Sunday Sounds

Peterborough Ontario, Canada



To Listen...

[www.radiodowntown.ca](http://www.radiodowntown.ca)



## Smooth Sunday Sounds - Sundays 8am to midnight

Smooth Sunday Sounds on Radiodowntown.ca is the perfect way to spend your Sunday, providing an all-day soundtrack of soothing jazz and easy listening tunes. From early morning until late evening, the show creates a calming atmosphere that sets the tone for relaxation and peace. Featuring a blend of smooth jazz and timeless easy listening classics, Smooth Sunday Sounds offers a seamless mix of melodies that are perfect for unwinding. Whether you're enjoying your morning coffee, relaxing in the afternoon, or winding down after a long week, the music provides an inviting, tranquil backdrop. The show features soft, soulful jazz and laid-back easy listening tunes that evoke a sense of nostalgia and comfort. With a selection of instrumental tracks and vocal performances from legendary and contemporary artists, the music enhances your Sunday, giving listeners a chance to escape the noise and immerse themselves in a world of soothing sounds.

Throughout the day, Smooth Sunday Sounds brings together the best of both genres, offering easy listening melodies and smooth jazz tracks that are sure to enhance your Sunday experience. Whether you're at home, driving, or spending time with family, the show provides the perfect soundtrack to any occasion. The programming thoughtfully combines mellow rhythms, relaxed beats, and melodic simplicity, ensuring that every moment is accompanied by the smoothest tunes. It's the perfect way to enjoy a slower pace, offering music that promotes peace, reflection, and comfort. Tune in to Smooth Sunday Sounds at [www.radiodowntown.ca](http://www.radiodowntown.ca) and allow yourself to be transported to a place of tranquility with the best in smooth jazz and easy listening music.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**



# CANDACE & MICHAEL

Location: Toronto, Ontario

Members: Candace Leca and Michael Paglia

**A husband and wife duo with over 4.6 million streams across their platforms.**

- New debut album to be released spring 2026
- Music featured on NBC, CBS, FOX, MTV, CTV, CBC, CP24, Netflix, Crave, Paramount+, Prime and more
- Music featured in commercial ads for Yamaha
- Airplay on CBC Radio 1, MuchMusic, Air FM, WLFR 91.7 FM, Nerve FM 87.9
- Featured on Spotify's Discover Weekly
- Press on Bell Media, MuchMusic, BuzzFeed, CTV Morning Live and Post City Magazine
- Previous semi-finalists at the International Songwriting Competition in Nashville
- Candace was a 2 time nominee at the iHeartRadio Much Music Video Awards

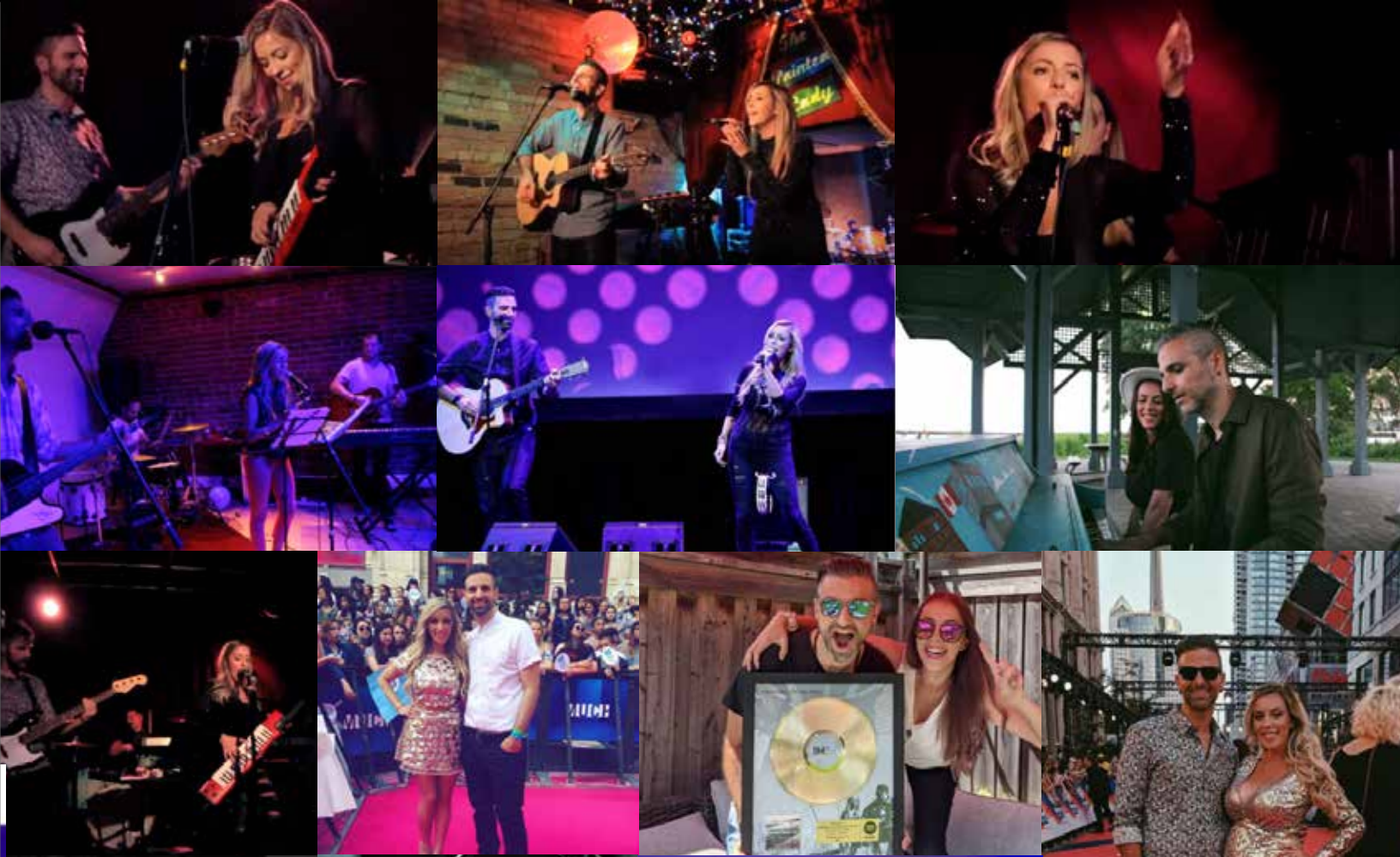


<https://candaceandmichael.com/>

<https://s.disco.ac/lfxnebixxonx>

<https://open.spotify.com/track/5WQOJMfL9IGafaqwMiHY1o?si=e67454f9a3cc4a6f/>

<https://www.instagram.com/candaceandmichael>



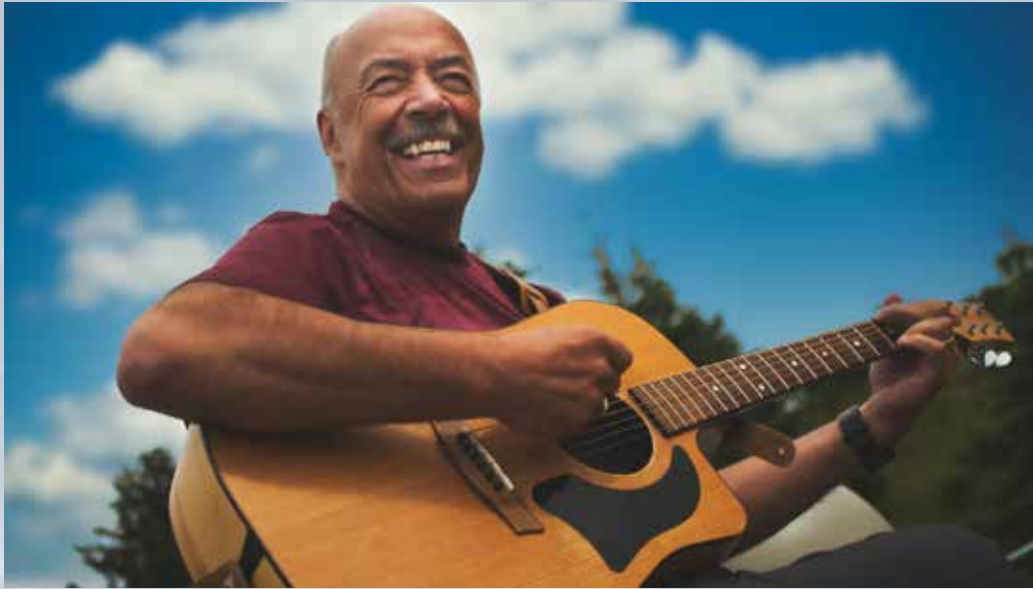
## RELEASES

## MUSIC VIDEOS

Click on the text below to watch the video on YouTube



# Carl Patrick Lundrigan



My name is Carl Patrick Lundrigan and I am a musician, singer songwriter and a poet.

I live in Conception Bay South, Newfoundland and Labrador Canada.

I am a family man who work most of my life and rekindled my love for music when I retired 9 years ago at the age of 61.

I wrote my first song in May 2021 based on a tragedy that happened in a small town where I grew up. Since then I have written and produced 14 original songs and collaborated on 2 other originals, one with a female singer/ friend from Ireland and the other with a friend from my hometown here in Newfoundland and Labrador.

I released a CD EP titled "Silver Linings" November 2020 all recorded and produced virtually with friends and special backup tracks created in Nashville. This was my first introduction to becoming a professional musician singer songwriter.

A lot of my original songs are about real-life experiences and a few are just fictitious characters created like in the song titled "Hobo Joe"

I was sidelined November 2024 when I was diagnosed with cancer. January and February 2025 I completed chemo and radiation treatments, and I have spent the last 7 months recovering and getting well again.

I hope you will consider my music for airplay.



With  
**Jas Malcolm  
& JohnK**

Tuesdays  
2 & 7pm

*Radio*  
**DOWNTOWN.CA**

[www.radiodowntown.ca](http://www.radiodowntown.ca)



Chat Room Available

## Blues on Tap - Tuesdays at 2 and 7pm

Blues on Tap is your ultimate Tuesday night destination for the best in blues music, airing at 2 and 7 pm eastern on [www.radiodowntown.ca](http://www.radiodowntown.ca). Hosted by the passionate and knowledgeable duo Jas Malcolm and John K, this electrifying two-hour show dives deep into the heart and soul of the blues. Whether you're a longtime blues aficionado or just discovering the genre, Blues on Tap brings you an unforgettable mix of classic legends, modern blues pioneers, and hidden gems. From the raw emotion of Muddy Waters and Howlin' Wolf to the fiery guitar licks of Stevie Ray Vaughan and Joe Bonamassa, each episode is carefully curated to showcase the depth and diversity of blues music. Jas and John not only play the best blues tracks but also provide engaging insights, stories, and history behind the music, giving listeners a richer appreciation of this timeless genre.

The chemistry between Jas Malcolm, a blues fusion artist with a deep love for the craft, and John K, a seasoned radio host with a knack for storytelling, makes Blues on Tap a must-listen experience. Every week, they explore different themes within the blues—whether it's the evolution of Delta blues, the electrifying sounds of Chicago blues, or the influence of blues on rock and roll. The show also highlights independent and emerging blues artists, keeping the spirit of the blues alive and thriving. With its expert song selection, passionate commentary, and lively energy, Blues on Tap is more than just a radio show—it's a full-bodied blues experience served straight, no chaser. So, grab your favorite drink, settle in, and let the blues take over your Tuesdays at 2 and 7 pm eastern, only on [www.radiodowntown.ca](http://www.radiodowntown.ca).

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**



Meet Celine Georgi - a rising R&B artist known for her powerful, soprano voice and her passion for music. She draws inspiration from some of music's biggest names like Justin Bieber, Ariana Grande, and Tori Kelly.

Her debut EP, Serendipity I, featuring some of her best singles, was released in November 2023.

Celine's musical journey began in 2017 when she participated in a regional singing contest, finishing in 6th in the ErziStar competition.

Four years later, she won the German Rock & Pop Prize for "Best R&B Song" and "Best R&B Singer." Ever since, Celine Georgi has performed at various events and venues, including the Pop Impulse Festival Annaberg,

The Crown Club opening in Chemnitz, Kingdom Talentcamp Bayreuth, Youth Even 7evenstyle, and Christival Erfurt.

Celine's dedication to staying true to herself is really impressive. She understands that fame and fortune are not the only things that matter in life and that true success lies in living your passion and being kind and uplifting to those around you.

Her music reflects this philosophy, as she pours her heart out and soul into every note and melody.

It's no wonder that Celine Georgi is becoming a rising star in the R&B world.



<https://celinegeorgimusic.com/>  
<https://www.tiktok.com/@celinegeorgimusic>  
<https://www.instagram.com/celine.georgi/>  
<https://www.youtube.com/c/CelineGeorgi>

Dates & Times  
To be  
Arranged

*To Listen...*

[www.radiodowntown.ca](http://www.radiodowntown.ca)



The  
**PERFECT  
NOTE**

An Excellent  
Opportunity  
for Independent  
Artists  
to  
Showcase  
their Music  
with  
listeners  
LIVE on Air

## The Perfect Note - Scheduled Maverick Interviews

'The Perfect Note' on Radiodowntown.ca is a special feature hosted by John K, offering a unique opportunity for independent artists to showcase their talent and share their musical journey. Unlike regularly scheduled radio shows, 'The Perfect Note' is arranged on a flexible basis, ensuring that each episode is dedicated to highlighting an artist's work in an in-depth and meaningful way. Whether it's a rising star or an established indie artist looking to connect with a broader audience, the show provides an engaging platform for interviews, song premieres, and behind-the-scenes stories. John K's warm and conversational hosting style creates a comfortable space for artists to discuss their inspirations, challenges, and successes, giving listeners an inside look at the passion behind the music. Each episode is a blend of discussion and music, allowing the artist's work to shine while also fostering a deeper connection between them and the audience.

Listeners can tune in to 'The Perfect Note' by keeping an eye on Radiodowntown.ca, where scheduled episodes are announced based on artist availability. This flexible format ensures that each session is fresh and relevant, giving artists the freedom to participate when the time is right for them. The show is an excellent resource for indie music fans looking to discover new talent and hear directly from the artists who shape the independent music scene. It also serves as a valuable promotional tool for musicians seeking exposure beyond traditional streaming platforms. Whether it's an acoustic set, a discussion on the creative process, or a preview of an upcoming album, 'The Perfect Note' delivers a rich, immersive experience tailored to both the artist and the listener.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**



# Creighton Doane *Check it out!*

<https://www.youtube.com/@creightondoanemusic>

<https://creightondoane.hearnow.com/need-a-friend>

# need a friend



## HAT OR BELT - YOU NEVER KNOW - Out Now!



**Hat or Belt** is the indie solo project of London-based songwriter/music-maker Keith Harbottle, who describes his songs as 'indiesynthcratic' pop – think indie, synth pop, idiosyncratic. To complete the Hat or Belt sound, add a dash of melancholy, catchy riffs, hummable tunes and very English spoken-sung vocals.

Hat or Belt (an anagram of Keith's surname, if you're wondering) received excellent feedback for its first single, "*Everything's Changing*", picking up airplay on numerous radio stations around the world. One presenter described the track as "quirky, fun and hooky as hell", while another called it a "breath of fresh air".

Hat or Belt's second single, "*You Never Know*", was recorded at Lightship 95, London's floating studio in the Docklands. This former lightship swapped sea waves for sound waves, and still bobs with the Thames tide, which added a little lift to the recording. It was engineered by Mike Collins (who also played the guitar riff) and produced by Giles Barrett. "You Never Know" sees Keith reflecting on the unexpected twists and turns in life, set against a musical backdrop of driving drums, quick-changing synth block chords and a lilting guitar riff. For the full visual experience, complete with AI-generated road-trip scenes, check out the video here: <https://www.youtube.com/watch?v=yQN2TMph7Ps>

Currently a one-man band, Hat or Belt gets out and about with synth and hat, popping up at various open-mic nights in London.

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Contacts: **Music Elevator PR:** [themusicelevator@live.co.uk](mailto:themusicelevator@live.co.uk) or [info@hatorbelt.com](mailto:info@hatorbelt.com)

Official website: <https://hatorbelt.com/>

Facebook: <https://www.facebook.com/hatorbelt>

Instagram: [www.instagram.com/hatorbelt](http://www.instagram.com/hatorbelt)

Spotify: <https://open.spotify.com/track/6t79UbWly8zliWhcSNgGaj>

Apple Music: <https://music.apple.com/us/album/you-never-know-single/1827243244>

Youtube: <https://www.youtube.com/@HatorBelt>

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For broadcast and media use: **Download** a WAV or Tagged MP3 / Press Release-Biography / Packshot / Photos from: <https://app.box.com/s/ohh25mojkrw5lccx22v6gp1ge3kjqn7kp> (No Log-in or registration is required)

<https://hatorbelt.com/>

<https://www.facebook.com/hatorbelt>

<http://www.instagram.com/hatorbelt>



### Smooth Jazz

Sydney	5am & 10am
Berlin	8pm & 1am
London	7pm & 12am
Toronto	2pm & 7pm
Winnipeg	1pm & 6pm
Calgary	12pm & 5pm
Vancouver	11pm & 4pm



Thursdays 2 & 7pm

To Listen...

[www.radiodowntown.ca](http://www.radiodowntown.ca)



## Smooth Jazz on the Rocks - Thursdays at 2 and 7pm

The Music of Smooth Jazz on the Rocks is the perfect way to unwind and immerse yourself in the smooth, sophisticated sounds of jazz, airing every Thursday at 2 and 7pm eastern on Radiodowntown.ca. Hosted by the ever-talented John K, this show is a masterful blend of contemporary and classic smooth jazz, featuring the finest artists from across the genre. Whether it's the sultry saxophone of Grover Washington Jr., the mesmerizing melodies of David Sanborn, or the timeless grooves of George Benson, each episode is carefully curated to create a relaxing and soulful atmosphere. John K brings his signature style and deep appreciation for the music, offering insightful commentary, artist spotlights, and fascinating stories behind the songs. With its seamless fusion of jazz, R&B, and instrumental elegance, Smooth Jazz on the Rocks delivers an experience that's as cool and refreshing as its name suggests.

Adding an extra touch of class to the show, JC Sol provides her warm, inviting voiceovers, enhancing the overall listening experience with her smooth and sophisticated delivery. Her contributions, along with John K's seasoned hosting, make every episode an auditory delight. Whether you're winding down after a long day, enjoying a quiet evening, or simply looking for the perfect musical backdrop, Smooth Jazz on the Rocks offers the ultimate escape. The show isn't just about the music—it's about the mood, the vibe, and the pure enjoyment of jazz in its most soothing form. So, pour yourself a drink, find a comfortable spot, and let the sounds of Smooth Jazz on the Rocks transport you to a world of musical elegance every Thursday at 2 and 7pm eastern, only on Radiodowntown.ca.

Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)

# FRECKO



FRECKO are a father and son duo (Jason and Jack Freckelton), from the NSW Central Coast and the Inner West of Sydney. The pair have found a unique musical bond based on a shared love of the Australian character, in all its forms and failures.

Playing music together for over 15 years, FRECKO have found their unique place within the diverse collective of alt-country/folk and blues music. Inspired by the romance of the Australian story, the duo celebrates the highs and lows of life and the people you meet along the way.

Best heard live and loud, the Tamworth regulars are taken to songs about good times, old cars, Friday nights and the social fabric of Australian culture with a broad range of muses displayed in their music catalogue.

FRECKO had their debut album 'Dreams are hard to sell' released in January 2025 at the Tamworth

Country Music Festival. 2 weeks later it held the position of #1 on the Australian ARIA charts and many more local charts around the country.

Not ones for laying idle, a new (2nd) album for FRECKO is just around the corner with the singles Nashville, Bondi and Me & My Boy already released on all platforms.

FRECKO's latest single will introduce the inner western in all of us with "Concrete Cowboy" in October, a pedal steel driven ride into big city cowboy culture.

Update: The follow up album 'Cowboy Is A State Of Mind' is to be released in January 2026 at the TCMF and aims to capture more of the Australian characters you all know.

They hope to see you out there.

<https://www.frecko.com.au/>

<https://www.facebook.com/freckomusic>

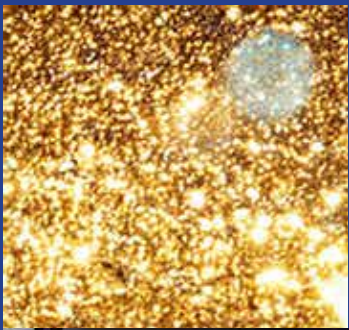
[https://www.instagram.com/frecko\\_music](https://www.instagram.com/frecko_music)

<https://open.spotify.com/artist/524r1s8YIROlgF8Slaa1vV>



# What we do

What We Do at Radiodowntown.ca  
— *A Labour of Love, Not a Business*



At Radiodowntown.ca, everything we do is driven by passion — not profit. We are a station built on heart, commitment, and a love of music. We don't charge artists or promoters a single penny, and we don't get paid ourselves. Yet the time, effort, and care we put in rivals any professional operation out there. And that's something we're proud of.

Each week, we receive and listen to over 200 song submissions. Every track is personally reviewed — not skimmed, not skipped. We give each artist a fair listen, taking the time to find what fits with the sound and values of our station. That alone takes hours upon hours each week. Once we find something that's a good fit, we send out personal emails to the artists or promoters, and we keep track of those who confirm. These artists are then marked for playlist rotation — an honour we treat with professionalism and care.

Your tunes are included in our daily rotation and played at random throughout the week, so while we can't provide an exact time, rest assured they're part of the mix. In addition, we feature music on our Center Stage Mavericks program every Saturday from 8 a.m. to 3 p.m., where tracks are also played at random. For the best exposure, we recommend becoming a featured co-host—an exclusive one-hour segment where artists or bands can share their story, promote their music, and connect with listeners. These special segments are also archived on our website for future playback.

Behind the scenes, this all comes together thanks to a dedicated team. John K, our CEO and a seasoned presenter, leads by example with tireless passion and vision. Julia, who handles administration, ensures every track is properly filed, organized, and prepared for rotation with precision and care. Darrel, our trusted talent navigator, plays a key role in connecting with artists, guiding them through the

process, and helping identify voices that deserve to be heard.

Together, we download, name, and catalogue every accepted track, making sure that artist names and song titles appear correctly in our system. We load them into our Independent Artist category, where they're ready for airplay — giving artists real, repeated exposure at no cost.

If an artist expresses interest in an interview, we reach out to schedule a day and time, confirm all requirements are met, and arrange a test connection to ensure smooth delivery on live day. We also design and share custom promotional graphics for social media, building anticipation for their appearance on the air.

When it's showtime, we go live for a one-hour interview, giving the artist space to tell their story and share their music. These interviews are recorded and archived on our website, and often rebroadcast. Artists are also eligible to appear in our monthly online magazine, again — completely free.

We put in countless hours each and every week, not for recognition or reward, but because we believe independent music deserves a platform. And while the kind words from artists fuel our drive, we'll be honest — the occasional complaint, even a small one, can feel discouraging. When so much is offered freely, it can make us pause and wonder why we give so much of ourselves. But then we hear a great new song... or we get a heartfelt "thank you." And that makes it all worthwhile.

Radiodowntown.ca is more than a radio station. It's a community, a commitment, and a passion project powered by people who care deeply about music. All we ask in return is a little appreciation. Because a simple thank you is a small gesture — but it means the world to us.





## **Crimson Brooks - Passerby**

Original Single

Release Date: 18th Jul 2025

**Crimson Brooks is a raw and electrifying duo blending garage rock grit with bluesy soul. Originally formed as a five-piece in 2015, the band eventually stripped down to a duo and found their unmistakable sound when the lead vocalist stepped behind the drums — a bold move that became central to their stripped-back, high-impact style.**

Often compared to The Black Keys, The White Stripes, and Blood Red Shoes, Crimson Brooks channels vintage rock energy with a fresh, modern twist. Their music is loud, honest, and unapologetically live — a powerful mix of old-school spirit and sharp, original songwriting.

On July 18, 2025, Crimson Brooks released their original single "Passerby," marking a significant return after a six-year hiatus. Influenced by classic blues and bands like The Dead Weather and The BRMC, the track delves into themes of helplessness amidst global events, rejection, and feelings of isolation. Despite its dark undertones, "Passerby" exudes a strange sense of strength and reassurance, resonating with those who navigate life with a deeply pessimistic outlook. With the recording process taking place in their own studio, Crimson Brooks crafted a compelling anthem that embodies gritty blues-rock for the unbound and displaced. "Passerby" is a first single from the upcoming full-length album.

<https://linktr.ee/crimsonbrooks>

<https://open.spotify.com/artist/1bTbdLAGPbzW8TFvX7PzIL?si=OBi4ngB3S5uD7Cx8DMSd9A>

<https://www.instagram.com/crimsonbrooks/>

<https://www.facebook.com/crimsonbrooksofficial/>



# CENTER STAGE MAVERICKS



**Independent Artists take Center Stage**

**Wednesdays & Saturdays at noon**

To Listen... [www.radiodowntown.ca](http://www.radiodowntown.ca)



*Darrell*



*John K*

## Center Stage Mavericks - Wednesday & Saturdays ~ Noon

Center Stage Mavericks on Radiodowntown.ca is the ultimate destination for discovering independent artists from around the globe. Airing every Wednesday & Saturday at noon eastern, this show is an hour celebration of raw talent, creativity, and musical passion. Whether it's folk, rock, blues, pop, country, or something completely unique, Center Stage Mavericks shines a spotlight on the artists who are pushing boundaries and making waves outside the mainstream. Each week, you'll hear an eclectic mix of music from rising stars and seasoned independents, carefully curated to showcase the best of the indie scene. This show isn't just about playing great music—it's about telling the stories behind the songs, introducing listeners to the artists, and giving independent musicians a platform to reach a wider audience.

Tune in every Saturday at [www.radiodowntown.ca](http://www.radiodowntown.ca) and immerse yourself in a world of fresh sounds and undiscovered talent. Whether you're an independent music fan or an artist looking for inspiration, Center Stage Mavericks delivers a listening experience that's as diverse and exciting as the musicians it features. The show captures the essence of what makes indie music so special—the authenticity, the innovation, and the heartfelt connection between artists and their listeners. With seven hours of non-stop independent music, this is your chance to break away from the ordinary and experience something new. If you love discovering incredible music before the rest of the world does, Center Stage Mavericks is the show for you!

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**



**Format:** single, available on all popular global streaming and download platforms

**Links** to hear /access “Need To Say” in advance of the release date:

- Pre-release SoundCloud link to [play/download](#)
- High Resolution audio download: [Hi Res Audio link](#)
- [MP3 version](#) (where the HiRes can't be used)
- Instrumental version for talk-over: [Download PCM WAV](#)

**Credits:**

- Lyrics written by: Flora HR Kenning. [Here...](#)
- Music composed by: Flora HR Kenning; Jonathan Jowitt. ([jj@jonathanjowitt.com](mailto:jj@jonathanjowitt.com))
  - PRS TuneCode: 820354DP
  - ISRC: GX6BZ2500002
- Mastered by: Cayden Mackney ([mixedbycayden@gmail.com](mailto:mixedbycayden@gmail.com))
- Guitars by: Flora Fiora

**Genre: Indie Pop**

<https://www.florafiora.uk/>

<https://www.instagram.com/florafioramusic/>

<https://open.spotify.com/artist/4CgPmaxUkrTyZZd3G8ZXbP>

<https://www.tiktok.com/@florafioramusic?lang=en>

**\*\*Emma Brings Fresh Spark to "Toast and Jam" with John K:  
A Cross-Continental Country Celebration\*\***

*Peterborough Canada & Oslo Norway*

# Toast & Jam

with *John K & Emma*

Every Tuesday & Friday 8am Toronto ~ 2pm Norway

## Toast & Jam

Sydney	10pm
Berlin	1pm
London	12pm
Toronto	7am
Winnipeg	6am
Calgary	5am
Vancouver	4am



Canadian National Anthem  
by Rosalie Drysdale

# COUNTRY MUSIC

To listen... [www.radiodowntown.ca](http://www.radiodowntown.ca)



Tuesday and Friday mornings just got a whole lot brighter thanks to Emma, the newest co-host joining John K on \*Toast and Jam\*, the beloved radio show streaming live from [Radiodowntown.ca](https://radiodowntown.ca.broadcast.radio/toast-and-jam-2). Broadcasting at 8am Toronto time and 2pm in Norway, the show bridges the Atlantic with a lively twin-city connection between Peterborough, Canada and Oslo, Norway—delivering a unique blend of country charm and international flair.

### **\*\*Twinning Across Borders\*\***

What makes \*Toast and Jam\* stand out is its dynamic cross-cultural format. Every Tuesday and Friday, listeners from both sides of the ocean tune in for a shared experience that celebrates the best of country music from Canada and Norway. Whether you're sipping coffee by the lake in Ontario or enjoying a midday break in Oslo, the show offers a warm, musical embrace that transcends geography.

### **\*\*Country Music with a Twist\*\***

Emma's arrival has injected a fresh dose of energy into the show's already vibrant lineup. Her enthusiasm for country music—both classic and contemporary—is contagious. From spotlighting emerging artists to revisiting timeless legends, Emma and John K curate a playlist that's as diverse as it is heartfelt. Expect toe-tapping hits, soulful ballads, and the occasional surprise track that gets everyone talking.

### **\*\*Local Events & Country Updates\*\***

Beyond the music, \*Toast and Jam\* keeps listeners in the loop with local happenings in Peterborough and Oslo. Whether it's a barn dance in Ontario or a folk festival in Norway, Emma and John K deliver updates with charm and wit. They also share the latest news from the country music scene, including album releases, artist interviews, and behind-the-scenes stories that fans won't hear anywhere else.

### **\*\*Banter That Feels Like Home\*\***

What truly sets the show apart is the chemistry between Emma and John K. Their banter is playful, genuine, and often laugh-out-loud funny. Emma's quick wit and fresh perspective complement John K's seasoned storytelling, creating a dynamic that feels more like a conversation with old friends than a typical radio broadcast.

### **\*\*Tune In and Toast Up\*\***

Whether you're a die-hard country fan or just looking for a feel-good way to start your day, \*Toast and Jam\* with Emma and John K is your ticket to great music, local flavor, and international camaraderie. So grab your toast, pour your jam (or coffee), and join the party—Tuesdays and Fridays at 8am Toronto time, 2pm in Norway.

***Want to hear it live? You can catch the show on  
[www.Radiodowntown.ca](http://www.Radiodowntown.ca)***

# Fran Dark releases 'Red Moon' EP.

Spanish DJ and Co-Producer Fran Dark releases his new Trance EP titled 'Red Moon'.

Spanish DJ and Co-Producer Fran Dark releases his new Trance EP titled 'Red Moon'.

After taking off with the single 'Up World!' In May of this year, Fran Dark and composer The Spell Of The Environment published 'Sex with your shadow', a super original song that has captured most of the attention on platforms this summer, whose genre has already been baptized by Fran Dark as 'New Erotic Trance'.

They have published the 'Red Moon' EP on all platforms in the world, which is composed of three songs from said neo musical genre: Red Moon, Sonia and Eclipsong.

Without a doubt, an album full of energy and sensuality is expected in a formula as genuine as it is elaborate.

'Red Moon' is available on all platforms in the world now.

Meanwhile, it is worth noting that the Techno-Trance song titled 'Almería Nights' has just been chosen for Top 40 in U.K.

A topic that has already appeared in important media outlets in North America, Latin America, Europe and also in Asian countries shortly after its release.

It is expected, from a previous statement, that



Fran Dark and The Spell Of The Environment are going to prepare a remix of this song in a few months, so they initially suggest that there may be a certain parenthesis set in terms of musical productions.

The history of the joint work of these two figures dates back to 2011 with the surprise release of a Dance video titled 'I'm going to take care of you', just when the former announced his undated retirement from the world of the dance floor on his own initiative.

Fifteen years have passed before the DJ from Almería decided to return to the world of sounds and neons with a renewed image.

A news spanish YouTube channel ('Esto es Almería Saecio') announced last year that there was a lot of gossip in recent years, and even a certain obsession in some isolated cases, until the DJ himself decided to speak publicly about his decision to officially return to the world of nightlife in 2025 through new productions.

Both Fran Dark and The Spell Of The Environment are establishing new ways of making music and transmitting it to a global audience.

Their new songs full of originality and vibe, after the momentum of 'Up World!', are gradually taking them all over the world.

Peterborough Canada

# Toast & Jam

with *John K*

Weekdays at 7am Peterborough

## Toast & Jam

Sydney	10pm
Berlin	1pm
London	12pm
Toronto	7am
Winnipeg	6am
Calgary	5am
Vancouver	4am

Canadian National Anthem  
sung by Rosalie Drysdale



# COUNTRY MUSIC

TRADITION

Radio  
DOWNTOWN.CA



To listen...

[www.radiodowntown.ca](http://www.radiodowntown.ca)

## Toast & Jam with JohnK - Weekdays at 7am

Wake up and start your day with “Toast & Jam” on Radiodowntown.ca, the perfect blend of great music, engaging conversation, and fresh morning energy! Hosted by the one and only John K, this weekday morning show runs from 8 AM to 10 AM Eastern, bringing you a mix of upbeat classics, indie gems, and deep cuts that set the right tone for the day ahead. Whether you’re sipping your first coffee, commuting to work, or just easing into the morning, John K keeps things lively with weather updates, health tips, motivational moments, and even a daily dive into music history. The show also features local sports highlights, and fun facts, creating a well-rounded listening experience that keeps you informed and entertained. With a warm, inviting vibe, “Toast & Jam” makes every morning feel like a good conversation with a great friend, accompanied by an unforgettable soundtrack. Tune in at [www.radiodowntown.ca](http://www.radiodowntown.ca) and make it your go-to morning routine!

John K is currently looking for a female co-host to bring an added dynamic to the show, creating a balanced and engaging experience for listeners. This is an incredible opportunity for an independent female artist who wants to gain exposure, connect with an audience, and promote her music in a natural, conversational way. As a co-host, she’d have the chance to share stories, introduce new tracks, and bring fresh perspectives to the mix, all while benefiting from Radiodowntown.ca’s growing global audience. If you’re an indie musician looking for a platform to showcase your talent while having fun on air, this could be the perfect fit! “Toast & Jam” is more than just a radio show—it’s a community, a morning ritual, and a place where music lovers come together to start the day right. Think you’ve got what it takes to join John K behind the mic? Reach out and seize the opportunity to make weekday mornings even more memorable!

Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)

# KYARNA

Kyarna is a gifted Indigenous singer-songwriter from the Yuin Nation, celebrated for her raw and authentic artistry. With an enchanting voice and a talent for weaving deeply personal stories into her music, Kyarna's songs resonate with heartfelt emotion and powerful storytelling. Her work captures life's essence with a vulnerability that speaks directly to the soul.

Kyarna has shared stages with Australian music legends, including Uncle Archie Roach, Casey Donovan, Paul Kelly, Troy Cassar-Daley, and Mahalia Barnes. She has also supported artists like Dave Wells, CJ Stranger, and Nancy Bates, showcasing her ability to connect with audiences and fellow musicians alike.

Kyarna continues to prove herself as an emerging First Nations artist whose artistry transcends boundaries. Her music is a testament to resilience, heritage and connection, inspiring audiences from all walks of life.

Polly's Moon ISRC AUT0H2500002

My Brother's Name ISRC AUT0H2500003



<https://kyarnamusic.com/>  
<https://open.spotify.com/artist/3AZ6QnEHpQWiAJNdyWNaqS?si=PSujKeNxQmS7Qp7ybeek2w>  
<https://www.instagram.com/kyarnamusic/>

# Alex Huey



Born and raised in Atlanta, Ga., Alex Huey's songwriting roots deeply in southern folk and rock music. Since playing in various groups for the past 8 years, most notably her own full band "Huey & The Heaven-sent", Huey has become a household name in the Atlanta music scene. "[She] brings some diversity to what people perceive southern music to be" says Atwood Magazine, following up the release of their Record "How to Keep Things Alive". Heart-clenching and poignant lyrics, married with vocal stylings reminiscent of Dlores O'riordan, Huey's songwriting is brutally honest. With songs like "Potential Missed" and "Losing me", she showcases her ability to write catchy songs without losing their substance. A bit of that Nashville twag with an aftertaste of 90's style--she's carved out a slice of the genre that sounds like nobody else. Today, she marks her greatest inspirations in writing to be artists like Joni Mitchell, James Taylor, Nick Drake, Adrienne Lenker, and (if we're talkin' Southern folk-rock) of course, the Indigo Girls.

<https://www.instagram.com/hueyandtheheavensent/>  
<https://open.spotify.com/track/0UFTdk8tATOlpTP4qtdRlp?si=4a438a6aac446ad>  
<https://www.facebook.com/yallatl/>

# DJs choice

*A little bit of everything*

*Join  
John R & Georgia Paris*

**2nd and Last Monday at 7pm**

Peterborough Ontario ~ [www.radiodowntown.ca](http://www.radiodowntown.ca)



*Georgia Paris*



*John R*



**Now Available! \$9<sup>00</sup> (CAD)**  
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<https://radiodowntownca.broadcast.radio/guide>

**A Guide For Independent Artists Around the Globe**

168 pages of valuable information for all independent artists around the world.  
A cup of gourmet coffee costs \$7 and lasts a few minutes. For about the same cost you could own a roadmap for your future as independent artist for a life time!

Now's the time to break free.  
For less than \$10  
"A Guide for Independent Artists  
Around the Globe"  
can give you the tools to succeed.

Visit [www.radiodowntown.ca](http://www.radiodowntown.ca)  
and Click on "Guide"  
**Take action today!**

Thanks to all those who have  
already taken advantage of this guide.



**FRESH BREATH** is an all Canadian - Americana band infused with the timeless spirit of 70's classic rock. Fronted by the husband-and-wife duo Katie and Josh Pascoe, the band brings a blend of heartfelt songwriting and harmonious melodies, creating a sound that resonates with audiences across Canada and the United States.

They have just released a brand new single; 'He Said She Said'. Bringing their motto of Peace, Love & Music along into their new vibe; An upbeat, bouncy and pop driven track. About knowing when to leave a situation that no longer serves you. It was inspired by hearing a friends' story about managing a relationship that neither person was happy in. A reminder to watch for the signals and flags and to 'speak with your feet' and walk away when needed. It features Josh's main soulful vocals and a catchy 80's style beat that is reminiscent of David Bowie's 'Modern Love'. This is a new genre direction for 'Fresh Breath' as they pop out of their typical 'singer-songwriter, introspective style'.

***'He Said She Said' is available now on all major streaming platforms.***

Find the group performing this summer 2025 as both a duo & full band throughout Ontario, Canada. The duo plans to return to South Texas for their 2026 winter season.

*Find tour dates and more music at [www.freshbreathband.com](http://www.freshbreathband.com)*

<https://www.freshbreathband.com/>

[https://www.instagram.com/accounts/login/?next=%2Ffreshbreathband%2F&source=omni\\_redirect](https://www.instagram.com/accounts/login/?next=%2Ffreshbreathband%2F&source=omni_redirect)

<https://www.facebook.com/freshbreathband/>

<https://www.youtube.com/channel/UC3-AGWCG0vMTm3UWUc9aDQg>

# Heavenly Sounds

*with* An Hour of Gospel Music and Verse

**Pastor Tom Kernohan**

Sundays at 4 & 9pm Eastern



*Radio*  
**DOWNTOWN.CA**

*To listen...*

[www.radiodowntown.ca](http://www.radiodowntown.ca)

## Heavenly Sounds - Sundays at 4 and 9pm

Heavenly Sounds on Radiodowntown.ca is a heartfelt and uplifting gospel show that airs every Sunday at 4pm and 9pm Eastern. Hosted by Retired Pastor Tom Kernohan, this program is a source of inspiration for listeners seeking encouragement, faith-filled music, and messages of hope. Pastor Tom, with his years of experience in ministry, brings warmth and wisdom to each episode, sharing reflections, scripture, and timeless gospel classics. The show features a mix of traditional hymns, contemporary Christian music, and soul-stirring gospel melodies that resonate with the spirit. Whether you're tuning in for a moment of peace or to strengthen your faith, Heavenly Sounds provides a sacred space where the power of music and faith come together beautifully.

Each week, Heavenly Sounds delivers a carefully curated selection of gospel songs and thought-provoking messages, designed to inspire and uplift. Pastor Tom shares personal insights, prayers, and biblical teachings that encourage listeners on their spiritual journey. The show also highlights independent Christian artists alongside legendary gospel greats, ensuring a rich and diverse musical experience. Whether you're listening from the comfort of your home or on the go, Heavenly Sounds is a guiding light, bringing comfort, joy, and a renewed sense of faith to all who tune in. Join Pastor Tom Kernohan every Sunday at 4pm and 9pm on [www.radiodowntown.ca](http://www.radiodowntown.ca) for an hour of soul-nourishing gospel music and uplifting words.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

# Brian Gallagher



Brian Gallagher's new album "Wasted Years" is a heartfelt collection of songs that weave together the threads of love, loss, memory, and resilience. Rooted in folk and country traditions, the album blends intimate storytelling with timeless melodies, carrying listeners through moments both tender and raw. From the nostalgic highways of Manitoba Love to the aching reflection of Clear Blue Room and the devastating ballad Lament for Cynthia Rose, each track stands as a story in its own right, yet together they form a deeply human portrait of life's triumphs and heartbreaks. With its mix of tongue-in-cheek charm (Sunday Jenny), timeless devotion (At the End of the World), and closing reflection (This Is the Last Song), Wasted Years is as much a memoir in song as it is an album. It's a record for anyone who has lived, loved, lost, and found meaning in the passage of time.

Wasted Years is available everywhere starting October 3rd, 2025.

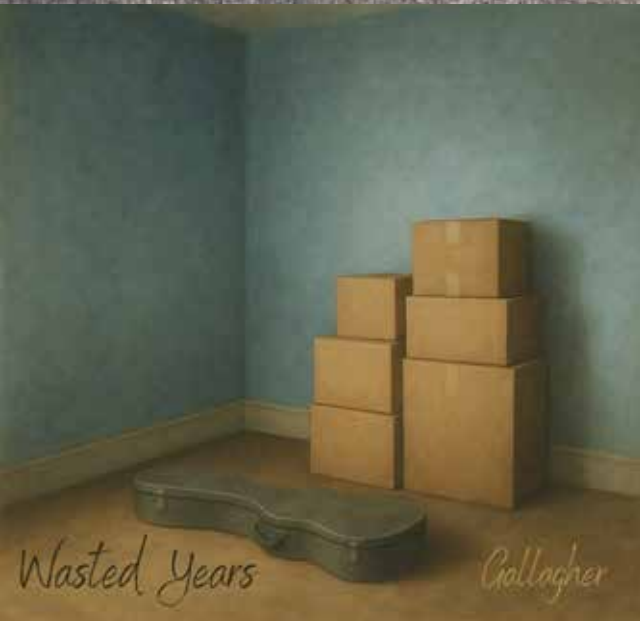
Stream the album here:

[https://soundcloud.com/user-163442386/sets/wasted-years/s-tSXCT4byhNn?si=b90672d53d6d4113abea4ef2ba12c062&utm\\_source=clipboard&utm\\_medium=text&utm\\_campaign=social\\_sharing](https://soundcloud.com/user-163442386/sets/wasted-years/s-tSXCT4byhNn?si=b90672d53d6d4113abea4ef2ba12c062&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing)

Brian Gallagher is a Canadian singer-songwriter who effortlessly blends honest emotional depth with charismatic stage presence. Awarded or recognized in songwriting competitions worldwide, he has recently been named the International Singer-Songwriter's Association 2024 "International Emerging Male Artist of the Year". He was a juror for the 2025 Ottawa "Capital Music Awards" and is for the 2026 Canadian Folk Awards.

He started out in 2008 as the songwriter/guitarist for the award-winning Canadian band "Happenstance" however after three studio albums they disbanded and he then began his solo career, with 4 albums to date and two compilation albums with Canadian and US artists.

His Canadian east-coast roots and combined with his storytelling through song have made his "Gallagher" shows an emotional and touching experience for audiences everywhere.



# Playing... Past, Present and Country Stars of the Future

Weekdays 7am to noon



*To listen...*  
[www.radiodowntown.ca](http://www.radiodowntown.ca)

Peterborough and Area



## Country Music Traditions - Weekdays at 7am

Country music has long been a cherished tradition in the heart of American music culture, and it continues to play a vital role in the rich tapestry of Radiodowntown.ca's weekday lineup. Broadcasting live every weekday from 10am to 1pm, the Country Music segment on Radiodowntown.ca dives deep into the stories, sounds, and history that have shaped the genre. With its roots in Appalachian folk, blues, and Southern gospel, country music has evolved over the decades, blending elements of pop, rock, and Western styles to create a sound that resonates with audiences of all generations. The tradition of storytelling through song remains at the core of country music, with lyrics often focusing on themes of love, heartbreak, hard work, and the American experience. Whether it's the iconic twang of a steel guitar, the rich harmonies of vocal duets, or the heartfelt solo ballads, country music continues to offer a sense of connection to the past while evolving into something uniquely modern.

As part of Radiodowntown.ca's weekday offerings, the 10am to 1pm Country Music block brings a mix of legendary country artists alongside today's rising stars, showcasing the variety and versatility of the genre. Listeners are transported through a musical journey, from the classic sounds of artists like Johnny Cash and Dolly Parton to the contemporary stylings of artists such as Luke Combs and Kacey Musgraves. This time slot also offers a space for discussions around country music traditions, including the influence of country on other genres, its place in pop culture, and how it continues to evolve in today's music scene. Alongside the music, listeners can expect to hear insightful commentary, interviews with artists, and updates on country music events, ensuring that Radiodowntown.ca remains a hub for country music fans. Whether you're a lifelong fan of honky-tonk or a newcomer to the genre, the country music segment on Radiodowntown.ca is a celebration of the sounds and stories that continue to define country music's enduring legacy.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

## The Longing - Harry Kappen

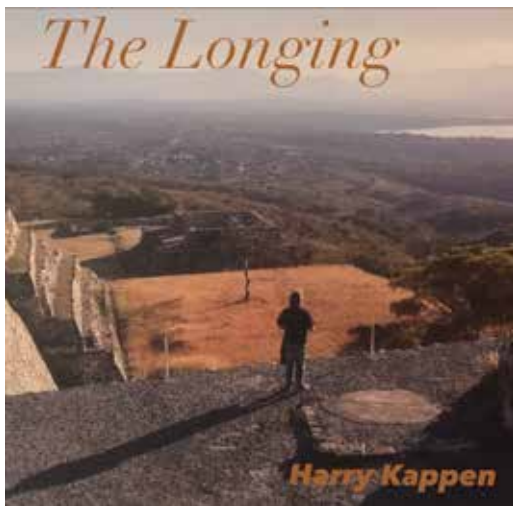
'**The Longing**' tells about Harry's eternal battle between his head and his heart. 'The Longing' is the opening track and the fourth single from his new album '**FOUR**'.

After '**Courage**', about his love for his wife and his move to Mexico (this year) and '**Break these chains**', about his resistance against disturbing political signals in Europe and America and after '**Be brave if you can**' that was very well received, now a new song about a more universal theme: the battle between head and heart, between genuinely felt emotion and cool analysis.

Musically '**The Longing**' is very dynamic; from quiet atmospheres to hard rock, both inspired by his own experiences as a rock guitarist in various bands he played in when he lived in the north of The Netherlands (city of Groningen).

Combinations between acoustic and electric guitars, polyphonic vocal lines, alternations between introspective and explosive, a lyrical guitar solo, compelling orchestrations; it's all there and it's an adequate representation of the multi-instrumentalist that Harry has been for years; reflecting a true battle between head and heart beautifully musically depicted. In some interviews Harry has indicated that his heart ultimately wins (but without losing his head).

As musician he is influenced by his own musical heroes such as Lennon & McCartney, Prince, David Bowie, Tom Yorke, Knowler, Alanis Morissette, Led Zeppelin and many many more.



Website: [www.harrykappen.com](http://www.harrykappen.com)  
More info: [www.mtsmanagementgroup.com](http://www.mtsmanagementgroup.com)

To Listen... [www.radiodowntown.ca](http://www.radiodowntown.ca)

# The Perfect Music Mix

Now Playing



*Radio*  
**DOWNTOWN.CA**



**Perfect Music Mix - 9pm & Varies throughout weekdays**

The Perfect Music Mix on Radiodowntown.ca is the ultimate destination for listeners who want to unwind, relax, and immerse themselves in a smooth blend of timeless tunes. Airing weeknights from 9pm to midnight, this show is the perfect way to end your day, offering a carefully curated mix of genres that cater to diverse musical tastes. Whether you're a fan of soulful ballads, laid-back acoustic tunes, or the latest chart-toppers, John K has it covered. With an expert selection of tracks spanning across decades and genres, each show is designed to take you on a journey through music that resonates on a deeper level. Expect to hear classic hits, hidden gems, and fresh sounds from emerging indie artists—all woven together seamlessly to create a musical experience that is anything but ordinary.

Listeners can rely on The Perfect Music Mix to set the mood for late-night moments, whether it's winding down after a busy day, enjoying a cozy evening at home, or just soaking in the relaxing vibes. The show brings together a harmonious combination of tunes that flow naturally, creating an atmosphere of calm and nostalgia. From smooth jazz to ambient rock, the show offers something for everyone, making it an essential part of the night-time radio experience. Tune in on weeknights from 9pm to midnight at [www.radiodowntown.ca](http://www.radiodowntown.ca), and let the perfect mix of music transform your evening into something truly special.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**



<b>Artist:</b>	<b>J.K. Gulley</b>
<b>Single:</b>	Beyond These Walls
<b>Genre:</b>	Americana / AAA
<b>For Fans Of:</b>	Jason Isbell, Gord Lightfoot, James Taylor, Jackson Browne, Brandi Carlisle
<b>Release Date:</b>	2025

### **About the Artist:**

J.K. Gulley is a Canadian singer-songwriter with a background in Americana, roots, and country music. His songs combine heartfelt storytelling with soulful melodies, drawing on themes of hope, redemption, and human connection. An award winning career (CCMA, SOCAN, RPM awards plus Juno Nominee) that has included songwriting credits with Warner/Chappell and BMG, Gulley continues to bring authentic, honest music to listeners worldwide.

### **About "Beyond These Walls":**

This new single speaks to longing, resilience, and freedom beyond life's barriers. Its heartfelt lyrics and soulful performance make it a strong fit for Americana/AAA programming.

<https://youtu.be/NAmuRGxJpxY?si=RtlS7VgGYVLmmGgD>

<https://open.spotify.com/track/6Pd8MRD4mVpXUMy1hJ1vAO?si=VolEbTBbRle4W1oRt2GxKA>

[https://amazon.com/music/player/tracks/B0FCN1B8HF?marketplaceId=ATVPDKIKX0DER&musicTerritory=US&ref=dm\\_sh\\_BJDxUw9887CsxVUbKXHZJWFNi](https://amazon.com/music/player/tracks/B0FCN1B8HF?marketplaceId=ATVPDKIKX0DER&musicTerritory=US&ref=dm_sh_BJDxUw9887CsxVUbKXHZJWFNi)

<https://tidal.com/browse/track/441258714?u>



# TAG YOUR TUNES

## The How, What, and Huh? of Metadata

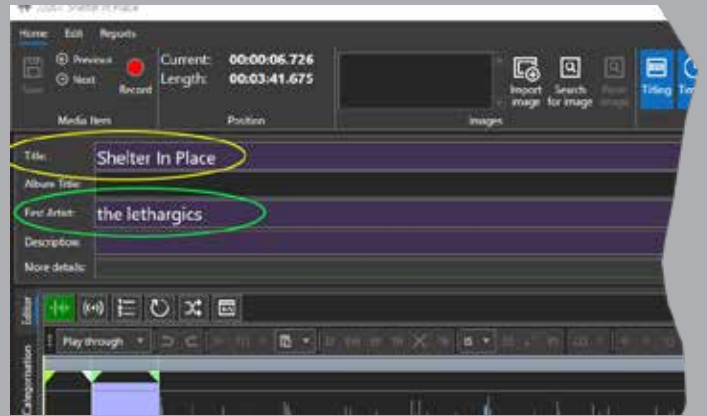
An extremely important and often overlooked step in releasing and/or submitting your music for public consumption is ensuring that each song is tagged correctly.

At a minimum, the Metadata should include Song Title, Artist / Band Name and the year that the song is released.

Currently, MP3 files accept quite a bit more information than WAV files during this process. With MP3, you can tag Genre, Songwriter, Album Name, ISRC Codes and just about anything else you want - and import your cover art as a tag.

The Lethargics use mp3tag - which is available as a free download and is fairly simple to use - but there are numerous choices for Metadata tagging, including free online editors.

Radiodowntown will soon be requiring proper Metadata Tags to consider accepting your music for airplay. But even if you do not intend to submit here, tagging is a MUST to keep your songs identified, cataloged, and more easily discovered! ~ Darrel Mendenhall, The Lethargics



# the lethargic chronicles

Vol 4

## Americana Music

In a discussion with JohnK, we attempted to define just what “Americana” music is. Below is a brief on my research into the subject.

First of all, despite the name and origins, many of the artists we feature on radiodowntown from literally all over the world self-describe their music as Americana. Several bands in Canada are prominent in the genre. Americana in the UK is growing daily. Americana Music Association Award nominees include musicians of First Nation Canadian, African American, Swiss-Ecuadorian and numerous other histories, sounds, stories, ethnicities, and cultures.

The Americana Music Association definition reads “contemporary music that incorporates elements of different American roots music styles, including roots-rock, folk, bluegrass, country, R&B, and blues, resulting in a distinctive roots-oriented sound that lives in a world apart from the pure forms of the genres upon which it may draw.”

So, there’s that.

In other words, “Americana” music is near-impossible to define beyond being an umbrella term for music that pulls from both traditional and contemporary American music styles.

However, certain traits can help define what an Americana song is. Genres like folk and country adopted the narrative style of European traditional songs, which originated from the old ballads of the British Isles immigrants. The use of symbolism derived from blues and bluegrass music, which are rooted in African American spirituals.

All the genres that form Americana music started with acoustic instruments. As the genres progressed and Americana started to become more inclusive, artists started introducing electric instruments.

“Americana” started out as a term that radio shows used to refer to any music that fell under country, folk, blues, and bluegrass music. Then in 1984, Mark Humphery hosted “Honky Tonk Amnesia,” a weekly radio show on country music station KCSN in Northridge, California. Humphery played a diverse line-up of genres, including honky-tonk, country, blues, folk, old-time music, dawg, and Cajun. The show was advertised as “Americana” and a radio format was born.

So, Radio and music industry execs coined the term “Americana” to refer to rural, traditional music known for its finger-picked guitars and gruff voices. It wasn’t until the creation of the Americana Music Association in the 1990’s that the term was used to refer to a music genre.

At that time, American music was facing divides within the genres that had dominated popularity since the 1950’s. This was especially true in Nashville. Country music culture shifted sharply from traditional sounds to pop production aesthetics. This shift was a major catalyst for declaring Americana music its own genre, connecting audiences who didn’t care for the shorter stories, loops, and social reins of pop country radio with musicians whose instrumentation and rough edges couldn’t get played on “new country” radio.

If there is one thing that Americana artists seem to agree on, it is authenticity in the songs and the sound. With this celebration of truth and tradition over commercial concerns, the genre resonates with listeners who want a more honest approach to making art than what they get from most mainstream acts.

Suits me fine.

Radiodowntown is a major supporter of Americana and Independent artists, regardless of their country of origin.

Tune in and find out! Radiodowntown is a proud and staunch supporter of Indie musicians from all corners of the world.

Montreal’s Osheaga Festival is one of the most significant indie music festivals in North America, drawing fans from all around the world.



KAY RUSSELL - ' WALKING IN SPACE ' - 13 Track Album & Single, released Sept 29th 2025

"A posthumous release brings the quiet brilliance of a songwriter into focus, reflecting on dislocation, memory, and the enduring spirit of 1980s pop" (The Bandcamp Diaries)

On September 29th, 2025, exactly one year after her passing, a 13-track album titled 'Walking In Space' is released as a tribute to singer-songwriter Kay Russell. The album collects both demos and finished tracks recorded primarily in the 1980s. Eleven of the thirteen songs feature Russell's music & lyrics, though she sings on all the tracks. Some of the songs will be familiar to fans of Fassbender-Russell, though 9 of these tracks are making their debut release.

Kay first came into the public eye in the early 1980s as one half of Fassbender-Russell, alongside her musical partner Susan Fassbender. Their 1981 single 'Twilight Café' reached number 21 on the UK Singles Chart and earned them two appearances on Top of the Pops.

After the Fassbender-Russell era, Kay Russell continued to write and record, occasionally releasing music and collaborating with other artists, including her partner Phil Brown. In later years, she formed a songwriting partnership with musician Ewan McKenzie, resulting in two albums under the name The McKenzie FIX. Despite never returning to the charts, Russell remained creatively active for decades, writing with consistency and clarity even as her profile faded from the mainstream.

This posthumous release is both a celebration of

her legacy and a reminder of how much artistry can exist outside the spotlight.

The album's title track 'Walking In Space', also released as a single, is a slow-burning reflection on emotional drift and the struggle to find grounding in an ever-shifting world. There is beauty, but it is haunted. There is defiance, but it is quiet. There is longing, but it is shaped by lived experience. It does not reach for answers, nor does it pretend to have any. Instead, it accepts dislocation as part of life. In that way, Walking In Space resonates just as much now as it would have in the time it was written.

Kay Russell passed away on September 29th, 2024, at the age of 72, following a brief illness. Her career may not have followed a traditional arc of fame and longevity, but her creative voice remained strong throughout. This collection is not just a tribute, but a reminder of how much can live in the quiet corners of the music world, waiting to be heard. Kay Russell may have walked in space, as her lyrics suggest, but this album brings her legacy firmly down to earth.

'Walking In Space' - the album and single, are released on Platform Records, 29/9/25. [www.platformrecords.co.uk](http://www.platformrecords.co.uk) [platformrecords@hotmail.co.uk](mailto:platformrecords@hotmail.co.uk)

For further information on the career of Kay Russell, visit these links:

<https://kayrussellmusician.wordpress.com>  
[https://en.wikipedia.org/wiki/Susan\\_Fassbender](https://en.wikipedia.org/wiki/Susan_Fassbender)  
<https://open.spotify.com/artist/636R83dpiuHJIDcJwksIMP>

To Listen... [www.radiodowntown.ca](http://www.radiodowntown.ca)

# Easy Listening

Midnights to 7am



Radio  
DOWNTOWN.CA



## Easy Listening - Midnight to 7am

Easy Listening on Radiodowntown.ca is the perfect soundtrack for your late-night and early-morning hours, creating a calming atmosphere that suits any mood. From midnight to 8 am, listeners are treated to a soothing blend of smooth melodies, relaxing tunes, and classic favorites. Whether you're winding down after a busy day or gently easing into a new one, this time slot offers a wide range of timeless easy listening hits. Artists like Frank Sinatra, Nat King Cole, and Barbra Streisand mix with modern-day smooth sounds, providing a perfect background for moments of reflection or relaxation. The carefully curated playlist is designed to transport listeners into a state of serenity, where the stresses of the day melt away, and the music acts as a warm embrace.

What makes Radiodowntown.ca's Easy Listening experience truly unique is its ability to blend nostalgia with the present, offering something for every listener who enjoys the beauty of simple melodies and heartfelt lyrics. The station's commitment to high-quality, thoughtful programming ensures that listeners feel like they are being transported to a cozy space of calmness—whether it's the middle of the night or early morning hours. The soft yet evocative tones of Easy Listening artists create a peaceful, reflective environment, ideal for those looking to ease into their sleep or those who start their day with a gentle, uplifting soundtrack. The Easy Listening slot on Radiodowntown.ca is more than just music; it's a moment of pause, offering a break from the hustle and bustle of life while providing the ideal soundtrack for your night or morning routine.

Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)



## Jon Mullane Releases New Single "Remember in November" September 26, 2025



September 22, 2025

Remember in November is the first single released from Mullane's forthcoming new EP, "The Road". The heartfelt song was written in Nashville, TN with some of the areas top hit songwriters (see bios below). He is travelling back to the city in late October as he is nominated for Pop Rock Artist of the Year at the 11th Annual Josie Music Awards, presented at the Grand Ole Opry on

November 2, 2025. The accompanying music video for "Remember in November" will be released in early October.

The *John K.* RADIO SHOW

A SLICE OF **LIFE**

*with some Great Music*

**Weekdays 4 to 6pm**

[www.radiodowntown.ca](http://www.radiodowntown.ca)



*Radio*  
**DOWNTOWN.CA**

## **JohnK Radio Show - Weekdays at 4pm**

The A Slice of Life show hosted by John K on Radiodowntown.ca offers a refreshing blend of wisdom, humor, and insight into life's most profound and relatable themes. Airing weekdays from 4 pm to 6 pm, John K creates an intimate space where listeners can reflect on the joys and challenges of life, love, and personal growth. Whether you're tuning in after a long workday or during a quiet moment, the show dives into various life experiences, sharing stories and advice that resonate with everyone. From handling life's unexpected curveballs to nurturing relationships and discovering inner peace, A Slice of Life provides comfort and encouragement. The show doesn't shy away from real talk—John K's candid reflections invite listeners to explore what it means to live a fulfilling life, making every episode an enlightening experience.

Each segment on A Slice of Life highlights practical life advice, poignant love stories, and uplifting thoughts on overcoming personal hurdles. John K's genuine approach to discussing love and relationships helps listeners navigate everything from the early stages of romance to long-term commitment, while his reflections on self-love and growth inspire others to embrace their own journeys. As the show unfolds, John K masterfully weaves his own experiences and lessons learned over the years, reminding us that life is a beautiful, unpredictable ride. A Slice of Life is more than just a radio show; it's a celebration of the human experience, filled with inspiring moments, relatable stories, and the kind of advice that sticks with you long after the broadcast ends. Whether you're seeking motivation, perspective, or simply a few words of kindness, John K's heartfelt approach makes A Slice of Life a must-listen for anyone looking to improve their day and their outlook on life.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

# KATIE SETO



Katie Seto is an indie singer-songwriter from Oshawa, Ontario with dynamic vocals that range from soft ethereal falsetto to powerful belting, with a sultry rasp in between. Always leaving her heart on her sleeve, Katie writes soulful original songs that are rife with palpable emotion.

Performing primarily online, Katie has found great success on Twitch.tv. Although she has no formal music training and has historically shied away from the spotlight, she is overcoming her fear of singing for an audience step-by-step, inspiring her ever-growing fan-base along the way.

While her early music taps into feelings of hurt and vulnerability, she has recently been forging a path from sadness to empowerment (with a hint of sass...maybe more than a hint). Her newest release "Villain" (EP) balances a depth and complexity of emotion with energetic tongue-in-cheek humour that leans toward bedroom-pop.

<https://twitch.tv/voiceunmuted>

<https://instagram.com/voiceunmuted>

[https://open.spotify.com/artist/2rFfGzZMm90Wroh39dkPRp?si=bRuZf4z\\_Tn23a8job3WjXQ](https://open.spotify.com/artist/2rFfGzZMm90Wroh39dkPRp?si=bRuZf4z_Tn23a8job3WjXQ)

## NATHAN LOO KEEPS THE BEATLES MUSIC ALIVE!



Nathan Loo, who performs as Paul McCartney, says they welcome people to come dressed fun in their favourite 60s fashions and the band encourages the crowd to sing and clap along to the songs.

"People come out and they dress in mods or if they feel like being groovy, or if they want look like one of The Beatles, you know, it's just all pure for fun," says Loo. "We spread positive music and for a couple of hours, people can forget about all their problems and the things going on in this world."

<https://www.facebook.com/nathan.loo.35/>

**Join me!**

**I'm in the chatroom  
listening to some  
great music!**

**Don't be shy, come and say "Hello"**

Simply go to [www.radiodowntown.ca](http://www.radiodowntown.ca)  
scroll down and start chatting



*Julia*



## **Our Chatroom - Available on most LIVE shows**

The chatroom on [Radiodowntown.ca](http://Radiodowntown.ca) is a vibrant and interactive space that provides listeners with a unique opportunity to engage with hosts, guests, and fellow listeners. Accessible at any time from the homepage of the [Radiodowntown.ca](http://Radiodowntown.ca) website, this chatroom acts as a dynamic virtual community, allowing people from all over the world to share their thoughts, comments, and feedback on the shows being aired. Whether it's during live broadcasts or for on-demand content, the chatroom serves as a real-time forum for music lovers, radio enthusiasts, and independent artists to connect, exchange ideas, and discuss topics related to the shows. This engaging environment enhances the overall listening experience, adding a personal touch to the programming and making the listeners feel like they are part of the [Radiodowntown.ca](http://Radiodowntown.ca) family.

Monitored by Julia, the chatroom is carefully overseen to ensure a welcoming, respectful, and friendly atmosphere. As an admin at [Radiodowntown.ca](http://Radiodowntown.ca), Julia keeps an eye on conversations, helping to foster a positive and inclusive environment for everyone involved. Whether it's answering questions about the station, providing show updates, or facilitating conversations around the music and events featured, Julia plays a key role in ensuring that the chatroom remains an enjoyable space for interaction. It is a great way for listeners to stay connected to the station, share their love for the music, and even get updates on upcoming shows. The chatroom truly enhances the [Radiodowntown.ca](http://Radiodowntown.ca) experience, creating a sense of community that extends beyond just the airwaves.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

# MICAH SHEVELOFF

“He’s a natural musician, with deep roots and a huge vocabulary. A refined pianist, his framing of a song is exquisite.” Marc Shulman, Guitarist, NYC

“His music, with its rich melodies, rolling bar chords, quotable lyrics, and that lived-in marvel of a voice, elevates his material to something more transporting and otherworldly.” Chelsea Speer, Pop Shifter

“Sheveloff’s keyboards are the anchor that hold everything all together. His eloquent playing is really something special and provide a perfect framework for his vocals.” Fair Hedon

“Behind his eloquent, amorous, Don McGlashan-like croon and resounding, jazz/classical-tinged piano, and smidgens of cello, horn, and prog-invoking guitars, Sheveloff’s vivid lyrics paint picturesque, instantly relatable narratives.” Mark Suppanz, BIG Takeover

Micah Sheveloff is a meticulous songsmith with a hyper-diverse musical background ranging from intense classical piano to studio sessions supporting country, pop, rock and metal acts.

Sheveloff’s songs consist of infectious and hummable 70’s influenced piano-based singer/songwriter compositions that might seem as at home in Nashville as they are at New York’s Bitter End.

“There is something completely magical about writing a song, working out the arrangements, and then playing alongside great musicians all locked in a room. Lightning in a bottle—my songs are a breakfast hash made from memories of Bartok and The Beatles, 70’s pop songs and a touch of Stravinsky. I write songs to be accessible but with subtle complexities and compelling dark tones....”

Sheveloff was born and raised in Boston, having shared the stage with The Detours, Gary Cherone, Something Outside, and The Voodoo Jets. Hear Micah Sheveloff’s music on all streaming services.

SHOWCASE PLAYLIST (18 songs) <https://on.soundcloud.com/4s768CFJQJUAgw5B7>



**Leave us a voice message or request  
from the comfort of your home while listening to  
[www.radiodowntown.ca](http://www.radiodowntown.ca)  
from your cell phone, tablet or computer**

**Simply go to [www.radiodowntown.ca](http://www.radiodowntown.ca) and click on "Contact"**



**Listen and contact us anytime!**

You can easily send in your song requests or dedications directly from the front page of our website, [www.radiodowntown.ca](http://www.radiodowntown.ca). Whether you're tuning in for a live show or just want to hear your favorite track, submitting a request has never been easier. Just head over to the site, where you'll find a simple and intuitive request audio form. It's open and available at any time, so you can make your request no matter when the mood strikes. Whether you're in the middle of your morning coffee or late at night, we want to make sure your musical wishes come true. We love hearing from our listeners and aim to keep the connection personal, so don't hesitate to drop us a note about what you'd like to hear!

All requests submitted through the website are monitored by our admin team, including Julia, who makes sure everything runs smoothly and that your song is played as soon as possible. Julia takes great care in ensuring that all submissions are handled with attention and care, giving you the best experience while you're listening live on [Radiodowntown.ca](http://Radiodowntown.ca). It's our way of staying connected with our listeners and making sure that the music you love is always just a click away. So, whether you're celebrating a special moment or just feeling the vibe of a favorite track, your request will be right at home with us. We look forward to playing your songs and keeping the good tunes flowing!

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

From "Reflections of Darkness and Light"  
(iUniverse Publishing/Amazon)

### Eyes of Gracie

*She lies on top of her gurney,  
Breathing heavily yet controlled,  
The want of living has long since passed-  
Her comfort being all we care,  
And this is all we share*

*Her best friend intones to her softly,  
Caressing her splayed paws with love,  
Speaking as only those connected souls-  
Nurtured through times dire and fine,  
A kiss bestowed for all time*

*A benevolent yet equally anguished old sage,  
Administers her escape from pain,  
This caretaker so moved by all he's seen-  
Still finds the strength to know,  
All creatures to God they'll go*

*We both hold onto each other and she,  
Letting time take hold tears flowing,  
Her life diminishes gently-  
Eyes letting us know giving thanks to roam,  
Gracie soars to her newfound home*

Gracie was Jennifer's beloved golden retriever. She had reached that point in her life where all was pain, and it was time.

Typically I process loss by writing music, poetry or prose; and, here I did just that, not only for Jenny but for all of you that

have suffered similarly. This book of verse can be found on the Amazon link below.

Michael is an internationally acclaimed rock/acoustic/fusion guitarist, composer, mandolinist, singer and producer, with hundreds of recordings to his credit.

He is also the published author of 13 books: six novels, five volumes of verse, one motivational treatise, and his most recent music autobiography "Sonic Tapestry - Confessions of an Almost Famous Rock Guitarist".

As well, Michael's extensive martial arts resume (attaining 25 Black Belts in various disciplines) is reflected in several professional ventures, including owning and operating Virtuoso Fighting Arts—training American and British Special Forces, Israeli and US Military and Police, government Special Ops agents and civilian "at-risk" clients in hand-to-hand combat.



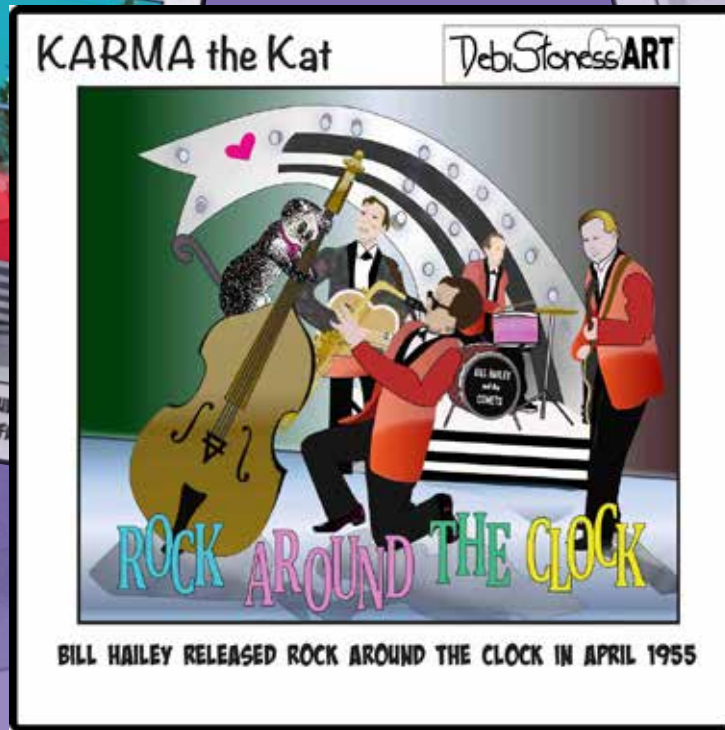
# THE POET'S LAIR

by

**Michael André Fath**

"Reflections of Darkness and Light" (iUniverse Publishing/Amazon)

[https://www.amazon.com/Reflections-Darkness-Light-Michael-Andr%C3%A9/dp/1450273084/ref=sr\\_1\\_5?dib=eyJ2J2ljoIAMSJ9.RlclVIEkKLYvmpz4y2JucDeKbYK8Fko36\\_Grmvwe-smOYiyXcri0dtAKM62DRZvVifXITZhzjfHz11iUc27fEl5al1qbolMRn4gzwnwlgTUqy1As0a2t4cR4SNhmnG2rZCQUcWz6G6-g9u5Gn09FWRpU1e3a3kQ6yhmxdN DMqUxjt\\_KaV8O8v6nA3h4YpC7ICSwx0R8\\_pcWJ3LsivLIA.BulZY33nW-JoZovQN7KJF0dxL-Gi7EhD1UKAXi6iDu8&dib\\_](https://www.amazon.com/Reflections-Darkness-Light-Michael-Andr%C3%A9/dp/1450273084/ref=sr_1_5?dib=eyJ2J2ljoIAMSJ9.RlclVIEkKLYvmpz4y2JucDeKbYK8Fko36_Grmvwe-smOYiyXcri0dtAKM62DRZvVifXITZhzjfHz11iUc27fEl5al1qbolMRn4gzwnwlgTUqy1As0a2t4cR4SNhmnG2rZCQUcWz6G6-g9u5Gn09FWRpU1e3a3kQ6yhmxdN DMqUxjt_KaV8O8v6nA3h4YpC7ICSwx0R8_pcWJ3LsivLIA.BulZY33nW-JoZovQN7KJF0dxL-Gi7EhD1UKAXi6iDu8&dib_)



## Karma the Kat - delightful and quirky weekly cartoon

Karma the Kat is a delightful and quirky weekly cartoon featured on both the Radiodowntown.ca website and in the Radiodowntown.ca Online magazine. Created by the talented Debi Stoneess, this charming cartoon follows the adventures of Karma, a sassy, street-smart cat who's always getting into hilarious and thought-provoking situations. With a sharp sense of humor and a knack for delivering witty commentary, Karma the Kat has become a fan favorite for those looking for a little light-hearted escape each week. Through vibrant illustrations and clever storytelling, Debi Stoneess brings Karma to life, making each episode an enjoyable treat for readers and viewers alike. Whether you're a fan of cartoons or simply enjoy a good laugh, Karma the Kat is a must-see feature that's guaranteed to bring a smile to your face. You can find it updated monthly on the Radiodowntown.ca website or in our magazine, available anytime for your reading pleasure.

### Karma the Kat: A Dose of Fun and Wit Every Week

Every week, Karma the Kat delivers a dose of fun and wit, brightening up your day with its playful take on life, love, and the challenges we all face. Created by Debi Stoneess, the cartoon has become a staple on Radiodowntown.ca, offering an entertaining blend of humor and insight. Karma, the mischievous cat, often finds herself in comical predicaments, yet always manages to come out on top with her trademark sass and intelligence. Each strip is thoughtfully crafted, combining hilarious scenarios with sharp, often poignant observations on the human (or feline) condition. This weekly cartoon is a perfect complement to the eclectic mix of content Radiodowntown.ca offers, and it's available anytime on the website or in the magazine. Whether you're a longtime fan or new to Karma the Kat, it's a fun and refreshing way to add some joy to your week.

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**



# Michael Botte Band

Michael Botte is a multi-award-winning recording artist, whose work has not only topped charts but also found a consistent rotation on radio stations across the globe. Originally from a small steel town outside Pittsburgh, PA, Botte now calls the Philadelphia area home, and his passion for music extends to hosting Blast Music 247's "Blast'R Rock and Metal Podcast." In addition, Botte also promotes music to help others achieve their desired success.

The genesis of the Michael Botte Band is a testament to creativity born from chaos. After earlier attempts to form a band in Oakland, CA, in the mid-2000s, it was during the profound uncertainty of the 2020 COVID-19 quarantine that Botte found his definitive musical path. Driven by a desire to create something positive, he began recording demos of songs—some two decades old, others freshly

penned culminating in a sound that had been evolving within him for years.

Critics have lauded Botte's distinctive style. Keltstache Music highlights how he "blends Hard/Alt/Country/Pop Rock into a sound that takes you on a journey with catchy hooks and toe-tapping beats," hailing him as a "melodic maestro." With the expert production and mixing of Bob Beals at Sound Foundation Studios, Michael Botte's music stands out in the indie scene.

His music, a collaboration with producer Bob Beals, has garnered significant recognition:

- Bronze Award for "Single of the Year" at ISSA 2025
- Charted at #1 on the World Indie Music Chart
- Charted at #3 on the Euro Indie Music Chart
- Charted at #42 on Cashbox Magazine's Pop/Rock Top 100
- Debuted at #1 on the Rick Spins Radio Show on ISSA Radio
- Charted at #1 (4 times) on the "Radio Indie Alliance" top 10 music chart
- Charted at #2 and #4 on the "Banks Music Promotion" top 10 music chart
- Placed on Philadelphia's "WDNF-Philly.com's HOT 50 songs"

Beyond the charts, Michael Botte has been a featured artist in a variety of respected music publications, including Lazie Indie Magazine, The Path Radio Magazine, Canvas Rebel Magazine, Rock News Magazine, Shout Out Miami, and Music Frets Magazine.

With new tracks consistently being developed by Michael Botte and Bob Beals for 2025 and beyond, this Pittsburgh native continues to be a compelling force in the world of independent music.

Facebook: <https://www.facebook.com/michaelbotteband/>

Instagram: <https://www.instagram.com/michaelbotteband/>

Website: <https://www.michaelbotteband.com/>

Spotify: <https://open.spotify.com/artist/3JijbhtGufcq0qLHCRJBgc?si=uXnWTUjLRi6ldPgpErBZ8w>

iTunes: <https://music.apple.com/us/artist/michael-botte-band/1603992175>



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WorkPlace Radio is a new, weekly, radio/podcast series and interactive source, that continuously explores the evolving workplaces across Canada. — because in today's Canada, the workplace is anything but static

From hybrid models and AI integration to labour shortages and shifting employee expectations, the modern Canadian workplace is undergoing a transformation like never before. Each show explores the trends, challenges, and innovations reshaping how we work, where we work, and what we expect from our careers. Whether you're an employer navigating change, an employee adapting to new realities, or an entrepreneur forging your own path, Workplace Radio offers insights, expert voices, and real-life stories to help you stay informed and ahead. Our platform makes for a unique set of channels of visibility for your business with radio, podcast and interactive website sources of insight for today's employees, leaders, owners and entrepreneurs in Canada

**Tune in - [www.radiodowntown.ca](http://www.radiodowntown.ca)**

# Paul Watters

I grew up in Belfast, Northern Ireland, and looking back, it really amazes me to say that I have been involved in the Chef's industry for nearly 30 years now. Cooking has always been the biggest passion of mine, and having discovered it at the age of 16 I've never really considered any other professional path for myself.

Needless to say, I have been incredibly fortunate to have worked in most desirable places such as the Savoy in London and Sydney Opera House in Australia. It's also a true gift to be able to have gathered so much irreplaceable knowledge and precious experience during these years, since being a Chef also allowed me to travel the world, discover new exciting cultures and meet a whole bunch of fantastic individuals. Therefore I sincerely hope that you will get to appreciate the food and all the aspects connected to it the way I do.



# Goodness gracious great balls of fire.

*(Spiced beef with potato bonbons with curried giant couscous, Buckwheat and a cracked black pepper Sauce with picked Mint serve 2)*

450g ground minced beef  
1 egg  
1/2 cup of fine breadcrumbs  
1 handful of chopped Coriander  
2 cloves of garlic (crushed)  
1 handful of chopped flat-leaf parsley  
1 teaspoon of cumin  
1 teaspoon of smoked paprika  
1 teaspoon of dried mixed herbs  
1 teaspoon of Cajun spice  
Salt and pepper

Combine all ingredients in a large bowl and shape accordingly

For the Bonbons

8 large potatoes  
Salt and pepper  
1 teaspoon of smoked paprika  
1/2 cup of milk  
2 cups of fine breadcrumbs  
2 eggs beaten  
1 cup of plain flour

For the Bonbons, boil the potatoes for fifteen minutes, draining well, and bring back to the heat and dry out well, mash along with the salt and pepper, and allow to cool.

Once the potatoes are cool, gather 3 bowls. In the first bowl's 1 add the flour; in the 2nd bowl, add the beaten egg; in the third bowl, add the breadcrumbs and the smoked paprika and mix well.

Shape the Bonbons to a smaller size then dip in the flour then the egg mix followed by the breadcrumbs mix and reshape and refrigerate approximately 1 hour before cooking This will help cool and keep their shape My tip (place a little cling film over the top of a plate and place Bonbons on top and when finished recover with cling film

The Pepper Sauce

1/2 cup of Double cream  
2 cups of chicken stock (boiling water with an added chicken stock cube)  
2 tablespoons of cracked black pepper  
2 tablespoons of desired gravy mix  
2 tablespoons of water  
Bring the chicken stock to the boil along with the cracked black pepper. Thicken the sauce with the gravy mix and water. Carefully whisk in and pour in cream, repeat, and leave to one side.

The Buckwheat and Giant couscous

The good thing about these is that they come in portion sizes already and are available in all good stores

To cook you will need

2 Cups of boiling Salted water  
1 tablespoon of unsalted butter  
1 tablespoon of oil  
1 tablespoon of curry powder (mild/hot)

Picked mint for garnish

First off, preheat the oven to 180 degrees, 350°F. Gather a large frying pan over medium to high heat, add a drizzle of oil to the pan and cook clockwise, turning occasionally, for approximately five minutes. Allow a bit of colour, remove and place into an oven-proof dish. Give the Pan a quick wipe with a little kitchen Roll and repeat the process, put it in the oven, and cook for approximately ten minutes.

Once the meatballs And Bonbons are in the oven, cook the Buckwheat and couscous in the bags for approx 8 mins, and with the Same Pan, give a further wipe with kitchen roll; this will help with the washing up later.

Add the butter oil and curry powder, and cook for a few minutes. Add the couscous and buckwheat and cook for a further four minutes. Carefully remove the balls from the oven and leave them to one side.

The Presentation

Gather 2 Large plates and spoon some of the Buckwheat and couscous around the side of the plate, followed by placing some pepper sauce in the middle of the plate, then placing the balls in the centre, garnish with the picked mint, and serve.



*Paul Watters*

<https://www.instagram.com/watterspaul/>

# Robert Taylor

After a lifetime of living all over the world both during childhood and as an adult, I finally took early retirement at 50 and relocated to Canada become a Canadian citizen in 2015.

From early childhood living in Hong Kong we had live in Amah's ( maids) that taught me to cook from the age of 7 onwards, these Amahs become seconds mums to me, but instilled in me that no dish was impossible and if someone else could create it then so could I, this has been my mantra my entire life.

On arrival in Canada I also became a very active freemason before continuing my journey through the Scottish Rite attaining my 32nd Degree.

After retirement I ended up back in the music industry as artist relations director for a few large companies, as well as the director of the Rockabilly Legends, through this I got to work with many artists, a lot of fun, but little financial reward for all the hard work. After 15 years of this I started to slow down and concentrate on my cooking, it was at this point I decided to set up a Facebook page, and decided the best way forward was to keep it private. This was to allow me to keep control of the page and content and at the same time keep spammers out.

Here is the link - <https://www.facebook.com/groups/1449741109207047>

For years I'd posted dishes onto other sites often attracting unwanted and often nasty comments, this drove me to set up my page where no un called for negative comments would be tolerated, and those that attempted to do so were blocked from my page.

Unlike other pages under the files tab I've uploaded thousands of recipes, any member of the group has full access to the recipes and can also add any they have to the list.

Music, old cars, my lovely wife Carmen and food are the driving force that keep me going, what else could a pensioner ask for?



# ROB TAYLOR'S ASIAN GARLIC SPAGHETTI

6 Colves Garlic Crushed

4 Table Spoon Butter

1 Table Spoon Olive Oil

## Sauce

2 Tea Spoon Brown Sugar

1 1/2 Table Spoon Oyster Sauce

1 Table Spoon Fish Sauce

1 Table Spoon Light Soy

2 Teaspoon Sesamee Oil

Stir To Mix

1+ Cup Parmesan Cheese

12 Large Prawns

1st Cook Spaghetti (Keep 1 Cup Of The Liquid Aside)

Add Finely Sliced Carrot, Green Onion And Add Capers

Cook Pasta Till Done Remove And Set Aside.

Cook Garlic, Onion And Carrots In Butter And Oil

Add Pasta And Coat With Garlic Butter

Add Sauce And Mix And The Prawns And Capers

Add Parmesan And Mix + Spaghetti Water

Stir

*Serve And Enjoy!*



# Georgia Paris

My interest in music first emerged when I attended elementary school in New York. One teacher can make all the difference, and for me, that was my music teacher. They believed in me and thought I had what it took to pursue my dream. Little did I know that I would follow that path, which has now become a reality.

Living in New York for years exposed me to incredible food and a rich musical culture. Over the decades, I worked in social services and became an elementary teacher, teaching art both full-time and part-time, as well as spending summers at daycare centers. I have been in six bands since college and now reside in New England.

Throughout the years, I have worked on movie projects, served as a World Pop Culture Reporter on Plastic EP's show based out of Australia, and completed a short tour in England in November 2019 with Dee Rock from the South and several prominent UK musicians. I was also honored to be chosen from 16,000 teachers worldwide for a program where my students spoke to the International Space Station. More details and a complete bio can be found on my website: [www.georgiaparis.net](http://www.georgiaparis.net).

I have assembled a team of talented musicians to collaborate with me, aiming for commercial placement of our songs. I work with critically acclaimed musicians and music publishers, contributing vocals, lyrics, and co-writes. I have also collaborated with John Heinrich from the Ronnie Milsap Band and served as Project Coordinator for others. My album, *Unified*, was released on many streaming platforms and received support from numerous well-known and established radio stations, for which we are immensely grateful.

I am honored to be an administrator and co-host on the radio segment "DJ's Choice" with JohnK from Radiodowntown.ca. We deeply appreciate his support, as well as the amazing Julia, who plays a key role in producing the magazine, reviewing radio tracks, and managing countless other tasks.

Beyond music, I love to cook and bake. Many musicians believe that cooking is an art form and an extension of music, and I share that view. I thought it would be a great concept to feature an article with some of my friends—Rob Taylor, who runs a cooking website and is connected to the music industry, and five-star chef Paul Watters from Ireland. We are honored to be featured in the magazine on a monthly basis, sharing recipes and photos of our culinary creations.



# Georgia's Blueberry Brioche

## Ingredients:

3 Large Eggs

1 tsp. Vanilla extract

1 loaf BRIOCHE bread

1 cup frozen or fresh Blueberries

2 cups whole milk

1 tsp. ground cinnamon

1/4 cup sugar

Blueberry Sauce - (you can purchase it or look for an easy recipe for it)

You will need some aluminum foil and some plastic wrap to cover it over night.

## DIRECTIONS:

Whisk together the eggs, vanilla extract, the milk, sugar, salt, and cinnamon, **SOAK OVERNIGHT**

In the morning, butter a 9 by 13" glass pan

Cut the brioche bread in slices-stop at an inch from the bottom. Sprinkle with Blueberries.

Cover with foil. Bake 350 degrees 20 mins. Remove foil. Bake another 1-20 mins. to crisp & brown.... watch carefully.

Cool 5 mins. ... ENJOY!



# "Great-Great Grandfather" Hits a Streaming Boost!



*Birgitte And The Dusty Trails*

We're thrilled to share that our song "Great-Great Grandfather" is seeing a sudden surge in streams—we're almost at 10,000 plays and working hard to get there even faster!

This song is deeply personal to me, inspired by the life of my great-great grandfather, Olav Skjeggen. I've poured his story into the lyrics, drawing from tales my mom shared about him:

*"In the north where the cold wind blows,  
Lived an old man, his story unfolds.  
A gravedigger, fisherman, and farmer too,  
Life was hard, the skies were in a mood."*

The song captures not only Olav's life but also the spirit of Norway itself. Right now, as the Northern Lights—or Aurora Borealis—dance across the skies in our homeland, we can't help but feel inspired. This magical natural phenomenon is caused by charged particles from the sun colliding with gases in Earth's upper atmosphere, lighting up the night in brilliant colors.

We're so excited to share a few stunning pictures of the Northern Lights taken over our family home—captured beautifully by my mom.

You can listen to "Great-Great Grandfather" here -> <https://open.spotify.com/track/4jIK0jMsb99tWmVmJmizDx?si=a91d2c75e66845d9>

Thank you for supporting us and helping share Olav's story with the world. Every stream, every share, brings us closer to 10,000!

Facebook - [Birgitte And The Dusty Trails](#)  
Spotify - [Birgitte And The Dusty Trails](#)  
Instagram - [Officialbirgitte\\_](#)  
— [Birgitte And The Dusty Trails](#)

# Moms apple cake (Bentes apple cake)

## Ingredients:

100 g butter

3 eggs

2.5 dl sugar (≈ 1 cup)

2 dl all-purpose flour (≈  $\frac{3}{4}$  cup + 2 tsp)

1 tsp baking powder

3–4 apples

2 tbsp sugar

2 tsp cinnamon

Step by step:

## Base:

Melt the butter and let it cool.

Whip the eggs and sugar until light and fluffy. Gently fold in the butter and the flour mixed with baking powder.

Grease a cake pan (22 cm / 9-inch diameter) or line it with parchment paper.

Peel the apples and slice them. Cover the bottom of the pan with the apple slices. Sprinkle over the sugar and cinnamon. Carefully pour the cake batter over the apples.

Bake the cake in the lower part of the oven at 180°C (350°F) for about 45 minutes. Let the cake cool in the pan. Loosen the cake from the sides with a thin knife. Remove the rim of the cake pan and carefully flip the cake onto a serving plate so that the apples are on top. Carefully peel off the parchment paper.

**Serve with cream, ice cream, or both**



# Single Release

## "Kiss Me" By Rebecca Richards

### Release Date 26th September 2025

#### About the artist

"Her songs are full of grit and grace" UK Country Music Radio.

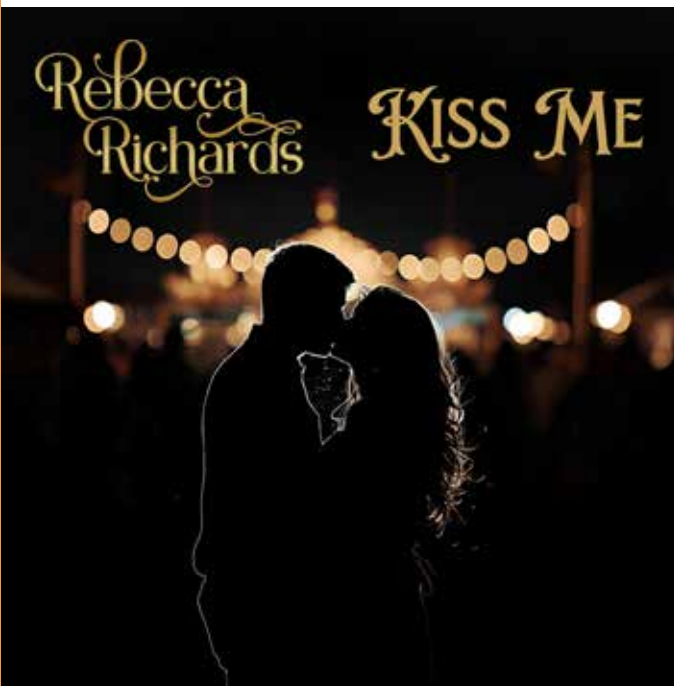
Award winning, BBC Radio Wales A-Lister Rebecca Richards write songs with a captivating blend of country, blues, rock, and pop. Hailing from Pontypool in South Wales, Rebecca writes from personal experiences infiltrated with a little poetic licence, striking a perfect balance between fun, uplifting and the bittersweet.

Notable achievements and activities to date include being invited play at The Cavern Club, Liverpool in Feb 2024 as part of the BCMA Awards showcase session. Winning best Country / Folk artist award at the Love Live

Music Awards in June 2025 and being placed on BBC Radio Wales A list for 2 weeks for her latest release "Amber" in July 2025.

She is the host of the South Wales Country Music Festival and is a regular co-presenter on the Pure Country Show with Newport City Radio.

Rebecca has made the shortlist of Best Female Artist at the 2025 UK Country Music Radio Awards in Birmingham where she will play live in a writers round before the show and during the Awards.



Rebecca says " I was walking past a bank of those grim green chemical toilets at **The Long Road Festival** when I saw a couple kissing in a moment of pure tenderness. It was so beautiful and unexpected in that unusual setting that I nearly broke my neck staring as I walked past! They weren't young and so, I was left with two unshakeable and lingering thoughts

1. What was their story?
2. I wish someone would **Kiss Me** like that!

So I wrote this song..."

Recorded in a Nashville Style (everybody playing at once) with **Inspire Music Studios** in Staffordshire, brothers Tom and Matt Bishop produced, mixed and mastered Kiss Me with musicians Sam Martin and Toby Wilson.

#### Track Credits / Info

**Rebecca Richards** - lyrics, music composer, production, vocals, single artwork

**Tom and Matt Bishop** - Production, bass guitar, electric & acoustic guitars, mixing, mastering

**Tobias Wilson** - Peddle Steel

**Sam Martin** - Drums

**ISRC: QZZ7T2574134**

**Facebook/Insta /Threads /TikTok/YouTube** - @Becmusician

**[www.Rebeccarichardsmusic.com](http://www.Rebeccarichardsmusic.com)**

**[becmusician@gmail.com](mailto:becmusician@gmail.com)**



## Checklist for sending in your music to Radiodowntown.ca

- mp3 file or wav file with song title and artist name**
- More than 2? Send by [Wetransfer.com](http://Wetransfer.com)**
- Photo of the artist or Band**
- New release? Send promo graphic and release info**
- Bio of the Artist or Band**
- Web site link**
- Facebook link**
- Instagram link**
- TikTok**
- Stream music link**
- Genre**
- Download or play music link**
- Additional links**

Sending the **required\*** information above ensures your music will may be accepted for airplay on

Radiodowntown.ca

***This may also make you eligible to appear in our monthly online magazine***

<https://radiodowntownca.broadcast.radio/submissions>

# MOTHER MIND

TEKLA WATERFIELD & JEFF FIELDER

FOLK RADIO Release date: Friday, September 6, 2025  
Oliver Blue Studio - 5414



*“Heartfelt songwriting with rich Americana-folk textures, Waterfield and Fielder create deeply personal and socially conscious music in Mother Mind” - R Mas (Italy)*

GENRE: Folk/Americana

RIYL: Bonnie Raitt, Gillian Welch & David Rawlings, The Cowboy Junkies, Laura Veirs, Dar Williams, The Indigo Girls, Patty Griffin, Lake Street Dive

The newest record from Seattle duo, Tekla Waterfield & Jeff Fielder has been a long time coming. The two first collaborated seven years ago, when Fielder stepped in as producer on Waterfield’s albums. Now married, the duo became parents in 2022 with the birth of their first child. MOTHER MIND is a result of that experience, featuring a collection of songs exploring their sometimes difficult and unexpected, yet revealing entry into parenthood, through their lens of soul and country-tinged folk.

Tekla used her difficult experience of getting through to the other side of postpartum depression to put pen to paper. These eleven songs, though deeply personal and born from the emotions she was experiencing, are universal to many of our own varied experiences in life - and reflect what some of us are dealing with in these uncertain times.

With Waterfield’s auto-biographical song crafting, and Fielder’s honed-in production and arrangement sensibilities, MOTHER MIND presents a collection of lush, beautifully arranged contemporary folk. With moody, midtempo, orchestral ballad; “Lately”, groovy/mellow “Slowboat”, and rootsy folk, “Visions of a Life”, the duo explore themes of loss of identity and anxiety. “A Million Times” is a straight-up country ballad; featuring accordion, violin, piano and three-part harmonies. “Saw Myself In Her”, “Something My Own”, and “Keep It Upbeat” are the most optimistic and uptempo of the bunch, exploring themes of self-discovery and belonging. “I See You Mama” was praised by **Tonic Grain (Boston)** as a song that radiates “warmth, tenderness and appreciation”, for other mothers and their journeys.

Fielder engineered the recording of Mother Mind in the couple’s home studio, Oliver Blue Studio, in Seattle, WA. It was important to the duo to keep a stripped down sensibility, utilizing upright bass, acoustic guitars, and other acoustic instruments such as piano, accordion, violin. Featuring Seattle dream-team rhythm section: upright bass/backing vocals from David Salonen and drums from William Sage. With B3 organ and Wurlitzer from Daniel Walker, violin arrangements from Amsterdam based collaborator, Sieste Van Gorkom. Engineered, mixed and produced by Jeff Fielder.

Seattle based singer/songwriter Tekla Waterfield creates songs inspired by lived experiences and presents them through her lens of Soulful, Americana Folk. Tekla’s past work has landed her a spot as a national finalist in the USA Songwriting Competition, placement in multiple indie film, Top 30 in the NACC Folk Album Charts for her album, “New Skies”, and in the Top 10 of the Alt Root (UK). Jeff Fielder, accomplished internationally touring guitarist, is known for his work with The Indigo Girls, Mark Lanegan, the Amy Ray Band, Stone Gossard, Painted Shield, Duff McKagan and Sera Cahoone. Together the duo present lush, harmonic, thoughtfully developed & playfully artistic Contemporary American Folk.

Radio Promo/Interviews: Kari Estrin Mgmt/Consulting & Radio Promo - kari@kariestrin.com 615.262.0883

## Album Liner Notes

\*ALL SONGS FCC CLEAN

Tekla Waterfield: Lead Vocal, Acoustic Guitar  
Jeff Fielder: Electric, Acoustic and Slide Guitars, Electric Bass, Keyboards, Percussion, Vocals, Drums (track 11)  
David Salonen: Upright bass, Violin (tracks 6,9,10)  
Harmony Vocals  
William Sage: Drums  
Eric Eagle: Drums On “Saw Myself In Her”  
Daniel Walker: Piano, B3, Wurlitzer, Accordion (tracks 3,5,6)  
Sieste Van Gorkom: Violin and String Arrangement (tracks 3,4)  
Elise Suttie: Backing Vocals (track 7)  
Group vocals on “Will You Remember Me” Eden Fielder, Fawn Waterfield, Elise Suttie, Tracy Hoyt, John Roderick, David Buhler, David Salonen, Jeff Fielder, Tekla Waterfield  
Mastering: Ed Brooks at Resonant Mastering



1. I Am Alive (1:35)
2. Something My Own (3:03)
3. I See You Mama (4:02)
4. Lately (3:31)
5. Saw Myself In Her (3:24)
6. A Million Times (4:22)
7. Keep It Upbeat (3:47)
8. Slowboat (3:20)
9. Sad (4:24)
10. Visions Of A Life (2:57)
11. Will You Remember Me (3:55)

All songs written by Tekla Waterfield  
Produced by Jeff Fielder @ Oliver Blue Studios, Seattle, WA  
Copyright Tekla Waterfield & Jeff Fielder 2025 (ASCAP)

w. [www.teklawaterfield.com](http://www.teklawaterfield.com) e. [teklawaterfielder@gmail.com](mailto:teklawaterfielder@gmail.com)  
IG @teklawaterfieldmusic  
@jefffieldermusic

# Radiodowntown.ca Online Magazine

<https://radiodowntownca.broadcast.radio/submissions>

## Submission Guidelines:

Thank you for considering submitting your music for inclusion in our magazine. Below are the criteria and guidelines for sending in submissions:

**Artist Name and Photo:** Please include your artist name and a high-resolution photo of yourself. The photo should be of good quality and suitable for publication.

**Clickable Links:** Include all relevant clickable links for readers. This may include links to your website, social media profiles, streaming platforms, and any other relevant online presence.

**Description of New Release:** If available, provide a brief description of your latest release along with the photo. This description should be concise and engaging, providing readers with a glimpse into your music and what they can expect from the new release.

**Word Limit:** Submissions should not exceed 750 words in total. This includes the artist description, new release information, and any additional text you wish to include (**We will not proofread your submission**).

**Text Format:** Please ensure that the text you submit is in a format that can be easily copied and pasted. This will streamline the publishing process and help ensure accuracy.

**Contact Information:** Include your contact information such as email address and any other preferred method of contact. This will allow us to reach out to you if needed and will also be included in the publication for interested readers.

**Confirmation of Radio Play:** To be eligible for inclusion, you must have received an email confirming that your music is being played on Radiodowntown.ca. Please provide proof of receipt by reply and that all info need was supplied.

**Proofreading:** Please note that we do not proofread your copy. It is your responsibility to ensure that the text is free of errors and ready for publication.

**Future Submissions:** Submissions without contact information will not be inserted into the magazine. Please make sure all required information is provided.

*Thank you for your interest in our magazine. We look forward to receiving your submission by the due date. If you have any further questions, feel free to contact us at [media@radiodowntown.ca](mailto:media@radiodowntown.ca).*

*Due date for each issue is the 27th of every month 5pm eastern*



The Caboose are a project founded in Benevento (Italy) by multi-instrumentalist and vocalist Luigi De Cicco in 2018. Inspired by the sounds of Mississippi Hill Country Blues, the trio (composed of Luigi on guitar and vocals, Marco Coviello on drums and Biagio Daniele on harmonica) began performing live following the recording of their first EP.

After only a year of activity they were selected to represent Italy at the International Blues Challenge in Memphis (USA), the musical contest and showcase open to blues bands from all over the world. Before moving to the USA, the band settled down into a guitar and drums duo, with Carlo Corso on drums. Carlo's jazzy approach added more experimental sounds to the roots background of the early days. They reached the semi-finals at the International Blues Challenge in Memphis and made friendship with several European bands and American artists. From Tennessee, they travelled to Louisiana through Mississippi on a tour that stopped at historic jazz and blues venues in the Midwest (including the DBA in New Orleans, Club 152 in Memphis, Bluesberry Cafe in Clarksdale). They opened for hill-country blues icons such as Robert Kimbrough Jr, Watermelon Slim, Eric Bibb.

Luigi and Carlo share a passion for African-American music, spirituals, and psychedelia. Luigi's blues style, combined with Carlo's jazz approach, creates a unique blend of nomadic and mestizo blues. Their music is a hypnotic journey through the Italian hills, the American Delta to the wilderness of West Africa. The band balances between traditional blues, alt. country, psychedelia, jazz and road movie music. One of a kind Italian Hill Country Music.

At the end of August 2025, How He Howls Records released the band's first EP from 2018 on vinyl and professional CD for the first time, enriched with two brand new songs recorded at the turn of 2024/2025.

"Special Boy" and "Black Magic" perfectly illustrate the band's development without losing their characteristic style. In the new songs you can feel Luigi and Carlo's incredible passion for music.

This year the band toured Europe, including Italy, France, Germany and Poland. The Caboose has released Caboose EP (How He Howls Records) and two full-length albums - Hinterland Blues (New Model Label) and Awake Go Zero (Bloos Records / How He Howls Records). At the end of the year, the band will enter the studio to record a new album.

<https://howhehowlsrecords.bandcamp.com>

<https://www.facebook.com/soundcaboose>

<https://www.facebook.com/people/How-He-Howls-Records/61572558401640/>

<https://www.instagram.com/soundcaboose>

# ***Independent Artists & Promoters***

## ***A MUST READ!***

Attention independent artists and music promoters! Before sending in your newest tracks, be sure to visit <https://radiodowntown.ca.broadcast.radio/submit-your-music> to get acquainted with the submission procedure. This webpage contains essential details that can simplify the process of submitting your music, guaranteeing compliance with the required guidelines and criteria. Familiarizing yourself with this process will not only improve the effectiveness of your submission but also boost the chances of your music being considered for airplay. Therefore, before you hit the send button, equip yourself with the insights available on this page to maximize the potential for exposure.



At Radiodowntown.ca, we wholeheartedly support independent artists and professional artists with labels alike. No matter where you are in your performing career, rest assured, **WE ARE HERE FOR YOU**. With an average of over 200 song entries per week, our station is committed to giving each submission the attention it deserves. We understand the challenges of getting your talents noticed to advance your career, and while it may take us some time to review all entries due to the volume, we promise to listen to each one.

Given the format of our station, we carefully select songs that align with the mood of our various shows and daily rotation. While we welcome all genres except for “Rap” or “Heavy Metal,” not every song will make it onto our playlist. However, please don’t be discouraged, as you’re encouraged to continue submitting. If your songs are suitable and accepted, we may contact you to let you know they’ll be included in our daily playlist. Alternatively, you can stay updated through our Facebook page (visit JohnK Radiodowntown or Julia Radiodowntown).

We aim to keep our Tuesdays open for reviewing submissions. Some artists may be invited to be featured on one of our shows, where we’ll include their songs in a Zoom audio interview broadcasted **LIVE ON AIR**. If you’re eligible or interested, we’ll reach out to you or feel free to contact us to express your interest.

Furthermore, you’re invited to share photos, stories, and upcoming events with us for inclusion in our monthly online magazine, reaching a wider audience.



# The Catsharks

The Catsharks is a five-piece band from Grenland, Norway that delivers an irresistible blend of funky rock, pop and soul. With a penchant for strong grooves, multi-part choruses and a powerful female lead vocal, the band has established itself as a breath of fresh air in the region's music scene. In the fall of 2025, they released their long-awaited debut album.

## From cover bands to original material

The band was founded in 2019, and after a period marked by the pandemic and the search for the perfect rhythm section, The Catsharks found their final, stable lineup in 2024. This gave the band the peace and confidence to take a decisive step: moving from being a popular cover band to focusing entirely on their own material. An intense period of songwriting throughout the fall and winter culminated in a studio trip to Cudrio Recording in Langesund, with experienced Danish-Norwegian producer Knut Haavik behind the controls.

## New album out now

The result is a varied and well-crafted debut album that shows the band's full breadth. The album has been well received by critics and several of the songs have been playlisted on radio.

**Album:** Out of the Bag – Released September 24, 2025

**Third single:** Black Cat – Released August 15, 2025

**Second single:** Elevator – Released June 18, 2025

**First single:** Murphy – Released October 1, 2023

## A live experience that will get your feet dancing

On stage, The Catsharks deliver an energetic experience that appeals to a wide audience. The concerts feature brand new music from their debut album, as well as a carefully selected selection of cover songs from artists such as Skunk Anansie, Robyn, Alanis Morissette, Foo Fighters and Eurythmics – all delivered with the band's own unique touch.

The Catsharks guarantee an evening of music that will make you nod in approval, stomp the beat, and smile broadly.

## The Catsharks are

- **Marianne Walle:** Powerful and charismatic vocals, percussion
- **Erik Goberg:** Swinging and melodic guitar, vocals
- **Mishan Karlsböck:** Playful and colorful keyboards, vocals
- **Holger Lockertsen:** Groovy and steady foundation on bass, vocals
- **Erik Høines:** Solid and dynamic drums

# How to: Submit your tunes to our station.



***Submit your Tunes:  
www.radiodowntown.ca  
> Submissions***

## **For Artists...**

- We listen to all music sent in
- We accept Mp3 files or WAV files only. We DO NOT listen to tunes on Youtube, Spotify, Amazon Music, Apple Music or any other source hosting your music
- All new music must be sent to [julia@radiodowntown.ca](mailto:julia@radiodowntown.ca). If you have multiple tunes too large for an email, send by using [wetransfer.com](http://wetransfer.com) and using [julia@radiodowntown.ca](mailto:julia@radiodowntown.ca)
- All music supplied must have the meta for artist and song title and email, otherwise it will not be played
- If you use dropbox or any other source for us to download from, please supply the link and password if needed.
- Submissions from all artists weekly are over 220 per week so it may take us some time to go through them all
- You will be contacted only if your music will be played on Radiodowntown.ca. The email will explain next steps.

## **Promoters or Agents**

If you want your Artist played on Radiodowntown.ca this is a must read. We are NOT a music promoter. Our only interest is creating awareness of Independent artists and their music.

- Its very simple, you can send any artist song to [julia@radiodowntown.ca](mailto:julia@radiodowntown.ca) however it must again have in the meta the song title and artist, and must be in the form of an Mp3 or WAV file only
- Confirm that the artist is aware and approved that their tunes will be played on our station.
- Provide a photo of the artist or the cover graphic of the new release which can be promoted by our station.
- Submit a bio of the artist or a description of the new release.
- Include all links where our audience can download or play their tunes.

We will only send you an email that the songs have been selected for airplay, **but without acknowledgement stating the artist is aware that it has been added to our station, it will not be played.** It takes us well over 18 hours per week to listen to the songs sent in as we get well over 220 entries per week.

**If the above information for the artist is not supplied it will not be played.**

Note: Our past experience is that the Promoter or Agent can be quite busy and may not be letting the artist know that their songs are being played on our station, so we do that for you, all you have to do is send us in their contact information and I am sure they will contact you to say thank you. This is a Win-Win for all. We do all this at no cost to the artist or the promoter, we just want to help.





# Watkins Harp

We would like to introduce you to the music of roots, Americana singer song writers, Rob Watkins and Tom Harpell, from Kingston, Ontario Canada who perform as “Watkins Harp” through our latest album “Beautiful Scars”. The album was number one on MKB Radio Top Ten Poll in Scotland for six weeks straight. Watkins Harp is currently playlisted on Global Indies With Marky carried on on over 30 stations world wide..

The title song is play listed on The International Americana Music Show (show 2522), produced in New York and syndicated throughout the United States. Beautiful Scars and previous albums have received very positive reviews in Real Roots Cafe online magazine in The Netherlands, (the link is here) <https://www.realrootscafe.com/?s=watkins+Harp>,

Watkins Harp were also reviewed in Rootstime magazine in Belgium (the link is here) <https://www.rootstime.be/CD%20REVIEUW/2025/MEI1/CD52.html> previous album reviews are here <https://rootstime.be/CD%20REVIEUW/2022/MEI1/CD48.html> Beautiful Scars was also CD of the month on RTV Radio in The Netherlands,

The link is here <https://www.rtvkatwijk.nl/countryfestival/?cat=1>

*Beautiful Scars was album of the month on countryradio.musicbox4friends.com in Belgium.*

We would like to send the WAV files for the Beautiful Scars album by wetransfer . The album can also be previewed on Bandcamp for free along with previous albums.

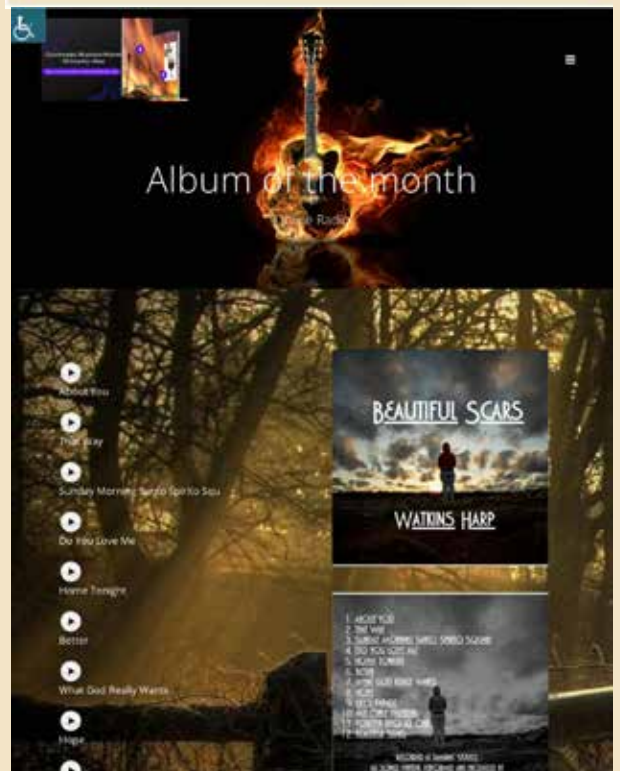
<https://watkinsharp.bandcamp.com/album/rodeo-to-radio-5>

The video channel for Watkins Harp is <https://www.youtube.com/@watkinsharp8756>

Their previous albums are on Spotify <https://open.spotify.com/artist/1W5s0kHdHjhGGVgl3FQwWk>

Please give “Beautiful Scars” a listen and consider it for airplay on your station.

<https://www.realrootscafe.com/?s=watkins+Harp>,  
<https://www.youtube.com/@watkinsharp8756>  
<https://www.rootstime.be/CD%20REVIEUW/2025/MEI1/CD52.html>  
<https://watkinsharp.bandcamp.com/album/rodeo-to-radio-5>





# Hey you Mavericks!

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and click on "Submit your Tunes" to find out more!

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Peterborough  
Ontario Canada

I listen to...



[www.radiodowntown.ca](http://www.radiodowntown.ca) ~ Peterborough Ontario



# Wayne Madder

Wayne Madder is a singer-songwriter, born in Toronto, Ontario, Canada and lives in the Municipality of Scugog Ontario, Canada. Genre of music is jazzy blues, blues, blues rock, soul, fusion, country blues, folk.

Wayne's first single release, Crack in the Wall, made it to the 2021 semi-finals in the International Songwriting Competition and is included on his 2022 album release, Unconditional, which was awarded the Winning Album of the Year 2022 nominated by the OMAs ( Oshawa music awards)

Wayne is releasing a new album, Disconnect, in 2023 on February 8, featuring his popular single Angels.

Angels has since been nominated by the OMA Awards 2023 for Record of the year.

The album Disconnect has also been nominated for Album of the year by the OMA Awards 2023.

Wayne also made it to the semi-finals in the International Songwriting Competition in 2024 and was a Honourable Mention winner in the blues category in 2023 for his song 'Wrong Side Of Town'.

<https://waynemaddermusic.com>

<https://gate.sc?url=https%3A%2F%2Fwaynemaddermusic.com%2F&token=4affad-1-1757886963724>

<https://gate.sc?url=https%3A%2F%2Fwaynemadder.bandcamp.com%2F&token=bb2828-1-1757886963724>

<https://gate.sc?url=https%3A%2F%2Fwww.youtube.com%2Fchannel%2FUCUGQ29YrXETVxZDiOFmd7Fg&token=ee7050-1-1757886963725>

<https://gate.sc?url=https%3A%2F%2Fwww.instagram.com%2Fwaynemadder&token=9fc9bb-1-1757886963725>



Three Sailing Wait is an energetic supergroup hailing from Victoria, B.C.

Our boisterous sound is full of heart and inspired by classic and modern rock.



<https://threesailingwait.com>

<https://www.instagram.com/three.sailing.wait/>

<https://open.spotify.com/artist/7ijuZSfR43FZht82QhrZ2t>

[https://www.youtube.com/channel/UCjcVDfM-kCJ\\_xluukq8J2Sw](https://www.youtube.com/channel/UCjcVDfM-kCJ_xluukq8J2Sw)

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**106.9**

Open your web browser  
on your phone type in  
[www.radiodowntown.ca](http://www.radiodowntown.ca)  
& "Click" the arrow



When you see this  
screen, turn up your  
sound & "Click"  
the arrow



**Get our station  
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**Radio  
DOWNTOWN.CA**

**Try it!**

# Bernice Marsala



## Bio

Bernice is a multi-award winning singer/songwriter who studied music and audio production in college and graduated Magna Cum Laude with her Bachelor's in Music Business. She is originally from Sycamore, IL and now resides in the Nashville, TN area with her husband and kids. Her early works are primarily in the Folk/Singer-Songwriter genres. She has since leaned more into Alternative Rock and Pop, but based on the stylistic variety of her songwriting catalog, some would say that she's in a genre of her own.

Her debut album, "Save Me," was released in 2020, displaying her unique style of infectious melodies and intricate lyricism. True to her origins, the production of the songs on this album clearly showcases how these songs were originally written – with the focus on her empowered vocals and hypnotic guitar parts.

Over the next couple of years she released several singles while continuing to extend her reach and grow her fanbase. She began deviating from the softer writing style that her audience had grown accustomed to, and released "Little Fires." It received airplay on numerous radio stations worldwide, and made the Top Ten for "Best Alternative Song" and "Best Music Video Production" in the World Songwriting Awards.

With the beginning of 2023 came her single, "Burgundy," and her second album of the same title was released that spring. This album contains all of the singles she released from 2021 to the beginning of 2023, as well as a few previously unreleased tracks.

Bernice was voted the International Singer Songwriter Association's (ISSA) Folk Artist of the Month in 2022, and took home the Bronze award for Female Songwriter of the Year at the annual ISSA Awards the following year.

To close out 2023, her single, "Lights Out," was awarded Best Pop Song in the World Songwriting Awards.

In August of 2024, the "Burgundy" album won the Gold award for Female Album of the Year at the ISSA Awards. Her next single to follow, "Architecture," premiered in the NAS Top 20 show at #1, holding that spot for two weeks in a row! It has quickly become her newest fan favorite.

Most recently she was awarded Americana/Roots/Bluegrass Songwriter of the Year at the Infinity Music & Film Awards.

In her personal life, she just recently gave birth to her second child, a baby boy, and is enjoying this time with her family while working on new music.



# Heather Smith

Gen X'er Heather Smith calls her music "alt country, heavy on the alt." The 52 year old singer-songwriter from New England has deep Appalachian and Motor City roots, which shine through in this "eclectic blend of soulful country". Heather's genre-bending sound is both unique and familiar to those of us who grew up in the 70s, 80s, and 90s.



## Discography

### Albums

Heather's Myth	2025
Stronger	2024

### EPs

Journey On	2025
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### Singles

What Am I Dying For? (upcoming)	2025
Social Media Queen	2025
Granny Viola	2025
One And The Same	2025
Make A Change/Tear It Down	2025
It Don't Have To Be Christmas	2024
Please Please Don't Go Away	2024





OCTOBER 2025



## JOS MCLAREN CHARITY SINGLE 'KISS ME' FOR AGAINST BREAST CANCER

UK based singer-songwriter Jos McLaren has teamed up with Alison Wheeler (The South) and acclaimed writer/producer Paul Statham (Dido, Kylie Minogue, Simple Minds) to release a special cover of *Kiss Me*.

The track was released on 3rd October 2025 to mark Breast Cancer Awareness Month, with proceeds going to Against Breast Cancer, a UK charity funding vital research into breast cancer to improve detection, treatment, and prevention.

The project was inspired during a songwriting retreat by Shelly Poole (Alisha's Attic), where the idea of Jos recording a cover of *Kiss Me* first emerged. By reimagining the iconic song, the team aims to not only raise funds but also spark important conversations about breast cancer awareness and support. "I was honoured to be asked by Jos to sing with her on this beautiful song. It felt natural to support her and everyone touched by cancer", says Alison Wheeler.

Living with Stage 4 Breast Cancer, Jos says "This project means so much to me personally. Music has the power to bring people together, and we hope this version of *Kiss Me* will shine a light on the incredible work Against Breast Cancer is doing."

The single is available on all major streaming platforms, with listeners encouraged to donate directly to Against Breast Cancer through their [webpage](#).

### ABOUT JOS MCLAREN

Known for her emotionally compelling and uplifting songwriting, Jos has released eight singles to date, with airplay on BBC Radio Leeds, UCB Radio, and Australia's Hope 103.2FM. Her debut EP *Dying to Live*, recorded at the legendary Abbey Road Studios, was praised for its raw honesty, hope, and resilience. Living with Stage 4 Breast Cancer, Jos continues to write and perform with courage and purpose, and her story has been featured in the Yorkshire Evening Post.

jos@josmclaren.com





## ***Meet Leanne***.....

### A LITTLE BITTA WHISKEY & A WHOLE LOT OF SOUL

There must be something in the air, the water, and the bars of Youngstown, Ohio that creates great musicians. Maybe it's the long grey winters or that rust belt small-town feel, but, whatever it is, there's no doubt Leanne Binder inherited it. A singer, a songwriter, and, at her deepest core, an entertainer, Leanne transforms rock and blues influences into hook-driven, hit-you-in-the-heart songs with melodies that are part heavenly, part heart-broken, and all soul. And her voice? Her voice is everything.

Leanne has always been destined for the stage. At age 12, she was accepted to Youngstown State University's Dana School of Music. That led her to the music program at Ohio State University before tragedy struck. By age 18, through wear and tear and stress, she was losing that extraordinary voice. The rocky road back to her vocal power led her into rock and roll and songwriting. Soon, she was writing her own songs, releasing music on her own label – and the fire was burning.

Her first two albums – 2 Drinks Til Midnite and Done Lookin' Back – charted on college radio and attracted international promoters. Soon she was touring the United Kingdom, including a closing set at the Great British Rhythm and Blues Festival. The music led her home to Cleveland, and then to Nashville, where she recorded her critically acclaimed *On the Inside* album. That record landed her an invite to both the gospel and blues stages at the New Orleans Jazz & Heritage Festival.

Her latest release, due out in 2025, comes as a collaboration with longtime friend and Grammy Award-winning producer Lee Turner (Keyboardist with Darius Rucker). The album is a blast of horn-driven groove and passion, backed by some of the best players in Music City. Each track showcases Leanne's powerhouse vocals, blending gritty blues, Americana soul, and hard-hitting rock and roll. She's always brought the goods—leaving audiences laughing, crying, and coming back for more.



## PAUL MINGAY

**Singer -Songwriter**

- **Americana/Folk**
- **Influences include the Beatles, Paul Simon, Jason Isbell and Gordon Lightfoot**
- **Records at Chalet Studio in Uxbridge**
- **On Spotify/Apple/YouTube**

Paul was born and raised in Markham and now divides his time between Uxbridge and Toronto. He has performed in and around York Region, including appearances at Fridays at the Foster at the Foster Memorial, the Stouffville Strawberry Festival and Wintersong Music Festival. He regularly performs at open mics in the area as well.

Paul has been playing guitar and writing songs since he was a teenager and has begun to actively record and perform his songs in the last several years. He has quickly become well-known in the music community in the Uxbridge/Markham/Stouffville area which has led to the performances referred to above. His songs are available on Spotify, Apple and YouTube. All these songs were recorded at Chalet Studio in Uxbridge where he is presently in the final stages of recording six new songs which he hopes to begin releasing by the end of this year. Paul also has a large repertoire of covers, including songs by artists such as The Beatles, Neil Young, Jason Isbell, Ryan Adams, Paul Simon and James Taylor.

The original songs Paul has written show influences of folk and country music as well as rock'n'roll. As a category, it is likely best described as Americana, that wide range of music which probably began with The Band and is now occupied by such artists as Jason Isbell, Gillian Welch, Blue Rodeo, Emmylou Harris, Ryan Adams, Steve Earle and Lucinda Williams. Paul enjoys all these artists' work and his own songs no doubt reflect their influence.

Paul can be reached at [mingaypad@gmail.com](mailto:mingaypad@gmail.com) or 416-606-2454.

October 2025

# PENNY JAYNE BLACK



Award-winning singer-songwriter Penny Jayne Black from the UK, first made her mark as a 'Music Row' charting artist in 2018/19, earning recognition for her powerful storytelling & Americana roots. Now evolving as a multi-genre artist, she blends country soul, folk honesty, Latin flair & bluesy-jazz grooves into songs that move hearts across borders. With a voice both timeless & unmistakably her own, she continues to craft music that is as fearless as it is unforgettable.

Her passion for music was nurtured by her father, who played guitar and shared songs with her whenever he was home on leave from the Navy. As a teenager, Penny travelled to California, where she fell in love with the stunning Pacific coastline—especially the majestic Redwood Forest. This transformative journey, filled with the sounds of American country music on the radio, inspired her to begin writing her own songs. Over the following years, she gained recognition in the UK's country music scene, earning several awards and accolades. She went on to release two singles with a Nashville record label, both of which charted on the U.S. 'Music Row' country charts.

In 2023, Penny faced unimaginable loss when her only son, Jack, passed away. She took time away from performing to grieve and heal. During this deeply personal period, she continued to write songs and also turned to writing children's books, inspired by cherished memories of Jack—an outlet that offered her comfort and a way to honor his memory. Now with renewed determination & a deep spiritual drive, Penny steps boldly back into her musical journey, ready to share her most honest & powerful work yet.

New Single release 'Summertime' - 30th October 2025

'Summertime' is a raw, emotionally charged Americana/country track that explores teenage love, abandonment, & unexpected pregnancy with unflinching honesty. The song's dark, gritty storytelling & haunting instrumentation create a vivid, gripping atmosphere, drawing inspiration from the storytelling traditions of Brandi Carlile, Nanci Griffith, & Bruce Springsteen. With intimate vocals & a moody, atmospheric soundscape, 'Summertime' captures the complexity of youthful vulnerability & heartache.



# Ponyhustle

Ponyhustle is a Burlington, Vermont-based band dedicated to the roots of country music, channeling the raw and authentic sounds of honky-tonk bands from the 50's and 60's with a uniqueness that blends timeless tradition with a fresh, modern energy. For the past nine years, they've been the heart and soul of Honky Tonk Tuesday at a popular local bar, drawing in crowds craving not just the nostalgic sounds of classic country, but the distinctive twist that makes their music feel both familiar and refreshingly new.

"Ponyhustle makes the old timers remember, the young people dance and those in between know the heart of country music is alive, well and thriving. They've been packing my club week after week for years and years."

-Lee Anderson owner of Radio Bean

"Ponyhustle is certifiably honky tonk gold. Whether it is passe or mainstream, this band has reliably been holding down the country & western vibes in Burlington, Vermont, for over a decade."

-Esther Rose, New West Records Recording Artist

"What's to be expected from a weekly honky tonk is the country and western standards of its golden era, but Ponyhustles original compositions and interpretations of their contemporaries of the now is what keeps me listening."

-Chris Acker, Gar Hole Records Recording Artist

<http://www.ponyhustle.com>

<https://ponyhustle.bandcamp.com/album/ponyhustle>

<https://www.instagram.com/realponyhustle/>

[https://drive.google.com/drive/folders/1kKrZ-8HpIMD4xb283tUUTSYSQIQyekXH?usp=drive\\_link](https://drive.google.com/drive/folders/1kKrZ-8HpIMD4xb283tUUTSYSQIQyekXH?usp=drive_link)



July 2024 - The Plowboys release debut album.

Eleven original tracks, two years in the making from Country Music traditionalists, The Plowboys. When audience members continued ask about a CD after their live performances, band leader and principal songwriter, Scott Haggerty, decided a CD covering hit songs wasn't going to cut it.

"We've all done it, recording covers, but I thought we could do more than that. I challenged myself to write an album of country songs. Well, five country songs, to start. Just to see how they came out and then perform them live to see how they went over with folks."

Those first five songs were written and The Plowboys spent the summer of 2023 performing them in their live show.

"The songs felt good live and the audience responded," says Haggerty, "so I knew we were on the right track. It was full steam ahead after that to write the rest of the album and get ready to record."

As far as the songs are concerned? Scott says "Well, it's like this. If Buck Owens and Roger Miller had a rhinestone suit wearing love child, I think it might be The Plowboys!"

From traditional country shuffle to quirky subjects like hamburgers and tales from the farm, it all fits. "These songs are slice of life songs. My life here on the farm." Haggerty and his bass playing father, Jim (also a member of the group) are active farmers in eastern Ontario.

The song titles alone inspire a listen just to hear where the words lead. "Dollarama Daddy" "She did me no harm out behind the barn" "Burger Date" "The only place you took me was for granted", to name a few. How can you resist?

"I think humour is missing from Country music these days. It's a big part of traditional country music. Not to say that this is a comedy album by any stretch but I am a lighthearted person and I like clever word play and that's just how the songs came out."

When it came time to record, it was down home. Literally. "We recorded most everything here at home in "The Jammery". Our back room at the farmhouse where we store our preserves. I used my great grandmother's quilts for sound baffling."

Home recorded and then mixed and mastered by James R Carter III, former engineer for Country legend Mel Tillis and now current sound tech for the Steve Miller Band.

Album guests also include, Bruce Hoffman on steel guitar, another Mel Tillis alumnus. Bruce played in Mel's Statesider band for decades until Mel's passing. Max Abrams and Julio Diaz, horn section from The Mavericks, also join The Plowboys on one track.

Now that it's done, what's next? "We want to play these songs live as much as we can. They were written with that in mind. At 52 years old, I'm not chasing hit records on the radio. That's not the game for me. Sharing the songs with people who love traditional country music, preferably in person, is our way forward."

Plow on Plowboys.

About The Plowboys:

The Plowboys, where traditional country music meets the sparkle of rhinestone suits! Hailing from the picturesque landscapes of eastern Ontario, this five-piece ensemble has been strumming and singing their hearts out since 2016, creating a musical experience that's as authentic as it is dazzling.

The Plowboys are a tight-knit group of musicians brought together by their love for traditional country tunes. With roots deeply embedded in the rich soil of classic country sounds, they've cultivated a signature style that pays homage to the legends that paved the way while adding their own unique flair.

In Rhinestone We Trust: Step into The Plowboys' world, and you'll find a stage adorned with glimmering rhinestone suits that reflect the bright spirit of their music. These outfits aren't just for show; they're a symbol of the band's commitment to bringing a touch of glamour to the rustic charm of country music.

The Plowboys' repertoire is a musical harvest of classic countryhits and original compositions, all delivered with a passion that can only come from the heart. From toe-tapping honky-tonk numbers by Buck Owens and Ray Price to soulful ballads from Merle Haggard and Jim Reeves, their performances are a journey through the timeless landscapes of country storytelling.

Meet the Plowboys:

[Lead Vocals/Guitar] – Scott Haggerty

[Lead Guitar] – Al Torrance (Brockville and area Music and Performing Arts Hall of Fame inductee 2020)

[Bass] – Jim Haggerty

[Drums] – Brad Baldwin

[Steel Guitar] – Andy Schick (Ottawa Valley Country Music Hall of

Fame inductee 2023)

Join the Journey: Whether you're a seasoned two-stepper or a newcomer to the country music scene, The Plowboys invite you to join them on this musical journey. Follow them on social media,

check out their latest releases, and be sure to catch a live performance to experience the magic firsthand.

Saddle up and get ready for a toe-tappin', rhinestone-shinin' good time with The Plowboys – where the roots run deep, and the music shines even brighter!

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# THE WHYTHOUSE

Northern Rebel Music

[www.thewhythouse.com](http://www.thewhythouse.com)



## WHYTHOUSE

### LIKE A 90's TUNE



Press and ALL Media Inquiries:

Chris Hale

[TheWhyhouse@gmail.com](mailto:TheWhyhouse@gmail.com)

Social Media:

Instagram: [@thewhythouse](https://www.instagram.com/@thewhythouse)

Twitter/X: [@thewhythouse](https://www.twitter.com/@thewhythouse)

Facebook: [\[facebook.com/thewhythouse\]](https://www.facebook.com/thewhythouse)

Website: [\[www.thewhythouse.com\]](http://www.thewhythouse.com)

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“Like a 90’s Tune” is the latest release from award-winning Canadian Urban Country artist The Whyhouse. The track captures the heart of the ‘90s era — nostalgic, energetic, fun and effortlessly catchy — but with a fresh, modern edge that defines The Whyhouse sound. With its blend of pop-ready melodies and contemporary production, this song fits perfectly on Country Pop and Adult Hits playlists.

The Whyhouse delivers what fans have come to expect: infectious hooks, heartfelt storytelling, and polished crossover appeal. “Like a 90’s Tune” reminds listeners of an amazing time in music while proving that great songs never go out of style.

#### ABOUT THE WHYTHOUSE

Hailing from Waterloo, Ontario, The Whyhouse has carved a distinct lane in Urban Country music — blending authentic storytelling with genre-bending production. Known for songs that bridge the gap between country, pop, and urban influences, The Whyhouse continues to connect with fans across Canada and beyond. Their catalogue includes charting singles and radio favorites that showcase their trademark sound and undeniable artistry.

#### RADIO INFO

Song Title: *Like a 90’s Tune*

Artist: *The Whyhouse*

Genre: *Country Pop / Urban Country*

ISRC: *QT3FB2501931*

BPM: *105*

Runtime: *03:14*

Label: *Northern Rebel Music*

Producer: *Chris Hale*

Available On: *Earshot DDS*

#### CONTACT & LINKS

Radio/Media Contact: *Chris Hale*

Website: [www.thewhythouse.com](http://www.thewhythouse.com)

Instagram: [@thewhythouse](https://www.instagram.com/@thewhythouse)

Spotify:

<https://open.spotify.com/>

[artist/4VoOL3ZoaWfya9mOTkKI7x?si=1cF2iWwtQpaKRM7RAunj2g](https://open.spotify.com/artist/4VoOL3ZoaWfya9mOTkKI7x?si=1cF2iWwtQpaKRM7RAunj2g)

YouTube: <https://www.youtube.com/@thewhythouse>

**RAISED IN THE RURAL LANDSCAPE OF CENTRAL VICTORIA, YOUNG SINGER-SONGWRITER, TILLY ROSE IS ESTABLISHING HERSELF AS AN EXCITING ARTIST TO WATCH IN THE AUSTRALIAN COUNTRY MUSIC SCENE.**



Growing up with music always playing around her, Tilly's passion for music was cultivated at an early age through her love of dance. Sharing a love for the country genre, Tilly shifted her musical aspirations and reached out to Australian Country singer Kaitlyn Thomas to be her vocal coach and mentor. A chance meeting with her now producer, Paul Ray, then catapulted Tilly's love for the stage and a captive audience, affording her regular opportunities for live performances. However, with many country songs exploring mature adult themes, Tilly struggled to find music to cover in her sets that she could connect and relate to; and so, she began her own songwriting journey.

A natural storyteller, Tilly adds a contemporary take to her songwriting, and she penned her first song at just 11 years of age. With introspective lyrics, her songwriting delves into shared experiences as she reflects on the universal struggles of friendship, heartbreak, loss and the hurtful way of others. Adding catchy melodies and lyrical hooks, her music conveys the vulnerability of her personal stories into universal anthems. Her sound blends inspiration from other contemporary country artists such as Ella Langley, Megan Moroney and Morgan Evans with her own unique style.

Two years on from her debut single release, Backup Dancers, Tilly is acquiring an impressive list of accolades and garnering industry attention with interviews and features on multiple community radio stations, both locally and internationally. Her follow-up single Kindred Spirits, co-written with her mentor, earned the title of PULSE FM 'Australian Artist New Release of the Week' and saw her showcased as 'Young Artist of the Month' on UGFM Radio Murrindindi. Whilst the release of her third single, Over by The Summer, caught the international attention of Radiodowntown Canada, who likened her to a young Taylor Swift. In 2024, Tilly competed in and won the Kilmore Regional Busking, which saw her showcase her talent in the Australian National Busking Championships and an invitation to appear again in the finals later this year.

With a love for a captive audience, Tilly shines on stage and she is fast becoming a regular live performer at regional country shows, events and festivals. Her performances have already seen her share stages with notable female powerhouses in the Australian Country music scene including - Taylor Moss, Darlinghurst, Kaitlyn Thomas and Jade Gibson and most recently opening for Amber Lawrence. Deepening her love for the country genre, she is building amazing relationships and connections within the Australian Country music scene. A healthy nod to the future of this rising talent is her nomination as a finalist in the 2025 Indie Country Music Australia Awards.

Under the guidance and mentoring of her producer, Tilly is keen to continue to learn and develop her craft and sound. Her latest release, Graveyard, takes you on an emotional journey from the very first line. Amid the anguish of fear and hurt, Tilly confronts memories of past as she "buries the girl who believed all the lies". With a contemporary country vibe, written and composed by Tilly, the song was produced by Paul Ray.

Tilly Rose's passion for music is evident, and her trust and instinct to take her music to places most others her age dream of is inspiring! At such a young age, this hardworking and creative teen already has an impressive portfolio and is gearing up to release her debut EP. Chasing her dreams with humility and a style that is all her own – stay tuned, Tilly Rose is just getting started!





*The*  
**COUNTY  
CHAMPS**  
**HI-OCTANE TWANG!**

**BIO**

Wes Youssi is a singer and songwriter from Portland, Oregon. Inspired to sing country artists his grandma loved in the 1960's, Wes formed The County Champs in 2014. He spent the next 10 years combing the loneliest roads and towns throughout the Northwest and beyond, playing for hard-working people like the ones he grew up around in Belvidere, Illinois. Along the way, he won them over with his original songs while gaining recognition from DJ's, writers, and fellow musicians for his authentic vocal and golden age sound.

Many miles and whiskeys later, Wes and The County Champs have evolved to encompass a broader spectrum of music influenced by the barren roads they've traveled. Drawing inspiration from the border rock bands that first emerged in the 1950's, their newest songs celebrate the highest deserts and "Live Free or Not At All" kind of people. It's a sonic space they affectionately call "high-octane twang," blending western music with rock, surf, and latin tones. This space-country concoction is garnished with neon lights and a dash of tragic romance. Get in your Cadillac and don't stop driving 'til sunrise!

**CONTACT**

Booking: Micaela Kennedy / Wild Mustang  
Music Booking  
Phone: 505-577-0467  
Email: mic@wildmustangmusicbooking.com

**ABOUT**

Artist Name:  
**The County Champs**

Genre:  
**Cosmic Country / Country Rock**

Location:  
**Portland, Oregon**



# ROD BEST

Over the years Rod Best has been involved in training and developing of singers and musicians as well as writing music arrangements for small stage band through to large orchestras, direction of major musical productions and song composition.

He studied at the Sydney Conservatorium of Music in Jazz Improvisation and Advanced Arranging, developing a wealth of experience in composition and arrangement in jazz and contemporary keyboarding styles.

He has also studied under some great Australian jazz piano players including Tony Ansell, Mike Nock, Michael Bartolomei, Chuck Yates, Judy Bailey, Dave Fennell, Vince Genova and Kevin Hunt. He studied at Jazz Worx in Brisbane and received an Associate Diploma in Jazz. Rod is married to Jan and lives in Brisbane, Queensland, Australia. Rod has released thirty instrumental albums in a mix of smooth jazz, chill out, dance, and easy listening, as well as many instrumental singles. He has also completed a collaboration EP project with "Light of Love" from Chicago called "The Best Of Christmas". All Rod's music is available from iTunes, CD Baby, Apple Music, Tidal,

Deezer, Spotify or Amazon.



The album releases on 20th August 2025. Some of the tracks have been recently released as singles and have been remixed.

Tracks that haven't been released up to now are Rhythm & Light, Feel the Rhythm, Breakaway, Groove Horizon's and Chilly Dayz. The tracks on this CD are a mix of smooth jazz and Latin instrumentals and feature piano, electric piano, drums, percussion, pads, guitars, flutes, saxophones and synth lead. I have added a Dropbox link to tracks below.

Here are my details:

Name of Artist - Rod Best

Name of Composer - Rod Best

Producer - Rod Best

<https://www.facebook.com/rodbestmusic>





To All of our fantastic fans and friends in Canada and Worldwide

Here is our Brand-New Song & Single

“SCHOOL DISCO (K.Donnelly/ L.Beddow )

The Song is the 2nd Single from our Forthcoming 41st Album late 25 early 26 “ROCKSTAR “

The Single is Our Song for September 2025

The Song will be available on Soundclick And on all major Digital Music Platforms released on the 1st September

We hope you like it, it will be released with two Separate Single Covers

With One Exclusively to Soundclick

Please look out for further Songs Coming your way soon

As Always thank you for your friendship and support

Kerr Andy Marty Lee

Kerr Donnelly Band

Kerr Donnelly Andrew Purcell Marty Holland Lee Beddow again, Best wishes, Kerr

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[https://open.spotify.com/artist/1CtrFn6hxfv9DB6w77iuj?si=DAD8y2ITQ-q9t4YWm19\\_PA](https://open.spotify.com/artist/1CtrFn6hxfv9DB6w77iuj?si=DAD8y2ITQ-q9t4YWm19_PA)

Check out Kerr Donnelly Band on Amazon Music

[https://music.amazon.co.uk/artists/B0060GHSQ2?ref=dm\\_sh\\_0ZAWxOkL0U2eFWd51p1Ysh31t](https://music.amazon.co.uk/artists/B0060GHSQ2?ref=dm_sh_0ZAWxOkL0U2eFWd51p1Ysh31t)

<https://music.apple.com/gb/artist/kerr-donnelly-band/476483930>



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