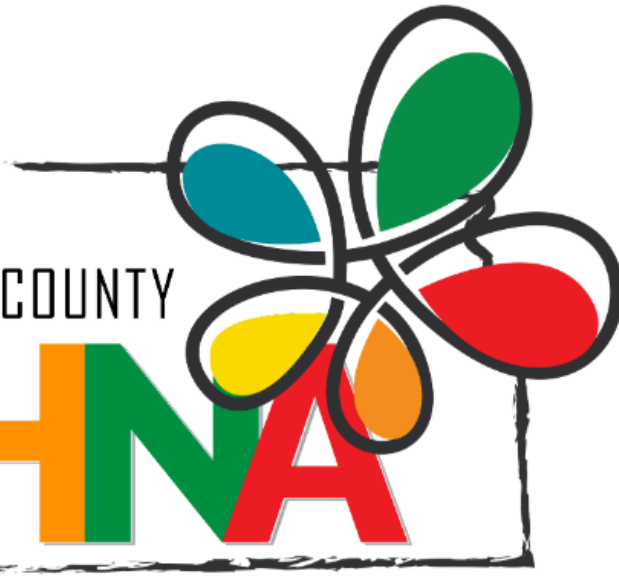


SHAWNEE COUNTY

CHNA



# 2024 COMMUNITY HEALTH NEEDS ASSESSMENT



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## Executive Summary

A comprehensive Community Health Needs Assessment (CHNA) was conducted for Shawnee County, Kansas in the Spring of 2024. A Steering Committee, comprised of representatives from Stormont Vail Health, the Shawnee County Health Department, LiveWell Shawnee County, United Way of Kaw Valley, GraceMed Health Clinic, Family Service and Guidance Center, Valeo Behavioral Health Care, and The University of Kansas Health System St. Francis Campus planned and implemented the comprehensive CHNA.

### The CHNA included:

- **3,816 Perception Survey responses** providing feedback on access to care, preventive care, social determinants of health, income, and demographics
- **12 Roundtables with under-represented voices of 140 residents** providing feedback on community strengths, quality of care, concerns, underlying reasons for poor health, and suggested improvements
- **Data analysis** including review of recently released County Health Rankings
- **Town Hall with 55 stakeholders representing 41 organizations** to review Survey, Roundtable results, and County Health Ranking data. The event concluded with a prioritization exercise.

### Priorities:

The following significant community health needs were determined priorities:

- **Behavioral Health (Mental Health and Substance Use)**
- **Neighborhood Safety and Housing**
- **Healthy Eating Options**
- **Health Equity (including disparities related to sexually transmitted infections and infant mortality)**

### Next Steps:

Work on the Community Health Implementation Plan (CHIP) will begin in the fall of 2024 and be completed in 2025 identifying objectives and strategies to address each need over the next three years. In addition, Stormont Vail Health Flint Hills Campus developed a Hospital Implementation Plan including strategies the hospital will undertake over the next three years to address each of the identified priorities.

### Documentation:

The CHNA, Hospital Implementation Plan and CHIP (when completed) are available in hard copy at each of the Steering Committee member organizations and as well as the websites of the individual Steering Committee member organizations. Any feedback should be directed to Karla Hedquist, Director Community Health Engagement at Stormont Vail Health, by email to [khedquis@stormontvail.org](mailto:khedquis@stormontvail.org) or Craig Barnes, Division Manager Community Health Outreach and Planning Shawnee County Health Department, [Craig.Barnes@snco.us](mailto:Craig.Barnes@snco.us).

## **Introduction**

A Community Health Needs Assessment (CHNA) is an important tool used for examining and improving the health of a community. It provides insight into the current health status of a community by identifying needs and potential means of fulfilling them. The CHNA includes comprehensive information about health risks and outcomes based on systematic collection and analysis of data and conversations with community members and leaders. A Steering Committee comprised of representatives from Stormont Vail Health, the Shawnee County Health Department, Live Well Shawnee County, United Way of Kaw Valley, GraceMed Health Clinic, Family Service and Guidance Center, Valeo Behavioral Health Care, and The University of Kansas Health System St. Francis Campus determined and implemented the method of collecting information for the 2024 Shawnee County CHNA.

As of the 2023 census, Shawnee County was home to an estimated 177,746 residents. The 2024 CHNA included a Perception Survey completed by 3,816 community members, feedback from 12 Roundtables with 140 under-represented voices, a Town Hall community conversation attended by 55 individuals representing 41 organizations, and data compiled from County Health Rankings, Kansas Health Matters, Behavioral Risk Factor Surveillance System.

In addition to identifying and addressing community health issues, a CHNA fulfills a requirement for local health departments seeking accreditation from the National Public Health Accreditation Board (PHAB), Federally Qualified Health Center accreditation, and Certified Community Behavioral Health Center designation. The federal Patient Protection and Affordable Care Act (ACA) requires that each registered 501(c)3 hospital conduct a CHNA at least once every three years and adopt a strategy to meet identified needs.

Since the first comprehensive Community Health Needs Assessment (CHNA) was completed in Shawnee County in 2013, there has been constant analysis of the process itself and improvements made throughout each iteration. We are now on the fourth installment of the CHNA and are confident each report has been more demographically representative and provided a more comprehensive and accurate portrait of the community's health status in which to build upon for future community health improvement activities and interventions.

## **Community Health Improvement Planning Process**

The information collected in the CHNA drives the development of a Community Health Improvement Plan (CHIP). The most recently completed 2023-2025 Shawnee County CHIP is posted at <https://www.stormontvail.org/wp-content/uploads/SNCO-CHIP-2023-25.pdf>. A CHIP details available resources and how they should be allocated in order to address community health issues. Together the CHNA and CHIP will educate community members, prioritize community health improvement methods, drive policy change, promote equity, and outline resources to promote better health in Shawnee County. While the completion of the CHNA is a significant achievement and should be celebrated, the CHNA is not designed to be a report that

is created and then stands alone. With the CHNA now completed for this cycle, our work as a community continues almost immediately in order to make impacts on current priorities and inform the decision-making around updating strategies through the health improvement planning process. The CHIP and the inspiration behind its creation is to develop a living document that serves as the platform for developing collective impact principles that focus on priorities that we determined through our comprehensive CHNA process; ultimately providing our community with a strategic roadmap to eliminating health disparities and improving health outcomes.



## **Work Completed on 2023-2025 Community Health Improvement Plan**

Much has changed since the 2021 Community Health Needs Assessment was released. LiveWell Shawnee County, formerly Heartland Healthy Neighborhoods, is the community-based implementation arm of the Community Health Improvement Plan. Examples of work initiated since the release of the 2021 CHNA include

- K-State Research and Extension's Food Distribution Map
- Gaining leadership involvement from the Behavioral Health sector
- Stormont Vail Health's implementation of Team Birth, obtaining the Kansas Fights Addiction grant
- Shawnee County Health Department development of an Overdose Surveillance Dashboard, organization of the Whole Family Coalition
- Breadbasket Farmers Market hosting Kids at the Market,
- United Way of Kaw Valley's strategy development based on CHNA priorities
- LiveWell's first paid staff member, a Director, was brought on to lead the coalition in 2022

The number of partnerships making up the coalition have grown as well as the number of workgroups including the Sexual Health Collaborative, Mental Health Collaborative, and Tobacco/Aerosol Prevention Workgroup. LiveWell also completed Phase II of the Pathways to a Healthy Kansas grant initiative in addition to obtaining other grants supporting social determinants of health.

## **2024 Shawnee County Community Health Needs Assessment Process**

### **Steering Committee**

In 2023, the Shawnee County Community Health Assessment (CHNA) Steering Committee began planning the 2024 CHNA. Led by Stormont Vail Health, the Steering Committee included collaborative participation from several community-based organizations: United Way of Kaw Valley, LiveWell Shawnee County, Valeo Behavioral Healthcare, Family Service & Guidance Center, GraceMed Health Clinic, the University of Kansas St. Francis campus, and the Shawnee County Health Department. In addition, the committee was aided by a Masters Level Nursing Student from Grand Canyon University concentrating on public health and a bi-lingual Senior from Washburn University interested in pre-medical education. This diverse committee aimed to comprehensively assess and address the health needs of the Shawnee County community.



## Inclusivity and Representation

The primary objective of the CHNA Steering Committee was to ensure inclusivity and representation, particularly from traditionally under-represented communities, including those who are low-income, minorities, and organizations assisting those neighbors. Historical data indicated that previous data collection efforts did not fully reflect the community's demographic profile. To address this, the CHNA planning team meticulously designed the data collection process to better capture a representative sample of the community demographics. By engaging with a wide range of community voices and leveraging the strengths of various organizations, the CHNA Steering Committee was able to develop a comprehensive and inclusive assessment of Shawnee County's health needs. This process not only highlighted critical health priorities but also fostered a collaborative environment for ongoing community health improvement initiatives.

## **Methodology**

### Collaboration and Community Engagement

The entire CHNA process emphasized the collaboration of many organizations and the inclusion of representatives from government, public health, low-income communities, minority groups, and organizations serving these populations. This collaborative approach ensured a broad spectrum of community voices were heard and considered and achieved greatly improved demographic representation. The data collection process comprised four major tasks:

#### **1. Formal and Electronic Surveys**

Surveys were conducted from March 11 to April 30, 2024, focusing on various health and social concerns, including access to care, preventive care, income, pregnancy/postpartum issues, and participant demographics. There were 3,816 surveys received and demographic representation of the community was greatly improved from prior iterations of the CHNA. The survey, created using SurveyMonkey, was distributed through multiple channels:

- **Kickoff party at Topeka and Shawnee County Public Library:** Attended by Steering Committee members and their organizational leaders, LiveWell Shawnee County workgroup chairs and members, and the media.
- **Press Releases:** Requests for community participation contained survey links
- **QR Code Business Cards:** Two-sided business cards with English on one side and Spanish on the other were distributed by community partners.
- **Email Distribution:** Utilizing lists generated by the Steering Committee, the Stormont Vail Health CEO emailed a request to complete the survey with survey links to over 350 contacts.
- **Mass Cascading of Emails with Survey Links:** Sent by all Steering Committee partners, Greater Topeka Chamber of Commerce, City of Topeka, Boy Scouts, and others.
- **Paper Surveys:** Available in English and Spanish, located at all Steering Committee locations, Topeka Rescue Mission, food distribution sites, & available in large print.

## 2024 Survey Results

The 2024 survey was divided into four sections: Access to care, Social Determinates of Health, Pregnancy, and Demographics. Following are the results from each section. The full survey can be found in English and Spanish in Appendix I.

### Access to Care

#### **Where do you usually go for-Non-Emergency Medical Care:**

| Answer                            | # Of responses |
|-----------------------------------|----------------|
| Personal/ Private Doctor          | 1630           |
| Immediate/ Express Care           | 719            |
| Private Clinics                   | 309            |
| Other (write in - VA and Gracemed | 174            |
| Did not seek medical care         | 170            |
| Emergency department              | 167            |
| Nonprofit community clinic        | 106            |
| Retail Provider                   | 74             |
| Total                             | 3349           |

#### **In the past 12 months, did you need any following services:**

| Answer                    | # Of responses |
|---------------------------|----------------|
| Medical Care              | 2776           |
| Prescription Medication   | 2727           |
| Dental Care               | 2535           |
| Counseling                | 1193           |
| Quitting Tobacco/nicotine | 170            |
| Substance/ opioid use     | 100            |
| total                     | 3215           |

#### **If you checked needing a service above, was it received:**

| Answer                    | # Of responses |
|---------------------------|----------------|
| Medical Care              | 2576           |
| Prescription Medication   | 2536           |
| Dental Care               | 2242           |
| Counseling                | 974            |
| Quitting Tobacco/nicotine | 85             |
| Substance/ opioid use     | 52             |
| total                     | 3011           |

#### **If you did not receive care, why not?**

| Answer                        | # Of responses |
|-------------------------------|----------------|
| Care was too expensive        | 346            |
| Did not seek care             | 221            |
| Other (answers all vary)      | 166            |
| Care was not available        | 99             |
| Lack of transportation        | 78             |
| My language was not available | 14             |



## Preventative Care

For each of the health procedures, please indicate the last time procedure was done:

|                  | Past 12 months | Last 1-5 yr. | More than 5 yr. | Never | N/A  |
|------------------|----------------|--------------|-----------------|-------|------|
| Blood Pressure   | 3037           | 164          | 50              | 48    | 24   |
| Dental Screening | 2379           | 466          | 290             | 61    | 54   |
| Flu Vaccine      | 2312           | 422          | 198             | 247   | 73   |
| COVID Vacc       | 1353           | 1316         | 27              | 381   | 96   |
| Mammogram        | 1309           | 366          | 125             | 665   | 644  |
| Pap smear        | 640            | 936          | 363             | 277   | 775  |
| Prostate exam    | 272            | 223          | 79              | 616   | 1755 |

## Survey Feedback Related to Social Determinates of Health

Respondents were asked several questions to gauge the importance of specific issues that affect the health of our community. The responses show the effects of social determinants of health, including affordable health insurance, poverty, and obesity were important factors to improve upon.

| Top major/moderate concerns combined   | # of responses |
|----------------------------------------|----------------|
| 1 Mental Health                        | 996            |
| 2 Adult Obesity                        | 978            |
| 3 Neighborhood Safety                  | 877            |
| 4 Healthy Eating options               | 808            |
| 5 Safe/ Affordable/ Accessible Housing | 803            |
| 6 Financial Assistance (medical areas) | 785            |
| 7 Envi. Pollution/Recycling            | 755            |
| 8 Chronic Conditions                   | 742            |
| 9 Financial Assistance Housing         | 704            |
| 10 Food Assistance                     | 655            |
| 11 Homelessness                        | 598            |

## Pregnancy Related Survey Responses

Did you receive prenatal care?

|     |     |
|-----|-----|
| Yes | 235 |
| No  | 113 |

How many weeks into pregnancy receive first checkup?

|                    |     |
|--------------------|-----|
| Less than 8 weeks  | 111 |
| 8-20 weeks         | 109 |
| 21-30 weeks        | 7   |
| More than 30 weeks | 6   |

Did you receive a postpartum checkup within 12 weeks?

|     |     |
|-----|-----|
| Yes | 172 |
| No  | 61  |

Did any of these things keep you from having a prenatal/ postnatal checkup?

|                                                                                                |    |
|------------------------------------------------------------------------------------------------|----|
| Reason Not listed above (miscarriage, baby still young or not born yet)= most popular answers) | 41 |
| Did not know need one/felt fine                                                                | 26 |
| Couldn't take time off                                                                         | 18 |
| Not enough money or insurance to pay                                                           | 15 |
| Couldn't get appointment when I wanted one                                                     | 15 |
| Didn't have transportation                                                                     | 12 |

### Survey Response Demographics Versus Percent of County Population

| CHNA 2024 (n=3,816) vs. 2021 (n=2,536) |              |                |                | SNCO 2023 Census     |
|----------------------------------------|--------------|----------------|----------------|----------------------|
|                                        |              |                |                | Population = 177,746 |
| Gender Identity                        | Replies 2021 | # Replies 2024 | % Replies 2024 | Shawnee County %     |
| Female                                 | 1,843        | 2,282          | 74.38%         | 51.20%               |
| Male                                   | 557          | 760            | 24.77%         |                      |
| Non-Binary                             | 11           | 17             | 0.55%          |                      |
| Transgender                            | 3            | 9              | 0.29%          |                      |
| # Answered question                    | 2,414        | 3,068          | 100.0%         |                      |
| Age                                    |              |                |                |                      |
| Under 18                               | N/A          | 64             | 2.07%          | 22.80%               |
| 18-24                                  | 64           | 154            | 4.98%          |                      |
| 25-34                                  | 273          | 393            | 12.71%         |                      |
| 35-44                                  | 398          | 583            | 18.86%         | 18-64 = 57.7%        |
| 45-54                                  | 439          | 489            | 15.82%         |                      |
| 55-64                                  | 535          | 594            | 19.22%         |                      |
| 65-74                                  | 531          | 521            | 16.86%         | 65+ = 19.5%          |
| 75-84                                  | 177          | 228            | 7.38%          |                      |
| 85 or older                            |              | 65             | 2.10%          |                      |
| # Answered question                    | 2,417        | 3,091          | 100.0%         |                      |
| Race/Ethnicity                         |              |                |                |                      |
| Black or African American              | 151          | 302            | 9.61%          | 8.50%                |
| American Indian or Alaska Native       | 49           | 188            | 5.98%          | 1.40%                |

|                                  |                        |       |        |                        |
|----------------------------------|------------------------|-------|--------|------------------------|
| Asian                            | 12                     | 59    | 1.88%  | 1.50%                  |
| Caucasian/White                  | 2,014                  | 2,236 | 71.12% | 72.50%                 |
| Hispanic, Latino, or Spanish     | 119                    | 300   | 9.54%  | 13.40%                 |
| Middle East                      | N/A                    | 28    | 0.89%  | N/A                    |
| Native Hawaiian/Pacific Islander | N/A                    | 31    | 0.99%  | 0.10%                  |
| # Answered question              | 2,408                  | 3,144 | 100.0% |                        |
| Household Income                 |                        |       |        |                        |
| Less than \$10,000               |                        | 217   | 7.16%  |                        |
| \$10,000-\$14,999                |                        | 146   | 4.82%  |                        |
| \$15,000-\$24,999                | Less than \$20,000=193 | 178   | 5.87%  |                        |
| \$25,000-\$34,999                | \$20,000-\$29,000=190  | 224   | 7.39%  |                        |
| \$35,000-\$49,999                | \$30,000-\$49,999=403  | 291   | 9.60%  |                        |
| \$50,000-\$74,999                | \$50,000-\$59,999=228  | 469   | 15.48% | SNCO med inc: \$63,463 |
| \$75,000-\$99,999                | \$60,000-\$69,000=232  | 389   | 12.84% |                        |
| \$100,000-\$149,999              | \$70,000 + =1096       | 482   | 15.91% |                        |
| \$150,000-\$199,999              |                        | 238   | 7.85%  |                        |
| \$200,000 or more                |                        | 172   | 5.68%  |                        |
| Don't Know                       | N/A                    | 224   | 7.39%  |                        |
| # Answered question              | 2,342                  | 3,030 | 100.0% |                        |

| ZIP City         | # Replies 2021 | # Replies 2024 | % Replies 2024 |
|------------------|----------------|----------------|----------------|
| 66614 Topeka     | 426            | 627            | 17.44%         |
| 66604 Topeka     | 336            | 506            | 14.08%         |
| 66605 Topeka     | 231            | 358            | 9.96%          |
| 66606 Topeka     | 182            | 283            | 7.87%          |
| 66618 Topeka     | 126            | 167            | 4.65%          |
| 66610 Topeka     | 154            | 197            | 5.48%          |
| 66611 Topeka     | 132            | 244            | 6.79%          |
| 66617 Topeka     | 114            | 128            | 3.56%          |
| 66609 Topeka     | 71             | 124            | 3.45%          |
| 66607 Topeka     | 62             | 149            | 4.14%          |
| 66615 Topeka     | 46             | 61             | 1.70%          |
| 66409 Berryton   | 43             | 54             | 1.50%          |
| 66608 Topeka     | 53             | 157            | 4.37%          |
| 66539 Silverlake | 37             | 55             | 1.53%          |
| 66616 Topeka     | 47             | 98             | 2.73%          |
| 66402 Auburn     | 37             | 70             | 1.95%          |
| 66542 Tecumseh   | 46             | 68             | 1.89%          |
| 66612 Topeka     | 25             | 52             | 1.45%          |
| 66619 Topeka     | 25             | 37             | 1.03%          |
| 66603 Topeka     | 10             | 51             | 1.42%          |
| 66533 Rossville  | 10             | 62             | 1.72%          |
| 66546 Wakarusa   | 15             | 19             | 0.53%          |

|              |   |    |       |
|--------------|---|----|-------|
| 66601 Topeka | 3 | 1  | 0.03% |
| 66621 Topeka | 1 | 27 | 0.75% |

### Organizations Surveyed

The organizations and their constituents who received surveys include but were not limited to:

- Topeka Rescue Mission
- Food Distribution Sites including: Harvesters Food Distribution sites
- Senior Centers
- Hospital Patients and Employees
- Blue Cross and Blue Shield of Kansas
- Community Centers
- Nonprofit and Community Based Organizations including Junior League
- Washburn University Students and Employees
- All Steering Committee Organizations
- Various community partners via email distribution lists including: City of Topeka and Neighborhood Improvement Associations
- All School Districts in Shawnee County,
- Chamber of Commerce and Employers including Frito Lay and Reeser's

### Summary of Survey Response Themes

| Survey Top Major/Moderate Concerns for Shawnee County | # Responses |
|-------------------------------------------------------|-------------|
| 1 Mental Health                                       | 996         |
| 2 Adult Obesity                                       | 978         |
| 3 Neighborhood Safety                                 | 877         |
| 4 Healthy Eating options                              | 808         |
| 5 Safe/Affordable/ Accessible Housing                 | 803         |
| 6 Financial Assistance (medical areas)                | 785         |
| 7 Envi. Pollution/Recycling                           | 755         |
| 8 Chronic Conditions                                  | 742         |
| 9 Financial Assistance Housing                        | 704         |
| 10 Food Assistance                                    | 655         |
| 11 Homelessness                                       | 598         |

## 2. Roundtables

Representatives of the Steering Committee conducted 12 one-hour Roundtables (PowerPoint in Appendix III) with under-represented voices March 11 to April 30, 2024, engaging 140 residents.

Roundtables were conducted with the following groups:

- Rossville Library
- East Topeka Senior Center
- Washburn University Black Student Union
- Washburn University First Generation Students
- Washburn University Hispanic Leadership Organization
- SVH Patient and Family Partnership Council
- Shawnee County Health Department
- United Way
- Topeka Rescue Mission
- Family Service and Guidance Center Advisory Council
- Child Care Providers
- El Centro

These sessions focused on:

- Perceptions of community strengths related to health
- Quality of healthcare delivery
- Worries and concerns about health
- Underlying reasons for health concerns
- Suggested improvements

Notes from these meetings were meticulously recorded and common themes identified for use in the Town Hall prioritization process. In addition to the themes called out by surveys, the Roundtable groups also emphasized transportation and substance use and community needs. The chart below describes the groups participating, their top priorities, and key takeaways.

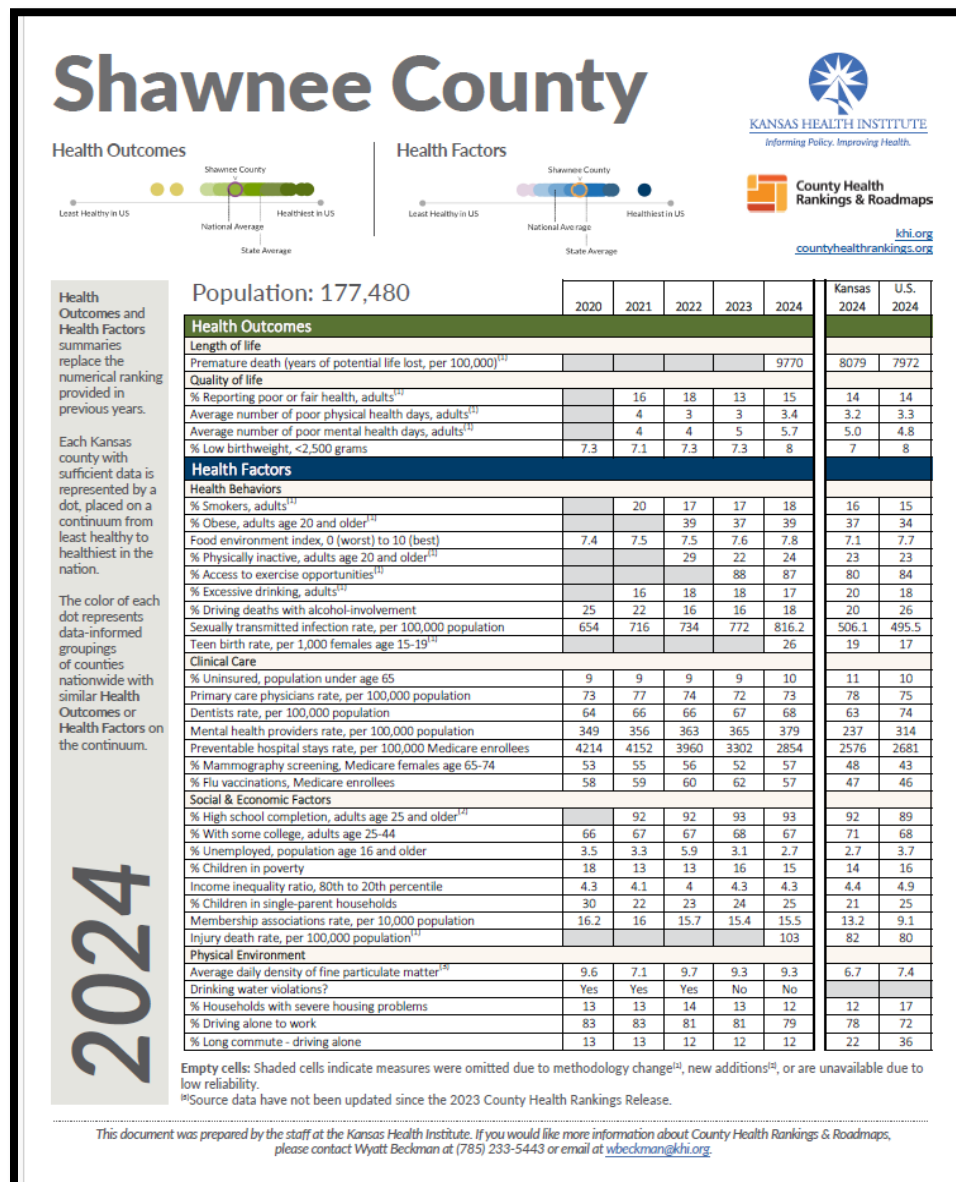
| 2024 CHNA Roundtables (# of Attendees) | Group Description                                | Top Priorities                                                             | Key Takeaways                                                                                                             |
|----------------------------------------|--------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Rossville Library (6)                  | Mixed gender professional adults and one student | Physical inactivity, Addiction/Substance Use, Lack of access to healthcare | Community feels loss of clinic. Going to appts requires time and planning. Need more opportunities for physical activity. |
| East Topeka Senior Center (14)         | Mixed gender, mostly African American retirees   | Community violence, Financial resource strain, Lack of safe affordable     | Neighborhoods need more lights. Empty buildings need new                                                                  |

|                                                                |                                                                                              |                                                                                                                                                                       |                                                                                                                                                 |
|----------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                |                                                                                              | housing, Chronic stress/<br>anxiety                                                                                                                                   | purposes. Need educ<br>about healthcare.                                                                                                        |
| Washburn Black<br>Student Union (20)                           | African American<br>students ranging in<br>age from 18-23                                    | Access and education<br>about healthcare, Lack of<br>transportation, and<br>Mental health                                                                             | Education differs in<br>different communities<br>and visits need to<br>reflect this. More<br>access to healthcare                               |
| Washburn First<br>Generation Students<br>(18)                  | Mixed gender<br>students ranging in<br>age from 18-23                                        | High cost of care and<br>resources, low incomes.<br>Accessibility of<br>information. Stigma<br>around accessing care.<br>Lack of resources within<br>walking distance | Food price going up<br>and food resources are<br>leaving community.<br>Putting off care in new<br>town due to fear of<br>insurance not accepted |
| HALO (6)                                                       | Hispanic students<br>ranging in age from<br>18-23                                            | Lack of education<br>regarding healthcare.<br>Chronic stress and<br>anxiety. Lack of access to<br>food.                                                               | Many barriers to<br>accessing care. Poor<br>communication due to<br>language barrier.                                                           |
| SVH Patient and<br>Family Partnership<br>Council (7)           | Mixed race<br>professional females                                                           | Obesity. Addiction and<br>substance use. Lack of<br>access to care.                                                                                                   | COVID still effecting<br>things. Lack of healthy<br>lifestyle. Need to help<br>the youth navigate<br>health.                                    |
| Shawnee County<br>Health Department<br>(8)                     | Mixed gender, mostly<br>white professionals<br>who work in all areas<br>of health department | Lack of access to food,<br>obesity, lack of healthcare<br>education                                                                                                   | Need more access and<br>education about food<br>in schools. Lower-<br>middle class also needs<br>help.                                          |
| United Way (24)                                                | Mostly female<br>professionals, varying<br>in age                                            | Financial resource strain,<br>Lack of safe affordable<br>housing, cost of living.                                                                                     | Access to care, more<br>spread-out options.<br>More education and<br>finance assistance                                                         |
| Topeka Rescue<br>Mission (10)                                  | Mixed raced, mostly<br>white, individuals<br>living at the Topeka<br>Rescue Mission          | Lack of transportation,<br>Addiction/substance use.<br>Lack of safe affordable<br>housing, cost of living.                                                            | Hard to get in and see<br>providers due to access<br>and affordability. Need<br>more healthcare<br>education.                                   |
| Family Service and<br>Guidance Center<br>Advisory Council (10) | Mixed race working<br>professionals                                                          | Financial resource strain,<br>Addiction/substance use,<br>Lack of access to<br>healthcare, cost of<br>insurance.                                                      | Need more healthcare<br>providers and local<br>providers. Improve<br>education in the<br>schools and healthcare.                                |
| Child Care Providers<br>(7)                                    | Childcare providers<br>from every licensed<br>section of childcare                           | Mental health, Lack of<br>access to food,<br>Transportation, Lack of<br>education.                                                                                    | Need satellite<br>transportation options,<br>consistent                                                                                         |

|                |                                                         |                                                                 |                                                                                  |
|----------------|---------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------------------|
|                |                                                         |                                                                 | communication. Need more education.                                              |
| El Centro (10) | Seven females, three males, mixed age with majority 40+ | Lack of affordable healthcare, pace of lifestyle, mental health | Struggles with affording care and medication, language barrier to mental health. |

### 3. Data Analysis

The Perception Survey and Roundtable responses were analyzed by the Steering Committee and Town Hall attendees including assessment of community demographic representation and economic factors. This also included an in-depth review of the recently released County Health Ranking compiling many data sets.



# Shawnee County

[khi.org | countyhealthrankings.org](https://khi.org/countylealthrankings.org)

The annual *County Health Rankings & Roadmaps* data release provides a snapshot of the health of each county in two summaries: Health Factors (which measure issues that can shape the health outcomes) and Health Outcomes (which measure length and quality of life). Each county is placed on a continuum from least healthy to healthiest in the nation and categorized into a group of counties with similar Health Outcomes or Health Factors. The following tables illustrate the “drivers” for health of this county.

## What do these drivers mean?

The drivers indicate the measures with the greatest impact on the health of the county. Drivers labeled with a green plus sign are measures on which the county performed particularly well compared to all counties nationwide. Those labeled with a red minus sign are measures which could be improved and may warrant additional attention.

### Health Factors: Drivers with the greatest impact on health, Shawnee County, KS - 2024

|   | Measure                         | Description                                                                                      | Factor Category                 | County Value | U.S. Value | Direction of Impact |
|---|---------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------|--------------|------------|---------------------|
| 1 | Unemployment                    | Percentage of population ages 16 and older unemployed but seeking work.                          | Social and Economic Environment | 2.7%         | 3.7%       | +                   |
| 2 | Mammography Screening           | Percentage of female Medicare enrollees ages 65-74 who received an annual mammography screening. | Clinical Care                   | 57%          | 43%        | +                   |
| 3 | High School Completion          | Percentage of adults ages 25 and over with a high school diploma or equivalent.                  | Social and Economic Environment | 93%          | 89%        | +                   |
| 4 | Flu Vaccinations                | Percentage of fee-for-service (FFS) Medicare enrollees who had an annual flu vaccination.        | Clinical Care                   | 57%          | 46%        | +                   |
| 5 | Sexually Transmitted Infections | Number of newly diagnosed chlamydia cases per 100,000 population.                                | Health Behaviors                | 816.2        | 495.5      | -                   |

### Health Outcomes: Drivers with the greatest impact on health, Shawnee County, KS - 2024

|   | Measure                   | Description                                                                          | Factor Category | County Value | U.S. Value | Direction of Impact |
|---|---------------------------|--------------------------------------------------------------------------------------|-----------------|--------------|------------|---------------------|
| 1 | Poor Mental Health Days   | Average number of mentally unhealthy days reported in past 30 days (age-adjusted).   | Quality of Life | 5.7          | 4.8        | -                   |
| 2 | Poor Physical Health Days | Average number of physically unhealthy days reported in past 30 days (age-adjusted). | Quality of Life | 3.4          | 3.3        | +                   |
| 3 | Poor or Fair Health       | Percentage of adults reporting fair or poor health (age-adjusted).                   | Quality of Life | 15%          | 14%        | +                   |
| 4 | Low Birthweight           | Percentage of live births with low birthweight (< 2,500 grams).                      | Quality of Life | 8%           | 8%         | +                   |
| 5 | Premature Death           | Years of potential life lost before age 75 per 100,000 population (age-adjusted).    | Length of Life  | 9770         | 7972       | +                   |

N/A: Not applicable due to insufficient data.

**+ Green Plus:** Measure with a positive impact on a county's health grouping.

**- Red Minus:** Measure with a negative impact on a county's health grouping.

*Technical Note: The U.S. values are provided as a point of reference. However, the drivers and direction of impact are determined by using the county value and the average across counties in the U.S. and then applying measure weights. Drivers are provided in order of impact on health for this year. Values have been rounded according to how they are presented on the County Health Rankings and Roadmaps website. For more information on the derivation of health groups, please visit: [bit.ly/2024CHRzScores](https://bit.ly/2024CHRzScores). For more information on data sources, year(s) of data and weights for measures, please visit [bit.ly/2024CHRmeasures](https://bit.ly/2024CHRmeasures).*



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## 4) Town Hall Prioritization Process

A Town Hall Community Conversation was held May 15, 2024, at the Topeka and Shawnee County Public Library to review the outcomes of the community perception surveys, Roundtable feedback, and data analysis including the most recent County Health Rankings. Key stakeholders/community leaders attending included: 55 overall numbers, and 41 organizations attending.

### Meeting Summary

#### Presentations:

1. Dr. Locke, Shawnee County Health Officer, presented an overview of the recently released County Health Rankings, highlighting key statistics and areas of concern. She emphasized the importance of understanding these rankings to improve community health initiatives.
2. Karla Hedquist (SVH) and Sarah Karns (LiveWell) presented findings from the Community Health Needs Assessment. They discussed responses collected from Perception Surveys and Roundtables, significant trends, and the top 11 needs issues identified.

#### Activities:

1. Small Group Tabletop Discussion: Attendees were asked to respond to the following questions in a written exercise:
  - a. In reviewing the top 11 needs from the CHNA perception survey. Does your group agree with the health needs as listed? Does anything surprise you?
  - b. If your response to Question 1 was NO. In your opinion as a group, which health needs should have been prioritized higher or lower? Why? Are there health needs that are missing? If your response to Question 1 was YES, please move to question 3.
  - c. Why does your group believe these are the top health needs in our community? What are the major gaps or barriers that have caused these to become the top health needs?
  - d. In reviewing the top 11 health needs, and any needs your group may have added on Question 2, who are the key stakeholders and community partners that MUST be involved to make positive impacts in those areas?
  - e. In reviewing the top 11 needs, and any needs your group may have prioritized additionally on Question 2, what resources are necessary to make positive impacts in those areas? What are other solutions or programs to assist progress?

2. Prioritization Exercise: Participants engaged in an individual prioritization exercise, ranking what they felt were the top health concerns of Shawnee County. Each received three dots: one green, one orange and one pink. Each dot represents a level of priority: green (priority 1), orange (priority 2), pink (priority 3). They were asked to place their dots on wall posters identifying their individual priorities.



The Town Hall was visually recorded by artist Sara O' Keffe:



## Outcome:

All collected feedback and data was reviewed at the Town Hall event. identified priority areas will be addressed in the Community Health Implementation Plan. The following most significant community health needs were determined community health priorities:

- **Behavioral Health (Mental Health and Substance Use)**
- **Neighborhood Safety and Housing**
- **Healthy Eating Options**
- **Health Equity (including disparities related to sexually transmitted infections and infant mortality)**

## **Priority Area Descriptions**

### **1) Behavioral Health (Includes Mental Health and Substance Misuse):**

#### Mental Health

Mental health includes psychological, emotional, and social well-being. How individuals think, feel, and act, affects an individual's mental health, which then in part, determines how they handle stress, relate to others, and make choices. Mental health is critical to an individual's well-being, family and interpersonal relationships, and their ability to contribute to the community. An individual's mental health is also impacted by many, often interrelated factors, which can serve to protect or undermine their mental health. Factors, which have been found to strengthen an individual's resilience (i.e., mental health), include social and emotional skills and attributes of the individual, as well as positive social interactions, quality education, satisfying work, safe neighborhoods, and community cohesion. Shawnee County statistics from [countyhealthrankings.org](https://www.countyhealthrankings.org) shows that Shawnee county has more Poor Mental health days at 5.7 as compared to Kansas with 5.0 and the United States at 4.8 This increase in poor mental health days is reflected in an increase of services being provided. One local mental health provider has seen a 23.2% increase (143592 vs 116556) in the number of services provided from January 1, 2024 through June 30,2024 as compared to the same time period in 2023. In addition a 70.2% increase in Substance Use Detox encounters was noted ( 12925 vs. 7594) and a 100.1% increase in outpatient counseling services (8269 vs 4114).

Recognizing the importance of mental health, Shawnee County survey respondents prioritized the need to address mental health within our community. In the 2024 Community Health Needs Survey, mental health was identified as the number one priority, with 996 respondents listing mental health as their top concern. Three of the twelve roundtables identified mental health as one of their top priorities with two other roundtables identifying chronic stress and anxiety. Mental health was identified under "Other concerns of importance to you in the past 12 months" on the 2024 Community Health Needs Survey with concerns such as availability of



services for individuals with mental health issues, employment opportunities after a mental health crisis, and mental health needs of those who are homeless being identified.



## Substance Misuse

Substance use is any consumption of alcohol, tobacco, or drugs. Substance misuse is the use of alcohol or illicit or prescription drugs in a manner that may cause harm to the individual using the substance or those around them. Harms that can result from substance misuse include overdoses, interpersonal violence, motor vehicle crashes, injuries, homicides, and suicides. Substance misuse and substance use disorders, which are the medical illnesses that develop in some individuals who misuse substances, harm the health and wellbeing of individuals, families, and communities. Prevention and early intervention are two ways of addressing the challenges people who misuse substances face before they grow to develop life-long medical conditions or even cause premature death. One local provider has nine detox beds. In 2023, 527 people were served, with a total of 2,248 bed days used, making the average stay just over four days. The average length of stay has steadily been increasing due to the rise in opiate and fentanyl use requiring longer stays to reduce symptoms. For comparison, in 2022, 560 people used 1,810 bed days or just over 3 days per person. Much like other communities across the United States, Shawnee County has been impacted by the challenges of substance misuse. Substance use has been identified as an ongoing problem in the community. Although substance use was not identified within the top eleven priorities of those that completed the 2024 Community Health Needs Survey, four of the twelve roundtables identified addiction and substance use as one of their top priorities and substance misuse was ranked fifth in priority at the town hall meeting. This led the Steering Committee to include substance misuse as a behavioral health priority.

Currently available behavioral health resources can be found in the Appendix.

## **2) Neighborhood Safety and Housing:**

### **Neighborhood Safety:**

Neighborhood safety was ranked third in the list of most important issues from the 2024 CHNA community survey. In the 2021 CHNA survey, over 52% identified violence as a very big problem.

The Kansas Department of Health and Environment reported an age-adjusted homicide rate for Shawnee County (2020-2022) at 11.1 deaths per 100,000, compared to a Kansas rate of 6.4, a national rate of 5.7, and a Healthy People 2030 target of 5.5. In 2023, Shawnee County recorded 34 homicides. Shockingly, 31% of victims were under 18 years old. Firearms were used in 60% of those homicides across all ages. However, according to the Stormont Vail Health trauma registry, 63 additional individuals were treated for firearm injuries attributed to violence and survived. Nationally, firearm deaths average 13.0 per 100,000, with Shawnee County's rate at 21.0, per the CDC (2018-2021).

According to 2024 County Health Rankings, Shawnee County's premature death (years of potential life lost, per 100,000) was 9,770 years compared to 8,079 for Kansas and 7,972 nationally. The disproportionate impact of community violence on youth is a contributing factor. This is magnified within the Black/African American community, with a homicide rate ten times higher than that of white residents. The resulting loss of potential life for Black/African American residents, at 21,000 years compared to 8,700 years for white residents, starkly illustrates the gravity of these disparities.

The Kansas Bureau of Investigation highlights a bleak trend in Shawnee County, with the violent crime rate per 1,000 people surging from 5.0 in 2018 to 7.6 in 2022, surpassing both the statewide rate of 4.4 in 2022 and the national rate (3.7 in 2019). Geographic disparities have also been identified within the county. In 2018-2023, the zip code 66610 experienced 21 instances of violent crime, while 66604 had 1,080 instances, equating to 54 times more violent crimes.

### **Safe Affordable Housing:**

Current Census data reflects that there are 60,054 housing units in the City of Topeka. Of those units, 6,116 are vacant housing units and not occupied. Of the current units, more than 40% report one or more critical household issues that need addressed for the homes to remain occupied within the next five years. Current data in coordination with the United States Census Bureau, finds that 36.4% of owner-occupied housing is reporting being cost-burdened (spending more than 30% of their income on housing costs). Of those, nearly 10% reports spending more than 50% of their income on housing-related costs, computing to being extraordinarily cost-burdened. To continue to address the needs for home repairs in low-income, owner-occupied housing and ensure that the vacancy rates does not increase to deteriorate our housing ecosystem the demand is great and continuing to increase. A market

study, conducted in partnership with the City of Topeka, noted a substantial demand for affordable housing in our community and an identified need in 2020 for approximately 5,000 dedicated housing units to households living at or below 60% of the Average Median Income. The study additionally noted that the aging cohort of the population is expected to increase by 20% and that trend will continue into the future. This has created a demand for more accessible and safer housing for the aging. The city is also experiencing increasing homelessness.

Currently available resources related to neighborhood safety and housing can be found in the Appendix.

### **3) Healthy Eating**

Access to healthy food is essential for a person's overall well-being, influencing a healthy weight and quality of life. Poor nutrition can elevate cancer risks among other chronic and debilitating illnesses. Food plays a significant role in cultural expression and community cohesion. However, many residents of Shawnee County struggle to access fresh, nutritious, and affordable food. Barriers include lack of transportation, high prices, and limited availability to healthy food outlets. The USDA identifies low access areas as census tracts where many people live more than a mile from a grocery store in urban areas or more than 10 miles in rural areas. These areas often overlap with low-income regions, classified as food deserts. Food insecurity, defined by the USDA as inconsistent access to enough food for an active, and healthy life, leads many to rely on cheap, foods with low nutritional value. These foods, contribute to higher obesity rates among those with insufficient food access.

In Shawnee County, food access is a pressing concern. In the 2024 CHNA, Adult Obesity and enough options for healthy eating ranked in the top 5 major concerns. Food assistance was a top 10 need identified by residents in the 2024 CHNA survey. A March 2022 food assessment revealed that 11.6% of Shawnee County residents were food insecure in 2019, close to the Kansas state rate of 12.1% but higher than the Healthy People 2030 goal of 6.0%. Shawnee County's food insecurity rate has risen to 13.3%, higher than the state average of 12.7%. Child food insecurity is similar to the statewide rate, 18.4%.

Many Shawnee County residents suffering from food insecurity rely on services from Let's Help and Catholic Charities. These two agencies were located near the regional Feeding America food bank, Harvesters – The Community Food Network before moving to Lawrence in early summer 2024 because of the Polk-Quincy viaduct project. Harvesters provides food and other essential goods to nearly all food pantries in Shawnee County. Though we cannot yet fully know the impact of Catholic Charities and Let's Help, along with Harvesters, undergoing such changes, it is anticipated additional change will affect these agencies and the large low-income census tracts they serve.

Currently available resources related to healthy eating can be found in the Appendix.



#### **4) Health Equity:**

Health Equity ensures individuals within a given community have opportunities available to them to attain the best health outcome possible. The Robert Wood Johnson Foundation provides the following definition:

“Health Equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and house, safe environments, and health care.”

As we have learned through analysis of health data and our community conversations with stakeholders, there are stark differences in the attainment of optimal health between the diverse sets of population that make up our community. A systematic shift back in 2018 for the CHNA planning committee integrated a wider social determinants of health (SDOH) lens and pushed our team to further explore root causes of the health inequities surrounding the conditions in which individuals are born, grow, live, work and play. Although health equity is cross cutting throughout all indicators of health, the planning committee implemented and developed an overarching Health Equity priority area to identify specific areas and opportunities for improvement on key drivers for health for ongoing future CHNA cycles.

Throughout the 2024 CHNA process, including the Perception Survey, Roundtables and the prioritization activities at Town Hall event, several issues were identified as areas with disconcerting disparities:

1. Maternal, Child and Infant Health
2. Neighborhood Safety
3. Obesity
4. Sexually Transmitted Infections

#### **Maternal, Child and Infant Health**



According to the [Kansas Infant Mortality and Stillbirth Report, 2021](#) published May 2023:

“Infant mortality is an important indicator of community health. It is associated with a variety of factors such as economic development, general living conditions, social well-being, basic needs, illnesses such as diabetes and hypertension, and quality of the environment.”

Across Kansas, infants born to Black and Hispanic mothers have higher mortality rates than those born to white women. In Shawnee County, infants born to Black and Hispanic mothers have markedly higher mortality rates than those born to White mothers. For example, the infant mortality rate among White infants in Shawnee County is 3.8 deaths per 1,000 live births, compared to the rate among Black infants of 18.0 deaths per 1,000 live births and 12.2 deaths per 1,000 live births for Hispanic infants. The overall infant mortality rate for Shawnee County is 7.9 deaths per 1,000 live births, drastically higher than the state and national values, both at 5.9 deaths per 1,000 live births ((KDHE – 2024), and higher than the Health People 2030 target of 5.0 deaths per 1,000 live births.

The overall rate of severe maternal morbidity (SMM) per 10,000 delivery hospitalizations in Kansas for Black women was 103.5: 83.5% higher than the rate among White women (56.4), 52.7% higher than the rate among Asian/Pacific Islanders (67.8), and 42.2% higher than the rate among Hispanics (72.8). The SMM rate for Black women was significantly higher than any other race and ethnicity (KMMRR-2023). Maternal death rates increased during the COVID-19 pandemic and racial disparities widened for Black women across the nation (KFF-2022).

In Kansas, overall teen births (ages 15-19) decreased slightly from 2022 (1,616) to 2023 (1,537) with the overall percentage decreasing from 4.7 to 4.5 percent (KDHE-2024). However, disparities in teen births continue to persist between different groups related to race, geographic location, and socioeconomic status (HHS-2020). The overall rate of teen births per 1,000 in the state of Kansas is 19.0. In Shawnee County, the overall rate is 26.0, higher than both state and national rates. Additionally, the birth rate for Black teens is 45.0, for Hispanic teens 40.0 compared to White teens at 17.0 (CHRR-2024).

### Neighborhood Safety

Data indicates injuries through accidents or violence are the fourth leading cause of death in the United States, and the leading cause of death for those between the ages of 1 and 44 (CDC-2024). According to County Health Rankings and Roadmaps, accidents and violence affect health and quality of life in both short and long-term and living in unsafe neighborhoods can impact health in a multitude of ways. Neighborhood safety not only reflects violent acts, but also includes unintentional injuries in homes and streets caused through accidents. According to Health People 2030, racial and ethnic minorities and people with low incomes are more likely to live in neighborhoods with health and safety risks.

In Shawnee County, per 100,000 population a total of 9,800 years of potential life (YPLL) were lost to people under the age of 75 (Premature Death) (CHRR-2024). Those YPLL were not consistent across racial and ethnic populations. Notably, the YPLL for Black individuals was more than double the overall Shawnee County rate of 21,000. The rate for American Indian/Alaskan Native at 16,400 was also higher than the County rate and higher than both the Hispanic and White population, 8,200 and 8,700 respectively. These rates are all higher than the State (8,079) and Nation (7,972)(CHRR-2024).

Furthermore, for YPLL from Homicide in Shawnee County, there is a glaring discrepancy within race and ethnicity. The overall rate of YPLL per 100,000 population due to Homicide is 467.4 compared to the state value of 280.9. However, the rate for Black individuals is 2,389.7 years lost, 411 percent higher than the overall value. The rate for Hispanic is 0 and the rate for White is 410.4 (KHM-2024). Additionally, age-adjusted death rate due to homicide for Shawnee County per 100,000 population is 10.8 compared to 5.9 for Kansas and 6.6 for the nation. Disaggregated by race and ethnicity, the rate for Black individuals in Shawnee County is 51.7 compared to 5.6 for White individuals and 378.7 percent higher than the overall rate.

Data also shows disproportionate outcomes by race and ethnicity in YPLL due to traffic injury. The overall rate of YPLL per 100,000 population in Shawnee County due to Traffic Injury is 720.5 compared to the state value of 499.9. However, the rate for Black individuals is 1,912.9 years lost, 165.5 percent higher than the overall value, and the rate for Hispanic is 2,652.4, or 268.1 percent higher than the overall value; compared the rate for White individuals at 461.2 (KHM-2024).

## Obesity

According to the [2023 State of Obesity Report](#), obesity rates have climbed for all population groups nationally with certain populations of color experiencing the highest rates, most often due to structural barriers to healthy eating and a lack of opportunities to be physically active. Nationally, 41.9 percent of adults have obesity. Black and Hispanic adults have the highest rates at 49.9 percent and 45.6 percent respectively. Similarly, obesity rates are increasing among children and adolescents across the United States. Nearly 20 percent of children (ages 2-19) have obesity (TFAH-2023). Again, Black and Hispanic youth have substantially higher rates of obesity than their White counterparts. Obesity rates are lower nationally among adults living in higher income households and among adults with college degrees. 43.9 percent of adults living in households 130 percent below the federal poverty level (FPL) suffered from obesity compared to 39 percent of adults who were above the FPL (TFAH-2023).

Kansas is one of 22 states in the United States with an obesity rate higher 35 percent and is the 17<sup>th</sup> highest rate in the nation at 35.7 percent. Furthermore, combining those who are considered obese with those who are considered overweight, the percentage increases to 69.1 percent, the 23<sup>rd</sup> highest rate in the United States. 23 percent of adults in Kansas are physically inactive, ranking the 24<sup>th</sup> highest rate in the United States (TFAH-2023).

In Shawnee County, 39 percent of adults reported being obese and 24 percent reported being physically inactive, both rates higher than state values (CHHR-2024). At the census tract level, tracts with higher rates of population of people of color and with lower income levels have higher rates of obesity. Most notably census tract 20177001100 reports 51.6 percent of adults being obese, the 11<sup>th</sup> highest rate in the state of Kansas (KHM-2021). This census tract has a median household income of \$27,750 compared to \$63,463 of Shawnee County and 74 percent of population is either Black (18 percent) or Hispanic (56 percent) compared to 24 percent White (ACS-2022). Additionally, 11 percent of residents have limited access to healthy foods, due to low incomes and not living close to a grocery store (CHRR-2024).

### Sexually Transmitted Infections

Rates of sexually transmitted infections (STI or STD) are higher in Shawnee County than the Kansas average and vary widely by race, ethnicity, and age. In 2023, the overall Shawnee County STD (chlamydia, syphilis and gonorrhea) rate per 1,000 population was 10.4, higher than the state value of 6.1 (KDHE- 2023).

As of 2021, the rate per 100,000 population for reported Chlamydia cases in Shawnee County was 830.7, much higher than the Kansas rate of 511.4. State rates for Black residents were 1,599.4 and 679.1 for Hispanic residents, compared to 320.3 for White residents. In 2023, Shawnee County had a chlamydia case rate of 685.8 per 100,000 population. White residents had a chlamydia rate of 501.2 while Black residents had a rate more than four times that at 2,012.2. White residents of Shawnee County had a gonorrhea rate of 212.2 per 100,000 population, while Black residents had a rate of 1,006.1 (KDHE-2024). For Gonorrhea in Shawnee County, the rate per 100,000 populations was 397.2, again, much higher than the State value 193.0. State rates for Black residents were 918.7 and 168.9 for Hispanic residents, compared to 114.7 for White residents (KDHE- 2022).

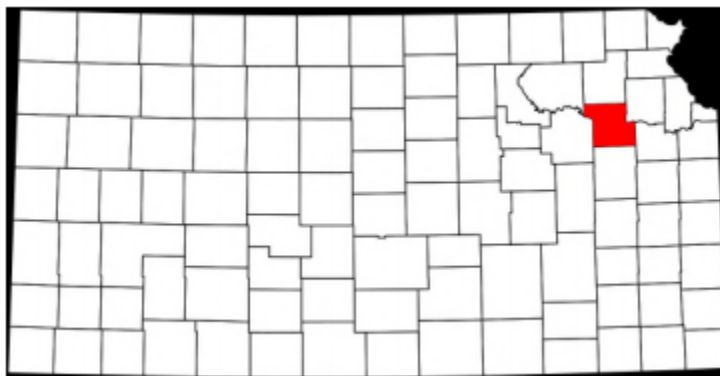
In Kansas, rates also disproportionately affect certain age groups. For Chlamydia, the rate per 100,000 population for ages 15-19 is 2,055.0, for ages 20-24 it is 2,734.7 compared to 1,236.0 for ages 25-29 and 644.2 for ages 30-34 (KDHE-2022). For Gonorrhea, this is more even distribution of rates by age compared to Chlamydia. The rate per 100,000 population for ages 15-19 is 497.1, ages 20-24 is 735.2, ages 25-29 is 526.9 and ages 30-34 is 465.8.

The HIV prevalence rate for Shawnee County per 100,000 population is 167.5 compared to the state rate of 147.4. Disaggregated by gender, the HIV prevalence rate for males is 287.0 compared to females at 55.7. The rate for Black individuals is 667.0, 298.2 percent higher than the overall rate, compared to 199.6 for Hispanic and 114.3 for White.

Currently available resources related to these health disparities can be found in the Appendix.

## Community Profile (A Description of Community Served)

### Shawnee County Kansas



Founded in 1855, Shawnee County is located in northeastern Kansas and is made up of 550 square miles of land. Its county seat, Topeka, is home to Kansas's Capitol Building and 62.76 total square miles of land. From 2010 to 2019 there was a 0.6% drop in the population<sup>1</sup>. Health care and social assistance, educational services, and retail trade are the industries that provide the most employment<sup>2</sup>.

Major highway transportation access to Shawnee County is Interstate 70, which crosses the county, as does the Kansas Turnpike. U.S. Route 75 crosses the county north to south and U.S. Route 40 and U.S. Route 24 cross the county east to west. K-4 serves part of the county from Dover in the southwest corner through Topeka, across the Kansas River and north into Jefferson County.

Residents are mostly of non-Hispanic white (72.1%) race as compared to Hispanic or Lation (14%), Black or African American (8.5%), two or more races (4.8%), Asian (1.5%), American Indian and Alaska Native (1.4%), and Native Hawaiian and other Pacific Islander (0.1%).

### Demographic Profile

Understanding population and household makeup is vital in CHNA evaluation.

| Demographic Indicator              | Shawnee Co KS | State of KS | Source      |
|------------------------------------|---------------|-------------|-------------|
| Population estimates, July 1, 2020 | 177,746       | 2,940,546   | U.S. Census |
| Population change, 2010-2023       | -0.1%         | 3.1%        | U.S. Census |
| Median Age                         | 39.3          | 37.6        | U.S. Census |
| Persons under 5 years, 2023        | 5.6%          | 6%          | U.S. Census |
| Persons 65 years and over, 2023    | 20%           | 17.5%       | U.S. Census |
| Female persons, 2023               | 51.3%         | 49.9%       | U.S. Census |
| Veterans, 2018-2022                | 11,374        | 163,472     | U.S. Census |

|                                                                                |          |           |                                |
|--------------------------------------------------------------------------------|----------|-----------|--------------------------------|
| Foreign born persons, 2018-2022                                                | 4.2%     | 7.1%      | U.S. Census                    |
| Employment Rate                                                                | 43%      | 41.7%     | U.S. Census                    |
| Language other than English Spoken at home, 2018-2022                          | 7.4%     | 11.8%     | U.S. Census                    |
| Living in same house 1 year ago, 2018-2022                                     | 86.6%    | 84.4%     | U.S. Census                    |
| Total Employer Establishments                                                  | 4,023    | 75,057    | U.S. Census                    |
| Median Household Income                                                        | \$63,463 | \$69,747  | U.S. Census                    |
| Households, 2018-2022                                                          | 74,394   | 1,148,635 | U.S. Census                    |
| Total Housing Units                                                            | 80,512   | 1,275,689 | U.S. Census                    |
| Residents with Bachelor's Degrees or Higher (%)                                | 31.7%    | 34.7%     | 2022 American Community Survey |
| Residents without Health Care Coverage (%)                                     | 10.1%    | 10.3%     | 2022 American Community Survey |
| Residents reporting Hispanic or Latino Ethnicity, 2023                         | 24,884   | 402,855   | U.S. Census                    |
| Residential Mobility in the last year.                                         | 18.8%    | 14.6%     | 2022 American Community Survey |
| % of residents who travel alone to work                                        | 75.5%    | 75.3%     | 2022 American Community Survey |
| Persons in poverty, 2023                                                       | 13.6%    | 12%       | U.S. Census                    |
| Children living below poverty level, 2018-2022                                 | 15.3%    | 13.9%     | Kansas Health Matters          |
| High School Graduate or higher, % of persons age 25+ yrs 2022, 1 year estimate | 92.8%    | 91%       | 2022 American Community Survey |
| School Enrollment, K-12                                                        | 74.0%    | 68.3%     | 2022 American Community Survey |

### Trends in health indicators reflect health status in Shawnee County compared to previous periods

Based on health indicators provided by Kansas Health Matters, the overall health status of Shawnee County is trending in a negative direction in a few areas of key health drivers. In particular, the low birth and violent crime rate outcome measures moved in a negative direction in the most recent reporting period. However, the lead indicators including adults who are overweight, STI rate, infant mortality and age-adjusted suicide mortality either improved or did not decrease in a statistically significant fashion, as shown in the chart below. Red = significantly worse, Green = significantly improved, Yellow = No significant change.

| Health Indicators                    | Trend | Shawnee Co KS | Prior Value (previous measurement period) | State of KS |
|--------------------------------------|-------|---------------|-------------------------------------------|-------------|
| Percent of Adults who are Overweight | 0.3%  | 32.7%         | 32.6%                                     | 34.4%       |

|                                                              |        |       |       |       |
|--------------------------------------------------------------|--------|-------|-------|-------|
| STI rate (Cases per 1000)                                    | -15.4% | 10.4  | 12.3  | 6.1   |
| Infant Mortality (per 1000 live births)                      | -3.7%  | 7.9   | 8.2   | 5.9   |
| Low Birth Weight, % of total live births                     | 13.3%  | 8.5%  | 7.5%  | 7.5%  |
| Age Adjusted Mortality per 100,000 population- Overall       | 6.1%   | 949.7 | 895.2 | 878.9 |
| Age Adjusted Mortality per 100,000 population- Heart Disease | 5.4%   | 182.4 | 173.0 | 170.4 |
| Age Adjusted Mortality per 100,000 population- Suicide       | -0.9%  | 22.9  | 23.1  | 19.3  |
| Rate of Violent Crime per 1000 population                    | 13.4%  | 7.6   | 6.7   | 4.4   |
| Uninsured Population                                         | 11.4%  | 12.7% | 11.4% | 13.4% |

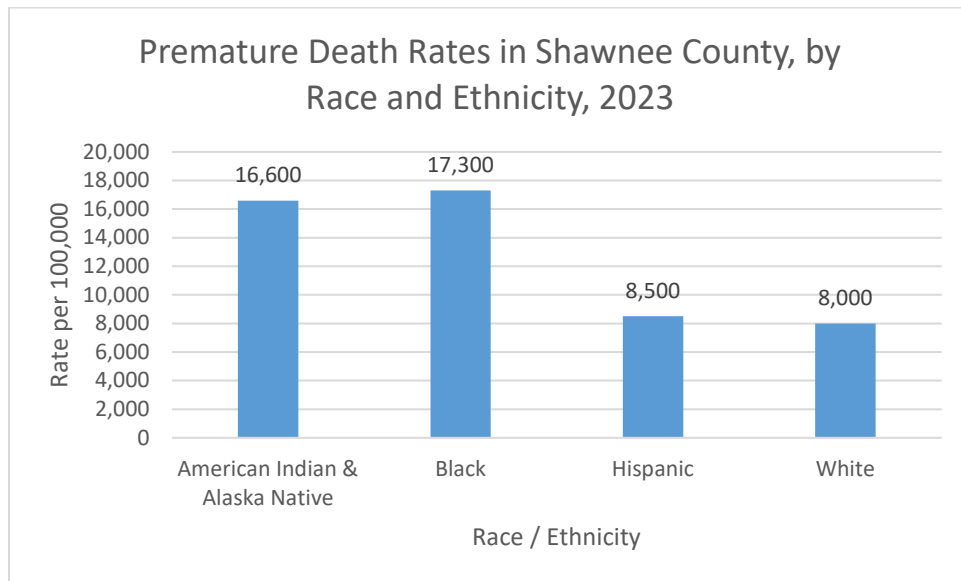
### Stormont Vail Health - Health System Patient Draw

The vast majority of patients who receive care at Stormont Vail Health facilities reside in Shawnee County. As such, Stormont Vail engages in community health improvement efforts focused on the needs expressed by Shawnee County residents during the CHNA process. We are early in the process for similar efforts in Riley and Lyon counties in partnership with those health departments, but have focused efforts on Shawnee to this point. Furthermore, Stormont Vail Health assumed the former Geary Community Hospital in Geary County and is also performing a CHNA focused on Geary County as a primary service area.

| Unique Patients by county of residence at time of service <sup>1</sup> | % of total |         |         |         | Unique Patients Served |         |         |                           |
|------------------------------------------------------------------------|------------|---------|---------|---------|------------------------|---------|---------|---------------------------|
| County of Residence                                                    | FY 2021    | FY 2022 | FY 2023 | FY 2024 | FY 2021                | FY 2022 | FY 2023 | FY 2024 (through July 31) |
| SHAWNEE                                                                | 60.81%     | 60.33%  | 59.17%  | 58.95%  | 128,517                | 124,138 | 124,078 | 120,003                   |
| OSAGE                                                                  | 5.65%      | 5.72%   | 5.67%   | 5.55%   | 11,943                 | 11,779  | 11,882  | 11,301                    |
| LYON                                                                   | 7.14%      | 7.34%   | 7.18%   | 6.66%   | 15,095                 | 15,109  | 15,065  | 13,563                    |
| JEFFERSON                                                              | 4.40%      | 4.51%   | 4.45%   | 4.48%   | 9,305                  | 9,289   | 9,341   | 9,124                     |
| RILEY                                                                  | 6.75%      | 7.06%   | 7.37%   | 7.30%   | 14,260                 | 14,524  | 15,446  | 14,869                    |
| JACKSON                                                                | 3.41%      | 3.53%   | 3.47%   | 3.44%   | 7,203                  | 7,271   | 7,286   | 7,006                     |
| POTTAWATOMIE                                                           | 3.54%      | 3.66%   | 3.61%   | 3.48%   | 7,485                  | 7,530   | 7,571   | 7,083                     |
| GEARY                                                                  | 2.36%      | 2.78%   | 4.31%   | 5.64%   | 4,987                  | 5,716   | 9,032   | 11,476                    |
| WABAUNSEE                                                              | 1.88%      | 1.91%   | 1.87%   | 1.86%   | 3,979                  | 3,921   | 3,926   | 3,782                     |
| DOUGLAS                                                                | 3.21%      | 2.71%   | 2.70%   | 2.53%   | 6,792                  | 5,574   | 5,654   | 5,149                     |
| Not provided                                                           | 4.19%      | 4.52%   | 4.67%   | 4.79%   | 8,852                  | 9,303   | 9,787   | 9,742                     |
| DICKINSON                                                              | 0.52%      | 0.60%   | 0.80%   | 1.02%   | 1,103                  | 1,228   | 1,673   | 2,085                     |
| MORRIS                                                                 | 0.52%      | 0.58%   | 0.61%   | 0.63%   | 1,107                  | 1,203   | 1,289   | 1,282                     |
| CLAY                                                                   | 0.72%      | 0.75%   | 0.74%   | 0.80%   | 1,512                  | 1,539   | 1,562   | 1,625                     |
| MARSHALL                                                               | 0.56%      | 0.57%   | 0.62%   | 0.57%   | 1,174                  | 1,183   | 1,295   | 1,165                     |
| JOHNSON                                                                | 1.02%      | 0.74%   | 0.67%   | 0.59%   | 2,157                  | 1,514   | 1,399   | 1,207                     |
| Others (1161 Counties)                                                 | 7.70%      | 7.71%   | 7.46%   | 7.02%   | 19,526                 | 19,188  | 18,849  | 17,208                    |
| Total                                                                  | 100.00%    | 100.00% | 100.00% | 100.00% | 211,342                | 205,776 | 209,713 | 203,569                   |

<sup>1</sup>Patient may move between different service dates. The county shown is at the date of service.

## Secondary Research

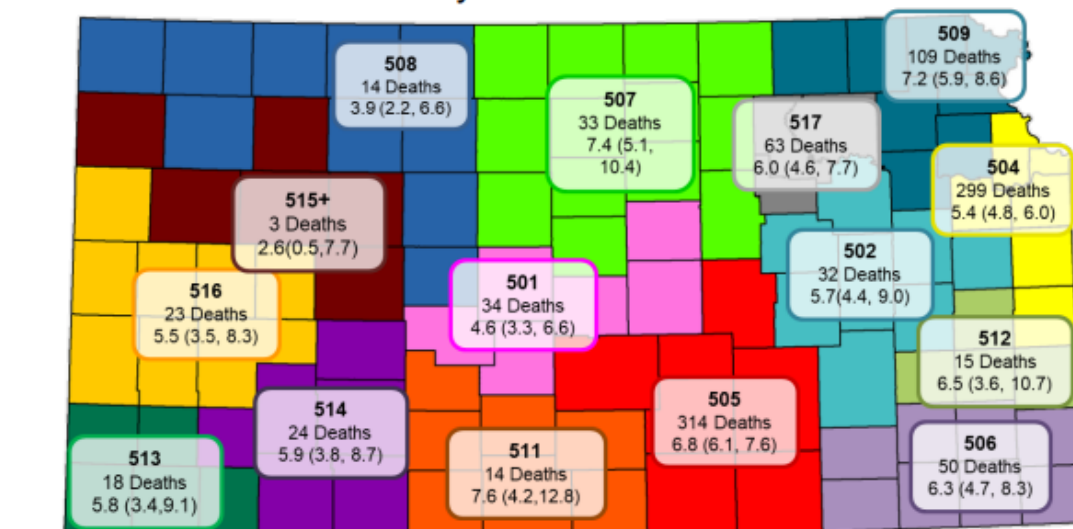


## Maternal and Infant Health Profile

According to the 2021 Kansas Infant Mortality and Stillbirth Report, during 2017 to 2021, Shawnee County had the 4<sup>th</sup> highest number of infant deaths in the State, at a count of 84, or 8%. It, along with Sedgwick, Johnson, and Wyandotte Counties, accounted for more than half (52.2%) of all infant deaths in the State. Shawnee County had the 3<sup>rd</sup> highest infant mortality rate during this five-year period, at 8.2 infant deaths per 1,000 live births (CI: 6.5, 8.1), surpassed only by Sumner (9.6) and Harvey (9.2) Counties. As the number of deaths was too small for analysis in many Kansas counties, counties were combined into regions based on their current Public Health Emergency Preparedness Regions (Figure 1). The region with the highest reliable infant mortality rate was the Northeast Corner, at 7.2 deaths per 1,000 live births (95% CI: 5.9, 8.6)<sup>3</sup>.



Figure I. Infant Deaths and Five-Year Average Mortality Rates\* with 95% Confidence Intervals by Kansas Health Preparedness Region, 2017-2021  
Rates by Urban/Rural Residence



#### Kansas Public Health Regions

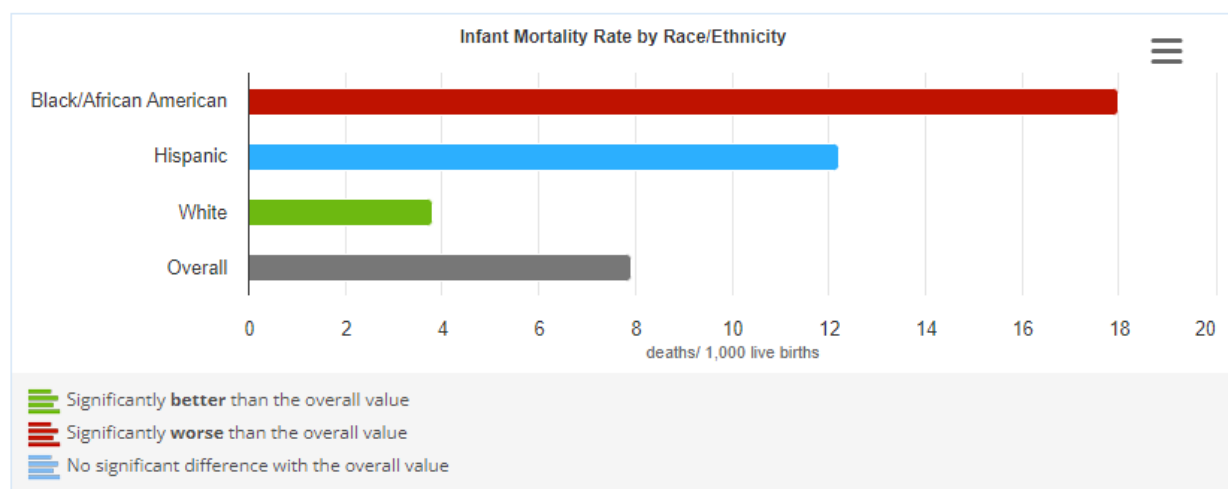
|                                |                               |                                   |
|--------------------------------|-------------------------------|-----------------------------------|
| 501 - Central Kansas           | 502 - EC Coalition            | 504 - KC Metro                    |
| 505 - KS SC Metro              | 506 - Lower 8 of SE KS        | 507 - NC KS Pub Health Initiative |
| 508 - Northwest BT Region      | 509 - Northeast Corner        | 511 - SC Coalition                |
| 512 - SEK                      | 513 - SW KS Health Initiative | 514 - SW Surveillance             |
| 515 - WC Pub Health Initiative | 516 - Western Pyramid         | 517 - Wildcat                     |

\*Infant deaths per 1,000 live births.

\*Numbers too small to calculate rates (Relative Standard Error > 50%).

Source: Bureau of Epidemiology and Public Health Informatics, Kansas Department of Health and Environment

According to Kansas Health Matters, from 2018 to 2022, the Black population infants in Shawnee County had the highest infant mortality die at a rate of 18 deaths per 1,000 live births, compared to 12.2 in the deaths for Hispanic population infants and 3.8 in the White population deaths for white infants.



The following chart compares Shawnee County with the State of Kansas in different infant and maternal health measures from 2018 to 2022<sup>4</sup>.

| Health Indicator                                         | Shawnee County | State of Kansas |
|----------------------------------------------------------|----------------|-----------------|
| % of Births Where Prenatal Care Began in First Trimester | 75.7%          | 81.2%           |
| % of Premature Births                                    | 10.9%          | 10.1%           |
| % of Births with Low Birth Weight                        | 8.5%           | 7.5%            |
| % of WIC Mothers Breastfeeding Exclusively, 2023         | 14.9%          | 18.2%           |
| % of All Births Occurring to Teens (15-19 years of age)  | 7%             | 4.8%            |
| % of Births Occurring to Unmarried Women                 | 49.9%          | 36.4%           |
| % of Births Where Mother Smoked During Pregnancy         | 11.3%          | 6.9%            |

### Hospitalization/Provider Profile

Understanding provider access and disease patterns is fundamental in healthcare delivery. Listed below are several vital county statistics from the 2023 County Health Rankings.

| Health Indicator                                               | Shawnee County                   | State of Kansas                  |
|----------------------------------------------------------------|----------------------------------|----------------------------------|
| Preventable Hospital Stay Rate, per 100,000 Medicare enrollees | 3,302                            | 2,708                            |
| Flu Vaccination % of Medicare enrollees                        | 62%                              | 51%                              |
| Primary Care Physicians                                        | 1,390:1 population to physicians | 1,260:1 population to physicians |
| Dentists                                                       | 1,500:1 population to dentists   | 1,610 population to dentists     |
| Mental Health Providers                                        | 270:1 population to providers    | 450:1 population to providers    |
| Mammography Screening of female Medicare enrollees ages 65-74  | 52%                              | 42%                              |

### Chronic Health Status

The following chart lists the percentage of the population on Medicare reported to have common chronic health conditions in 2022, according to Kansas Health Matters. Shawnee County had higher reported percentages for all categories except heart failure, atrial fibrillation, and stroke<sup>4</sup>.

| Health Indicator | Shawnee County | State of Kansas |
|------------------|----------------|-----------------|
| Hypertension     | 67%            | 66%             |
| Hyperlipidemia   | 72%            | 63%             |
| Diabetes         | 25%            | 24%             |

|                        |     |     |
|------------------------|-----|-----|
| Heart Failure          | 11% | 11% |
| Chronic Kidney Disease | 21% | 17% |
| COPD                   | 14% | 12% |
| Atrial Fibrillation    | 14% | 15% |
| Cancer                 | 12% | 11% |
| Osteoporosis           | 12% | 11% |
| Asthma                 | 8%  | 6%  |
| Stroke                 | 5%  | 5%  |

## Mortality Profile

The leading causes of death in Shawnee County, according to Kansas Health Matters, are listed below. Shawnee County had a lower life expectancy than the State average, higher mortality rates for all age-adjusted chronic disease measures than the State, and a lower percentage of alcohol-impaired driving deaths than the State<sup>4</sup>.

| Health Indicator                                                         | Shawnee County           | State of Kansas          |
|--------------------------------------------------------------------------|--------------------------|--------------------------|
| Life Expectancy (years), 2019-2021                                       | 75.7                     | 77 deaths per 100,000    |
| Age-Adjusted Cancer Mortality Rate, 2020-2022                            | 149.2 deaths per 100,000 | 148.3 deaths per 100,000 |
| Age-Adjusted Heart Disease Mortality Rate, 2020-2022                     | 182.4 deaths per 100,000 | 170.4 deaths per 100,000 |
| Age-Adjusted Chronic Lower Respiratory Disease Mortality Rate, 2020-2022 | 47.7 deaths per 100,000  | 43 deaths per 100,000    |
| Alcohol-Impaired Driving Deaths %, 2017-2021                             | 17.7% of driving deaths  | 19.9% of driving deaths  |

## References

1. <https://www.countyhealthrankings.org/health-data/kansas?year=2023&tab=0>
2. <https://www.khi.org/wp-content/uploads/2024/03/Shawnee-County-2024.pdf>
3. <https://www.kdhe.ks.gov/DocumentCenter/View/29631/Infant-Mortality-Report-2021-PDF>
4. <https://www.kansashealthmatters.org>

## **Conclusion and Next Steps:**

Upon completion of the 2024 CHNA process, Shawnee County now has a clear line of sight to the work ahead of us. The community defined our top four priority areas: Behavioral Health (Mental health and Substance Abuse), Neighborhood Safety and Housing, Healthy Eating, and Health Equity. While these topics are not small in scale by any means, they are the correct work in which the community needs to engage to achieve healthier outcomes.

Starting in the last quarter of 2024 and into 2025, the community will enter into a Community Health Improvement Planning (CHIP) process, focused on creating actionable and specific interventions targeted at the identified CHNA priority areas. The CHIP will be drafted in detail to add specific strategies and interventions required to help meet the corresponding goals and objectives. For the dedicated organizations of the Shawnee County community that will engage in this health improvement work, led by LiveWell Shawnee County, this will entail a commitment to work collaboratively to achieve a collective impact on the priorities identified in the 2024 Community Health Needs Assessment.

If you would like to be part of this important work moving forward, please contact Sarah Karns: [skarns@livewellsnco.org](mailto:skarns@livewellsnco.org)

## Appendix

### Appendix I- Full Survey (English and Spanish)

#### 2024 Community Health Needs Assessment

##### General Information

1. Do you live in Shawnee County? ☐ Yes ☐ No {Ends the survey}
2. What is the ZIP code of your home address? ☐ 66402 ☐ 66409 ☐ 66533 ☐ 66539 ☐ 66542 ☐ 66546 ☐ 66603  
☐ 66604 ☐ 66605 ☐ 66606 ☐ 66607 ☐ 66608 ☐ 66609 ☐ 66610 ☐ 66611 ☐ 66612 ☐ 66614 ☐ 66615 ☐ 66616  
☐ 66617 ☐ 66618 ☐ 66619 ☐ 66621 ☐ 66622

##### Health Care

3. Where do you USUALLY go, when you or members of your household need basic, NON-EMERGENCY medical care? (Mark only one.)

|                                                     |                                                                 |                                                  |
|-----------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Did not seek medical care  | <input type="checkbox"/> Emergency department                   | <input type="checkbox"/> Immediate/ Express care |
| <input type="checkbox"/> Nonprofit Community clinic | <input type="checkbox"/> Private clinics                        | <input type="checkbox"/> Personal/private doctor |
| <input type="checkbox"/> Other: Specify             | <input type="checkbox"/> Retail Provider (Amazon, Walmart, CVS) |                                                  |

4. Is everyone in your household covered by health insurance? ☐ Yes ☐ No if no, why (Too expensive, work doesn't offer, etc.)

a. If YES: What types of coverage do you have? (Mark all that apply.)

|                                   |                                                                           |                                                 |
|-----------------------------------|---------------------------------------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Medicaid | <input type="checkbox"/> Tricare                                          | <input type="checkbox"/> Other: (Specify: ____) |
| <input type="checkbox"/> Medicare | <input type="checkbox"/> Private insurance (Blue Cross Blue Shield, etc.) |                                                 |

5. In the past 12 months, did you or anyone in your household need any of the following services:

|                                           |                                                          |                                 |                                                          |
|-------------------------------------------|----------------------------------------------------------|---------------------------------|----------------------------------------------------------|
| Counseling – behavioral/mental healthcare | <input type="checkbox"/> Yes <input type="checkbox"/> No | If YES, was that care received? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Dental care                               | <input type="checkbox"/> Yes <input type="checkbox"/> No |                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Medical care                              | <input type="checkbox"/> Yes <input type="checkbox"/> No |                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Quitting tobacco/nicotine                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Substance/opioid use care                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Prescription Medication                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |

If you did not receive care, why not?

- ☐ Care was not available      ☐ Care was too expensive      ☐ Did not seek care  
☐ My language was not available.      ☐ Lack of transportation      ☐ Other: (Specify \_\_\_\_ )

6. For each of the following health procedures, please indicate the last time you yourself had the procedure done.

|                      | In the past 12 months    | In the last 1-5 years    | More than 5 years ago    | Never                    | Not applicable           |
|----------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Blood pressure check | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Dental screening     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Flu vaccine          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| COVID vaccine        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Mammogram            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Pap smear            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Prostate exam        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

7. For each concern listed below, please share if - **in the past 12 months** - it has been a major concern, a moderate concern, a minor concern, or not a concern for your household.

| #  | Health or Social Concerns                                      | Major Concern            | Moderate Concern         | Minor Concern            | Not a Concern            | Don't Know               | Was unavailable          |
|----|----------------------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1  | Access to fresh fruits and vegetables                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2  | Access to opportunities for physical activity                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3  | Access to voting                                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4  | Adult basic education (job skills, computers, literacy, etc.)  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5  | Adult day care services                                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6  | Assistance to active military                                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7  | Assistance to military dependents                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8  | Assistance to military veterans                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9  | Before/after school services                                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | Bullying                                                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 | Commercial Tobacco Use                                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12 | Up to date information about available community services      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13 | Disaster response including shelter                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14 | Domestic/family violence                                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15 | Environmental pollution/recycling                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16 | Financial assistance (housing/utility)                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17 | Financial assistance (medical, dental, behavioral health care) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18 | Financial/credit counseling (Including housing)                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19 | Food assistance                                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20 | Home repair/safety                                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 21 | Home/meal delivery services for homebound individuals          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22 | Homelessness                                                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 23 | Human/sex trafficking                                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 24 | Immunizations (both adult and child)                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 25 | Infant/child care, including daycare                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 26 | Injury prevention devices (bike helmets, etc)                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 27 | Job training/retraining assistance                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 28 | Juvenile delinquency                                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 29 | Gang Activity                                                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 30 | Legal assistance                                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 31 | Mental Health Concerns (Depression/Anxiety)                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 32 | Mentoring for children/youth                                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 33 | Child Obesity                                                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 34 | Adult Obesity                                                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 35 | Support to Transition into Community                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 36 | Neighborhood safety                                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

|    | Health or Social Concerns                        | Major Concern            | Moderate Concern         | Minor Concern            | Not a Concern            | Don't Know               | Was unavailable          |
|----|--------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 37 | Opportunities for social interaction             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 38 | Parenting education/support                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 39 | Resources for caregivers/respice care            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 40 | Safe, affordable, accessible housing             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 41 | Sexual assault                                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 42 | Student classroom attendance                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 43 | Substance use (i.e. opioid, alcohol)             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 44 | Enough options for healthy eating                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 45 | Treatment for Chronic Conditions (i.e. Diabetes) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 46 | Tutoring for children/youth                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 47 | Unintentional injuries (accidents, falls, etc.)  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 48 | Unplanned pregnancy                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 49 | Vaping                                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 50 | Youth development/character building programs    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

#### Income and Support

8. Are you currently employed? ☐ Yes, full-time ☐ Yes, part-time ☐ No  
 a. If NO: Are you: ☐ Disabled ☐ Family Manager/Stay-At Home ☐ Retired ☐ Student ☐ Unemployed
9. In the past 12 months, has anyone in your household been laid off from any job due to the economy and/or workforce reduction? ☐ Yes ☐ No

OTHER CONCERNS of importance to you in the past 12 months:

|

#### Pregnancy and Postpartum: Only answer questions 10-13 if you were pregnant in the last 12 months

10. Did you get Prenatal care during your most recent pregnancy? ☐ Yes ☐ No How many total checkups did you have during your pregnancy? \_\_\_\_\_
11. If so, how many weeks into pregnancy were you when you had the first pregnancy checkup by a midwife or doctor?
- Less than 8 weeks
  - 8-20 weeks
  - 21-30 weeks
  - More than 30 weeks
12. Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is a regular health checkup you have 12 weeks after giving birth. ☐ Yes ☐ No
13. Did any of these things keep you from having a prenatal/postpartum checkup? Check ALL that apply
- ☐ I didn't know I needed one/ I felt fine
  - ☐ I didn't have enough money or insurance to pay for the visit
  - ☐ I couldn't get an appointment when I wanted one
  - ☐ I didn't have transportation/ I didn't have anyone to take me to the appointment
  - ☐ I couldn't take time off from work or school/ had too many things going on
  - ☐ Reason Not Listed Above: \_\_\_\_\_



## Demographics

This section of the survey asks for demographic information so that we are certain our respondents reflect the entire community. Your responses will remain anonymous. No individual surveys will be shared. All information will be summarized for analysis and reporting.

14. To which age group do you currently belong?

- ☐ Under 18    ☐ 35-44    ☐ 65-74  
☐ 18-24    ☐ 45-54    ☐ 75-84  
☐ 25-34    ☐ 55-64    ☐ 85 or older

15. What is your preferred gender identity:

- ☐ Male    ☐ Non-binary  
☐ Female    ☐ Transgender

16. Are you Hispanic? ☐ Yes ☐ No

17. Which (Ethnicity) categories describe you? Mark all boxes that apply. Note, you may report more than one group.

☐ American Indian or Alaska Native

|                 |                                                                 |                                   |                                                    |
|-----------------|-----------------------------------------------------------------|-----------------------------------|----------------------------------------------------|
| Alaska Native   | Kickapoo Tribe of Indians of the Kickapoo Reservation in Kansas | Iowa Tribe of Kansas and Nebraska | Sac & Fox Nation of Missouri (Kansas and Nebraska) |
| Cherokee Nation | Prairie Band Potawatomi Nation                                  | Unknown                           | Other                                              |

☐ Asian

|              |            |
|--------------|------------|
| Asian Indian | Japanese   |
| Chinese      | Korean     |
| Filipino     | Vietnamese |
| Unknown      | Other      |

☐ Black or African American

|                  |          |
|------------------|----------|
| African American | Nigerian |
| Ethiopian        | Somali   |
| Haitian          | Other    |
| Jamaican         | Unknown  |

☐ Hispanic, Latino, or Spanish    ☐ Middle East/NA

|                             |              |
|-----------------------------|--------------|
| Colombian                   | Puerto Rican |
| Cuban                       | Salvadoran   |
| Dominican                   | Other        |
| Mexican or Mexican American | Unknown      |

|          |          |
|----------|----------|
| Algerian | Moroccan |
| Egyptian | Syrian   |
| Iranian  | Other    |
| Lebanese | Unknown  |

☐ Native Hawaiian or other Pacific Islander    ☐ White or Caucasian

Pacific Islander

|                 |         |         |          |           |
|-----------------|---------|---------|----------|-----------|
| Chamorro        | Samoa   | English | Italian  | Ukrainian |
| Fijian          | Tongan  | French  | Polish   | Other     |
| Marshallese     | Other   | German  | Scottish | Unknown   |
| Native Hawaiian | Unknown | Irish   | Swedish  |           |

☐ Other (Specify: \_\_\_\_)

18. What is your highest level of education?

- ☐ Some high school    ☐ Vocational/Tech School  
☐ GED    ☐ High school graduate  
☐ Some college  
☐ College graduate  
☐ Post-graduate education

19. What is your preferred spoken language? \_\_\_\_

20. How many people currently live in your house? \_\_\_\_ people (total)

How many are adults age 65 years and older? \_\_\_\_ (Be sure to include yourself, if appropriate.)

How many are children (under 18 years old)? \_\_\_\_ children

21. Counting income from all sources for everyone living in your household, which category below represents your before-tax annual household income for 2023:

- ☐ Less than \$10,000    ☐ \$50,000-74,999  
☐ \$10,000-14,999    ☐ \$75,000-99,999  
☐ \$15,000-24,999    ☐ \$100,000-149,999  
☐ \$25,000-34,999    ☐ \$150,000-199,999  
☐ \$35,000-49,999    ☐ \$200,000 or more  
☐ Don't know

## Evaluación de las necesidades de salud de la comunidad para 2024

### Información general

- ¿Vive en el condado de Shawnee? ☐ Sí ☐ No {Ends the survey if not in Geary County}
- ¿Cuál es el código postal de la dirección de su casa? ☐ 66402 ☐ 66409 ☐ 66533 ☐ 66539 ☐ 66542 ☐ 66546  
☐ 66603 ☐ 66604 ☐ 66605 ☐ 66606 ☐ 66607 ☐ 66608 ☐ 66609 ☐ 66610 ☐ 66611 ☐ 66612 ☐ 66614 ☐ 66615  
☐ 66616 ☐ 66617 ☐ 66618 ☐ 66619 ☐ 66621 ☐ 66622

### Atención médica

- ¿A dónde acude HABITUALMENTE cuando usted o los miembros de su familia necesitan atención médica básica que NO SEA DE EMERGENCIA? (Marque solo una opción).

|                                                                 |                                                                        |                                                    |
|-----------------------------------------------------------------|------------------------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> No busqué atención médica              | <input type="checkbox"/> Sala de emergencias                           | <input type="checkbox"/> Atención inmediata/exprés |
| <input type="checkbox"/> Clínica comunitaria sin fines de lucro | <input type="checkbox"/> Clínicas privadas                             | <input type="checkbox"/> Médico personal/privado   |
| <input type="checkbox"/> Otro: (Especificar: ____)              | <input type="checkbox"/> Proveedor minorista<br>(Amazon, Walmart, CVS) |                                                    |

- ¿Todos los miembros de su familia tienen cobertura de seguro de salud? ☐ Sí ☐ No. Si la respuesta es NO, ¿por qué? (Demasiado caro, mi trabajo no lo ofrece, etc.)
  - Si la respuesta es SÍ, ¿qué tipos de cobertura tienen? (Marque todas las opciones que correspondan).

|                                   |                                                                        |                                                    |
|-----------------------------------|------------------------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Medicaid | <input type="checkbox"/> Tricare                                       | <input type="checkbox"/> Otro: (Especificar: ____) |
| <input type="checkbox"/> Medicare | <input type="checkbox"/> Seguro privado (Blue Cross Blue Shield, etc.) |                                                    |

- En los últimos 12 meses, ¿usted o alguien de su familia necesitó alguno de los siguientes servicios?

|                                               | <input type="checkbox"/> Sí | <input type="checkbox"/> No |                                                                 | <input type="checkbox"/> Sí | <input type="checkbox"/> No |
|-----------------------------------------------|-----------------------------|-----------------------------|-----------------------------------------------------------------|-----------------------------|-----------------------------|
| Asesoría: atención médica conductual o mental | <input type="checkbox"/>    | <input type="checkbox"/>    | Si la<br>respuesta<br>es SÍ, ¿se<br>recibió<br>esa<br>atención? | <input type="checkbox"/>    | <input type="checkbox"/>    |
| Atención dental                               | <input type="checkbox"/>    | <input type="checkbox"/>    |                                                                 | <input type="checkbox"/>    | <input type="checkbox"/>    |
| Atención médica                               | <input type="checkbox"/>    | <input type="checkbox"/>    |                                                                 | <input type="checkbox"/>    | <input type="checkbox"/>    |
| Ayuda para dejar el tabaco/la nicotina        | <input type="checkbox"/>    | <input type="checkbox"/>    |                                                                 | <input type="checkbox"/>    | <input type="checkbox"/>    |
| Atención por uso de sustancias y opioides     | <input type="checkbox"/>    | <input type="checkbox"/>    |                                                                 | <input type="checkbox"/>    | <input type="checkbox"/>    |
| Medicamentos recetados                        | <input type="checkbox"/>    | <input type="checkbox"/>    |                                                                 | <input type="checkbox"/>    | <input type="checkbox"/>    |

Si no recibió atención, ¿por qué no?

- |                                                         |                                                      |                                                    |
|---------------------------------------------------------|------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> No estaba disponible           | <input type="checkbox"/> La atención era muy costosa | <input type="checkbox"/> No busqué atención        |
| <input type="checkbox"/> Mi idioma no estaba disponible | <input type="checkbox"/> Falta de transporte         | <input type="checkbox"/> Otro: (Especificar: ____) |

- Para cada uno de los siguientes procedimientos médicos, indique la última vez que se lo realizaron.

|                             | En los últimos 12 meses  | En los últimos 1 a 5 años | Hace más de 5 años       | Nunca                    | No aplica                |
|-----------------------------|--------------------------|---------------------------|--------------------------|--------------------------|--------------------------|
| Control de presión arterial | <input type="checkbox"/> | <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Evaluación dental           | <input type="checkbox"/> | <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Vacuna contra la influenza  | <input type="checkbox"/> | <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Vacuna contra la COVID      | <input type="checkbox"/> | <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Mamografía                  | <input type="checkbox"/> | <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Papanicolau                 | <input type="checkbox"/> | <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Examen de próstata          | <input type="checkbox"/> | <input type="checkbox"/>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

7. Comparta si, **en los últimos 12 meses**, cada una de las cuestiones mencionadas abajo ha sido una preocupación importante, moderada, menor o nula para su familia.

| #  | Cuestiones sociales o de salud                                                                  | Preocupación importante  | Preocupación moderada    | Preocupación menor       | Preocupación nula        | No sé                    | No estaba disponible     |
|----|-------------------------------------------------------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1  | Acceso a frutas y verduras frescas                                                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2  | Acceso a oportunidades para realizar actividad física                                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3  | Acceso a votación                                                                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4  | Educación básica para adultos (habilidades para el trabajo, computadoras, alfabetización, etc.) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5  | Servicios para el cuidado diurno de adultos                                                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6  | Asistencia a militares en servicio                                                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7  | Asistencia a dependientes de militares                                                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8  | Asistencia a veteranos de las fuerzas armadas                                                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9  | Servicios antes/después de clases                                                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | Acoso                                                                                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 | Consumo de tabaco de venta libre                                                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12 | Información actualizada acerca de servicios comunitarios disponibles                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13 | Respuesta en caso de desastre, incluso refugio                                                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14 | Violencia doméstica/familiar                                                                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15 | Contaminación ambiental/reciclaje                                                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16 | Asistencia financiera (vivienda/servicios públicos)                                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17 | Asistencia financiera (atención médica, odontológica, de salud conductual)                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18 | Asesoría financiera y crediticia (incluyendo vivienda)                                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19 | Asistencia alimentaria                                                                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20 | Reparación/seguridad en el hogar                                                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 21 | Servicios de entrega de comidas a domicilio para personas confinadas en el hogar                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22 | Carencia de vivienda                                                                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 23 | Trata de personas/sexual                                                                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

|    | <u>Cuestiones sociales o de salud</u>                                      | Preocupación importante  | Preocupación moderada    | Preocupación menor       | Preocupación nula        | No sé                    | No estaba disponible     |
|----|----------------------------------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 24 | Vacunas (tanto para adultos como para niños)                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 25 | Cuidado de bebés/niños, incluyendo guardería                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 26 | Dispositivos para la prevención de lesiones (cascos para bicicletas, etc.) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 27 | Asistencia en capacitación y readaptación laboral                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 28 | Delincuencia juvenil                                                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 29 | Actividad entre pandillas                                                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 30 | Asistencia legal                                                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 31 | Problemas de salud mental (depresión/ansiedad)                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 32 | Tutoría para niños, niñas y jóvenes                                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 33 | Obesidad infantil                                                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 34 | Obesidad adulta                                                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 35 | Apoyo a la transición a la comunidad                                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 36 | Seguridad en el vecindario                                                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 37 | Oportunidades de interacción social                                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 38 | Educación/apoyo para padres                                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 39 | Recursos para cuidadores/atención de relevo                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 40 | Vivienda segura, asequible y accesible                                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 41 | Agresión sexual                                                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 42 | Asistencia de estudiantes al salón de clases                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 43 | Consumo de sustancias (por ejemplo, opioides, alcohol)                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 44 | Opciones suficientes para comer de forma saludable                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 45 | Tratamiento para afecciones crónicas (por ejemplo, diabetes)               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 46 | Tutoría para niños/jóvenes                                                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 47 | Lesiones involuntarias (accidentes, caídas, etc.)                          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 48 | Embarazo no planeado                                                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 49 | Vapeo                                                                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 50 | Programas de desarrollo juvenil y de formación de la personalidad          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

#### **Ingresos y apoyo**

8. ¿Tiene empleo actualmente? ☐ Sí, de tiempo completo ☐ Sí, de medio tiempo ☐ No  
a. Si la respuesta es NO, indique si usted es: ☐ Discapacitado ☐ Jefe de familia/Se queda en casa  
☐ Jubilado ☐ Estudiante ☐ Desempleado
9. En los últimos 12 meses, ¿han despedido a alguien de su familia debido a la reducción de la economía o de la fuerza de trabajo? ☐ Sí ☐ No

OTRAS CUESTIONES de importancia para usted en los últimos 12 meses:

#### **Embarazo y posparto: Solo responda las preguntas 10 a 13 si estuvo embarazada en los últimos 12 meses**

10. ¿Recibió atención prenatal durante su último embarazo? ☐ Sí ☐ No ¿Cuántos controles médicos totales se realizó durante el embarazo? \_\_\_\_\_
11. Si la respuesta es Sí, ¿cuántas semanas de embarazo tenía cuando se realizó el primer control de embarazo por parte de una partera o un médico?
- a. Menos de 8 semanas
  - b. 8-20 semanas
  - c. 21-30 semanas
  - d. Más de 30 semanas
12. Desde que nació su nuevo bebé, ¿se ha realizado un control posparto para usted? El control posparto es un control de salud regular que se realiza 12 semanas después de dar a luz. ☐ Sí ☐ No
13. ¿Alguno de estos factores le impidió hacerse un control prenatal y posparto? Marque TODAS las que correspondan
- a. ☐ No sabía que necesitaba uno/Me sentía bien
  - b. ☐ No tenía suficiente dinero o seguro para pagar la visita
  - c. ☐ No pude conseguir una cita cuando quería
  - d. ☐ No tenía transporte/No tenía a nadie que me llevara a la cita
  - e. ☐ No podía pedir permiso en el trabajo o la escuela/Estaba muy ocupada
  - f. ☐ Motivo no mencionado anteriormente: \_\_\_\_\_

## Demografía

En esta sección de la encuesta, se solicita información demográfica para asegurarnos de que nuestros encuestados reflejan a toda la comunidad. Sus respuestas se mantendrán anónimas. No se compartirán encuestas individuales. Toda la información se resumirá para fines de análisis y elaboración de informes.

14. ¿A qué grupo etario pertenece actualmente?

- ☐ Menos de 18   ☐ 35-44   ☐ 65-74  
☐ 18-24   ☐ 45-54   ☐ 75-84  
☐ 25-34   ☐ 55-64   ☐ 85 o mayor

15. ¿Cuál es su identidad de género preferida?

- ☐ Hombre   ☐ No binario  
☐ Mujer   ☐ Transgénero

16. ¿Es usted hispano/a? ☐ Sí ☐ No

17. ¿Qué categorías (étnicas) lo describen? Marque todas las casillas que correspondan. Tenga en cuenta que puede pertenecer a más de un grupo.

☐ Indio americano o nativo de Alaska

|                  |                                                           |                                 |                                                 |
|------------------|-----------------------------------------------------------|---------------------------------|-------------------------------------------------|
| Nativo de Alaska | Tribu de indios Kickapoo de la reserva Kickapoo en Kansas | Tribu Iowá de Kansas y Nebraska | Nación Sac y Fox del Misuri (Kansas y Nebraska) |
| Nación Cherokee  | Nación Prairie Band Potawatomi                            | Ninguna                         | Otro                                            |

☐ Asiático

|                |            |
|----------------|------------|
| Indio asiático | Japonés    |
| Chino          | Coreano    |
| Filipino       | Vietnamita |
| Ninguna        | Otro       |

☐ Negro o afroamericano

|               |           |
|---------------|-----------|
| Afroamericano | Nigeriano |
| Etíope        | Somalí    |
| Haitiano      | Otro      |
| Jamaicano     | Ninguna   |

☐ Hispano, latino o español

☐ De Oriente Medio/NA

|                              |                |
|------------------------------|----------------|
| Colombiano                   | Puertorriqueño |
| Cubano                       | Salvadoreño    |
| Dominicano                   | Otro           |
| Mexicano o mexicanoamericano | Ninguna        |

|          |          |
|----------|----------|
| Argelino | Marroquí |
| Egipcio  | Sirio    |
| Iraní    | Otro     |
| Libanés  | Ninguna  |

☐ Nativo de Hawái u otro ☐ Blanco o caucásico

Isleño del Pacífico

|                 |         |
|-----------------|---------|
| Chamorro        | Samoano |
| Fiyiano         | Tonga   |
| Marshalés       | Otro    |
| Nativo de Hawái | Ninguna |

|          |          |           |
|----------|----------|-----------|
| Inglés   | Italiano | Ucraniano |
| Francés  | Polaco   | Otro      |
| Alemán   | Escocés  | Ninguna   |
| Irlandés | Sueco    |           |

☐ Otro (Especificar: \_\_\_\_)

18. ¿Cuál es el nivel más alto de educación que ha cursado?

- ☐ Secundaria incompleta  
☐ Escuela de formación profesional/técnica  
☐ Diploma GED  
☐ Secundaria completa  
☐ Universitario incompleto  
☐ Universitario completo  
☐ Posgrado

19. ¿Cuál es su idioma hablado preferido? \_\_\_\_

20. ¿Cuántas personas viven actualmente en su casa?

\_\_\_\_ personas (en total)

¿Cuántos son adultos mayores de 65 años?

\_\_\_\_ (asegúrese de incluirse, si corresponde).

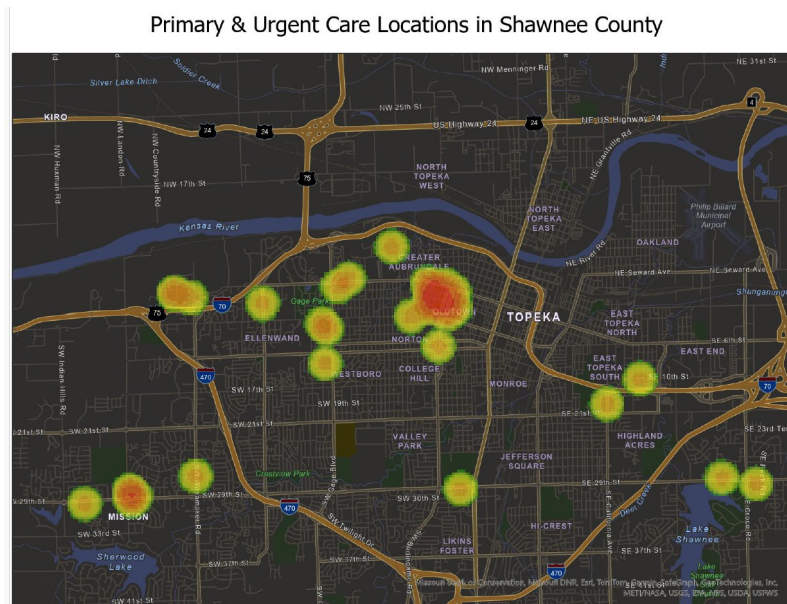
¿Cuántos son niños (menores de 18 años)?

\_\_\_\_ niños

21. Considerando todas las fuentes de ingresos de todas las personas que viven en su hogar, ¿cuál de las siguientes categorías representa el ingreso anual del grupo familiar correspondiente a 2023 antes de impuestos?

- ☐ Menos de \$10,000   ☐ \$50,000-74,999  
☐ \$10,000-14,999   ☐ \$75,000-99,999  
☐ \$15,000-24,999   ☐ \$100,000-149,999  
☐ \$25,000-34,999   ☐ \$150,000-199,999  
☐ \$35,000-49,999   ☐ \$200,000 o más  
☐ No sé

## Appendix II- List of Health Services



### **Stormont Vail Hospital**

1500 SW 10<sup>th</sup> Avenue

Topeka, KS 66604

### **The University of Kansas Health System**

St. Francis Campus

1700 SW 7<sup>th</sup> St.

Topeka, KS 66606

### **GraceMed Capitol Family Clinic**

1400 SW Huntoon St

Topeka, KS 66604

### **GraceMed Highland Park Family Clinic**

2025 SE California Ave

Topeka, KS 66607

### **Pine Ridge Family Health Center**

2721 SE 10<sup>th</sup> St.

Topeka, KS 66607

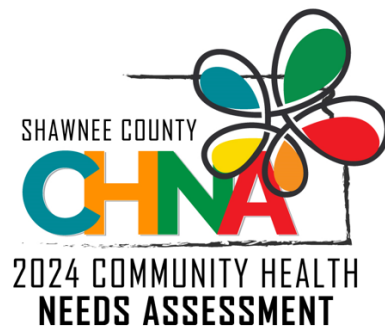
### **Topeka Veteran Affairs Medical Center**

2200 SW Gage Blvd.

Topeka, KS 66622

## Appendix III- Roundtable Slide Deck

### Welcome to a Shawnee County Community Health Needs Assessment Roundtable Discussion!



**WHAT is a CHNA?**

**WHY is it needed?**

**WHO uses the information?**





**A variety of input is gathered:**

- Roundtables
- Formal Surveys
- Data Analysis
- Town Hall Meeting

**Findings lead to development of a  
Community Health Improvement Plan**



## **Current CHIP priority area work:**



- **Behavioral Health: Leadership Involvement**
- **Access to Food: KSU Interactive Food Map**
- **Substance Abuse: KS Fights Addiction Grant Receipt, SCHD Developing Overdose Surveillance Dashboard**
- **Health Equity: Whole Family Coalition 2Gen Grant Application, STI Workgroup, SVH Team Birth, UW Strategy Development**

Today we hope you will:

- Think outside the box
- Be truthful with your responses - there are no right/wrong answers
- Be assured your feedback is applied to aggregate information.



Please introduce yourself using your first name and zip code.

Five Questions for Discussion:

- 1) What are Shawnee County's strengths when it comes to health?



- 2) On a scale of 1-5, with 1 being poor and 5 the best, how would you rate the overall quality of healthcare delivery in Shawnee County? Why?

Healthcare includes all aspects of care: ED, primary care, specialty care, mental health, dental, optometry, etc...)



- 3) What worries you about the health of our county?



4) What are the top three underlying reasons for Shawnee County's overall health concerns?

Why?

- Lack of Access to Food
- Lack of Transportation
- Physical Inactivity
- Chronic Stress and Anxiety
- Community Violence
- Addiction/Substance Use: Alcohol, Drugs, Tobacco
- Financial Resource Strain
- Lack of Education/Skills Training
- Lack of Access to Healthcare
- Lack of Safe/Affordable Housing
- Lack of Neighborhood Resources
- Obesity
- Lack of Access to Maternal/Child Healthcare
- Mental Health

5) What can be changed to improve the health of Shawnee County?



## **Appendix IV- Currently Available Behavioral Health Community Resources**

### AARP 1-866-448-3619

Provides resources and support for behavioral health, including mental health education, counseling services, and wellness programs tailored to older adults.

### Adult Protective Services Topeka Service Center 1-800-922-5330

Investigates reports of abuse, neglect, and exploitation of vulnerable adults and provides interventions to ensure their safety and well-being.

### Aging and Disability Resource Center 1-855-200-2372

Offers information, assistance, and support to help older adults and individuals with disabilities navigate services and maintain their independence.

### Alcoholics Anonymous 785-409-3072

A worldwide fellowship that offers support and a 12-step program to help individuals achieve and maintain sobriety from alcohol addiction.

### Alzheimer's Association Heart of America Chapter 1-800-272-3900

Offers support groups, education, & resources for managing emotional & psychological challenges faced by individuals with Alzheimer's & their caregivers.

### American Chronic Pain Association 785-235-2126

Provides peer-led groups, educational resources, and tools to help individuals manage emotional and psychological impacts of living with pain.

### Brain Injury Association Support Group 785-207-2606

Offers groups that provide a safe space for individuals with brain injuries and their families to share experiences and access coping resources.

### Breakthrough House, Inc 785-232-6807

Offers mental health services, including housing, peer support, and recovery programs, to individuals living with mental illness.

### Cotton O'Neil Cancer Support Group 785-354-5300

A social work facilitated but member led group that meets every Monday at 11am (except holidays), to discuss treatment and life topics and for support from peers.

### Compassionate Friends 785-272-4895

Support for families after the death of a child at any age.

### Divorce Care-Topeka 785-234-5545 (sessions from September- December)

A weekly ministry support group where caring people come alongside you as you find healing from the pain of separation or divorce.

### Families Together 1-800-264-6343

Parent training, information, and family-to-family health care center, dedicated to assisting Kansas parents and their sons and daughters with disabilities and/or special health care needs.

Family Service and Guidance Center 785-232-5005

Provides behavioral health care to children and families.

Florence Crittenton Services of Topeka 785-233-0516

Empowering families through a continuum of behavioral health services to increase hope, relieve distress, and achieve promising futures.

Friends of Recovery (Oxford Houses) 1-800-722-0366

Support and collaboration with Oxford Houses in Kansas, which are self-supporting, democratically operated homes for recovering individuals.

GraceMed Health Clinic 785-861-8800

Show and sharing the love of Jesus Christ by providing compassionate, accessible, high-quality health care for residents in the communities we serve.

Grief and Loss Support Group at Midland 785-232-2044

Providing education about the grief process, an opportunity to share experiences, and the chance to discover ways to help oneself and loved one's journey through grief.

Kansas Children's Service League 1-877-530-5275

To protect and promote the wellbeing of children.

Kansas Department for Aging and Disability Resource Center 1-800-432-3535

Fostering an environment that promotes security, dignity and independence for all Kansas.

Kansas Medical Society Professional Health Program 1-800-332-0156

Serves physicians and physician assistants in a range of concerns that impact the lives of those caring for patients.

Kansas National Guard Joint Substance Abuse Prevention Program 785-861-3933

To provide prevention training, outreach to military families, and treatment resources to military members to increase military discipline, individual performance, and combat readiness.

Keys for Networking 1-800-499-8732

Supports and mobilizes families of children with emotional/behavioral problems and the schools and agencies serving them through training, education, advocacy and system change.

KVC Kansas 785-409-6801

Enriching and enhancing the lives of children and families by providing medical and behavioral health care, social services and education.

LifeHouse Child Advocacy Center 785-232-5433

Bringing together people & resources to protect the physical & emotional wellbeing of children.

Midland Care – 1-866-394-3600

Meeting individual needs through innovative care solutions.

Mirror Inc 785-267-0561

Through broad-based partnerships, we will provide substance abuse, correctional, and other community health and human services to people in need.

Mothers Against Drunk Driving 1-800-443-6233

To stop drunk driving and support victims of this violent crime and prevent underage drinking.

Narcotics Anonymous 1-855-732-4673

4015 SW 21st St, Topeka, Back Entrance Thursdays @ 7:30pm

NAMI Kansas 785-233-0755

Dedicated to improving the lives of those affected by mental illness by providing leadership and working in partnership with local affiliates to ensure peer support, advocacy and education.

New Beginnings Health Care, PA 785-233-7138

New Beginnings helps people restore balance in their lives, offering a safe place where people can be heard and understood.

New Dawn Wellness and Recovery Center 785-266-0202

Providing the best service possible for those with substance abuse, addictions, or gambling problems.

Pathway Family Services LLC 785-783-8438

We offer comprehensive mental health and substance abuse treatment for youth.

Prevention & Resiliency Services 785-266-8666

A voluntary health organization committed to helping make our community a place where people of all ages are safe, connected, & free from the effects of crime & substance abuse.

SENT 785-783-2535

Community development non-profit that intentionally walks with neighbors through loving relationships and strategic development to accomplish holistic transformations of neighborhoods in Shawnee County.

Sims-Kemper Clinical Counseling 785-233-0666

A regional resource providing evaluation, education and treatment for problems with alcohol, drugs and/or gambling.

Stormont Vail Behavioral Health Services 785-270-4600

Offers inpatient and outpatient care, and short-term intervention and ongoing therapy for children, teenagers, adults, and seniors.

Sunshine Connection 785-232-0315

Dedicated to serving consumers with severe and persistent mental health challenges.

Valeo Behavioral Health Care 785-234-3300

Provides individuals seeking mental wellness with a supportive environment fostering personal growth.

Veterans Affairs Eastern Kansas Health Care System 785-350-3111

Providing accessible, courteous, comprehensive, and quality health care to Veterans.

Villages 785-267-5900

Provide emotionally support for families and homes for children in need and teaches children about conserving and preserving our natural environment.

## **Appendix V- Currently Available Neighborhood Safety and Housing Resources**

### American Red Cross KS Capital Area Chapter 1-866-990-9910

Prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

### Catholic Charities of NE Kansas 785-233-6300

A faith-based organization, inspired by God's love and compassion to provide unconditional love and help people of all faiths by stabilizing and strengthening individuals and families in need across the 21 counties of Northeast Kansas.

### City of Topeka Animal Control 785-368-9203

Enforcement of various city ordinances regarding animals including the leash law, vaccination, licensing, the cruelty ordinance and checking on neglected or abused animals.

### City of Topeka Burglary/Theft 785-368-9544

Committed to providing a safe environment for the citizens who live, work and play in our capital city.

### City of Topeka Code Enforcement 785-368-3161

Committed to providing a safe environment for the citizens who live, work and play in our Capital City.

### Shawnee County Crime Stoppers 785-368-9413

Promotes community participation in the apprehension of criminals, offering rewards and encouraging citizen responses to crime and violence by motivating the public to cooperate with law enforcement.

### City of Topeka Crime Victims Assistance 785-368-9064

Provide crime victims with timely information, advocacy, and referrals to services.

### City of Topeka Fire Department 785-368-4000

To protect lives and property, and to provide leadership and excellence in the following areas: fire, rescue, emergency medical response, fire prevention, and public education.

### City of Topeka Police Department 785-368-9551

Committed to providing a safe environment for the citizens who live, work and play in our Capital City.

### City of Topeka Neighborhood Relations 785-368-3711

Improve the city's partnerships with neighborhoods, citizens, and community stakeholders.

### Community Action, Inc 785-836-4500

Helping people move from poverty toward prosperity through economic, social, and policy opportunities.

### City of Topeka Planning Department 785-368-3728

Creating a vibrant city of lasting value by engaging community through neighborhood revitalization, sustainable land use and infrastructure choices, transportation planning, historic preservation, and zoning administration.

### Community Resources Council 785-233-1365

To bring resources together through collaboration, advocacy, research and education.



Cornerstone of Topeka 785-232-1650

Interrupting the cycle of homelessness by providing decent, safe, accessible and affordable housing of choice to moderate & low-income households, & revitalizing Topeka neighborhoods.

Critter Care of Topeka 785-478-9985

A volunteer non-profit organization dedicated to stopping pet overpopulation. We promote the spaying and neutering of pets to reduce animal suffering caused by overpopulation.

District Attorney 785-251-4330

Ensuring justice, protecting rights, and supporting victims and witnesses.

Emergency Dispatch 785-368-9200 or 785-251-2200

A link between citizens and emergency responders, and ensuring the safety of life and property.

Environmental Health Services SCHA 785-251-5608

To protect and improve the health and environment of all Kansans.

Habitat for Humanity, Inc 785-234-4322

Builds homes, hope and community by increasing strength, stability and self-reliance through shelter.

Housing and Credit Counseling, Inc. 1-800-383-0217

To counsel and educate all people to achieve their personal housing and financial goals.

Kansas Legal Services 785-354-8531

Providing individual legal assistance to low-income residents of Shawnee, Douglas, Jefferson, Osage, and Wabaunsee counties who would be otherwise unable to afford legal counsel.

Kansas State Fire Marshall Y-Fire Program for child fire setters 785-296-3401

Helping boy & girls involved with unsupervised, experimental, mischievous or illegal use of fire.

Kansas Traffic Safety Resource office 1-800-416-2522

Providing information and education to protect Kansans from avoidable injury or death on roadways.

Resource Center for Independent Living, Inc 1-877-719-1717

Committed to working with individuals, families and communities to promote independent living and individual choice to persons with disabilities.

Safe Streets Prevention and Recovery Services 785-266-4606

To create a healthier community by addressing substance abuse and crime, through prevention education and citizen empowerment.

SENT 785-783-2535

A community development non-profit intentionally walking with neighbors through loving relationships and strategic development to accomplish holistic transformations of neighborhoods in Shawnee County.

Shawnee County Conservation District 785-338-9946

Promote a voluntary program of education, planning and application of conservation practices to conserve and protect our soil and water.

Shawnee County Emergency Management 785-251-4152

To create, develop and maintain a resilient community throughout all of Shawnee County.

Shawnee County Parks + Recreation 785-251-6800

Improving quality of life for residents by proactively responding to changing demographics, & emerging trends while maximizing available resources in providing quality parks & recreation facilities & programs that enhance health, promotes economic vitality and long-term sustainability now & future generations.

Shawnee County Sheriff's Office 785-368-2265 or 785-251-2200

Full time law enforcement services including patrol, traffic, animal control & criminal investigation.

Sheltered Living 785-233-2566

Supports the efforts of individuals with diverse abilities to achieve independence and actively participate in the community.

SVH Sexual Assault Nurse Examiner and Sexual Assault Response Team 785-354-6107

An immediate, compassionate, multi-disciplinary team response to victims of sexual assault or abuse.

Topeka Housing Authority 785-357-8842

To successfully provide accessible, affordable housing.

Topeka Independent Living Resource Center/ Lewis Curtis Center 1-800-443-2207

Committed to working with individuals, families and communities to promote independent living and individual choice to persons with disabilities.

Topeka North Outreach 785-286-1370

A group of churches in Oakland and North Topeka dedicated to serving Christ by reaching out and meeting the needs of our communities.

Topeka Rescue Mission 785-354-1744

A non-denominational Christian organization dedicated to helping homeless neighbors providing emergency shelter, meals, clothing and other items, programs, and services, to homeless men, women, and families, as well as providing food and other necessities to those in need.

Topeka Youth Project Youth Court 785-273-4141

First time traffic tickets referred to the youth court by the district attorney and city attorney.

Washburn University School of Law 785-670-1191

To contribute to the education and development of law students into thoughtful, skilled ethical attorneys by providing them with the opportunity to practice law and represent clients while under the personalized supervision of an experienced faculty attorney.

YWCA Center for Safety and Empowerment 1-800-822-2983

Providing free and confidential services to victim-survivors of domestic and sexual violence, human trafficking and stalking in Shawnee, Jackson, and Wabaunsee Counties in Kansas.

Villages 785-267-5900

To provide emotionally supportive families and homes for children in need and to teach children about conserving and preserving our natural environment.

## **Appendix VI- Currently Available Healthy Eating Community Resources**

### 4-H Youth Development 785-232-0062 ext 111

Services for youth development and educational programs including food and nutrition.

### Auburn Community Action 785-836-4500

Programs and services that support low incomes individuals and families. Offer meals for children, free monthly food pantries in the Auburn community and food boxes.

### Be Filled of South Topeka 785-861-0766

Provide clothing, hygiene products, and non-perishable food items at no cost. Offer services such as youth mentorship, recovery support and career readiness.

### Bods Feeding Bods 785-670-3865

Provide free groceries, household items, hygiene products, and school supplies. Available to all Washburn Students, Washburn tech students and Washburn employees.

### Catholic Charities of NE Kansas 785-233-6300

Emergency assistance for food by hosting drive-up mobile food distributions, free kids summer program, and a resource bus with food and hygiene items.

### Community Action, Inc 785-836-4500

Free monthly food pantries in Auburn and Rossville with deliveries to homebound seniors in the Shawnee community.

### Doorstep 785-357-5341

Emergency aid to families & individuals in need. Information on local services such as food assistance, reading programs, baby clothes and more. Food bank open 9:00 a.m. to 1:45 p.m., Monday – Friday.

### Downtown Farmers Market 785-249-4704

Open every weekend during the spring and summer located at SW 6<sup>th</sup> Ave & SW Harrison ST in Topeka. Local vendors selling fresh farm products. Accept SNAP and EBT.

### East Topeka Senior Center 785-232-7765

A variety of food assistance options: meal site for Meals on Wheels (Monday-Friday), host site for Harvesters and nutritional BINGO opportunities to win food and personal hygiene products.

### Elwanda's Pantry 785-233-0166

Provides food to local individuals and families in need at no cost.

### Expanded Food & Nutrition Education of K-State Research and Extension 785-232-0062 ext 119

Provides nutrition education to families with limited resources. Focus on stretching food dollars, feeding young children, preparing nutritionally-balanced meals, and more.

### Fellowship & Faith 785-354-7262

Indoor/outdoor site with opportunity to select or receive groceries and/or household items.

### Harvesters 877-353-6639

Food bank that offers nutritious food and related household products. Offer mobile food pantries, senior food deliveries, and a backsnack student program.

Hi-Crest Market 785-783-2535

Offer pre-bundled packages of meat and produce for \$30.

Hope House Ministries 785-232-0142

Offer drive thru for groceries and household items to take home.

Inward Faith Outreach 785-234-2332

Offer a variety of locations across the Shawnee County area for individuals to receive food.

Jayhawk Area Agency on Aging, Inc 785-235-1367

Those age 60 and older choose from different entrees and eat at their convenience seven days a week at CHAMPS locations throughout Shawnee, Jefferson, and Douglas counties.

K-State Research and Extension Shawnee Co 785-232-0062

Offer an expanded food and nutritional educational program and further information on locations of pantries, hot meals, and mobile pantries.

Let's Help 785-234-6208

Provide free hot meals Monday- Friday to anyone in the community, and community lunches 11:30am to 1pm Monday - Friday. Food pantry available for emergency needs and food boxes.

LULAC Senior Center, Inc. 785-234-5809

Site for meals on Wheels Congregate Dining and offer a Harvester's Senior Food Pantry – free produce for 60 and older.

Magic Meals Home Delivery, Auburn 785-554-4524

Sell a variety of precooked and frozen meals to Topeka and Lawrence with different options to order from with options to deliver.

Meals on Wheels 785-295-3980 or 785-430-2186

To help local programs improve the quality of life and health of seniors, so that no one is left hungry or isolated

Rossville Senior Center 785-584-6364

To provide nutrition, recreation and mobility to senior citizens in the Rossville area.

Salvation Army 785-233-9648

Preach the gospel of Jesus Christ and meet human needs in His name without discrimination.

Silver Lake Senior Citizen Center 785-582-5371

To provide recreation, nutrition and mobility to senior citizens in the Silver Lake area.

SNAP 1-877-653-9522

Provides qualifying households with food benefits to access healthy foods, plants, and seeds in order to sustain family nutrition along with education on food preparation and nutrition

Topeka Rescue Mission 785-354-1744

A non-denominational Christian organization dedicated to helping the homeless by providing emergency shelter, meals, clothing and other items, programs, and services, to homeless men, women, and families, as well as providing food and other necessities to those in need.

## **Appendix VII- Currently Available Community Resources Addressing Health Disparities**

Communicable Diseases Shawnee County Health Department 785-251-5604

Works in partnership with community to promote & protect the health of all people, bridging gaps to eliminate health inequities, respecting diversity of community, through adaptive & innovative processes.

Community Action, Inc 785-836-4500

Helping people move from poverty toward prosperity through economic, social, & policy opportunities.

El Centro of Topeka 785-232-8207

Turning newcomers into neighbors.

Family Health Services Shawnee County Health Department 785-251-5647

All children and their families will live in homes where family members are healthy and demonstrate appropriate skills so that children experience a healthy development.

GraceMed Health Clinic 785-861-8800

To show and share the love of Jesus Christ by providing compassionate, accessible, high-quality health care for residents in the communities we serve.

La Leche League Topeka 785-256-0260

Help mothers to breastfeed through support from other mothers.

Kansas Children's Service League 1-877-530-5275

To protect and promote the wellbeing of children.

Parents as Teachers Topeka Public Schools 785-274-6480

Parents are their child's first and most influential teachers. Parents as Teachers offer parenting education and support for families with children, prenatal through the age of three.

Positive Connections 785-232-3100

A community-based program advocating for people living in NE Kansas. Provides comprehensive services to individuals impacted by HIV/AIDS, sexually transmitted infections, and Hepatitis C.

Parents Helping Parents Shawnee KCSL 785-501-8815

Improving parenting skills and connecting with resources.

Successful Connections 785-440-4509

Helps families link to information & community resources, including childcare.

Veterans Affairs Eastern Kansas Health Care System 785-350-3111

To provide the best care anywhere by providing accessible, courteous, comprehensive, and quality health care to Veterans in an environment of excellence.

Women, Infants and Children Shawnee County Health Department 785-251-5607

Works in partnership with community to promote & protect the health of all people, bridging gaps to eliminate health inequities, respecting diversity of community, through adaptive & innovative processes.

## **Appendix VIII: Steering Committee Organizational Profiles**

### **Stormont Vail Health**

#### **Mission**

“Working together to improve the health of our community”

#### **Vision**

Stormont Vail Health will be a national leader in providing compassionate, high-quality and efficient integrated care through collaboration that results in a healthier community.

Stormont Vail Health has been committed to the communities we serve and to Kansas, providing the best possible health care for more than 130 years. Stormont Vail Hospital is the product of the 1949 merger between Christ’s Hospital (Opened in 1884) and the Jane C. Stormont Hospital and Training School for Nurses (1895). Stormont Vail Hospital and Cotton O’Neil joined in 1995 to form Stormont Vail Health.

Stormont Vail is a nonprofit integrated health care system based in Topeka, Kansas, serving a multicounty region in northeast Kansas. With hospital campuses in Topeka and Junction City and multiple clinics across the region, Stormont Vail Health employs more than 500 providers and 5,700 team members. Stormont Vail has been recognized as a Magnet organization by the American Nurses Credentialing Center since 2009 for excellence in nursing services. Stormont Vail Health is proud to be a member of the Mayo Clinic Care Network and partner with Children’s Mercy Topeka. Stormont Vail has the region’s only Level III Neonatal Intensive Care and only verified trauma center.

Stormont Vail Health takes a holistic approach to providing care. We understand that health care goes beyond treating physical and mental ailments. That’s why we provide our patients with vital connections to the community that help them learn, grow, and heal.

Every interaction with our patients, their families and our co-workers is an opportunity to leave a memorable, positive impact on their lives. A small moment, whether big or small, collectively shape who we are as a health care organization rooted in the communities we serve.

## Shawnee County Health Department

Shawnee County Health Department (SCHD) is committed to working in partnership with our community to promote and protect the optimal health of all people by bridging gaps to eliminate health inequities, while respecting the diversity of our community, through adaptive and innovative processes. By being actively involved in the community and the initiatives that are taking place, SCHD strives to be a collaborative partner in improving the overall health of Shawnee County.

The Shawnee County Health Department is open Monday, Wednesday, Thursday, Friday 8 a.m. – 5 p.m. and Tuesdays 10 a.m. – 7 p.m.

**Vision:** Healthy People – Healthy Environment – Healthy Shawnee County

**Core Values:** Compassion, Respect, Inclusion, Integrity

### Locations:

2600 SW East Circle Drive, Topeka, KS 66606 - Phone: 785.251.5600

1515 NW Saline St., Topeka, KS 66618 - Phone: 785.251.5750

2115 SW 10th Ave., Topeka, KS 66604 - Phone: 785.251.5700

### Leadership:

Teresa Fisher, Director

Craig Barnes, Division Manager - Community Health Outreach and Planning

Kathleen Burrows, Division Manager - Finance and Administration

Carrie Delfs, Division Manager - Clinical Services

Missy Middendorf, Division Manager - Family Health

Dr. Erin Locke, Shawnee County Health Officer

### Services:

- |                                       |                                  |
|---------------------------------------|----------------------------------|
| — Child Care Licensing                | — Immunizations                  |
| — Communicable Disease                | — Emergency Preparedness         |
| — Environmental Health                | — Nurse Family Partnership       |
| — Newborn Home Visitation             | — Pregnancy Testing              |
| — Fetal Infant Mortality Review Board | — Sexually Transmitted Infection |
| — Women, Infants, and Children        | — Tuberculosis (TB) Clinic       |

## Family Service & Guidance Center (FSGC)

Founded in 1904, Family Service & Guidance Center (FSGC) is a nonprofit community mental health center and Certified Community Behavioral Health Clinic (CCBHC) with extensive experience and expertise in meeting the behavioral health needs of children and families.

In 2023, FSGC served 4,510 individuals from more than 20 Kansas counties with clinical services, prevention, education, and outreach. FSGC is an innovator and recognized leader in behavioral health, utilizing a variety of evidence based practices. The agency employs 302 staff members on a centralized four-building campus and an administrative building.

**Mission:** Family Service & Guidance Center provides quality behavioral healthcare for children and families.

### Core Values:

**Customers/Clients** – Meet or exceed their expectations. Be family centered and treat them with dignity and respect.

**Innovative** – Responsive to changing conditions. Be one-step ahead with state-of-the-art treatment methods.

**Integrity** – High ethical standards. Operate with honesty and be a team people trust.

**People** – People are our greatest asset. Carefully select, train and motivate our employees. Remain committed to a diverse workforce.

**Performance** – Commitment to quality. A duty to maintain a healthy financial position to ensure resources are available to continue mission. Expect excellence.

**Community** – Positively impact the community by strengthening families and supporting community health.

FSGC offers a broad range of services, including crisis services, assessment, outpatient mental health and substance use services, psychiatry services, case management, and peer support.



## **University of Kansas - St. Francis Campus**

### **Our Vision**

To lead the nation in quality, service and safety for regional community health systems.

### **Our Mission**

As part of The University of Kansas Health System, we provide the highest level of caring through teamwork, excellence and patient-centered care, while inspiring hope and providing compassion to those we serve.

### **Our Values**

- Compassion
- Patient-Centered Care
- Excellence
- Teamwork

The University of Kansas Health System St. Francis Campus is proud to be a part of a long legacy of high-quality, compassionate care. The St. Francis hospital began serving its community in 1909 as the mission of a group of Catholic nuns who rose up to meet a need. Today, the hospital has 378 licensed beds, a history of technological advancements, and a generous and supportive community.

In 2017, through a partnership between Ardent Health Services and The University of Kansas Health System, St. Francis embarked on a new era. Ardent is renowned for its outstanding record of community investment, leading edge technology, and health care achievements to the hospital's management. The University of Kansas Health System is known for its medical and surgical advancements, quality of care, research, and expansive provider network. Both organizations are dedicated to building healthier communities through world-class health care.

With our new name we began a new chapter. One that celebrates and preserves this institution's rich legacy while evolving to meet the challenges of today. With a shared commitment to quality and unwavering dedication to our patients, we endeavor to strengthen and grow the system for future generations.

## Valeo Behavioral Health Care

Since 1967, Valeo Behavioral Health Care has served the Topeka and Shawnee County area and has been the designated mental health authority for Shawnee County. Throughout the years, our services have expanded and evolved to better suit the needs of the people that we serve.

“Valeo” is Latin, meaning “to be well.” Our community understands that mental health is essential to overall health. Treatment benefits the individual, family, public health and community safety. Our vision is to close the gap on mental health needs and services offered, and provide early screening for mental health and substance use disorders.

Valeo is a Certified Community Behavioral Healthcare Clinic (CCBHC) that serves the mental health and substance use recovery needs of anyone who lives or works in the State of Kansas. We’re equipped and experienced in delivering a full range of services to treat the most complex mental health issues. We offer 24-Hour crisis services and 29 recovery programs among nine locations. Together we build a safer, healthier community.

### Valeo Behavioral Health Care Services

24-Hour Crisis Center – 400 SW Oakley  
24-Hour Crisis Line – 785-234-3300  
24-Hour Detox Line – 785-234-3448  
Assertive Community Treatment (ACT)  
Case Management  
Community Medication Outreach  
(CMO)– Adults only  
Crisis Intervention  
Crisis Residential Services - Adults  
Only  
Dialectical Behavior Therapy (DBT)  
Expressive Therapies  
Health Coordination  
Homeless Outreach & Housing  
Human & Sex Trafficking Prevention  
Integrated Dual Diagnosis Treatment  
(IDDT)  
In-Home Support Services  
Intake Services  
Illness Management & Recovery  
Medication Assisted Treatment (MAT)  
– Adults only  
Mobile Access Partnership (MAP)  
Mobile Crisis Response (MCR)  
NAVIGATE - AGES 15 - 36  
Nicotine Cessation – Individual &  
Groups

Nursing Facility for Mental Health  
(NFMH)  
On-site Pharmacy – Genoa Healthcare  
Osawatomie State Hospital Liaison  
Outpatient Psychotherapy Services  
(OPS)  
Projects for Assistance in Transition  
from Homelessness (PATH)  
Peer Support  
Psychotherapy  
Psychiatric Medical Services  
Psychosocial Rehabilitation  
Services for Employment Success (SES)  
SOAR – SSI/SSDI Outreach Access &  
Recovery  
Spravato Clinic – Adults only  
Transitional Housing – Adults only  
Valeo Recovery Center (VRC)  
- Social Detox-Adults only  
- Residential/Intermediate-Adults only  
- Community Housing/Reintegration-  
Adults only  
- Intensive Outpatient  
- Continuing Care Outpatient  
- Jail Treatment Program  
- Drug Testing  
- Assessment and Referral

## **United Way of Kaw Valley**

United Way of Kaw Valley (UWKV) brings together people, companies, and nonprofits to help individuals and families not just survive but thrive. We work to solve issues no single donor, charity or government agency can handle alone. By focusing on the whole family, we help more children graduate and achieve employment success, help more families move from crisis to financial stability and prosperity, and improve the health of individual and families in our community.

Over the past decade, UWKV has invested in the areas of Early Education, On-Grade Achievement, Financial Stability, Health, Substance Abuse, Racial Equity, and Basic Needs.

As we listened to our community during that time and looked at research and best practices emerging in the various areas of social services, we saw the need to apply a different lens to our work, a lens that would make it easier for families to access services and define and achieve success for themselves. We found this lens in a Whole Family/2Gen Approach to Poverty. Future grants and investment opportunities will center on this approach.

We work with residents, and public and private partners to co-create solutions that ensure everyone has the resources, support, opportunities, and networks they need to thrive. We commit to leveraging all of our assets (convening, strategic investments, awareness building, advocacy) to create more equitable communities.

## **LiveWell Shawnee County**

LiveWell Shawnee County's current mission statement is to mobilize the community to take action on health priorities so that policy, environment, and practice influence a culture shift toward health and wellness for everyone in Shawnee County. We are a health and wellness coalition led by a Leadership Team comprised of local private business, nonprofit organizations, and governmental representatives leading work in improving social determinants of health. The coalition is organized around our Community Health Improvement Plan (CHIP) and is made up of workgroups that drive the CHIP strategies.

## **GraceMed Health Clinic, Inc.**

**Mission:** To show and share the love of Jesus Christ by providing compassionate, accessible, high-quality health care for residents in the communities we serve.

**Vision:** GraceMed is the clinic of choice for comprehensive, integrated healthcare encompassing the spiritual, emotional, and physical needs of individuals and families in the communities we serve.

### **Core Values:**

- Stewardship: We will judiciously use our resources to achieve our mission and vision.
- Excellence: We provide high-quality service, seeking ways to better ourselves individually and collectively through continuous learning.
- Loyalty: We will remain devoted to GraceMed's cause, culture, and core values at all times.
- Faith: We will integrate our faith with our work and service, recognizing spiritual diversity while embracing our Christian heritage.

### **Topeka Locations:**

- Topeka Capitol Family Clinic – 1400 Southwest Huntoon Street, Topeka, KS, 66604
- Topeka Highland Park Family Clinic - 2025 SE California Avenue, Topeka, KS 66607

### **Leadership:**

- Interim Chief Executive Officer/Chief Medical Officer: Dr. Julie Elder
- Chief Operating Officer: Jason Ybarra
- Chief Financial Officer: David Wuthnow
- Chief Compliance & Quality Assurance Officer: Clanita Jiggetts
- Chief Dental Officer: Dr. Eric DeShazer
- Chief Information Officer: Keith Flippin

### **About Us:**

We at GraceMed Health Clinic, Inc. believe in and demonstrate our mission every day as we touch lives and heal hearts. We believe that consistent and ongoing quality care by familiar and devoted providers is the best way for individuals and their families to receive health care. Beginning in 1979, GraceMed was founded upon the desire to address the growing healthcare needs of unemployed, underinsured persons in central Kansas. With the assistance of volunteers, dedicated providers and staff, visionary leadership, and generous supporters, the clinic continues to expand its reach and scope of care to individuals in need. GraceMed now operates as a Federally Qualified Health Center (FQHC) with a network of sixteen clinics located in Wichita, Topeka, McPherson, and Clearwater, Kansas. We provide primary medical, dental, vision, pharmacy, behavioral health services, and spiritual care to meet our patients' physical, mental, and spiritual needs our clinics provide treatment and testing to over 60,000 patients annually, including patients of all ages, races, and income levels. These high-quality services are provided through an income-based sliding fee scale, Medicaid and Medicare reimbursements, private insurance, grants, and donations.

## **Process to Provide Feedback on CHNA**

If you would like to provide feedback on the 2024 Shawnee County Community Health Needs Assessment, please contact:

- Craig Barnes, Division Manager Community Health Outreach and Planning Shawnee County Health Department 785-251-5612 or [Craig.Barnes@snco.us](mailto:Craig.Barnes@snco.us)

Or

- Karla Hedquist, Director Community Health Engagement Stormont Vail Health, 785-270-0139 or [khedquis@stormontvail.org](mailto:khedquis@stormontvail.org)

