How do I apply?

There are ***three ways*** to apply for assistance:

1. **Online** through the C4 Yourself website by going to: http://www.c4yourself.com
2. **In person** by visiting the DPSS office near you (see back of this brochure for locations).
3. **By calling** the phone number of the offce nearest to you (see back of brochure).

You will need to supply some documents to be processed with your application, including:

- **Picture identification** of the head of household;
- **Proof of status** if you were not born in the U.S., such as a green card;
- **Social Security cards** for each person in the household;
- **Proof of income,** including pay stubs, award letters, child support checks, etc.;
- **Proof of housing and utility cost** such as rent receipts, mortgage coupons and utility bills;
- **Proof of disability** for any disabled person in the household;
- **Proof of child support** paid to someone who does not live in your home.

You may visit or call the DPSS office nearest you:

Banning	63 South 4th Street (951) 922-7000	**Lake Elsinore**	1400 Minthorn St. (951) 245-3100
Blythe	1225 W. Hobsonway (760) 921-5700	**Moreno Valley**	23119 Cottonwood, Bldg. C (951) 413-5200
Cathedral City	68-615 A Perez Rd. Ste. #9A (760) 770-2300	**Norco**	3178 Hamner Ave. (951) 272-5400
Hemet	541 North San Jacinto Ave. (951) 791-3000	**Perris**	2055 N. Perris Blvd. Ste. B (951) 940-6600
Indio	44-199 Monroe St. Ste. D (760) 863-2700	**Riverside**	11060 Magnolia Ave. (951) 358-3400
Jurupa	5961 Mission Blvd. Ste. 100 (951) 509-8000	**Temecula**	43264 Business Park Dr. Ste. B1 (951) 600-6500

For more details, please visit us at:
http://dpss.co.riverside.ca.us/

C4Yourself®
Access to Benefits. Simplified.

Apply Online at:
http://www.c4yourself.com

Health Care Coverage Information
http://www.coveredca.com
1-800-300-1506

DPSS 4135 (10/13)

DPSS

Department of Public Social Services

Self Sufficiency Division

Our Mission: Partnering with communities to protect and empower vulnerable people.

Our Vision: A County where individuals reach their full potential.

Our Values: Accountability, Collaboration, Respect, Diversity, Integrity and Customer Focus.

Medi-Cal

Medi-Cal is California's Medicaid health care program. This program pays for a variety of health care services for children and adults with limited income and resources.

You may automatically be eligible for Medi-Cal if you receive cash assistance under one of the following programs:

- SSI/SSP (Supplemental Security Income/ State Supplemental Program)
- CalWORKs (California Work Opportunity and Responsibility to Kids)
- Refugee Assistance
- Foster Care or Adoption Assistance Program

Even if you don't receive cash assistance, you may be eligible for Medi-Cal if one or more of the following applies to you:

- Under age 21 or are 65 years of age or older
- Blind or Disabled
- Pregnant
- Diagnosed with breast or cervical cancer
- In a skilled nursing or intermediate care facility
- Parent or caretaker relative of a child under 21
- Beginning ***January 1, 2014***, single non-disabled adults without children, ages 19-64 may be eligible for Medi-Cal.

CalWORKs

The California Work Opportunity and Responsibility for Kids (CalWORKs) program provides temporary cash assistance to eligible families with low or no income. It also provides education, employment and training programs to help participants get jobs. Assistance with child care, transportation, work expenses and counseling are also available for working families.

CalWORKs is designed to give families with children a way to meet their basic living needs during a time of hardship while also helping them to enter or re-enter the workforce and become self-sufficient.

You may be eligible to receive cash assistance if:

- You have a child in the home who has a parent that is:
  - Deceased
  - Unemployed
  - Not living in the home
  - Disabled
- You are a relative taking care of a foster care child
- You are a pregnant woman with no other children

The amount of cash assistance a family can receive depends on the number of people who are eligible, the amount of income they receive and the value of their property (vehicles, checking accounts, etc.).

Child care assistance is available to CalWORKs families when the parent or caretaker:

- Is receiving cash assistance
- Is caring for child(ren) under the age of 13, and
- Child care is needed because of work or other approved CalWORKs work activities

Families with a disabled or special needs child over the age of 12 may also be eligible for CalWORKs child care assistance.

Employment Services known as *CalWORKs Greater Avenue to Independence (GAIN)* are available to help family members learn the skills needed to obtain employment. With some exceptions, able-bodied adults who receive CalWORKs Temporary Assistance must participate in employment services. More information about this will be provided in the application process.

CalFresh

CalFresh gives low-income families and individuals an Electronic Benefit Transfer (EBT) card that can be used to purchase food at grocery stores and other places to help individuals and families stretch their food budget.

cal fresh
BETTER FOOD FOR BETTER LIVING

Expedited services: If you or your family will run out of food within three days, you may be eligible to receive expedited CalFresh benefits. Be sure to mention you have a food emergency when you apply.

What can I buy with CalFresh?

You can purchase items such as:

- Breads and cereals
- Fruits and vegetables
- Meats, fish, poultry
- Dairy products
- Seeds or plants that produce food for your household to eat

General Relief

Riverside County's General Relief Program is a cash loan program for adults (age 18 and older) without minor children who are poor and homeless. General Relief is intended to provide short-term assistance to be used for basic needs, including: food, housing, utilities, clothing and medical care.

Eligibility for General Relief is determined by:

- **Income**, verified monthly
- **Assets** must have a combined value of no more than $250. One vehicle worth less than $1,500 is not counted
- **Age** of applicant/recipient must be age 18 or older. If younger, they must be legally separated from their parents
- **Residency:** Must be a resident of Riverside County for the past 30 days

Homeless Programs

If you are facing homelessness and need emergency shelter, please dial 2-1-1 from any phone. You may also search the 2-1-1 programs and services database by going to the DPSS Homeless Programs Unit website:

http://dpss.co.riverside.ca.us/homeless-programs